

### Please join us for our Veterans Day Ceremony



#### Wednesday, November 11

North Activity Room At 2 p.m.

**Speaker: Rev Scott Dalrymple Music by: Steve Wilhoit** 

Cookies and punch to follow.

**Honoring Our Resident and area Veterans** 

#### **Loch Haven's Special Veterans Edition**

This special Veterans Edition is published by Loch Haven Senior Living Community in Macon, Missouri. It has been a labor of love for those who have worked to compile the information and take the pictures and for the families who have dug through photo albums in order to help us. This is our sixth edition.

Special thanks to Janis Fraley who works in our Loch Haven Apartments. Janis made phone calls to families and visited with our veterans to gather information and pictures. Thanks so much Janis!

Loch Haven is very proud of the services we offer to **all** of our residents. Whether you are a veteran or not and would like more information on Loch Haven, please contact us to set up a tour. Loch Haven is a place that you can truly call home!

660-385-3113 (ph) www.lochhaven.com



701 Sunset Hills Dr. Macon, MO 63552

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Loch Haven's salute to those who served Special Edition of the **Loch Haven Tymes** November 2015 A publication of **Loch Haven Senior Living Community** 













Our Time To Serve I want to say how much we value and appreciate each of our veterans here at Loch Haven who have served and sacrificed to secure the freedoms and blessings we enjoy in our country and communities. We cannot voice these things without saying also how much we appreciate the families of our present day military who sacrifice so much while their husbands and wives, sons and daughters go to serve our country far and near.



To our veterans at Loch Haven, thank you for allowing us to serve and honor you as you have watched over and protected us. Thank you for allowing us at Loch Haven to be a part of your families.

Byron Freeman, Loch Haven Senior Living Community Administrator



#### Kelly Douglas Marines Lance Corporal

- Enlisted in 1956 at the age of 17.
- Basic Training at Camp Pendleton in San Diego.
- After completing AIT (advanced infantry training) was sent to first two-years of duty in Hawaii.
- Because of previous college credits, was assigned
- Honorably discharged from active service in July



#### George Anderson Navy ET1

- Served 1956-1960
- Served 1961-1969
- Training and stationed in Connecticut, Washington, DC, Virginia, Iceland, Portland (and many more).
- Good conduct medals.

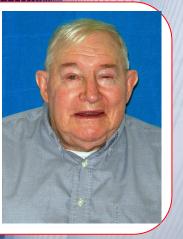






# Ralph Schmedake Army PFC

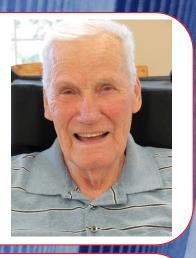
- Entered military service on April 3,1943 at Jefferson Barracks, Missouri. Trained at Camp Grant, Illinois.
- Ordered to the Medical Corp and received training as an Army Medical Technician and assistant.
- Assigned to the 27th General Hospital in the Asiatic-Pacific Theater of Operations where he was awarded a battle star for participating in the New Guinea Campaign.
- Spent time with the medics in Sydney, Australia, Hollandia, Dutch New Guinea, North Luzon, and Manila in the Philip-
- Honorably discharged February 1, 1946.





#### Arla Harrell Army Sergeant

- Drafted in October 1945 at the age of 18.
- Basic Training at Camp Crowder in Neosho,
- Trained as a medic and sent to Germany.
- Discharged in August 1948
- Awards include World War Victory Medal and Army of Occupation Medal.



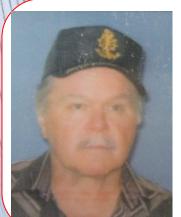


#### Carl White Army PFC

- Served: 1953-1955
- Took his training at Fort Leonard Wood, Missouri
- Stationed in New Finland







#### **David Switzer** Army/Navy/Merchant Marines

- Joined in 1962
- Discharged from the Navy and Army in 1965





#### **Heaven Has One More Hero**

I am serving in God's Army now

I am proud, for Him I strive

To serve His Holy Kingdom

In Christ, I am alive.

