

Find a Therapist

The therapists in our directory below are VPA members in good standing and are credentialed by their respective regulatory boards.*

VPA does not endorse any particular therapist, nor does it guarantee satisfaction with, or the quality of, their services. VPA does not have minimum requirements of its referral members for years of experience or malpractice insurance and encourages you to ask a prospective therapist these questions. It is a member's responsibility to advise VPA of a change in status with the appropriate licensing board; the information presented here represents the most recent information available to VPA.

* Psychologists: the Vermont Board of Psychological Examiners
 Mental Health Counselors (LCMHC) and Marriage & Family Therapists (LMFT): the Vermont Board of Allied Mental Health
 Social Workers (LICSW) and Alcohol & Drug Abuse Counselors: the Vermont Office of Professional Regulation

County	Town	Name	Email Address	Telephone	Ext	Sexual Identity/ Orientation	Clients	Practice Areas
Addison	Bristol	Charlotte McGray, Psy.D.		(802) 388-0929				Affective Disorders Behavioral Medicine Depression/Anxiety Hypnotherapy/Hypnosis Marriage/Divorce/Separation Pain Management
	Bristol	Carolyn M. Dundon, Ph.D.	deerleap.psychotherapy@gmail.com	(802) 453-6330			Adults Couples College Students	Affective Disorders Depression/Anxiety Phobias/Panic Disorders PTSD/Trauma Sexual Issues
	Middlebury	Mary Brevda, M.A.		(802) 388-7435				Affective Disorders Assertiveness Depression/Anxiety Mid-life Crisis Self-Esteem/Concept Sexual Abuse
	Middlebury	Carolyn H. Carey, M.A.		(802) 377-2014		Heterosexual	Adults (women only)	Affective Disorders Assertiveness Depression/Anxiety Mid-life Crisis Religion & Spirituality
	Middlebury	Roger A. Marum, Ph.D.		(802) 425-4206			Adults Couples Families College Students	Affective Disorders Death/Dying/Grief Depression/Anxiety Employment & Career Issues Marriage/Divorce/Separation Self-Esteem/Concept

	Middlebury	Sheryl A. Coryell, M.A.		(510) 918-2100	Adults College Students	Assertiveness Depression/Anxiety EMDR Gifted/Creative Health Psychology/Wellness Marriage/Divorce/Separation Mid-life Crisis PTSD/Trauma Religion & Spirituality Self-Esteem/Concept Stress/Hypertension Training & Consultation
	Middlebury	Robert Lichtenstein, Ph.D.	the_doc@hotmail.com	(802) 349-3822		
	Middlebury	Danielle Bergeron Ingram, M.S.	vtpsychologist@yahoo.com	(802) 353-6580	Adults Children Adolescents College Students	Brief Therapies Depression/Anxiety Developmental & Intellectual Disabilities Health Psychology/Wellness Testing & Evaluations Life Transitions
	North Ferrisburgh	Roger A. Marum, Ph.D.		(802) 425-4206	Adults Couples Families College Students	Affective Disorders Death/Dying/Grief Depression/Anxiety Employment & Career Issues Marriage/Divorce/Separation Self-Esteem/Concept
Bennington	Bennington	Robert C. Hemmer, Psy.D.	drbob@drbobhemmer.com	(802) 362-5660	Children Adolescents Families	Assertiveness ADD Behavioral Medicine Depression/Anxiety Developmental & Intellectual Disabilities Health Psychology/Wellness LGBTQ Issues Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma School Consultations Self-Esteem/Concept Sexual Abuse Traumatic Brain Injury
	Bennington	Lisa M. Pezzulich, Psy.D.		(802) 442-3520	Adults College Students	Depression/Anxiety Eating Disorders Employment & Career Issues LGBTQ Issues Obsessive-Compulsive Disorder PTSD/Trauma

	Bennington	Kirke McVay, M.A.	kirkemcvay@comcast.net	(802) 447-2129	Heterosexual	Adults Couples Families Adolescents College Students	Anger Management Dissociative Disorders Hypnotherapy/Hypnosis Pain Management Sleep Disorders Smoking Cessation
	Bennington	David Brown, Ph.D.		(802) 442-3520	208	Adults Couples	Depression/Anxiety Marriage/Divorce/Separation PTSD/Trauma
	Manchester	Hallie Lovett, Ph.D.	hallielovett@gmail.com	(802) 353-0878		Adults Couples Families College Students	Affective Disorders Depression/Anxiety Group Therapy LGBTQ Issues Marriage/Divorce/Separation
	North Bennington	Louis Propp, Psy.D.		(802) 442-2722			
Caledonia	Hardwick	Margaret McGuire, Ph.D.	wellspringvt@gmail.com	(802) 472-6694		Adults Couples	Abuse/Violence Behavioral Medicine Chronic Illness/Disability Group Therapy Health Psychology/Wellness Death/Dying/Grief Depression/Anxiety Dissociative Disorders Marriage/Divorce/Separation Pain Management PTSD/Trauma Sexual Abuse Training & Consultation
	Hardwick	Larry J. Karp, Psy.D.	hed-doc@comcast.net	(802) 472-6734		Adults Couples Families Children Adolescents College Students	Depression/Anxiety Eating Disorders Geropsychology Health Psychology/Wellness Marriage/Divorce/Separation Training/Consultation
	Lyndonville	Deborah Goldberg, M.Ed.		(802) 748-3711	Heterosexual	Adults Adolescents College Students	Assertiveness Depression/Anxiety Health Psychology/Wellness Imagery Self-Esteem/Concept Stress/Hypertension
	St. Johnsbury	Judith Markey, Psy.D.	jmarkeypsyd@gmail.com	(802) 751-9347			

