



**T.C. WILLIAMS HIGH SCHOOL  
GIRL'S INDOOR TRACK and Field RECORDS**

<u>EVENT</u>	<u>NAME</u>	<u>TIME/ DISTANCE</u>	<u>YEAR</u>
55m Low Hurdles	V. Nicely	8.2	1984
55m Dash	T. Butts	7.10	2008
300m Dash	R. Elliott	40.7	1983
500m Dash	A. Kilpatrick	1:17.3	1989
800 m Run	S. Schaedel	2:21.29	2014
1000m Run	K. Mercer	2:57.11	1992
1600m Run	K. Mercer	5:00.83	1992
3200m Run	J. Ferrand	10:57.4	1994
5000 m Run	S. Bryant	19:25.57	2009
Long Jump	T. Butts	20' 1 ¼ "	2009
Triple Jump	E. Andrews	37' ¼ "	1988
High Jump	*T. Butts	5' 10 ½ "	2009
Shot Put	M. Lovelace	45'	1983
Pole Vault	S. Schaedel	11'0"	2013
800m Relay	C. Clarke, A. Wilson A. Banks, R. Clarke	1:45.36	1999
1600m Relay	V. Nicley, S. Fletcher, K. Mercer, K. Fylnn	4:03.01	1990
3200m Relay	J. Ferrand, E. Codjoe M. Berhane, M. Diakite	9:41.94(FAT)	1994
DMR	E. Baker, A. Clark, K. Bezina, E Weidman	13:33.3	2008

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55 High Hurdles	J. Johnson	7.1	1971
*55m Dash	J & N. Lyles - tie	6.19	2015
200m Dash	N. Lyles	20.63	2016
300m Dash	N. Lyles	33.18	2015
400m Dash	J. Lyles	47.35	2015
500m Dash	J. Lyles	1:03.57	2015
1000m Run	R. Garcia	2:31.5	1979
1600m Run	D. Stephens	4:14.2	1980
3200m Run	D. Stephens	9:02.0	1985
800m Relay	O. Smith, G. Wright T. Harrison, R. Jackson	1:29.7	1983
	T.Lockett, J. Lyles K.Cole, N. Lyles	1:26.21(FAT)	2016
DMR (NHSR)	R. Garcia, B. Mountain, M. Mansy, D. Stephens	10:15.4	1979
3200 Relay	J. Porter, J. Gipson, T. McNeil, M. Massaquoi	7:57.0	1990
Long Jump	R. Bridges	24' 3 ¼ "	1989
Triple Jump	E. Whoriey	48' 9.5"	1989
High Jump	E. Hairston	6' 9"	1983
Pole Vault	E. Izo	14' 6"	1983
Shot Put	R. Johnson	62' 1"	1997
1600m Relay	T. Hairston, Q. Smith, G. Wright, C. Matterson	3:19.1	1984

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<u>EVENT</u>	<u>NAME</u>	<u>TIME/ DISTANCE</u>	<u>YEAR</u>
100m Hurdles	V. Nicely	13.9	1984
100m Dash	S. Robinson	11.8	1982
200m Dash	R. Elliott	24.5	1983
400m Dash	R. Elliott	56.7	1983
800m Run	S. Schaedel	2:13.76	2012
1600m Run	K. Mercer	4:54.4	1992
3200m Run	J. Seltz	11:04	1988
300m Low Hurdles	Z. Askew	43.11	1994
Shot Put	M. Lovelace	45'	1983
Discus	I. Massaquoi	141' 3"	2015
High Jump	K. Fylnn	5' 10"	1990
*Long Jump	T. Butts	20' 4 ½ "	2008
Triple Jump	Y. Brown	38' 0"	1994
Pole Vault	S. Schaedel	11'3"	2012
1600m Relay	Nicely, Ward Cross, Elliott	3:54.2	1982
400m Relay	Nicely, Elliott Cross, Robinson T.Rodgers, N. Dickens Z. Askew, Y. Brown	48.3 48.40 (FAT)	1982 1994
800m Relay	Nicely, Elliott Cross, Robinson	1:40.3	1982
3200m Relay	Diakite, Berhane Codjoe, Ferrand	9:24.37	1994
DMR	Lewis, Moreci Evans, Mara	12:35	1983
SMR	A. Banks 200m., D. Price 200m. A. Wilson 400m., M. Diakite 800m,	4:19.0	1998

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110m High Hurdles	J. Johnson	13.8	1972
*100m Dash	N. Lyles	10.14	2015
1500m Run	M. Mansy	3:52.4	1979
1600m Run	D. Stephens	4:11.2	1978
400m Dash	J. Lyles	45.46	2015
800m Run	C. Matterson	1:50.3	1984
*200m Dash	N. Lyles	20.18	2015
300m Int. Hurdles	J. Coles	37.64	1998
400m Int. Hurdles	J. Coles	55.4	1998
3000m Run	D. Stephens	8:19.4	1980
3200m Run	D. Stephens	9:01	1980
High Jump	E. Hairston	7' 0.4"	1983
Long Jump	R. Bridges	24' 3"	1989
Triple Jump	F. Glascoe	49' 9"	1971
Pole Vault	E. Izo	14' 6"	1983
Shot Put	R. Johnson	65'3/4"##	1997
Discus	F. Afriye	169'0"	2008
*400m Relay	A. Holley, C. Samuel's B. Drummond, D. Lowery	40.56\$	1993
800m Relay	G. Wright, Q. Smith T. Hairston, R. Jackson	1:26.6	1983
1600m Relay	M. Booth, N. Lyles T. Locket, J. Lyles	3:12.17\$ (1 <sup>st</sup> USA)	2015
DMR	A. Taylor, D. Stephens A. Durham, M. Mansy	10:15	1979
SMR	I. Ojumu 200m, K. Stancil 200m., K. Holford 400m., B. Alexander 800m,	3:33.2	1998
4 mile Relay	M. Mansy, R. Garcia, D. Stephens, J. Garner	17:43.3	1979
6400m Relay	C. Sharp, T. Nguyen, J. Diamond, J. McGrail,	19:36.4	1998
Shuttle Hurdles	T. Alexander, M. Laryea, K. Shumate, J. Coles,	1:08.0	1998
*3200m Relay	J. Porter, J. Gipson T. McNeil, M. Massaquoi	7:42.60	1990

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