#### **Recently Deceased Loch Haven Veterans**

**Thomas Cross** Army

Donald Zappa

Irvin Ward Air Force/Navy

Army

John Westendorf Marines

Patrick O'Toole Army

Warren Pflum Navy

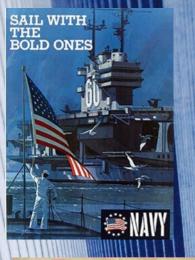
Robert Hasselbring Army



#### **Hubert Moehle** Army Sergeant

- Enlisted March 29, 1943. Discharged April 1946. Reserves through October 31, 1952
- Served: WAS Dakota, Iceland, Texas, California,
- American, European, African, and Middle Eastern Theatre
- Awards include: Meritorious Unit Award; Presidential Unit Citation; Victory Medal; **Good Conduct Medal**





#### **Arnold Truitt** Army Corporal

- Drafted in 1951.
- Basic training at Camp Chaffee, Arkansas
- Army Artillery
- Served during Korean War in Korea
- Served just under two years
  - Discharged in Chariton, Iowa. Hitchhiked home to Novinger, Missouri. It's the only time his life that he ever hitchhiked.



#### The Berlin Candy Bomber



#### **Uncle Wiggly Wings**

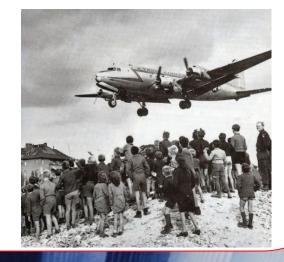
In 1948, after Germany was split up among the winners of World War II, Russia decided to cut all rail and transport routes to Berlin. That's when the U.S. and the other Allied nations began "Operation Little Vittles", also known as the Berlin Airlift. Military planes spent a year dropping food on the city of Berlin. Now the city was getting everything it needed, except

one essential thing -- candy.

Utah-born Air Force pilot Gail Halvorsen was moved by the sight of a bunch of candyless children in Berlin and gave them a pack of gum he was carrying, promising he'd return the next day with more sweets. So Halvorsen began dropping chocolate on the children in handkerchiefs as little parachutes. He'd wiggle the wings of his plane so the kids would recognize him and brace themselves for the chocolate rain, earning him the name "Uncle Wiggly Wings."

Because what he was doing was against regulations, Halvorsen was told to stop. That is until the higher-ups realized how much Germany loved them for doing this. That's when the Air Force deployed a BUNCH of planes whose sole purpose was to shower West Berliners with tons and tons of candy donated by the American Confectioners Association.

Even when the airlift ended in 1949 after the Soviets finally gave up, the Berlin children never forgot about Uncle Wiggly Wings. Halvorsen is still known throughout Germany for what he did for the children of Germany.





#### Harold Spencer Navy Machinist 3rd

- Drafted in 1943 at the age of 17 at the start of World War II.
- Basic Training at the Navel Training Station, Farragut, Idaho.
- Assigned to an attack transport serving in the South Pacific.
- Participated in the invasion of the Marshall Islands in 1944.
- Also served on a mine sweeper which swept the waters for mines that the Japanese set. Was in the Pacific Ocean when the atomic bomb hit.
- Discharged after two years of service. Received two battle stars during enlistment; one for role in the sinking of an enemy submarine and the other for participation in the Marshall Islands





#### Tom Linhardt Air Force Sergeant

- Joined the Air Force after attending college and getting married.
- Served from 1970-1973.
- Spent entire service stateside in Mississippi.
- Worked on training radar. Required a lot of intense training, maintaining machinery, and knowledge of electronics.



#### **SONGS OF WWII**



During WWII, American troops had regular access to Armed Forces Radio in all but the most difficult combat situations. Not only did soldiers know specific songs, but specific recordings. Here's a few of the most popular songs of the era.

