

Holdenwood 10K Trail Run  
 Sunday September 29, 2024 11AM Shirley, MA  
 Timing & Finish Line Management by 5K Sports Race Management  
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

|   |                   |            |    |         |
|---|-------------------|------------|----|---------|
| 1 | Carolyn Wisnowski | 39 Shirley | MA | 50:00   |
| 2 | Elizabeth Steele  | 37 Shirley | MA | 59:52   |
| 3 | MICHELLE SCALLY   | 40 SHIRLEY | MA | 1:01:59 |

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

|   |               |             |    |       |
|---|---------------|-------------|----|-------|
| 1 | MICHAEL RAITT | 36 WESTFORD | MA | 39:44 |
| 2 | KEVIN BENNETT | 35 GROTON   | MA | 40:39 |
| 3 | Evan Morse    | 42 Groton   | MA | 45:00 |

FEMALE AGE GROUP: 1 - 14

MALE AGE GROUP: 1 - 14

|   |                |             |    |       |
|---|----------------|-------------|----|-------|
| 1 | 13 Orion Mitra | 14 Westford | MA | 59:16 |
|---|----------------|-------------|----|-------|

FEMALE AGE GROUP: 15 - 19

MALE AGE GROUP: 15 - 19

|   |                    |              |    |         |
|---|--------------------|--------------|----|---------|
| 1 | 4 William Marshall | 17 SHIRLEY   | MA | 48:57   |
| 2 | 7 Finn Bilodeau    | 17 Littleton | MA | 53:27   |
| 3 | 23 JON CAMIRE      | 17 Ayer      | MA | 1:04:26 |

FEMALE AGE GROUP: 20 - 29

MALE AGE GROUP: 20 - 29

|   |                       |                  |    |       |
|---|-----------------------|------------------|----|-------|
| 1 | 11 Alexander Pietrick | 22 Chagrin Falls | OH | 57:20 |
|---|-----------------------|------------------|----|-------|

FEMALE AGE GROUP: 30 - 39

|   |                      |               |    |         |
|---|----------------------|---------------|----|---------|
| 1 | 24 Desiree Amadeo    | 35 Lunenburg  | MA | 1:04:28 |
| 2 | 33 Stephanie Badillo | 36 Leominster | MA | 1:13:39 |

MALE AGE GROUP: 30 - 39

|   |                  |            |    |         |
|---|------------------|------------|----|---------|
| 1 | 15 Thomas Powers | 38         |    | 59:54   |
| 2 | 16 Stephen Kelso | 35 Shirley | MA | 1:01:00 |
| 3 | 22 Julio Navas   | 35 Ayer    | MA | 1:04:24 |

FEMALE AGE GROUP: 40 - 49

|   |                     |               |    |         |
|---|---------------------|---------------|----|---------|
| 1 | 26 DAWN FAVALORU    | 46 FRAMINGHAM | MA | 1:07:36 |
| 2 | 28 Kari Jones       | 43 Ayer       | MA | 1:08:21 |
| 3 | 29 KIMBERLY ADAMSON | 47 AYER       | MA | 1:09:47 |

MALE AGE GROUP: 40 - 49

|   |                   |              |    |         |
|---|-------------------|--------------|----|---------|
| 1 | 9 JIM EAKIN       | 45 JEFFERSON | MA | 55:40   |
| 2 | 19 Jeffrey Mullen | 49 Shirley   | MA | 1:02:38 |
| 3 | 25 Stephan Goupil | 48 Westford  | MA | 1:05:38 |

FEMALE AGE GROUP: 50 - 59

|   |                |            |    |         |
|---|----------------|------------|----|---------|
| 1 | 27 JUDY TASKER | 52 MELROSE | MA | 1:08:18 |
|---|----------------|------------|----|---------|

MALE AGE GROUP: 50 - 59

|   |                 |         |    |         |
|---|-----------------|---------|----|---------|
| 1 | 5 TIM DUMAS     | 56 AYER | MA | 49:02   |
| 2 | 10 KURT HANS    | 51 AYER | MA | 56:34   |
| 3 | 17 PETE MUELLER | 51 AYER | MA | 1:01:19 |

FEMALE AGE GROUP: 60 - 69

MALE AGE GROUP: 60 - 69

|   |                   |              |    |         |
|---|-------------------|--------------|----|---------|
| 1 | 12 Bob Zanelli    | 65 Groton    | MA | 59:07   |
| 2 | 21 Daniel Danecki | 65 Tewksbury | MA | 1:04:07 |

FEMALE AGE GROUP: 70 - 99



