## **Welcome Dancers!**

We are excited to have you as part of our dance program! This welcome packet is laid out in question and answer format to provide you with the information necessary for you and your dancer(s) to have a successful and enjoyable time with us at North Crest! If you have additional questions, please do not hesitate to ask one of our staff members. We want your dancer to love their class!

## **General Information:**

#### What is North Crest Kids Activity Center's mission?

We exist to inspire kids to achieve their full potential in the disciplines of dance and gymnastics by providing quality programming, because we believe that kids can do amazing things when they have someone who believes in them unconditionally!

#### What is North Crest Kids Activity Center's goal?

To promote physical, emotional, and social skills supporting the discovery of one's personal excellence.

#### What is Recreational Dance?

Recreational dance includes our Ballet/Tap, Tappin' Tumbler, Jazz/Hip Hop, Jazzin' Jumper, Breakdancing, and Boys classes. Recreational Dance is for dance students who enjoy dancing one or two times per week as an athletic or artistic hobby. It is a great opportunity for young students to develop listening and attention skills for school readiness while being active and engaged.

#### What do I do if the class I am registered for is too easy or too hard?

If you find that your child is in a class that doesn't compliment their needs, please let us know at our front desk or via email. We have several options and want to see your dancer(s) placed in the correct class!

#### Where do I go and who do I talk to if I have a question?

When you are at North Crest: The front desk employees would be happy to answer your questions about payments, scheduling, facility closures and special events.

If you are out and about: The best way to reach us is by emailing us at <a href="mailto:office@northcrestkids.com">office@northcrestkids.com</a>. This allows our staff the time to get the most accurate answer for you. You can also call us at 320-251-3416.

If you have questions about your dancer's specific class: Your dance instructor is typically available right before and right after your dancer's class. If they have a class immediately before or after, feel free to write them a note or ask to set up a time to talk.

If you have questions about the Recreational Dance Program: You can email our recreational Dance Director, Olivia at <a href="mailto:dance@northcrestkids.com">dance@northcrestkids.com</a>

# **Dance Class Specific Information:**

#### What should I do to prepare for the dance season?

Your dancer will need a small bin or bag of your choice to store their dance shoes in. This could be a plastic or cardboard box, a small backpack or small duffel bag.

#### What clothing should my dancer wear to class each day?

<u>Please note for both boys and girls</u>; tighter fitting athletic apparel that stretches with your dancer is always best. This allows the instructor to see a dancer's form and body position so that proper corrections can be made.

The following are all appropriate class-wear options: Leotard, compression/tight fitting t-shirt, tight-fitting tank top, shorts, leggings, ballet skirt, and convertible tights.

<u>Please understand:</u> We ask that mid-drifts or tummies are always covered.

#### What shoes should my dancer wear to class?

<u>Ballet/Tap and Tappin' Tumblers:</u> Pink ballet shoes for girls, black ballet shoes for boys, and black tap shoes for both boys and girls.

<u>Jazz/Hip Hop and Jazzin' Jumpers:</u> Black jazz shoes and solid black tennis shoes with white soles.

#### Where can I purchase dance attire?

Our pro-shop sells a variety of shoes, clothing and other apparel items that will meet all of your class needs. This includes tights, leotards, shorts, compression shirts, athletic shorts, dance skirts, ballet shoes, jazz shoes, tap shoes and tennis shoes. If you are in a Jazz/Hip Hop or Jazzin' Jumper class, black tennis shoes with white soles can be purchased at many local and online stores. Please avoid shoes with any color on them as we want the shoes to be completely neutral. These shoes are only necessary for our spring performance and spring pictures. Jazz shoes can be worn for both jazz and hip hop until a few months prior to performance time.

#### How should I prepare for class each day?

Please bring your child to class in the proper attire, with a smiling face, and a pre-practice bathroom break. Please explain to your child that they can ask if they need to go to the bathroom, but it is best if they can go before or after their class, so they don't miss out on the fun or the instruction time!

#### How is dance class structured?

All of our instructors follow a weekly lesson plan that includes stretching, technique, games, skills, and routines. Instructors will engage with all students in a positive and affirmative manner while giving them a quality dance education. The class will always begin with attendance, so please be on time. The class will always end with encouraging words, stickers, and parent communication if necessary.

#### I have a young dancer. What if they are nervous to leave me during class time?

We handle this often. Do not be embarrassed; many children go through anxiety of some sort in a new environment. Let us help you! If you need to come inside the studio during the first or second week of class, please know you are welcome to sit by the back door and allow your child to sit near you or on your lap. We will include them gently until they are ready to fully participate. Don't feel you are wasting your time or your child's time, we know that children still learn a great deal through observation. If you take the time to help ease your child into class, the benefits will be well worth it and your child will feel great about their accomplishment! Please note; we do ask that you remove street shoes prior to entering the studio.

## What is my role as a parent or guardian to a dancer?

To be their cheerleader! Encourage and support them through the process of learning to become a dancer. Watch their "shows" when they are eager to perform what they have learned in classes. Remember to join us on TeamApp, check your child's bin/bag for important handouts each week and keep an eye on your email for important announcements frequently; these are our primary source of communication with parents and families.

