

\$4.99 Daily Lunch Special Monday thru Saturday From 11am-4pm

> Sunday Brunch 11am un | 2pm

Bring in your church bulletin.

Save a dollar off your meal and earn a dollar for your church!

Any day of the week.

Ask your server for details.

Phone: 757-648-8942 E-mail: bar@mjtavern.com Check us out on FACEBOOK

# **Salads** crisp and cool...

### Garden Salad

Fresh Arcadian lettuce with tomatoes, red onion, cucumbers. 8

### Caesar

Fresh lettuce with parmesan cheese and crunchy croutons, 8

# Make your salad into a meal.

Bacon, 2 Ham, 3 Grilled Chicken, 3 Grilled Shrimp. 6 Grilled Tuna. 8 Steak. 8

### Side Salad

Smaller Version of our Garden Salad. 4

# MJ's Country Chef

Bountiful (to MJ's MAX) chef salad with ham, turkey, & bacon for a fresh experience. 11

Your choice of dressings - Ranch, Blue Cheese, Pesto-Ranch, Tuscan Caesar, Cucumber Wasabi, Honey Mustard, or Oil and Vinegar

# **Soup** (MJ's special house creations)

### Tavern Clam Chowder

MJ's version- the best of New England and Manhattan style combination Cup 4 Bowl 6

# Special Seasonal Soups

Ask your server!

# **Appetizers** The perfect way to start a meal

 $\overline{\phantom{a}}$ 

 $oldsymbol{v} oldsymbol{v} oldsymbol{v}$ 

 $\mathcal{T}$ 

### **Tuna Bites**

Grilled to perfection, Cajun seasoned and served with MJ's own Thai Wasabi sauce. 12

#### **Nachos Diaz**

Smothered with ground beef, cheese, lettuce tomato, jalapenos, pico de gallo, sour cream. 10.5

### **Banging Shrimp**

Tempura battered with creamy Siracha dipping sauce. 10

### **Grilled Shrimp Cocktail**

Our own twist on a classic with our home made cocktail sauce 10

### Fried Pickle Chips

Breaded pickle chips hand dipped in MJ's special batter; fried perfectly. TRY THEM! 6

### **Pork Rinds**

Cooked to order with MJ's own special salt & vinegar seasoning. 5

#### **Tavern Chips**

Ranch, French onion, BBQ or Cajun. 6

# **Spring Rolls**

Vegetarian style egg rolls served with a Thai chili sauce. 9

#### Mozzarella Sticks

Battered and fried served with marinara sauce. 9

Hand sliced potatoes. Try them flavored with

### **Tavern Cheesy Wedges**

Potato wedges covered in melted shredded cheese and sprinkled with jalapeno slices. 6 Add bacon 2

### Cheese Quesadilla

Yummy gooey and cheesy! 6 Add Shrimp, Ham, Chicken for a little splurge.

#### **Chicken Strips and Fries**

Lightly breaded breast strips. We have a variety of sauces, ask your server! 12 Strips only 9

#### Wings

Half Dozen plain or tossed in your favorite sauce, ask your server for your choices. 8

#### **MJ Poppers**

Jalapeno peppers stuffed with cheddar cheese. served with ranch dip. 6

# ☆Traditional Tavern Italian

Served with a side salad and bread Pasta and ☆house made sauce covered in fresh provolone ☆cheese. 8

Add choice of grilled shrimp, grilled ☆chicken or meatballs. For a li'l bit more 

# **Entrees**

Unless noted all entrees come with smashed redskin garlic potatoes and California Veggies Subs tu ons may have small upcharge.

# Tavern from the Sea

# Tuna Steak \*

Grilled to perfection, Cajun seasoned and served with MJ's Thai Wasabi sauce. 18

# Jumbo Shrimp Platter

Delicate fried or grilled to your liking. 17

# Jumbo Pork Chop \*

Grilled over an open flame the way the a juicy chop is supposed to be. 14

# Country Fried Steak

Covered in our house pepper gravy. 12

# **Beef Brisket Dinner**

Smoked and served with two sides your choice of horsey or BBQ sauce. 16

#### Mike's Grilled Chicken

Two grilled chicken breast served with two sides. Spinach and mixed veggies are his favorites, 12

# Tavern Steak \*

Grilled to your choice of juicy perfection. 80z Flat Iron 15

# **Side Dishes**

☆

 $\stackrel{\wedge}{\Longrightarrow}$ 

 $\overset{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Longrightarrow}$ ☆

 $\stackrel{\wedge}{\square}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

Add to any entrée or sandwich (Some upcharges may apply)

### **Baked Potato**

Served with butter and sour cream. 3 Add bacon or cheese for a lil more



#### French Fries

Golden Brown and fried to perfection. 3

#### Cole Slaw

Home made sweet slaw, 3

### Macaroni and Cheese

Perfectly creamy and yummy. 4

# California Veggie Mix

Sugar snap peas, yellow and orange carrots and broccoli florets. 3

# Smashed Redskin Garlic Potatoes

Creamy and made fresh daily. 3

#### **Sweet Potato Fries**

Cousin of the Russet it'll make your mouth water with special chipotle cinnamon seasoning. 3