- Boogie Woogie Bugle Boy: Andrew Sisters
- I'll Be Seeing You: Tommy Dorsey and His Orchestra
- Don't Get Around Much Anymore: Duke Ellington and His Orchestra
- Till Then: The Mills Brothers
- G.I. Jive: Johnny Mercer
- I'll Walk Alone: Martha Tilton
- Yours: Jimmy Dorsey and His Orchestra
- I Don't Want To Walk Without You: Harry James and His Orchestra
- Ac-Cent-Tchu-Ate the Positive: Johnny Mercer/Paul Weston and His Orchestra
- When The Lights Go On Again (All Over The World): Vaughn Monroe and His Orchestra
- I Wonder: Paul Weston and His Orchestra/Jo Stafford
- I'll Get By (As Long As I Have You): The Ink Spots
- (They'll Be Bluebirds) Over The White Cliffs of Dover: Jimmy Dorsey and His Orchestra
- Comin' In On A Wing And A Prayer: The Song Spinners
- Sentimental Journey: Les Brown and His Orchestra
- Waiting For The Train To Come In: Peggy Lee
- It's Been A Long, Long Time: Harry James and His Orchestra





#### James Davis Army/Air Force Captain

- Enlisted in 1941.
- ♦ First Duty Station was in Sedalia, Missouri which is now Whiteman AF Base.
- Made flight crew instructor at Malden where he flew C47s which transported paratroopers and towed gliders.
- Transferred to West Palm Beach, Florida to ferry servicemen back from the Pacific Theatre via Puerto Rico.
- Discharged in 1946 one week before he was to be deployed overseas.



#### FACTS of the Korean War 1950-1953

- The Korean War began as a civil war between North and South Korea, but the conflict soon became international when, under U.S. leadership, the United Nations joined to support South Korea and the People's Republic of China (PRC) entered to aid North Korea. The war left Korea divided and brought the Cold War to Asia.
- In the United States, we call it the Korean War (and sometimes the Forgotten War). North Korea calls it the Fatherland Liberation War. In South Korea, it's called Six-Two-Five, after the day it started. China's subtle name for the conflict is the War to Resist U.S. Aggression and Aid Korea.
- On July 27, 1953, American Lieutenant General William Harrison, Jr. and North Korean General Nam II signed
  the Korean Armistice Agreement, ending "all acts of armed force" in Korea, until both sides were able to find a
  "final peaceful settlement." The agreement was notably not a peace treaty, but rather, a ceasefire. Sixty years
  later, it seems we are no closer to a peaceful ending of the conflict.
- The U.S. Army used approximately 1,500 dogs during the Korean War and 4,000 in the Vietnam War.
- An estimated 86,300 Korean War veterans are women, making up 7% of the estimated number of all female veterans.
- Johnny Cash turned 18 in 1953 and enlisted in the US Air Force on July 7, 1950, just twelve days after the outbreak of the Korean War. He was stationed in Germany where he served as a Morse Code intercept operator.
   While over there, he started playing guitar, and formed his first band, the Landsberg Barbarians. He befriended a

fellow soldier named BJ Carnahan, and the two of them played all the songs they knew on guitar together and started writing their own songs.



A little-known hero of the Korean War has been immortalized by a statue. **The mare known as "Sgt. Reckless"** brought ammunition to soldiers during the war and carried wounded men off the battlefield. The heroic horse is on display in the National Museum of the Marine Corps.

#### Jerald Simons Army PFC

- ◆ In 1954, at the age of nineteen, enlisted in the Army.
- ♦ Basic Training at Fort Leonard Wood, Missouri.
- Assigned as a clerk typist.
- Military career was cut short a few months later when his father passed away suddenly.
- Because he was needed at home, he was given a hardship discharge.