## **Dance Performances:**

#### How many performances are there?

All North Crest, dancers are encouraged to participate in two performances, one in the winter and one in the spring. Although, dancers are only required to participate in the Spring Performance, if you choose to participate in the Winter Performance we will cover the cost of their costume. The Spring Performance costume is paid for as part of tuition.

#### What is the difference between the Winter and Spring performances?

**The Winter Performance** is a dance production that features our Company North Crest Dancers. All recreational dance students are invited to perform as guests in a short, introductory number at the beginning of this dance production. Dancers are then brought into the balcony to watch the entire show that Company North Crest puts on.

**The Spring Performance** is a dance show that highlights and showcases our recreational dancers. They will perform in three dance numbers at this show. Company North Crest will also perform several numbers; however, this show is focused on our recreational performers.

# **Additional Expenses:**

#### Costumes:

The price of the **Spring Performance Costume** will be included in your tuition for the year. However, **the Spring Performance t-shirt** used for our finale will be an additional cost paid for by you. This shirt will include a show logo on the front, as well as the names of all participants on the back. Shirts normally cost between \$15 to \$20. These shirts will become treasured memories in your dancer's experience. If you choose not to purchase one of our shirts you will need to provide a blank shirt in the base color of the show t shirts for the year. Should you choose to participate in the Winter Performance we will cover the cost of your child's costume.

#### **Winter Performance Tickets:**

Tickets can be ordered at <a href="www.paramountarts.org">www.paramountarts.org</a>, prices and ticketing fees are determined by the Paramount Theater, however, they normally run between \$12 and \$15. Due to fire code, a ticket must be purchased for anyone entering the theater, this includes small children. Lap sitting is not permitted per Paramount policy.

#### **Spring Performance Tickets:**

Information regarding the Spring Performance tickets will be released at a later date. Tickets for this performance typically run around \$15 depending on performance venue.

### How do I order a copy of my dancer's performance?

We do not allow flash photography or videography at either of our dance performances. Instead, we offer a professional recording on a flash drive. These usually run between \$25 and \$30 each. Prior to the show, you will receive an email and/or handout with ordering information.

# **Other Information**

#### When are dance pictures and what are our responsibilities?

Dance pictures for the 2021-2022 season are April 11th-14th, 2021. Dancers will be taking class pictures in their spring performance costumes and will have the option for individual photos as well. Our pictures are done by The Camera Shop during your regular class, day and time. You will receive more information as the date gets closer. Please plan on arriving with your dancer in their costume at the beginning of your scheduled dance class time with hair and makeup as you feel appropriate. Dance classes will continue as normal following pictures; however, combination class athletes will only attend dance during this week. If you wish to take individual gymnastics pictures for your combination class, they can be done prior to your child's dance class and a separate photo order envelope will need to be filled out.

#### What is awards week and why do we do it?

It is our mission to have your family be a part of North Crest from the beginning of your child's dance career until the end. We like to recognize and celebrate each dancer for their completion of each season with us during the last week of class in May. Dancer's who are with us for 5, 10 and 15 years receive a commemorative trophy in lieu of their ribbon for the year.

#### **What is Company North Crest?**

<u>Pre-Company:</u> Our preparation program that teaches the skills and techniques need to be successful future Company dancers. These dancers are selected by our instructors through our spring session as they participate in recreational classes. Recommendations are made based on talent, dedication, listening skills and a love for the art of dance. They are asked to do a trial audition class in late May to ensure that they will be a good fit for the program. Dancers are evaluated on their skills and attitude. They are then placed in groups accordingly. Placements of dancers are dependent upon the ability, desire, and age of the dancer. Pre-Company is made up of dancers age 5-8. Pre-Company groups are Broadway babies, wo practice once a week and Showstoppers, who practice twice a week. Pre-Company dancers will have core class time weekly, which consists of ballet, tap, lyrical, hip hop and acrobatic dance.

Company North Crest: Our version of a performance-based, competitive dance program. Company is comprised of dancers age 7-18. These dancers have been selected through instructor recommendation &/or an audition process because of their talent, dedication, and love for the art of dance. Our dance year begins with placement auditions, for current Company dancers as well as for incoming Company prospects. These are held at the end of May. Dancers are evaluated on their skills, current technique level, listening skills and attitude. They are then placed in groups accordingly. Placements of dancer(s) are dependent upon the ability, desire, and age of the dancer.

Company core (Ballet) group names in progressive order are Debut, Premier, Junior, Senior and Elite. Pre-Pointe and Pointe are offered as an invite-only class. Company dancers have opportunities to train with us in a wide range of styles including, but not limited to; Jazz, Lyrical, Contemporary, Tap, Hip Hop and acrobatic dance. In progressive order these styles are split up into Novice, Intermediate, Advanced and Superior. Ballet and jazz classes are required at all levels and Tap is required through the Intermediate Level.

All Company dancers (not including Pre-Company) will participate in one group competition. Competition routines are usually announced in the fall. Advanced and Superior groups will participate in one additional group regional competition through the season. Solos, duets and trios are available to Company dancers who have been with us for 2+ years. These dancers have the option to compete in two or three competitions, dependent on placement level.

