

COLON AND RECTAL SURGERY, LTD.

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610-565-3435

Hospital: _____ Date: _____ @ _____ Arrival Time: _____

Preparation For Colonoscopy With PREPOPIK

PLEASE READ CAREFULLY

Do not exceed recommended dosage as serious side effects may occur. If you have any questions, please call our office.

- Continue to take all your usual medications, **ESPECIALLY** those **FOR HIGH BLOOD PRESSURE**, even on the day of your exam.
- **STOP** taking **ASPIRIN, PLAVIX** or **PERSANTINE 10 DAYS PRIOR** to your procedure.
- **STOP** taking **COUMADIN 3 DAYS PRIOR** to your procedure.

On the day prior to your exam: _____

DRINK ONLY CLEAR LIQUIDS. No milk or non-dairy creamer. **NO SOLID FOODS ALLOWED.** You may have clear liquids with the exception of anything with **RED** or **PURPLE** coloring. Clear liquids include: soft drinks, Gatorade, Kool-Aid, fruit juices without pulp, water, lemonade, tea, iced tea, coffee (black), chicken or beef broth/bouillon, Jell-O (without fruit), hard candy and water ice. Do not drink alcoholic beverages.

If you are currently taking daily medications, please continue to do so with the exception of aspirin and blood thinning medications.

WHAT TO DO THE DAY BEFORE YOUR COLONOSCOPY
THIS PREP IS A SPLIT REGIMEN – 2 SEPARATE DOSES

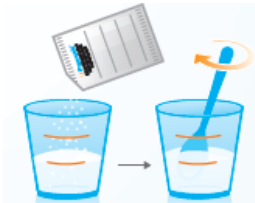
You must stay on a clear liquid diet all day!

At _____



STEP ONE

Fill the dosing cup provided with cold water up to the lower (5-ounce) line on the cup



STEP TWO

Pour the contents of ONE (1) packet
Stir for 2-3 minutes until dissolved
Drink the entire contents



STEP THREE

Follow with FIVE (5) 8-ounce drinks of clear liquid, taken at your own pace within the next 2 hours

PLUS
SIX (6) additional 8-ounce drinks of clear liquid before midnight

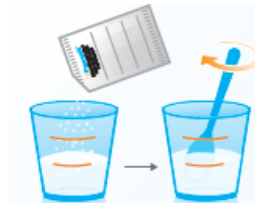
THE PREP AND WATER WILL BE THE ONLY FLUID YOU WILL DRINK THE MORNING OF THE PROCEDURE

At _____



STEP ONE

Fill the dosing cup provided with cold water up to the lower (5-ounce) line on the cup



STEP TWO

Pour the contents of ONE (1) packet
Stir for 2-3 minutes until dissolved
Drink the entire contents



STEP THREE

Follow with at least THREE (3) 8-ounce drinks of **WATER** within the next 2 hours

Last Liquid is at _____

•••DO NOT EAT OR DRINK ANYTHING WITHIN THE 4 HOURS IMMEDIATELY BEFORE YOUR EXAM. IF YOU TAKE ANYTHING BY MOUTH, EXCEPT ALLOWED MEDICATIONS, WITHIN 4 HOURS BEFORE YOUR EXAM, YOUR COLONOSCOPY WILL BE DELAYED OR CANCELLED. THIS IS FOR YOUR SAAFTY.***

Important Reminders:

- Be sure to talk with your Dr. or nurse about other medications you are currently using. It may be necessary to modify your usage for you exam.
- Bring a driver. You will be sedated for your procedure and unable to drive yourself home.
- Please call your Dr.'s office if you have any questions or concerns.