

Golden Times

March 2018
Issue III

Madison County Senior Citizens Center



Find the



hidden inside this news-
letter. When you find the
snow shovel, call the cen-
ter at 740-852-3001 by
Friday, March 16th and
tell us where it is located.
If correct, your name will
be entered into a drawing
to win 5 free lunches.
Last month the cherries
were found on page 12.

Congratulations to Bill
Justice the lucky winner!

Bingo!

Saturday, March 24

Doors Open at Noon

See the insert in this
newsletter for more
details!!

2018 Governing

Board Members

Donna Sheridan-President

Jerry Tompkins-Vice President

Shirley Witwer-Secretary

Jean King Eilene Duncan

Larry Gessel

Sharon Manion

Loretta Anthony

Steve Saltsman



It is February 21st as I am writing this, a little chilly, rainy and dreary today, yesterday it was sunny and 75. Deep sigh, I think at this stage we are hoping Mother Nature will just make up her mind. It has been a cold and snowy winter, loved the snow, but sitting out on the deck last Monday evening, nice warm breeze blowing, I think I'm ready for spring to come now.

So this is the March newsletter, well it should be by time you get it. If the post office doesn't get its act together it may very well be April as you are reading this. Sorry we are working on the issue, unfortunately, we aren't exactly sure what the problem is. We get the newsletter to the printer and he gets it to the post in plenty of time for the first of the month delivery. Maybe the post office doesn't realize how important this piece of mail is to you, we do and we are working on it. Sadly, we have very little control over the US Postal Service.

It is annual audit time, the main audit for the center, everything is going well. As I have stated before if you are doing what you are supposed to be doing, and we are, then things will go as they should. I don't stress over them, I was in banking for a long time, and audits were just part of the process.

Well you all know this is one of my favorite holidays coming up, St. Patrick's Day, time to watch The Quiet Man, have a couple pints of Guinness and celebrate a my Irish heritage. So I will leave you with a couple of my favorite Irish Blessings.

May love and laughter light your days,
and warm your heart and home.
May good and faithful friends be yours
wherever you may roam.
peace and plenty bless your world
with joy that long endures.
May all life's passing seasons
bring the best to you and yours.

May those who love us love us
And those that don't love us
May God turn their hearts
and if he doesn't turn their hearts
May He turn their ankles,
So we may know them by their limping.
(Oh, come on, that's funny)

Thank you for the laughter I hear every day and thank you to everyone that volunteers at the center every day.

Sláinte - Misty



Our Quilters are working on a special project. They shredded fabric with their rotary cutters in fall colors and blue for the sky. Then they placed them on fabric and cover that with fine netting and using very fine thread in their machine sew them into place. They will then add the trees and outline around them. You can see the finished piece in the framed picture. They are so talented. The Quilters Group meet every Tuesday from 9 a.m. —3 p.m.



Left: Charlie the therapy dog came in all gussied up for Valentine's Day, along with his owner Marilyn Henry. He loves seeing everyone and likes to do tricks too. We really appreciate Marilyn bringing him in.



Herb Markley always brings in roses on Valentine's Day for all the ladies at lunchtime. Everyone really enjoys them. Below: Tina Huff and Susie Ross with their roses. Thank you Herb!



Below: Our chair volleyball team has some new players! We would love to have more though! They play Monday, Wednesday and Thursday at 9 a.m. It's great upper body exercise and a whole lot of fun and laughs.



Above: Some of our folks at our Mystery Lunch at Eat Greek in West Jefferson. YUM! It was a first time for some of us to eat Greek food. We really enjoyed it!



High Euchre Score

1-29-18 Burt Scott 58

2-5-18 Rodger Baker 83

2-12-18 Sue Schunatz 78

High Bridge Score

1-31-18 Doug Pyles 4588

2-14-18 Kate Sparks 3858

2-21-18 Jerry Cummins 4900

**Rays of Hope for Seasons of Life
Support Group**

We turned the calendar and March arrived with the hope of Spring before us. It is time to venture out and find what is needed in your life. Please know this group is not because each person has lost a spouse. There are many kinds of losses in life, often we do not want to face those areas and learn to deal, so we can heal. In the group all have understood the importance of sharing life, because it brings understanding. Please believe all that is said in group stays in group. Each person is required to sign a Confidentiality Form so they know what is expected from them. E-mail or phone Donna Wharton with questions.

