

Ashland Community Conversations K-5

Reaching Ashland Parents One Conversation at a Time



One of the best ways you can keep your child from trying tobacco, alcohol or other drugs when they get older is to talk with them early about making healthy choices. Encouraging them now to make every-day healthy decisions will help them develop the confidence and skills to make the right choices as they get older. But where do you start? How do you know what to say? And where can you learn the facts?

At a *Community Conversation!*

**What is a
Community
Conversation
?**

A **Community Conversation K-5** is a small gathering of parents, friends, or others interested in acquiring strategies for talking with younger children about making healthy choices and learning how to adapt these strategies as they grow.

The purpose of this gathering is to discuss age-appropriate conversations you can have with your child to help them make good choices now and to prevent them from making risky choices - including tobacco, alcohol or other drug use - as they get older.

All you need to do is invite the guests and offer a light snack. A trained facilitator attends the meeting to direct the discussion.

**How can
I get
involved
?**

Host a **Community Conversation:**

Email CommunityConversations@AshlandDecisions.org to host a *Conversation* in your home or meeting location.

Learn more about **Community Conversations:**

Email Cara at ctirrell@ashlandmass.com to learn more about what happens during a *Conversation* and what participants can expect.

LET'S START THE NEXT CONVERSATION!

Ashland's Kids Have...

**Decisions at Every
Turn**

Prevent Youth Substance Use

**www.AshlandDecisions.org
508-881-0177 x8284**