Chittenden	Burlington	Paul Foxman, Ph.D.		(802) 865-3450	425	Adults Couples Families Children Adolescents College Students	Depression/Anxiety Gifted/Creative Health Psychology/Wellness Mid-life Crisis Phobias/Panic Disorders Group Therapy
	Burlington	Bonnie Morrissey, M.Ed.		(802) 860-2814	2	Adults Couples	Affective Disorders Assertiveness Death/Dying/Grief Depression/Anxiety Health Psychology/Wellness Mid-life Crisis Self-Esteem/Concept Life Transitions
	Burlington	Kate J. Longmaid, Ph.D.	kate@katelongmaidphd.com	(802) 651-7535		Adults	Death/Dying/Grief Depression/Anxiety Gifted/Creative Mid-life Crisis Marriage/Divorce/Separation Self-Esteem/Concept Life Transitions
	Burlington	Richard Finkelstein, Ph.D.	rfinkelstein2@gmail.com	(802) 865-3405		Adults Couples Families Children Adolescents College Students	Affective Disorders Attention Deficit Disorder Depression/Anxiety School Consultation Self-Esteem/Concept Stress/Hypertension
	Burlington	Adam M. Grundt, Ph.D.	adam.grundt.phd@gmail.com	(802) 441-4072		Adults College Students	Addictions Behavioral Medicine Chronic Illness/Disability Depression/Anxiety Health Psychology/Wellness LGBTQ Issues Pain Management Personality Disorders PTSD/Trauma Religion & Spirituality Traumatic Brain Injury
	Burlington	Glenn B. Soberman, Ph.D.	glennsoberman@gmail.com	(845) 255-2443		Adults Couples College Students	Depression/Anxiety Dreams/Nightmares Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma Religion & Spirituality

Burlington	Andrew D. Blair, Psy.D.	andrew@andrewblairpsyd.com	(703) 731-2448	Gay/Lesbian	Adults College Students	Affective Disorders Assertiveness Depression/Anxiety LGBTQ Issues Phobias/Panic Disorders Self-Esteem/Concept
Burlington	Andrea L. Kelly, M.A.		(802) 363-9567			
Burlington	Richard W. Davis, Ph.D.		(802) 651-7534			
Burlington	Richard A. Witte, Ph.D.	richardawitte@gmail.com	(802) 658-2455		Adults Couples Families Children Adolescents College Students	Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety Marriage/Separation/Divorce PTSD/Trauma Training & Consultation
Burlington	Alexandra H. Thomsen, Ph.D.	alexthomsenphd@gmail.com	(802) 825-5239		Children Adolescents College Students	Death/Dying/Grief Depression/Anxiety Health Psychology/Wellness Obsessive-Compulsive Disorder Pain Management Phobias/Panic Disorders
Burlington	Jean Pieniadz, Ph.D.		(802) 651-7506		Adults Couples	Affective Disorders Depression/Anxiety Dreams/Nightmares Employment & Career Issues Marriage/Divorce/Separation Self-Esteem/Concept Life Transitions

Burlington	Aimee I. Gaffney, M.A.	agaffn@gmail.com	(802) 223-0447	Heterosexual	Adults Couples College Students Women	Abuse/Violence Affective Disorders Attention Deficit Disorders Chronic Illness/Disability Death/Dying/Grief Depression & Anxiety Dissociative Disorders Dreams/Nightmares Employment & Career Issues Health Psychology/Wellness Imagery LGBTQ Issues Marriage/Divorce/Separation Mid-life Crisis Obsessive-Compulsive Disorder PTSD/Trauma Self-Esteem/Concept Sexual Issues Sexual Abuse Life Transitions
Colchester	Virginia M. MacDonald, Ph.D.	gmacd2@msn.com	(802) 878-3802		Adults Families Children Adolescents College Students	Abuse/Violence Attention Deficit Disorder Depression/Anxiety PTSD/Trauma Self-Esteem/Concept Sexual Abuse
Colchester	Robert J. Narucki, M.A.	r.narucki@comcast.net	(802) 872-7645		Adults Couples Families Children Adolescents College Students	Abuse/Violence Affective Disorders Assertiveness PTSD/Trauma Sexual Abuse Life Transitions
Colchester	Kristin C. Sopronyi, M.S.	kristin@kcspychology.com	(717) 433-3484			
Essex Junction	Robert M. DuWors, Ph.D.		(802) 876-7613			
Essex Junction	Catherine E. Burns, Ph.D.		(802) 922-1612		Children Adolescents	Behavior Analysis/Behavior Problems Brief Therapies Depression/Anxiety Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma School Consultations
Shelburne	Rae Anne Barry, Ph.D.	raeannebarry@gmail.com	(802) 985-3315			

