

The Colenz vs. The Angel of Water



The Colenz colonic experience is most like an enema, the ultimate enema. The system was designed with the help of Bernard Jensen D.C., a pioneer in the field of colon hydrotherapy, digestive health and cleansing. For your session you lay flat this allows water to hydrate and soften the fecal material in your colon. You can fully relax even nap while your waste moves naturally out of your body into the basin below. The Colenz is an open system for colon hydrotherapy. This is the most gentle colonic experience you will ever have, without sacrificing any of the benefits you receive from any other colon hydrotherapy system.

Water is kept constant at body temperature and flows with gravity to provide a steady gentle flow of water into your bowel. The nozzle is less than $\frac{1}{4}$ " in diameter is lubricated and self inserted into the rectum. A very easy, private experience. You are able to self massage throughout the session, or simply ring a doorbell and have your therapist join you at any time. During your session there is a simple shower sprayer that allows you to clean yourself at any time. At the end of your session your therapist will have a look and analyze the releases you had; giving you feedback to help you improve your health and digestion.

In my professional opinion and experience this system is ideal for those clients who are anxious about a colonic, don't want to see their releases during session, are pregnant (especially 3rd trimester), have a large belly or are quite overweight, would like complete



The Angel of Water is similar to the Colenz in many ways. It is also an open method for colon hydrotherapy with safety, client comfort and privacy in mind. For your session you sit in a reclined position and see your releases through the view tube in real time as it happens. For some this is a very gratifying experience, seeing the movements as they happen. Your therapist will also be watching the releases through the view tube to be able to give you feedback as well.

For your session you undress from the waist down, sit onto the machine and guide the $\frac{1}{2}$ " lubricated nozzle 2" into the rectum. The water is gravity fed providing a safe gentle flow; releases tend to be more frequent with the Angel of Water. Any time you feel a full sensation you simply push and release any matter & water ready to be eliminated. The Angel allows you to see the releases through a view tube so you can be entertained throughout your session.

There is also a shower sprayer with the Angel that you can use anytime during and after your session to clean and refresh. At the end of your session the therapist will turn the water off. You sit up and release any more you feel you need to and then spray off and you are ready to tackle your day.

People rarely get much reading done, or napping for that matter with the view tube. Some clients love this feature, others prefer not to see or be focused on the view tube. If you are anxious about your session, this visual can also overwhelm you. You know

privacy and to relax or nap during their session, are concerned about parasites being present in their bowels, would like to get an idea of the volume released over their session, know they have hard impacted matter or bowel obstructions. The Colenze truly provides the best hydration for a deep cleanse of the bowel. I also recommend this system if you are on a juice cleanse. It will do the best job to soften and remove mucoid plaque from the bowel walls.

yourself better than we do, so we empower you to choose which system you would like to try. Or try both and pick your favorite. There is no wrong choice, just the best fit for you and your bowel releases.

The Angel provides an effective and deep cleanse. You will typically go through more water with this system because of the help of gravity in the reclined position. If you are new to cleansing or have chronic constipation this system can be helpful initiating the cleansing and elimination potential for your body.