Every Tuesday at 1:30 p.m.

dmwharton342@yahoo.com

740-490-5936

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

Monday:

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

Tuesday:

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:00 p.m.- Beginner Line Dancing

6:00 p.m. - Advanced Line Dancing

Wednesday:

9:00 a.m. - Chair volleyball

9:30 a.m. - Woodcarvers

10:30 a.m. -Aerobics/Strengthening Class

12:05 p.m. - Bridge

1:00 p.m.- Yoga

2:00 p.m.- Diabetes and Weight Loss Support Group meeting March 7th, 21st, 28th.

Thursday:

9:00 a.m. - Chair volleyball

9:00 a.m.- Fun Bingo March 1st and March 15th

Friday:

9:00 a.m. Indoor Walking/Exercise Class

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes March 2nd and 16th

10:00 a.m.- Choir March 9th and 23rd

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

**Fitness Room open Mon.-Fri. 8 a.m. to 4 p.m. and Tuesdays until 7:30 p.m.

Showcase Displays

March: We will be featuring Geraldine Henry's apron collection. Don't forget that we would love to share your collections in our showcases. Or if you have a hobby or craft that you would like to show off give us a call at 740-852-3001.

2018 Senior Center Dues

Please pay your \$15 dues for 2018 as soon as possible. Bring them in to the Senior Center office or mail in to:

Madison County Senior Center,
280 West High Street, London, OH
43140. Cash or Check accepted

FOOT CARE

Call the center to make an appointment with Heather, a state licensed, certified foot care nurse. Fee for this service is \$30, cash or check. **740-852-3001**



Adult Day Center News

Hello Spring! We had a rough February with the flu going around and snow days. Here's to praying for a better March. We celebrated Diana Elam's birthday in February. Daylight Savings Time is March 11th and we look forward to Spring on March 20th. Thank you to Marilyn Henry and Charlie for bringing us Valentine Goodies.

Thank you to everyone for donations towards Bingo Prizes. We really do appreciate them.

Beth, Pam and Jeanna



**Free
Popcorn!**

Friday Cinema



March 2- Wonder-2017-Julia Roberts, Owen Wilson, Drama, PG

March 9-The Big Sick-2017-Kumail Nanjiani, Zoe Kazan, Romantic Comedy, R

March 16-Paris CanWait-2017-Diane Lane, Arnaud Viard, Romantic Comedy, PG

March 22-Baywatch-2017-Dwayne Johnson, Zac Efron, Comedy, R

March 30-The Bridges of Madison Co.-1995-Clint Eastwood, Meryl Streep, Romantic Drama, PG-13

****Movies subject to change due to availability**

LaComedia 2018!

We are going to see a couple of great shows this year! We will be attending Annie on July 5th and Driving Miss Daisy on August 30th.

Annie is America's favorite cartoon sweetheart and is one of the most popular Broadway shows of all time. It is a delightful mix of villains, cute little girls, gangsters, presidents, billionaires, butlers and bums. Glowing with carefree dances, gentle humor and music such as It's the Hard Knock Life and its theme "Tomorrow".

Driving Miss Daisy is the 1988 Pulitzer Prize winner and highlights the unlikely relationship between an aging, crotchety white Southern lady and a proud, soft-spoken black man. The two become close in a humorous and beautiful journey of friendship when Daisy wrecks her car and must rely on the services of a chauffeur.

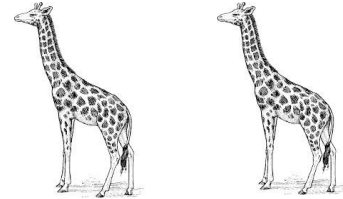
We have reserved a limited number of seating for each show. Cost per show is \$65 which includes motor coach transportation, a great show, and fabulous buffet lunch including dessert, coffee, tea and milk. Server and driver tips are not included.

Reserve your seat by putting \$35 down per show you wish to attend, with the balance due for Annie by May 25th and balance due for Driving Miss Daisy by July 23rd. Or you may, of course, pay in full at the time you sign up.

