

**May/June 2020**  
**At a glance**  
**Full descriptions of activities in bulletin.**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>10</b> Online Worship Shared with Wesley 10:30 am	<b>11</b> Meditation Online 7:15 pm	<b>12</b>	<b>13</b> Zoom Office Hours 2 – 4:30 pm	<b>14</b> Craft/Study online 1:30 pm	<b>15</b>	<b>16</b>
<b>17</b> Online Worship Open Hearts Jar 11:15	<b>18</b> Meditation Online 7:15 pm	<b>19</b> LSC Council 7pm	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Russell off for Online Festival of Homiletics						
<b>24</b> Online Worship 11:15 Minute for Mission	<b>25</b> Meditation Online 7:15 pm	<b>26</b>	<b>27</b> Zoom Office Hours 2 – 4:30 pm Leadership Team 7pm	<b>28</b> Craft/Study online 1:30 pm	<b>29</b> Film & Faith	<b>30</b>
<b>31</b> Online Worship 11:15	<b>1</b> Meditation Online 7:15 pm	<b>2</b> Gratitude Team 7pm	<b>3</b> Zoom Office Hours 2 – 4:30 pm	<b>4</b> Cong. Care 10 am Craft/Study online 1:30 pm	<b>5</b>	<b>6</b>

**PLEASE NOTE:** lots of programming at Eastside has been suspended or has moved online during this COVID-19 social isolation time. If you are unsure if a program you attend is suspended, contact the program organizer or email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to check. We are moving into May assuming that things will still be in lockdown.



## ANNOUNCEMENTS

May 10, 2020



306-761-0556 [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net)  
 Like us on facebook (Eastside United Church)  
 Follow us on Twitter @Eastside\_united  
[www.eastsideunited.ca](http://www.eastsideunited.ca)

*W*elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

**Ministers:**

Minister: Cindy Bourgeois  
 Counting: Cathie Henderson

Last week's attendance: 69      Offering: \$1350      Weekly budget: \$1463  
 (not incl. PAR)

**Office Hours:**

**The Living Spirit Center is closed due to concerns over COVID-19.** Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email him at [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).

Harvey's hours: Tuesday, Wednesday, Thursdays

Russell's Hours: Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: [russell.eastside@sasktel.net](mailto:russell.eastside@sasktel.net) cell #: 306.535.3720

Russell will be holding **Zoom Drop-in Office Hours** Wednesdays through April from 2 to 4:30 online. Use the worship [zoom link](#). The password is 708161

**We still need your support as our ministry continues!**

Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1**  
 Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

**Hello Neighbour Card Reminder:** there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in.

**LSC Meditation Mondays at 7:15 pm:** Meditation Mondays have moved online. If you are interested in participating, please contact Shauna Powers at [powerss@hotmail.com](mailto:powerss@hotmail.com)

**Craft/Study Group** We are reading *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown, chapters 8, 9 & Interlude. Sessions will be held over Zoom. If you would like to join and haven't, let us know, contact [Russell](#).

**Munch Lunch:** programming is suspended. **Our funding runs out soon. If you know of any sources, let us know.**

**Food Donations:** Alex Pelletier is making lunches for the homeless and is accepting donations of juice boxes, granola bars and fruit. If you are able to, donations can go in the blue bin outside the office doors by Friday. Additionally, if someone is able to volunteer to deliver donations to Alex, let [Russell](#) know.

**Messy Church at Home:** Once a week, between Easter and the end of June, Messy Church will be providing scheduled [Messy Church at Home Sessions](#). This is to provide a backstop if you don't have time or the energy to create your own 'at home' resources.

**Illustrated Ministry:** We know many of you are scrambling around, trying to get ready for virtual/online worship. We know many others are trying to think through what they're going to do with schools and day cares closed. Illustrated Ministry has set up a page where you can receive **FREE weekly resources**. To access resources from Illustrated Ministry that will help support faith exploration with children and families during this time, please visit their website [HERE](#).

**Volunteers for the ICF:** The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you can help out, contact Russell or Doug Scheurwater and indicate which Friday(s) you are available.

**Victoria School Meal support:** If you are willing to provide a meal, baking, or grocery cards, please let Russell know. Harvey will be at the church on Thursdays from 10 am – 11 am to receive donation drop-offs.

From Anna-Marie Donovan: Victoria Campus is made up of five distinct programs that allow students who do not or cannot fit into the “regular” school program to continue with their education. In each program there are students who struggle with attendance, with anxiety and depression, with behaviour issues, and with regular academic programming. For these students who are at risk of “falling through the cracks”, Victoria Campus provides a safe and welcoming environment where lower staff to student ratios allow for mentoring relationships to form and for more individualized programming to occur. During this pandemic, staff are reaching out to students to check on their mental health and to provide whatever support they can emotionally and academically. While most students, at this time, have their basic needs met, there are a handful who experience food insecurity on a weekly basis. For the past two weeks, nutritious meals and groceries have been provided by members of Eastside, and on behalf of the staff and students of Victoria Campus, I would like to thank you for your support in assisting our most vulnerable youth. For people wanting to help, we are happy to accept homemade muffins or cookies, non-perishable items, fresh fruit, and grocery gift cards. Any donation will not be turned away!

If you have any questions about these programs, please feel free to call Anna-Marie Donovan at 306 523-3703.



**Did you miss the announcements at last Sunday's worship service?** Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at [www.eastsideunited.ca](http://www.eastsideunited.ca) under the **What's New** heading!

**Were you unable to attend worship last week?** Don't worry about it! You can find a video recording of last week's service online. Visit our website under the [WORSHIP](#) heading to find an uploaded video of service.

**PAR and M & S Donations:** If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) or call 306.761.0556

**Did you know** that the city is proposing a **dog park** in the park space beside us? If you have questions or concerns, please speak to Bonnie Yake, Sarah Tkachuk, Brian Abrahamson or Russell.

**Suspended/Moved Programming as of May 6<sup>th</sup>:**

- **TOPS** is cancelled until May 4th
- **Eastside Community Dinner** is suspended until further notice
- **Yoga** is cancelled until the fall
- **KAIROS** is postponed until further notice
- **Meditation** is cancelled in-person, moved to Zoom
- **Craft/Study** is cancelled in-person, moved to Zoom
- **Eastside Choir** has canceled rehearsals until further notice
- **ICF Breakfast** has reduced programming
- **Congregational Faith and Wellness Series** is postponed
- **Messy Church** is suspended until further notice
- **Women's Breakfast** is suspended until further notice
- **Munch Lunch** programming is suspended until further notice
- **Film and Faith** is suspended in-person and will continue online.
- **AA** is suspended in-person
- **Forever... in Motion** is suspended until further notice.