#### Jack Patton Army PFC

- Drafted into the Army in 1953.
- Basic Training at Camp Crowder. Advance training at Fort Leonard Wood.
- Joined the L Company Combat Engineers and trained to construct and repair bridges and roads.
- ♦ Stationed in Austria
- Honorable discharge in December of 1954.
- ♦ Inactive reserve for six years until 1960.





#### George Morgan Army Corporal

- Corporal gunner in the 160<sup>th</sup> infantry regiment.
- ♦ Active duty in Korea. Deployed 1 -1/2 years.
- Was in a heavy weapons company.
- Moved and worked with mortars, machine guns, and rifles.
- Carried ammunition which was used to blow up tanks and bunkers.





#### Allen Murphy Army Sergeant

- ♦ Inducted October 8, 1941 at Jefferson Barracks, Missouri as a Radio Operator 776 Expert Gunner Radio Operator.
- Served at Bismarck Archipelago Luzon Southern Philippines.
- Wounded on May 15, 1945 in the Philippines.
- Medals received were: American Defense Medal; Asiatic Pacific Metal with 3 Bronze Service Stars and 1 Bronze Arrowhead; Purple Heart; Victory Medal; Good Conduct Medal; American Theatre Medal; Philippine Liberation Ribbon with 2 Bronze Stars.
- Discharged February 11, 1946 at William Beaumont General Hospital, El Paso, Texas.





# Robert Walker Army PFC

- ♦ Served 1945 and 1946
- ♦ Most of service was spent in Tokyo, Japan
- Served in Five Star General Douglas MacArthur's Army Guard



#### A Soldier's Prayer



Dear Lord,
Keep me by the arm
You bear,
And direct a path
Through harms way.
Help me know that
You're always there,
Guiding me
By night and by day.
And Lord, at moments
When I'm feeling lonely,
And temped with

Discouragement at my post, Help me lean Mightily on You only Because it is You I depend on the most. When I long to see my family Or start thinking of Times with a friend I'll know that You're always with them Even after Absence is at an end. Shield me as I answer duty's call, For I have a job From which I can't depart. Protect me from my enemy, Who'd have me fall

For it is You

Who guards my life

And heart, Amen.

## Bernard Wilhelme Air Force Airman 1st Class

- Was drafted at the age of twenty into the Air Force.
- Training at Scott Air Force Base in St. Louis and Park Air Force Base in California.
- 1952 was sent to South Korea.
- ♦ Honorable discharge in 1956



#### Johnny Walker Army E4

- ◆ Drafted in 1966.
- Sent to Fort Benning, Columbus, Georgia for basic training.
- ♦ Assigned to a supply unit and sent to Viet Nam.
- Discharged from the Army in July 1968.



#### Stories that deserve to be retold

- **Lt. Commander Robert W. Goehring,** aboard the Coast Guard Cutter U.S.S. Duane, was swept off his ship by a mountainous wave during a storm. The ship was turned around to rescue Goehring when suddenly another giant wave tossed him back on board to safety.
- Joe Frank Jones of the Eighth Army Air Force fell 13,000 feet and suffered no broken bones. Returning from his 22nd mission over Germany in a Fortress, he collided in mid-air and fell 13,000 feet in the severed tail section of his plane without serious injury and no broken bones.
- **Bob Weiland,** who lost both legs in 1969 in Vietnam to a land mine while trying to save a fellow soldier, "walked" 2,000 miles from California to the Vietnam Memorial in Washington, D.C., in 1986 propelling himself on his padded knuckles.
- **Pvt. William Parker,** a soldier in the U.S. Army fighting in Vietnam, survived after a shot to his head was deflected by the bible he kept underneath his helmet.



#### Arthur Eymann Army/Air Force

- Drafted into the Army Air Force on October 1, 1942 at the age of 20.
- Never left the country, but was moved around 15 or 16 times with most of service spent in Texas.
- Was as an air craft mechanic. Trained on how to work on B17s and B29s. It was the B29s that dropped the bombs on Japan.
- ♦ Spent 41 months in the Army Air Force.
- Went to the University of Illinois on the GI Bill. Received degree in agriculture.



