

## Suggested equipment list for camps

- Scouts should always arrive and leave in uniform
  - waterproof top and trousers (if possible)
  - warm Hat and gloves just incase it turns cold
  - sun cap
  - 2 Warm jumpers or fleeces
  - 3 t shirts
  - 2 pairs of trousers (not jeans)
  - 3 pairs boxes/pants
  - 4 pairs socks
  - 2 pairs of short trousers (optimistic)
  - a pair of boots or wellies
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- Sleeping bag - Stuffsac based types are much more compact than sleepover types. Synthetic filled bags are easier to clean than natural filling. Zips can be a source of cold if no baffle is fitted
  - Pillow - Air pillows are good, as full size pillows take up a lot of space. You can always take an empty pillow case and fill it with clothes at night!
  - Roll mat or airbed- Keeps you off the ground at night, and therefore warmer
  - Blanket (if required) - Placed between a sleeping bag & sleeping mat this can help keep you warmer. Buy a "camp" blanket and use it to display badges & wear around the campfire
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- Eating kit (unbreakable plate, bowl, cup) - Make it durable, plastic or metal but not Mum's best china!
  - Cutlery (knife, fork, spoon) - Home or camp sets but make sure they are distinctive to find in a pile of everybody else's cutlery
  - Tea Towel(s) - One or two depending on length of camp
  - Drawstring bag - Simply keeps all your canteen stuff together
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- Nightwear - Even in summer it can get cold at night. It is important that day clothes are not worn at night
  - Small teddy - If required
  - Wash kit (flannel, soap, toothbrush, toothpaste) - Keep in a waterproof bag. Using soap and toothbrush containers is a good idea to keep everything separate.
  - Towel(s)- Needed after heavy rain, falling in water, swimming or (just maybe) after having a wash!
  - Brush/comb - If required
  - Hankies/tissues - Small packs are ideal
  - Medication - Must be included on camp information form and kept in medical chest
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- Rucksack or holdall - No suitcases, preferable if the young person can carry the bag by themselves

- Plastic bags or sacks for dirty washing/boots - Please note that black bin bags, although very suitable, can look like a bag of rubbish if left unattended on a field; we would recommend coloured plastic bags (Bags for life are great)
- Named refillable drinks bottle - Make sure it's leak proof. Never take fizzy drinks. If it's cold don't carry on the outside of your bag
- Sun cream - Important in summer and winter depending on the weather
- Torch and spare batteries - Head torches are increasingly popular. Do not pack your torch with batteries fitted (or at the bottom of your kit) as it could easily get accidentally turned on and you will arrive at the camp/holiday with flat batteries. Or get a wind up one.
- Watch (optional) - A cheap one that can cope with getting wet is a good idea
- Pen/pencil and notepad
- Pocket money (£5 max for gift shop)
- Cheap camera/disposable.(optional)

### Notes

- The Scout Group cannot accept responsibility for loss or damage to any personal effects and the Scout Association does not provide automatic insurance for such items.
- If your child requires medication while on camp please hand it in to a leader in a named container giving full details of medication required and a letter signed by the parent giving permission for one of the Leaders to administer this medication.
- All equipment and clothing must be clearly marked with the owner's name; engraving or permanent ink are far better than nail varnish or stuck on labels.
- A certain amount of pocket money is recommended. Money may be handed to camp-leader for safety and will be given out as required. The Scout Group is otherwise not responsible for losses.
- Please do not include any electronic games, phones, radios or mp3 players.
- As we may have children with food allergies, please do not pack any sweets or chocolates.
- Knives, aerosols, matches, lighters and any other flammable liquid or gas **must never** be brought to camps; these are dangerous and not necessary.
- Kit should be packed in a hold-all or rucksack. It is important that there are no loose items. Line the kit bag with a plastic bag.
- Due to the nature of camps and activities, it is advisable to wear old clothing and footwear as there is a good chance they will get very wet, dirty and/or damaged.
- Earrings and other decorative jewellery are not recommended on camps and activities.