The Wilds! Friday, June 15, 2018

Open Air Safari Tour-\$55 or Zipline Tour-\$79

Fees include motorcoach transportation



Come with us for an open air tour featuring giraffes, rhinos, ostriches, camels, cheetah, zebra and more! We will leave the center at 9:00 a.m. traveling by motorcoach. We will be doing the open air safari tour or you can choose a zipline tour. When you sign up you may order a sack lunch from our kitchen **for an additional \$5**. Please let us know if you would like turkey or ham sandwich. It will come with chips, cookie and water. We will be making a brief rest stop along the way at a McDonald's, so you may purchase food there if you like or you can pack your own lunch. We will eat our lunches on the bus. Our tour is scheduled for 12:30. Sign up soon!

Scotch Tea Cookies

½ CUP MARGARINE OR BUTTER
1 CUP BROWN SUGAR
2 CUPS QUICK OATS
¼ TEASPOON SALT
1 TEASPOON BAKING POWDER



In The Kitchen With Joanna

Combine butter and sugar in saucepan. Cook and stir until butter melts. Stir in remaining ingredients and mix well. Pour in a greased 8x8x2 inch pan. Bake at 350 degrees for 20-25 minutes. Cut into bars while still warm. Goes great with a cup of hot tea.



UPCOMING DAY TRIPS!!



The Music Man—Saturday, March 10th at West Jefferson High School. If we have enough interest we will be taking a van or 2 to see this play presented by West Jefferson High School. Fee will be \$5 for van transportation and you will pay \$10 at the school for your ticket. We will leave the center at 2:15 p.m.

HISTORIC HERTZLER HOUSE MUSEUM-Wednesday, March 14th. Leaving the center at 9:30 a.m. Van fee is \$5 and pay \$5 entry at the museum. This is the former home of Daniel Hertzler, a pre civil war Mennonite milling and distillery magnate in Springfield. The house was built in 1854 in the Pennsylvania bank style of architecture. It is the largest historical residence in Clark County. We will receive a tour from a volunteer docent. Lunch after the tour at O'Charley's on your own.

MARCH MYSTERY LUNCH— Wednesday, March 28th. Fee for van is \$5. I've heard some great reviews about this one. Leaving the center at 10:30 a.m.

QUILTERS ONE STOP SHOP HOP IN DAYTON-Friday, April 6th. Fee for van transportation is \$5 and pay your own \$5 entry fee at the door. Lunch is on your own at the show. Leaving the center at 8:30 a.m.

APRIL MYSTERY LUNCH-Wednesday, April 11th. Van fee is \$5. We will leave the center at 10:30 a.m. This one sounds really good! And they have breakfast all day too!

SNOOTY FOX THRIFT SHOPPING-Friday, April 27th. This trip is so much fun! We leave the Senior Center at 9:00 a.m. and visit 5 Snooty Fox stores, receive free snacks, beverages and wine throughout the day. We get discount coupons to use at the stores! Trip fee is \$25 motor coach transportation. Lunch is on your own. The coach is full but you can call to be put on the waiting list.

MAY MYSTERY LUNCH-Friday, May 4th. Van fee is \$5. We will leave the center at 9:00 a.m. Besides lunch we will be visiting a bakery, Amish store and a stop for cheesecake.

WRIGHT PATTERSON AIR FORCE MUSEUM-Thursday, May 31st. Van fee is \$5. We will leave the center at 9:00 a.m. Something new—The B 17F Memphis Belle will be on display. Admission is free. Everyone will be on their own for lunch at the museum. We will plan to leave to come home at 1:30 p.m.

THE WILDS –Friday, June 15th. See all the details on page 5 of this newsletter.

******Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure. If you have questions please contact Janisse at 740-852-3001.

Delightful Dining

Don't forget to sign up for Delightful Dining so we can make accurate reservations!

Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

Monday, March 5, 2018

Old Bag of Nails

4065 Main Street

Hilliard, OH 43026

Vans leaving the center at 5 p.m. and arrive at the restaurant at 5:30 p.m. Thank you!

Monday, April 2, 2018

Ding Ho

120 Phillipi Road

Columbus, OH 43228

Vans leaving the center at 5 p.m. and arrive at the restaurant at 5:30 p.m. Thank you!