Although the involvement of The American Red Cross in hostilities preceding World War II was evident as early as 1939, after the attack on Pearl Harbor on December 7, 1941, the Red Cross quickly mobilized a volunteer and staff force to fulfill the mandates of its 1905 congressional charter. That mandate required that the organization "furnish volunteer aid to the sick and wounded of armies in time of

war" and to "act in matters of voluntary relief and in accord with the military and naval authorities as a medium of communication between the people of the United States of America and their Army and Navy."

At home, millions of volunteers provided comfort and aid

to members of the armed forces and their families, served in hospitals suffering from severe shortages of medical staff, produced emergency supplies for war victims, collected scrap, ran victory gardens, and maintained



training programs in home nutrition, first aid, and water safety. Overseas, Red Cross workers served as field directors providing compassionate support for the troops they accompanied, operated clubs and club mobiles for the armed forces, and were attached to military hospitals, hospital ships, and hospital trains.

At the peak of Red Cross wartime activity in 1945, 7.5 million volunteers along with

39,000 paid staff provided service to the military. Throughout the war years, the Red Cross served 16 million military personnel, including one million combat casualties. By the time World War II ended in September 1945, the American public had contributed over \$784

million in support of the American Red Cross. Nearly every family in America contained a member who had either served as a Red Cross volunteer, made contributions of money or blood, or was a recipient of Red Cross services.



#### J. Evans Biehl Army PFC

- Served from 1953-1955
- Served as a Military Police
- Training at Fort Leonard Wood.
- Served at Camp Atterberry and then at Ft. Ben Harrison (both in Indiana) during the Korean War.





#### Vernon Barrow Air Force-Airman 2nd Class

- Joined the Air Force right after high school in 1956.
- Basic training at Lackland Air Force Base in Texas.
- Served as a radar technician at Eielson AFB located
   110 miles south of the Arctic Circle.
- Was moved around the country where skills were needed
- Honorably discharged in 1960



#### **FACTS OF THE VIETNAM WAR 1955-1975**



The Vietnam War lasted for nearly 20 years and spawned many movies, books, musicals, and of course, emotionally charged Vietnam War songs. The conflict officially ended in 1975.

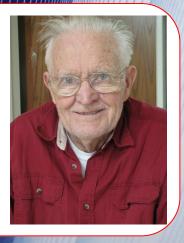
- Nearly two-thirds of the American men serving the war were volunteers.
- The Vietnam War is the longest war in the entire U.S history.
- ◆ Slinkys were used in the Vietnam War as mobile radio antennas. They would sling the Slinky over branches and extend the range of their radios.
- ♦ Approximately 12,000 helicopters saw action in Vietnam (all services). After the war, the USS Midway crew pushed \$10 million worth of helicopters into the sea so that a Cessna full of evacuees could land on the deck.
- ♦ Back home, the musical soundscape of the Vietnam War was strikingly different from the music that accompanied World War II. While there were patriotic songs that did very well, most notably Staff Sergeant Barry Sadler's million-selling number-one hit "Ballad of the Green Berets" in 1966 and Merle Haggard's "Okie from Muskogee" in 1969, the vast
- majority of Vietnam War songs fell into the category of "anti" rather than pro-war songs.
- Boxer Muhammad Ali was one prominent American who resisted being drafted into service during the Vietnam War. Ali, then heavyweight champion of the world, declared himself a "conscientious objector," earning a prison sentence (later overturned by the U.S. Supreme Court) and a three-year ban from boxing.
- The movement against U.S. involvement in the Vietnam War began small, among peace activists and leftist intellectuals on college campuses, but gained national prominence in 1965, after the United States began bombing North Vietnam in earnest.
- The Vietnam Veterans Memorial was built without government funds.





