



Uclub Grab and Go

Meals \$10.00 per meal + Tax.

Heating instruction from frozen below.

Available for pick up on

Mondays, Thursdays & Fridays, 11 a.m. to 7 p.m.

Tuesdays & Wednesdays, 11 a.m. to 1 p.m.

Shepherd's Pie

-Shepherd's pie baked in a pre-heated oven at 350 degrees for 50-55 minutes with cover on. Then take the lid off and bake for another 5-10 minutes until the top of potatoes are golden brown.

Italian Sausage & Peppers Baked Mostaccioli

-Bake the Italian sausage pasta in a pre-heated oven at 350 degrees for 50-55 minutes with cover on. Then take the lid off and bake for another 5-10 minutes until the top of the cheese is brown.

Roasted Vegetable Lasagna

-Bake the vegetable lasagna at 350 degrees for 1 hour to 1 hour and 15 minutes with cover on. Then take the lid off and bake for another 5-10 minutes until cheese is golden brown.

Spaghetti and Meatballs

-Bake the pasta at 350-degree oven with lid on for 45-50 minutes stir halfway through cooking process.