Overnight Trips

2018 The Ark Encounter— May 17-18, 2018 Balance due by April 6, 2018. Two days, 1 night. Admission to The Ark, tour the Kentucky Horse Park, visit St. Mary's Cathedral Basilica of the Assumption to see the largest stained glass window in the world, the Creation Museum, free time at Newport on the Levee, sightseeing cruise on the Ohio River. There will be a dinner stop on the way home (on your own). Includes 1 breakfast and 1 dinner. Double-\$329 pp, Single \$409. Triple pp-\$325.

Philadelphia Freedom Tour— September 5-8, 2018 Three nights, 4 days, admission to Independence Hall, The Liberty Bell, American Revolution Museum, Gettysburg Battlefield tour, tour of Philadelphia and Amish Country, QVC Studio Tour, Flight 93 Memorial. Deposit is \$100 and half of balance due by April 1 and the **final payment due by July 1, 2018.** Double-\$749 pp, single-\$899 pp and triple-\$699 pp. Travel insurance available. Send your payments for this trip to Prime Tours, 7177 Dublin Road, Dublin, OH 43017.

Canyonlands of Arizona & Utah—September 10-18, 2018 Nine days, 8 nights, round trip air fare, motor coach & rail transportation, 11 meals, 8 nights hotel lodging, entrance fees and baggage handling, gratuities for local guides and porters. Deposit of \$250 by March 16, 2018 will reserve your seat with the balance due by June 8, 2018. \$2,599 pp/Double, \$2,549 pp/Triple, \$3,099 pp/Single.

2019 Alaskan Cruise 2019-September 9-18, 2019 Nine night, 10 day tour & cruise. Includes a night in Seattle before the cruise and a night in Vancouver post cruise, flight from Columbus to Seattle and return from Vancouver, transfers in Seattle & Vancouver, all meals on board the Carnival Legend, cruise highlights include Tracy Arm Fjord, Skagway, Juneau, Ketchikan, choose your own excursions. **Estimated** flight, air and cruise \$2725 pp double interior, \$3425 pp double balcony, \$3625 pp single interior. **Deposits were due by February 22nd.** If you are still interested, please call the center and we can check to see if there is still room on the trip. Final payment due by June 1, 2019.



New Class! Starting Friday, March 2nd at 9:00 a.m.

Join us for Leslie Sansone's Walking Away the Pounds. It's a lot of fun! Wear good walking shoes. This is indoor walking mixed with some other moves. We are going to give it a try on Fridays for March and see how many like it. We will be starting out with a 1 mile walk that takes about 20 minutes. If you have a stretchy band, bring it too for the upper body portion of the walk.

Jokes

Real Smart!- "Your methods of farming are out of date," said an agricultural student to an old farmer. "I'd be surprised if you got eight pounds of oranges off that tree." "So would I," said the old farmer. "That's a pear tree."

Exercise?-The only exercise some people get is jumping to conclusions, running down their friends, sidestepping responsibility and pushing their luck.

Average-Wife: Scientists claim that the average person speaks about 10,000 words per day. Husband: Yes, dear, but remember-you are far above average.

Army-Officer: Are you happy now that you're in the Army? Soldier: Yes, sir.
Officer: What were you before you got into the Army? Soldier: Much happier.



B	Judy Hastings	116	Bill Link	132	Skip Fout	120	Carolyn Garver	136
O	Karen King	135	Larry Threlkeld	122	Beverly Evans	136	Barb Florence	96
w	Carl King	163	Paul Hackworth	154	Dave Anders	120	Carol Nafzger	124
L	Barb Gordin	121	Charlie Johnson	150	Barb Cooper	88	Ray Sheridan	161
I	JR Venrick	159	John Conn	148	Cecil Herman	100	Joe Brohard	109
N	Barb Andrix	100	Gene Noble	109	Jim Harden	120	Brenda Gonzalez	120
G	Gary Sollars	120	Duane Glass	180	Valerie Mabra	136		