#### Billy Burk Army Corporal

- ♦ Served from 1943—1945
- Training in California
- ◆ Stationed in Hawaii, Vermillion, SD plus several other locations.
- ◆ Traveled all over the world during his time in service.





#### Jimmy Burkhardt Air Force Private

- ♦ In 1943 at age of 22, drafted into the Army Air Corp.
- Training at St. Petersburg, Florida and Atlantic City, New Jersey.
- Served in Salt Lake City as a motor pool mechanic.
- ♦ After a medical issue, honorably discharged in 1944.





#### Wayne Creed Army Air Force Corporal

- Drafted into the Army Air Force in February of 1943 and served during WWII.
- Training at Kearns, Utah and as a dental technician at Ft. Ben Harrison, Indiana and San Antonio, Texas.
- Stationed for 2-1/2 years at Ft. Worth Army Air Field. Texas in the dental lab.
  - Discharged at Scott Air Force Base in Illinois in January of 1946



#### WAR TIME COOKING

Times were hard during World War II both on the battlefield and on the home front. A person couldn't just walk into a store and buy as much sugar or butter as they wanted. These items were rationed. You were only allowed to buy a small amount (even if you could afford more).

The government introduced rationing because certain items were in short supply. Some things were scarce because they were needed to supply the military; gas, oil, metal, meat and other foods. Some things were scarce because they normally were imported from countries

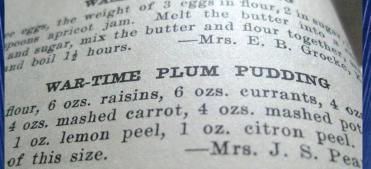


with whom we were at war or because they had to be brought in by ship from foreign lands.

Sugar and coffee were very scarce. Coca -Cola stopped production during the war because sugar in great quantities was not available. Everyone was given a ration book that contained ration stamps for different items. Grocers and other business people would post what your ration stamps could buy that week, but it was up to the individual to decide how to spend the stamps and possibly save items for certain recipes.

Several "war time" cookbooks were published and recipes were modified to help the cook who had limited quantities of rationed ingredients.









#### Robert Smith Army Corporal

- Drafted in 1952.
- Trained at Fort Leonard Wood, Fort Riley, Kansas with the Post Engineers, and later at Fort Belvoir,
- Served at Fort Bliss at the White Sands Proving Grounds in New Mexico. Erected various military equipment associated with missile testing.
- Honorably discharged in 1954.

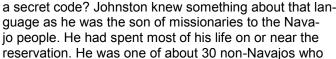


#### The Navajo Code Talkers

The United States was in serious trouble. Following the surprise attack on Pearl Harbor, Japan held the upper

hand in the Pacific. Japanese soldiers, educated in the U.S., could speak English fluently. They routinely intercepted and decoded American military messages. The U.S. needed what has always eluded a country at war: an unbreakable code.

In February of 1942, Philip Johnston, a civilian engineer and World War I veteran, had an idea. What if America's military forces were to use the Navajo language as the basis of



could speak the unwritten, extremely difficult language.

Writing a letter outlining his thoughts, Johnston set in motion a lifechanging event for 29 Navajo men living on their ancestral homelands. Within months, those men would use their language to develop a code that was never broken during the war.

It remained a national secret until 968. The movie "Windtalkers" is based



#### **Irvin Gates** Army PFC



- Served in Germany during the end of WWII.
- Traveled from New York City to Germany in a cargo ship which almost sunk because of a terrible storm.
- Assigned to Frankford. Germany to the Quarter Master Supply, a moving company that worked on moving tractor trailers and refrigeration units. Learned how to work on refrigeration units.
- Discharged in 1947.



#### Thank You For Your Service

#### **Gerry Stone** Navy Fireman Apprentice E-2

- Trained at Great Lakes Naval Academy
- Stationed in Virginia
- Enlisted March 9, 1970
- Served four years active service in Vietnam and two years of inactive service.
- Awards: Vietnam and Vietnam campaign ribbons.

