



Class Schedule

1/3/18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TKD Attire:	Dobok Only	Any	Any	Any	Any	Any
11:00 AM - 12:00 PM		Taekwondo ALL AGES		Taekwondo ALL AGES		Make Up Class for All Ages 9:00 AM - 9:45 AM

*Sparring Class
(No Trial Students)

Make-Up & Special Classes

Check this month's calendar for the **Casual Day & Nunchuck Class** dates.
See you there!

4:00 PM - 4:30 PM	<u><i>Tiny Tiger</i></u> (Ages 4-6)	<u><i>Tiny Tiger</i></u> (Ages 4-6)	<u><i>Tiny Tiger</i></u> (Ages 4-6)	<u><i>Tiny Tiger</i></u> (Ages 4-6)
4:30 PM - 5:15 PM	ALL BELTS	White - Yellow Stripe	ALL BELTS	White - Yellow Stripe
5:15 PM - 6:00 PM	Purple - Blue Stripe	ALL BELTS	Purple - Blue Stripe	ALL BELTS
6:00 PM - 6:30 PM	<u><i>Tiny Tiger</i></u> (Ages 3-4)	INTRO CLASS	<u><i>Tiny Tiger</i></u> (Ages 3-4)	INTRO CLASS

Tiny Tiger (Ages 3-6)
ALL BELTS
(Ages 7-11)
COLOR BELTS
(Ages 12+ Color Belts)
(Ages 8+ Black Belts)
Team Hi-5 Kyoruki Competition Training
6:00 - 7:30

Hi5 Demo Training
9:45AM - 10:30 AM
Team HI-5 Poomsae Competition Training
10:30 AM - 12:00 PM

6:30 PM - 7:15 PM	Brown - Black	(Ages 12+) ALL BELTS	Brown - Black	(Ages 12+) ALL BELTS
7:15 PM - 8:15 PM	Adult Class	Adult Class	Adult Class	Adult Class

* You may participate in sparring classes starting White Belt.

*Sparring is Mandatory during testing starting Green Belt.

* MAKE UP CLASSES ARE FOR STUDENTS WHO HAVE ATTENDED 2 CLASSES OR LESS DURING THE WEEK.

HIGH FIVE TAEKWONDO
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