# **Important Dates for Recreational Dance 2021-2022**

September 8th- First day of school session recreational classes

October 15th- MEA; classes will remain in session

October 30th- North Crest Trunk or Treat

**November 12th-** First Rec. Winter Performance Rehearsal @ North Crest; times on Winter Show Rehearsal handout.

- Final Day for Winter Performance commitment

November 24th & 25th- Thanksgiving; North Crest closed

**December 3rd-** Second Rec Winter Performance Rehearsal @ 5:00pm at North Crest

**December 17th-** Third Rec Winter Performance Rehearsal @ 5:00pm at North Crest

December 22nd through January 2nd- Christmas & New Years; North Crest closed

January 3rd- Classes resume

January 8th- Final Rec Winter Performance rehearsal at the Paramount times TBA

January 9th- Winter Performance at the Paramount
Arrival times TBA
Show times TBA

April 15th through 18th- Easter; North Crest closed

**April 11th through 14th-** Picture Week during regularly scheduled class time (combo kids will take pictures during dance class)

May 9th through 12th- Awards Week- Last Week of rec. Dance and Combination Classes

**May TBA-** Spring Performance Rehearsal

**May TBA-** Spring Performance

# 2022 Winter Dance Show Rehearsals

Hello parents/guardians, This is an important update pertaining to the winter dance show.

We will be holding rehearsals for recreational dancers;

November 12th, December 3rd and December 17th at North Crest,

January 8th at the Paramount

The performance will take place January 9th at the Paramount. Times TBA.

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## November 12th: Starting at 4:30PM at North Crest

4:30-5:15 Ballet/Tap, Tappin' Tumbler 1 5:00-5:45 Jazz/Hip Hop, Jazzin' Jumper 1 5:30-6:15 Ballet/Tap, Tappin' Tumbler 2 6:00-6:45 Jazz/Hip Hop, Jazzin' Jumper 2 6:30-7:15 Ballet/Tap, Tappin' Tumbler 3 7:00-7:45 Jazz/Hip Hop, Jazzin' Jumper 3

All dancers will need either ballet or jazz shoes ONLY.

Dancers should come in athletic apparel that follows our dance dress code.

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### December 3rd & 17th: 4:45-7:30PM at North Crest

All dancers will be here from 4:45-7:30PM

They will need either ballet or jazz shoes ONLY.

Dancers should come in athletic apparel that follows our dance dress code.

January 9th: at the Paramount, times TBA

**ATTENTION:** We are in search of parent volunteers for the show. As a volunteer you are asked to attend AT LEAST two of the three upcoming rehearsals at NorthCrest and the rehearsal at the Paramount, as well as show day. Show volunteers are able to watch their dancer from the side of the stage and will not need to purchase a ticket for the show.

Please let the front desk know if you are interested.

# **2022 Recreational Winter Show Participation Form**

PLEASE DETACH AND TURN INTO THE FRONT DESK BY end of day November 12th, 2021!

Dancer's Name:
Class, Day & Time:
(if unsure of class name, please write down your dance teacher's name and day of the week)
Yes, my dancer will be participating in the Winter Performance on January, 9th 2022
No, my dancer will not be participating in the Winter Performance on January, 9th 2022

# North Crest Recreational Shoe Order Form 2021-2022

Student Name:	Student Street Shoe Size:	
Phone: Dat	e of Order:	
Class Day & Time:		
Class Type: Ballet/Tap Jazz/Hip	Нор	
Shoe Type	Shoe Size to Order	Cost
Girls Pink Leather Ballet Shoe (Child 7 - Adult 12)		\$16.96
Boys Black Leather Ballet Shoe (Child 7 - Adult 12)		\$16.96
Child Black Velcro Tap Shoe (Child 5.5 - 3)		\$14.89
Adult Black Tie Tap Shoe (Adult 3.5 - 10)		\$17.19
Black Jazz Shoe (Child 9 - 1.5, Adult 4 - 13)		\$23.45
Black Sequin Low-Top Sneaker (Child 9 - 3, Adult 4 - 12) **NO HALF SIZES**		\$20.64
Child Footed Tights (no tax) Sizes: S, M or L Colors: Pink (Ballet/Tap) or Tan (Jazz/Hip Hop)		\$5.18
Adult Footed Tights (no tax) Sizes: A, B, C or D Colors: Pink (Ballet/Tap) or Tan (Jazz/Hip Hop)		\$6.04
Dancing Fair- Child Convertible Tights (no tax) Sizes: S/I or M/L Colors: Pink (Ballet/Tap) or Tan (Jazz/Hip Hop)		\$8.34
Dancing Fair- Adult Convertible Tights (no tax) Sizes: A/B or C/D		\$9.20
Pink (Ballet/Tap) or Tan (Jazz/Hip Hop)	Subtot	al:
	Sales Tax (x.07375	
	Shippin	
	Grand Tot	al:

<sup>\*</sup>Convertible tights are ideal for combo classes.

<sup>\*\*</sup>All orders must be prepaid at the front desk.

<sup>\*\*\*</sup>Returns or exchanges within 14 days on unworn items only.