Dr. Reginald Walter Howard is an ordained minister and has received been formally trained in the area of Spiritual Psychology. He is the Founder and Spiritual Director of Truth and Transformation Ministries, Inc. and is the CEO of Transformative Therapeutics, LLC where he serves as the Spiritual Clinical Director. Dr. Howard is affectionately known among his parishioners and patients as "Dr. Reggie."

Dr. Howard attended the Barbara King School of Ministry in Atlanta, GA and finished his ministerial training under the leadership and mentorship of Reverend Ricardo A. Rivers the Founder of RARE Ministries. Dr. Reggie is a graduate of both Georgia State University and Clark Atlanta University and has earned degrees in the following areas: a Bachelor of Business Administration Degree, a Master of Arts in African American Studies with a Specialization in Organizational Development and a Doctor of Philosophy in Spiritual Psychology.

Dr. Reggie's first book "The Transformative Truth: 7 Steps For Spiritual Transformation" was published in 2011. Continuing in the vein of Spiritual Transformation Reverend Reggie produced a second publication "Transformative Thoughts: The Soul's Sacred Shift." In his new book, he expands his ideas regarding Spiritual Transformation. In addition, he gives you weekly tools to permanently shift your mental and emotional patterns through new modes of thinking.

Dr. Reggie's teachings regarding Spiritual Transformation and Psychology will warm your heart and stir your soul!