March Birthdays

Patron	Birthday	Patron	Birthday	Patron	Birthday
Kelso, Waveline	03-01	Stidham, William	03-09	Smith, Ronald	03-19
Williams, Beth	03-01	Wilson, Donna	03-10	Hackworth, Nancy	03-20
Al-Khour, Maurea	03-01	Hedges, Joan	03-10	Lowery, Marilyn	03-20
Cooper, Barbara	03-01	Emrick, Maryann	03-10	Davis, Pete	03-20
Adelsberger, Linda	03-01	Dickerson, Teresa	03-11	Ward, Brenda	03-20
Mancini, Geraldine	03-02	Dhume, Rodney	03-11	Duncan, Bill	03-21
Stough, Colleen	03-03	Conway, Donna	03-12	Justice, Ray	03-22
Hayes, Carric	03-04	Wiseman, Joann	03-12	Finchum, Lonnie	03-22
Hatfield, Roy	03-04	Shepherd, Rob	03-12	Hillard, Pam	03-22
Russell, Martin	03-04	Carter, Janet	03-13	Hutchins, Maxine	03-24
Hodosko, Nancy	03-04	Clifton, Beverly	03-13	Zimmerman Charles	03-24
Schneider, Sylvia	03-05	Hilliker, Charles	03-13	Haskins, Mary	03-25
Wright, Betty	03-05	Morris, Tom	03-14	Preston, LaDonna	03-25
Saltsman, Steve	03-05	Gleich, Wendy	03-14	Saltsman, Donna	03-25
Welch, Joann	03-05	Stapleton, Gary	03-14	Penix, Jim	03-26
Siemer, Norma	03-06	Carter, Vi	03-15-	Thum, Fred	03-27
Fischer, Robert	03-06	Hysell, Betty	03-15	DeBord, Joan	03-27
Jackson, Bessie	03-06	Seipel, Marjorie	03-16	Swiss, Tina	03-28
DeWitt, Emma Lee	03-06	Chastain, Connie	03-17	Jones, Sharon	03-29
Forrest, David	03-06	Bricker, Wayne	03-17	Vinson, Troy	03-29
Loveless, Laura	03-07	Belt, Phyllis	03-18	Eckstein, Mavis	03-30
Manion, Sharon	03-07	Wendel, George	03-18	Ferguson, Carole	03-30
Barton, Pat L.	03-08	McKenzie, Juanita	03-18	Brackett, Sharon	03-30
Henry, Dorothy	03-08	Johnson, Sandra	03-18	Conway, Margaret	03-30
Snyder, Nancy	03-08	Sebastian, Betty	03-19	Fouk, Marjorie	03-31
Welch, Brian	03-08	Strine, Mary			
		Louise	03-19	Hochadel, William	03-31
		Amlin, Janet	03-19		

Welcome New Members!

Mary Anne Herman Rose Tope Brian Dradt John and Pamela Litchfield

Patricia Sedlak Glen Richards Billy Mongold Breck Michael

Jerriline Williams Barb and Mike Lynch Beverly Whitelow Paul Huff



Bingo!!

Saturday, March 24th

Café opens for lunch at noon

Bingo begins at 1 p.m.

Regular Bingo and Door Prizes!!

The more players the bigger the payouts!

Open to Senior Center members and to the Public!



LOTTERY TREE

RAFFLE

February 1st-March 30th

Get your raffle tickets at
the Center front office.

1 for a \$1 or 6 for \$5

Volunteer Appreciation Dinner

Friday, April 13th

Dinner will begin at 5 p.m.

Come for a great meal and fun entertainment! Watch the mail for your invitation and don't forget to call in your RSVP to the center, 740-852-3001. If you do not receive an invitation please call the center so that we can check our records and get an invitation out to you.




**Friends of
Madison County
Parks & Trails**
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London, Ohio 43140
WWW.FMCPT.COM

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The X-TERMINATOR



BUGS... won't be back!!

614-600-6496

West Jefferson, Ohio
mike.conway66@yahoo.com

**Spiders, Bees, Ants, Roaches,
Termites, Bed Bugs, Mosquitos,
and all general pests**

London Public Library

Your everyday library!

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Madison County Senior Citizens Center

Dated Material

280 West High Street

London, OH 43140

Phone: 740-852-3001

Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at Madison County
Senior Citizens Center

March 2018



Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Daycare Aide

Pam Chenos, Daycare Aide

Jeanna Bernard, Daycare Aide

Bonnie Radcliff, Daycare Aide/Substitute

Sandy Darlington, Daycare Aide/Substitute

Jackie Cain, Homemaker

Joanna Sadler, Chef

Steven Wehrs, Cook

Brenda Castle, Transportation Coordinator

Carolyn Wilson, Driver

Wayne Bricker, Substitute Driver

Betty Lawrence, Substitute Driver

Jeff Bricker, Maintenance

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.