#### Potato Salad

Home made for a creamy goodness. 3

#### Fresh Sautéed Spinach

Tender and tastes like it is fresh from the farm. 4

#### Tavern Chips

Hand sliced potatoes. Try them flavored with Ranch, French onion, BBQ or Cajun. 3

# Fresh Sautéed Mushrooms

Tender, fresh from the farm in herb bu er. 4

	Bo led Beer	
La Fin du Monde	Bud Light	Michelob Ultra
Ephamere	Bud Light Lime	Coors Light
Sweet Baby Jesus	Budweiser	Corona Extra
Stella	Va. Apple Cider	Pabst Blue Ribbon
MGD	Miller Lite	St. Pauli
	Dra Beer	
Blue Moon	Yuengling	Bud Light
Vienna Lager	Smartmouth Alter Ego	O'Connor's El Guapo
	Vodka	
Absolut	Three Olives Cherry, Grape	Fruit Loop
Grey Goose	Sky Infused Citrus	Sky
Ketel One	Sky Vanilla Bean	Smirnoff Orange
	Rum	
Bacardi 151	Bacardi Select	Malibu Caribbean
Bacardi Dark	Captain Morgan Spiced	Bacardi O, Mango
Whiskey/Bourbon		
Crown Royal	Jameson	Southern Comfort
Fireball Cinnamon	Crown Apple	Maker's Mark
Jack Daniels , Gentleman's Jack,	Red Stag	Seagram's 7
Jim Beam	Canadian Mist	Jeremiah Weed
	Gin	
Bombay Sapphire	Mr. Boston's Sloe Gin	Tanqueray
	Tequila	
Jose Cuervo Especial Gold	Patron Silver	El Jimador, Corralejo
	Scotch	
Bowman's Scotch	Johnny Walker Black	Dewar's 12 Year

# **Sandwiches**

All sandwiches include MJ's famous French fries

#### **Tavern Club**

Classic club MJ's. house sliced turkey, apple wood smoked bacon, ham, lettuce, tomato, American cheese and mayo all layered on toasted Turano bread. 12

### **Grilled Chicken**

Chicken breast, grilled with mayo, lettuce and tomato on wheat Kaiser roll. 10

#### Tavern Panini

Super stuffed grilled panini, your choice, ham and Swiss or turkey and provolone, each with le uce and tomato on Italian panini bread. 12

# **Tavern Piggy**

Thick apple wood smoked bacon, with fresh crisp lettuce, & tomato, mayo on toasted Italian bread. 9

#### Cuban

Tavern twist on a classic -BBQ pork, ham, mustard, pickles and Swiss cheese on panini bread. 13

## **Momma's Grilled Cheese**

Swiss, provolone, cheddar cheese, with sliced tomato on Italian Toast. 7 (add bacon for \$2)

# **Brisket and Swiss Panini**

Melt in your mouth smoked beef brisket and Swiss cheese on panini with lettuce and tomato. 14

# **Half Pound Burger**

Two quarter pound beef patties with tomato, lettuce, pickle and onion on a soft wheat roll. 9 **Quarter Pound 6** 

# Chicken Salad Wrap

Home made creamy deliciousness wrapped up with tomato and crisp lettuce in a tomato basil wrap. 8

# **Buffalo Chicken Wrap**

Tomato basil wrap hugging spicy buffalo tenders, provolone, lettuce, tomato and ranch sauce 9

# **Tuna Salad Melt**

Home made albacore tuna mixed with just the right stuff to make you keep coming back for more. Served on Panini bread with melted Provolone Cheese. 8

### NC BBQ

Sable's own recipe pulled pork, it's delicious, served with Cole slaw on a wheat roll. 8

# **Hot Dogs**

Two All Beef Dogs with Mustard, relish and onions. 6
Add Cheese, Chili, Slaw for bit more.

# **Tavern Wraps**

Turkey or ham, tomato, lettuce in a tomato basil wrap. Add cheese or bacon to make it your own. 8

# Kids Menu

Below items served with French Fries, soda and dessert 4.5 each

# Burger

Child size burger.

# **Hot Dog**

Child size dog.

# **Chicken Strips**

Breaded and fried with your choice of dips.

### Mac and Cheese

Always a favorite with the little ones.

Weekly Specials 4-10pm

Monday -\$4 Burgers

Tuesday -AYCE Spaghe

Wednesday - Tacos, Taquitos

Thursday-Steak Night

Friday -Fish and Chips

Sunday Brunch 11-2pm

Sunday Tea Dance 2-8

with 25% off Apps.

# **Desserts**

19999999999999

"Pretend we leave out the calories"

# Tavern Moose (no antlers)

Melt in your mouth creamy goodness, covered in whip cream. 6

#### Cheesecake

Classic and original top it with caramel or achocolate. 6

# Special Cake or Pies of the Month

Ask what flavors we have today. 7

### Brownie with ice cream

Served with ice cream & chocolate sauce. 6

### lce Cream

French vanilla served with whipped cream. 4

### Chimichanga

Deep fried cheesecake with ice cream, caramel and Whipped topping. 8

iooooooooooooooo

#### Fresh baked Brownies

Baked in house. 3

"No ce: The consump on of raw or undercooked eggs, meat, poultry, seafood or shellfish may increase your risk of food borne illness."