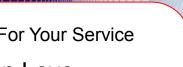
Thank You For Your Service

John Love

**Air Force** 

1963-1965







**Vietnam/Philippines** 



#### Madison Walker PFC Armv

- ♦ Drafted on 18th birthday, August 8, 1941.
- Basic Training at Fort Polk, Louisiana.
- Became part of a five man crew manning a Sherman M4 medium tank as a driver.
- Became part of the 8th Armor Division in Germany.
- Fought in Germany, France, and helped secure the Italian
- In April of 1945, was part of the support force for the U.S. Seventh Army that liberated Dachau concentration camp near Munich, Germany.
- ♦ Discharged in 1945.





#### Walter T. Davis, Jr. Warrant Officer (CW4)

- Served 28 years as a mechanic, supply officer, inspector and instructor.
- Retired at the rank of Warrant Officer (CW4) in November of 1986.
- Received the Army Commendation medal in 1979 for meritorious achievement. Also received a Certificate of Achievement among other honors during his many years of honorable service.
- Veteran of the Vietnam War.





#### John Hawkins Army Corporal

- Drafted in 1952
- ♦ Trained in Camp Breckenridge in Kentucky.
- Served in Korea
- Discharged in 1954
- Received combat badges and medals for serving in





#### WOMEN ON THE HOMEFRONT

American women played an important role back home during World War II. When the war began, quickie marriages became the norm, as sweethearts married before their men went overseas. As the men fought abroad, women on the Home Front worked in defense plants and volunteered for war-related organizations, in addition to managing their households

When men left, women cooked and cleaned, managed the finances, learned to fix the car, worked in a defense plant, and wrote cheerful letters to their soldier husbands. Rosie the Riveter helped assure that the Allies would have the war materials they needed to de-

At the war's end, although many women wanted to keep their jobs, those jobs went back to men returning home. The nation, it seems, was not yet ready for the greater social equality that would slowly come in the decades to follow.



#### John Gaughan Army PFC

- Drafted into the Army in 1951.
- Basic training at Fort Chaffee, Arkansas.
- Sent to Japan and trained with an intelligence group.
   Was then shipped to Korea.
- Recipient of the Gold Star, an award citing bravery and gallantry during hostile action. This award is considered a Silver Star plus citation.





#### Harold Bond Marine Corp Corporal

- On October 6, 1942 enlisted into the Marine Corp.
- Trained at San Diego, California and afterwards was sent to Camp Elliot, California and Camp Pendleton. Worked as a mechanic maintaining the motor vehicles used in the training.
- In Quantico, Virginia was utilized as a machinist.
- On July 8, 1946 honorably discharged.





#### Raymond Buster Army Sergeant

- Drafted in 1945 while still a senior in high school.
- ◆ Trained at Camp Maxey, near Paris, Texas.
- At Camp Maxey guarded prisoners of war.
- Was sent to Puerto Rico and again was assigned as a POW guard.
- Honorably discharged in September 1946.



#### Finis Faught Air Force Sergeant

- ♦ Joined the Air Force in 1953.
- Trained at Lackland Air Force Base, San Antonio, Texas.
- Sent to George Air Force Base, Victorville, California. Was assigned to the main warehouse.
- When time was up, reenlisted.
- Served for 10 years. Honorably discharged in 1963.





# We Celebrate Every Day!



Marie Miller celebrated 100 years on October 8th. A party was held in her honor. Marie was surrounded by family and friends and had a special surprise. Tim Remole presented Marie with a proclamation that included highlights of her life. Marie writes of the staff who also helped her celebrate her birthday. "I would like to send a heartfelt thank you to all of the Loch Haven staff who came to my room clapping and singing happy birthday to me. You all touch my heart deeply, and I appreciate each and everyone of you. I am proud to call Loch Haven my home. Thank you all so much. God Bless each one of you," Marie Miller



Jim & Lillian Davis definitely have something to celebrate! In October, they celebrated 75 years of marriage! Jim and Lillian live in our Oak View Cottages. The Cottage PALS got together and had a little party for the couple. A pretty cake was served and songs were sung. Congratulations Jim and Lillian on an incredible milestone!



