



Class Schedule

8/14/17

*Sparring Class
(No Trial Students)

Make-Up & Special Classes

	Monday	Tuesday	Wednesday	Thursday
TKD Attire:	Dobok Only	Any	Any	Any
11:00 AM - 12:00 PM	Taekwondo ALL AGES		Taekwondo ALL AGES	

Friday
Any
Taekwondo ALL AGES

Saturday
Any
TAEKWON FIT 9 - 9:45

Check this month's calendar for the
Casual Day & Nunchuck Class dates.
See you there!

4:00 PM - 4:30 PM	<u>Tiny Tiger</u> (Ages 3-6)	<u>Tiny Tiger</u> (Ages 3-6)	<u>Tiny Tiger</u> (Ages 3-6)	<u>Tiny Tiger</u> (Ages 3-6)
4:30 PM - 5:15 PM	White - Yellow Stripe	White - Yellow Stripe	White - Yellow Stripe	White - Yellow Stripe
5:15 PM - 6:00 PM	Purple - Blue Stripe	ALL BELTS	Purple - Blue Stripe	ALL BELTS
6:00 PM - 6:30 PM	INTRO CLASS	<u>Tiny Tiger</u> (Ages 3-6)	INTRO CLASS	<u>Tiny Tiger</u> (Ages 3-6)

Tiny Tiger (Ages 3-6) ALL BELTS
(Ages 7+ Up) ALL BELTS 4:30 PM - 5:30 PM
Team Hi-5 Kyoruki Competition Training 6:00 - 7:30

Make Up Class for All Ages 10:00 - 10:45
PRIVATE LESSON 10:45 - 11:30
Team HI-5 Poomsae Competition Training 12:PM - 1:30 PM

6:30 PM - 7:15 PM	(Ages 12+) ALL BELTS	TAEKWON FIT	(Ages 12+) ALL BELTS	TAEKWON FIT
7:15 PM - 8:15 PM	Adult Class	Adult Class	Adult Class	Adult Class

* You may participate in sparring classes starting White Belt.

*Sparring is Mandatory during testing starting Green Belt.

* MAKE UP CLASSES ARE FOR STUDENTS WHO HAVE ATTENDED 2 CLASSES OR LESS DURING THE WEEK.

HI 5 TAEKWONDO
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