South Burlington	Kay Frances Schepp, Ed.D.	kschepp@uvm.edu	(802) 658-3586		Adults Couples Older Adolescents	Attention Deficit Disorder Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety LGBTQ Issues Marriage/Divorce/Separation Mid-life Crisis PTSD/Trauma Sexual Issues Training & Consultation Life Transitions
South Burlington	Milton J. Marasch, Ph.D.		(802) 958-9191		Adults (elderly)	Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety Geropsychology Obsessive-Compulsive Disorder Rehabilitation
South Burlington	Bruce J. Chalmer, Ph.D.	bruce@brucechalmer.com	(802) 860-6671		Adults Couples Families	EMDR Hypnotherapy/Hypnosis Marriage/Divorce/Separation PTSD/Trauma
South Burlington	Lisa M. Cepeda, Ph.D.	lcepeda@uvm.edu	(802) 656-2661	Heterosexual	Adults College Students	Assertiveness Depression/Anxiety Eating Disorders Self-Esteem/Concept
South Burlington	Suzanne N. Adams, M.A. Clinical Director The Adams Center for Mind & Body LLC		(802) 233-6162			EMDR DNMS
South Burlington	Katherine D. McGinniss, Ph.D., LMFT	katherinemcginnis0412@gmail.com	(802) 658-4208	112	Adults Couples Children Adolescents College Students	Affective Disorders Depression/Anxiety PTSD/Trauma
South Burlington	Amy A. Paysnick, Ph.D.		(802) 865-3450	504	Children Adolescents College Students	Chronic Disability/Illness Depression/Anxiety Neuropsychology Phobias/Panic Disorders Testing & Evaluation Traumatic Brain Injury
South Burlington	Sheryl Foxman, M.S.		(802) 879-1802			

	Williston	Patricia A. Pati, Ph.D.	patitheodore@yahoo.com	(802) 651-7737	Adults Couples	Brief Therapies Depression/Anxiety Marriage/Divorce/Separation Stress/Hypertension Substance Abuse Life Transitions
	Williston	Teresa J.L. Scott, Ph.D.		(802) 656-9973	Adults Children Adolescents	Affective Disorders Attention Deficit Disorder Depression/Anxiety Obsessive-Compulsive Disorder Testing & Evaluation
Franklin	Georgia	Joelle van Lent, Psy.D.	joellevanlent@gmail.com	(802) 233-6001		
Lamoille	Stowe	Joanne P. Hayden, M.A.	stowejph@yahoo.com	(802) 253-8912		
	Stowe	Richard T. Barnett, Psy.D., M.S., LADC	dr.rickbarnett@gmail.com	(802) 373-2909	Adults College Students	Addictions Affective Disorders Depression/Anxiety EMDR Employment & Career Issues Geropsychology Healthy Psychology/Wellness PTSD/Trauma Self-Esteem/Concept Smoking Cessation Substance Abuse Life Transitions
Orleans	Glover	Judy D. Young, M.A.		(802) 525-3507	Heterosexual	

Rutland	Rutland	Nancy A. Field, Ph.D.		(802) 747-3480		Adults	Affective Disorders Assertiveness Behavior Analysis/Problems Behavioral Medicine Brief Therapies Chronic Illness/Disability Depression/Anxiety Death/Dying/Grief Employment & Career Issues Gifted/Creative Issues Health Psychology/Wellness LGBTQ Issues Marriage/Divorce/Separation Mid-life Crisis Multicultural/Pluralistic Issues Obsessive-Compulsive Disorder Pain Management Phobias/Panic Disorders Religion/Spirituality Reproductive Issues Self-Esteem/Concept Sexual Issues Smoking Cessation Sports Psychology Stress/Hypertension Life Transitions
	Rutland	William L. Cunningham, Ph.D.	drlawthercunningham@gmail.com	(802) 775-0745	Transgender/Transitioning	Adults Children Adolescents	Abuse/Violence Brief Therapies Depression/Anxiety Forensic Issues LGBTQ Issues PTSD/Trauma School Consultation Sexual Issues
	Rutland	Kimberly A. Rider, M.S.	kimberlyrider9@gmail.com	(802) 345-3764		Adults Children Adolescents College Students	Abuse/Violence Anger Management Depression/Anxiety Group Therapy Sexual Issues Sexual Abuse
	Rutland	Sara Scull, M.S.	Sara.Scull716@gmail.com	(802) 779-3552			

