

# Run for Our Heroes 5K Walk / Run

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	MOLLY HANWRIGHT		RUNNER	3420	00:20:34.77	06:38	9.0mph	F	24	
2	MATT WOOD		RUNNER	3466	00:21:57.60	07:05	8.5mph	M	44	
3	BLAKE UNDERWOOD		RUNNER	3414	00:22:24.47	07:13	8.3mph	M	14	
4	ROBERT GRAZIER	MIDDLE ISLAND, NY	RUNNER	3564	00:22:34.73	07:17	8.2mph	M	30	
5	KEITH KEISER	CORAM, NY	RUNNER	3567	00:22:44.09	07:20	8.2mph	M	12	
6	JASON LEE		RUNNER	3421	00:23:43.52	07:39	7.8mph	M	43	
7	JUSTIN CHICHI	MILLER PLACE, NY	RUNNER	3551	00:23:45.39	07:39	7.8mph	M	33	
8	MICHAEL RICCIO	CORAM, NY	RUNNER	3588	00:24:10.04	07:47	7.7mph	M	37	
9	DAVID SIDERI	MEDFORD, NY	RUNNER	3594	00:24:12.58	07:48	7.7mph	M	51	
10	JOHN MITTLER	MIDDLE ISLAND, NY	RUNNER	3578	00:25:10.61	08:07	7.4mph	M	44	
11	GUY VITALE		RUNNER	3439	00:25:29.12	08:13	7.3mph	M	43	
12	KIRA OLEARY	PATCHOGUE, NY	RUNNER	3583	00:26:11.66	08:26	7.1mph	F	41	
13	DOMINICK PELLICCIA	FARMINGVILLE, NY	RUNNER	3586	00:27:15.76	08:47	6.8mph	M	46	
14	SUMMER VITALE	CORAM, NY	RUNNER	3610	00:27:53.90	08:59	6.7mph	F	12	
15	RYAN PERRI	RIDGE, NY	RUNNER	3424	00:27:57.86	09:01	6.7mph	M	10	
16	MEGHAN VITALE	CORAM, NY	RUNNER	3609	00:28:13.22	09:06	6.6mph	F	43	
17	JACQUELYN CONLON	MEDFORD, NY	RUNNER	3437	00:28:54.93	09:19	6.4mph	F	14	
18	LINDSAY SCHUSTER	MIDDLE ISLAND, NY	RUNNER	3592	00:29:02.74	09:22	6.4mph	F	17	
19	JENNIFER SCHUSTER	MIDDLE ISLAND, NY	RUNNER	3591	00:29:06.53	09:23	6.4mph	F	49	
20	DANA LABIANCA	CORAM, NY	RUNNER	3570	00:29:12.64	09:25	6.4mph	F	36	
21	GINA STACKNICK	ROCKY POINT, NY	RUNNER	3598	00:29:31.35	09:31	6.3mph	F	39	
22	SCOTT SCHUSTER		RUNNER	3418	00:29:36.17	09:32	6.3mph	M	47	
23	MARY ROSATI	SHOREHAM, NY	RUNNER	3590	00:29:52.69	09:38	6.2mph	F	49	
24	ELIZABETH GARDNER	RIDGE, NY	RUNNER	3563	00:29:52.94	09:38	6.2mph	F	60	
25	KARISSA PERRI	RIDGE, NY	RUNNER	3423	00:29:55.98	09:39	6.2mph	F	12	
26	MELISSA MORREALE	SOUND BEACH, NY	RUNNER	3580	00:29:56.71	09:39	6.2mph	F	37	
27	JOSEPH BARILE	WADING RIVER, NY	RUNNER	3541	00:30:01.13	09:41	6.2mph	M	55	
28	KELLY FITZGERALD	RIDGE, NY	RUNNER	3561	00:30:23.31	09:48	6.1mph	F	28	
29	MICHAEL JEZEWSKI	CENTEREACH, NY	RUNNER	3565	00:30:33.62	09:51	6.1mph	M	72	
30	KERI MCLAUGHLIN	ROCKY POINT, NY	RUNNER	3577	00:30:46.48	09:55	6.0mph	F	38	
31	PATRICIA MITTLER	NEW YORK, NY	RUNNER	3579	00:31:52.25	10:16	5.8mph	F	46	
32	KIMBERLY ESSIG	MEDFORD, NY	RUNNER	3559	00:32:15.92	10:24	5.8mph	F	28	
33	HANNAH MARTIN	MEDFORD, NY	RUNNER	3575	00:32:23.95	10:27	5.7mph	F	19	
34	WILLIAM SIDERI	MEDFORD, NY	RUNNER	3596	00:32:29.11	10:28	5.7mph	M	21	
35	JAMIE BOYD	RIDGE, NY	RUNNER	3543	00:33:17.77	10:44	5.6mph	F	39	
36	BRIANNA KNIGHT	CORAM, NY	RUNNER	3569	00:35:51.80	11:34	5.2mph	F	29	
37	JENNY BAEZ	FARMINGVILLE, NY	RUNNER	3538	00:36:16.23	11:42	5.1mph	F	44	
38	SAMANTHA VALENTINE	RIDGE, NY	RUNNER	3606	00:37:33.25	12:06	5.0mph	F	24	
39	MEGHAN QUINN	MEDFORD, NY	RUNNER	3587	00:37:33.50	12:06	5.0mph	F	24	
40	TRACY STRAUSS	MASTIC, NY	RUNNER	3600	00:37:42.66	12:09	4.9mph	F	47	
41	JUDY ARENA	MEDFORD, NY	RUNNER	3536	00:37:44.77	12:10	4.9mph	F	47	
42	JOSEPH FOLKS	MEDFORD, NY	RUNNER	3562	00:37:56.87	12:14	4.9mph	M	66	
43	PATTI DIAMOND	MEDFORD, NY	RUNNER	3555	00:38:47.97	12:30	4.8mph	F	57	
44	DARLENE DORCINVIL	MIDDLE ISLAND, NY	RUNNER	3558	00:41:37.43	13:25	4.5mph	F	54	
45	DAWN PERRI		RUNNER	3422	00:42:19.93	13:39	4.4mph	F	42	
46	KATHERINE CONSORTE	MIDDLE ISLAND, NY	RUNNER	3552	00:50:13.71	16:12	3.7mph	F	38	
47	LYNNE PANAGAKOS	CALVERTON, NY	RUNNER	3584	00:50:14.69	16:12	3.7mph	F	54	
48	SHERI WESTFUL		RUNNER	3452	00:50:40.37	16:20	3.7mph	F	55	
49	SENDI WESTFUL		RUNNER	3453	00:50:40.52	16:20	3.7mph	F	48	
50	LORI CARNEY		RUNNER	3454	00:50:41.15	16:21	3.7mph	F	54	
51	SUSAN BOYLE	SHIRLEY, NY	RUNNER	3544	00:50:42.59	16:21	3.7mph	F	50	
52	TAYLOR BOYLE	SHIRLEY, NY	RUNNER	3545	00:50:43.44	16:21	3.7mph	F	50	
53	FREDERICK C. LUPFER	MEDFORD, NY	RUNNER	3573	00:50:48.60	16:23	3.7mph	M	64	
54	ALEX STRAUSS	MASTIC, NY	RUNNER	3599	00:52:27.17	16:55	3.5mph	M	45	
55	AMY KELLY	RIDGERIDGE, NY	RUNNER	3568	00:52:52.12	17:03	3.5mph	F	47	
56	LISA WELCH	MOUNT SINAI, NY	RUNNER	3611	00:52:53.44	17:03	3.5mph	F	49	
57	LENORE BENCE	CENTEREACH, NY	RUNNER	3542	00:52:53.49	17:03	3.5mph	F	60	
58	TRACY NEGRIN	MEDFORD, NY	RUNNER	3581	00:53:07.84	17:08	3.5mph	F	52	
59	LISA DELUCA	MEDFORD, NY	RUNNER	3554	00:53:08.12	17:08	3.5mph	F	53	
60	HAILEY TRUSNOVEC	SHIRLEY, NY	RUNNER	3605	00:57:19.05	18:29	3.2mph	F	14	
61	MICHELLE LEGGIO	SHIRLEY, NY	RUNNER	3572	00:57:21.05	18:30	3.2mph	F	37	