	Wallingford	Dean J. M. Mooney, Ph.D.		(802) 446-3577	Heterosexual	Adults Couples Families Children Adolescents College Students	Affective Disorders Attention Deficit Disorder Bariatric Evaluations EMDR Juvenile Forensic Evaluations LGBTQ Issues Neuropsychology Sexual Issues Testing & Evaluation
	West Rutland	Robert M. Smolinski, C.A.S.	rbsmlnsk@msn.com	(802) 438-5267			
Washington	Berlin	Barry B. Rufenacht, LICSW, LADC	barryrufenachtlcsw@comcast.net	(802) 223-8952		Adults Couples Families Children Adolescents College Students	Attention Deficit Disorder Death/Dying/Grief Depression/Anxiety Marriage/Divorce/Separation PTSD/Trauma Substance Abuse
	Montpelier	Claire M. Dumas, Psy.D.		(802) 223-0275			
	Montpelier	Kristin Glaser, Ph.D.	kristinglaser@comcast.net	(802) 223-6564		Adults	Brief Therapies Depression/Anxiety Geropsychology Marriage/Divorce/Separations Self-Esteem/Concept Life Transitions
	Montpelier	Jane Kast, M.A.		(802) 229-6148	Heterosexual	Adults Couples Families	Depression/Anxiety EMDR Employment & Career Issues Marriage/Divorce/Separation PTSD/Trauma Life Transitions
	Montpelier	Jeffrey J. Allen, M.A.	jjapple88@gmail.com	(802) 223-4342		Adults Couples College Students	Death/Dying/Grief Dreams/Nightmares Gifted/Creative Issues Self-Esteem/Concept Sleep Disorders Life Transitions

	Montpelier	Ronald Thompson, M.A.	masterfullifeperformance@gmail.com	(802) 454-4635		Adults Couples College Students	Affective Disorders Anger Management Assertiveness Depression/Anxiety Performance Anxiety Phobias/Panic Disorders PTSD/Trauma Self-Esteem/Concept Stagefright
	Montpelier	Glenn B. Soberman, Ph.D.	glennsoberman@gmail.com	(845) 255-2443		Adults Couples College Students	Depression/Anxiety Dreams/Nightmares Obsessive-Compulsive Disorder Phobias/Panic Disorders PTSD/Trauma Religion & Spirituality
	Montpelier	Richard A. Witte, Ph.D.	richardawitte@gmail.com	(802) 223-0180		Adults Couples Families Children Adolescents College Students	Chronic Illness/Disability Death/Dying/Grief Depression/Anxiety Marriage/Separation/Divorce PTSD/Trauma Training & Consultation
	Montpelier	Anne Unangst, M.Ed.	anneunangst@gmail.com	(802) 465-4296			
Windham	Brattleboro	Harvey Liss, Psy.D.		(802) 257-1062	4	Adults	Assertiveness Attention Deficit Disorder Depression/Anxiety Self-Esteem/Concept Testing & Evaluation
	Brattleboro	Daniel O. Wade, Psy.D.		(802) 254-2291	216		
Windsor	Norwich	Annette L. Kennedy, Psy.D.	annetecken@gmail.com	(802) 785-2639		Adults Couples Adolescents College Students	Depression/Anxiety Asperger's Syndrome (ASD) Relationship & Work Issues LGBTQ Issues Marriage/Divorce/Separation Training & Consultation
	Quechee	Ann E. Reynolds, Psy.D.		(802) 295-1584			

Springfield	Richard W. Root, II, Ed.D.		(802) 885-5719	Adults Couples Families Children Adolescents College Students	Abuse/Violence Addictions Affective Disorders Anger Management Assertiveness Attention Deficit Disorder Brief Therapies Chronic Illness/Disability Developmental & Intellectual Disabilities Forensic Issues Geropsychology Group Therapy Neuropsychology Obsessive-Compulsive Disorder Personality Disorders PTSD/Trauma Religion & Spirituality School Consultations Sports Psychology Stress/Hypertension Testing & Evaluation Training & Consultation Traumatic Brain Injury Life Transitions
Woodstock	William J. Ballantyne, Psy.D.	Bill@DrBallantyne.com	(802) 296-1211	Adults Couples Adolescents	Affective Disorders Depression/Anxiety Marriage/Divorce/Separation Phobias/Panic Disorders Sexual Abuse