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62 LILY CALO	MEDFORD, NY	RUNNER	3546	00:57:21.76	18:30	3.2mph	F	5	
63 SOFIE CALO	MEDFORD, NY	RUNNER	3549	00:57:22.60	18:30	3.2mph	F	8	
64 THOMAS CALO	MEDFORD, NY	RUNNER	3550	00:57:23.10	18:30	3.2mph	M	43	
65 SADIE CALO	MEDFORD, NY	RUNNER	3548	00:57:23.44	18:30	3.2mph	F	3	
66 PAMELA CALO	MEDFORD, NY	RUNNER	3547	00:57:23.85	18:30	3.2mph	F	39	
67 SHERI ZILINSKAS	HOLBROOK, NY	RUNNER	3614	00:58:34.44	18:53	3.2mph	F	55	
68 DENISE MCGRATH	MEDFORD, NY	RUNNER	3576	00:58:35.01	18:53	3.2mph	F	58	
69 DINA UNDERWOOD		RUNNER	3409	00:58:43.38	18:56	3.2mph	F	54	
70 TABITHA SHELBORNE	PATCHOGUE, NY	RUNNER	3593	00:58:43.87	18:56	3.2mph	F	46	
71 JAKE MAGGIACOMO	MEDFORD, NY	RUNNER	3574	00:59:09.38	19:04	3.1mph	M	14	
72 DAVID UNDERWOOD		RUNNER	3417	00:59:09.83	19:05	3.1mph	M	54	
73 SEAN DIXON	MEDFORD, NY	RUNNER	3557	00:59:10.74	19:05	3.1mph	M	44	
74 KIMBERLY DIXON	MEDFORD, NY	RUNNER	3556	00:59:54.55	19:19	3.1mph	F	44	
75 EVELYN SIDERI	MEDFORD, NY	RUNNER	3595	00:59:55.96	19:19	3.1mph	F	50	
76 REBECCA VENTIMIGLIA	SELDEN, NY	RUNNER	3608	01:00:19.76	19:27	3.1mph	F	40	
77 KIERA VENTIMIGLIA	SELDEN, NY	RUNNER	3607	01:00:20.76	19:27	3.1mph	F	16	
78 KIM BANKER	MEDFORD, NY	RUNNER	3540	01:00:29.60	19:30	3.1mph	F	51	
79 TRISHA EWALD	SHIRLEY, NY	RUNNER	3560	01:00:31.11	19:31	3.1mph	F	51	
80 NANCY LUPER		RUNNER	3458	01:00:32.79	19:31	3.1mph	F	61	
81 DEIRDRE LAMBRE	WYANDANCH, NY	RUNNER	3571	01:04:48.64	20:54	2.9mph	F	45	