# THANKFUL



There's just something about chopping and dicing that does a soul good! Our ladies love to cook.

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Sun	Mon	Tue	Med	Thu	Fi	Sat
1 Roast Beef Roasted Potatoes California Vegetables Banana Split Cake Dinner Roll	2 Lemon Chicken Garden Blend Rice Twice Baked Cauliff. Fruited Gelatin	3 Ham Steak Scalloped Potatoes Blackeyed Peas Com Bread Fruit Shortcake	4 Sliced Turkey Baked Sweet Potato Squash Medley Pudding Cream Pie	<b>5</b> Lasagna Green Beans Tossed Salad Garlic Bread Cheesecake	6 Pork Cutlet w/ Dijon Sauce Mashed Potatoes Carrots Frosted Cake	7 Salisbury Steak Creamy Noodles Spinach Bake Fruit Crumble
8 Rosemary Herbed Baked Chicken Rice Pilaf Buttered Peas Pie of the Day	9 Grilled Sausage Cuts Garlic Mashed Potatoes Braised Sauerkraut Fruit Cobbler	10 Stuffed Shells w/ Sauce Caesar Salad Garlic Toast Apple Crisp	11 Smothered Chicken Bread Dressing Peas & Mushrooms Fruited Gelatin	12 Swiss Steak Baked Potato California Vegetables Pumpkin Pan Pie	13 Pork Tips in Gravy Steamed Rice Candied Carrots Iced Oatmeal Cake	14 Pepper Beef Patty Roasted Potatoes Side Salad Lime Sprinkled Pears
15 Fried Chicken Twice Baked Potato California Vegetables Chess Pie Dinner Roll	16 Meatloaf Mashed Potatoes Gravy Spinach Bake Mandarin Oranges	17 Herbed Pork Roast Creamy Rice Carrots Pudding Parfait	18 Onion/Sage Chicken Oven Roasted Potatoes Cauliflower/Cheese Sau Iced Gelatin Poke Cake	19 Fish of the Day French Fries Cottage Cheese Cole Slaw Bread Pudding w/Vanilla	20 Chicken & Dumplings Buttered Broccoli Pickled Beets Chocolate Layer	21 Spaghetti w/ Meat Sauce Italian Vegetables Frosted Cup Cake Garlic Bread
22 Baked Ham Sweet Potato Cass Mixed Vegetables Mock Pecan Pie Dinner Roll	23 Grilled Liver & Onions Fried Potatoes Green Beans Blonde Brownie	24 Pork Loin/Gravy Stuffing Brussels Sprouts Frosted Spice Cake	25 Creamy Chicken Spaghetti Carrots Diced Tomato Salad Chocolate Chip Cookie Garlic Bread	26 Happy Thanksgiving !	27 Herbed Baked Cod Cheesy Hashbrowns Mixed Vegetables Hush Puppies Lemon Bar	28 Swedish Meatballs Buttered Egg Noodles Zucchini & Tomatoes Tossed Salad Buttermilk Pie
29 Roast Beef Roasted Potatoes California Vegetables Banana Split Cake Dinner Roll	30 Lemon Chicken Garden Blend Rice Twice Baked Caulifi. Fruited Gelatin			*all meals serv a Severa	*all meals served buffet style with bread and beverage. Several choices available.	with bread ole.

# November 2015 Activity Calendar

V			1. CO. F. D.			1 3 7
123	Sat	<u>Ł</u>	14 Independent Games	21 Independent Games	18 Independent Games	
	Fri	6 Annual Craft Show 10am-3p	13 9:30a Flex & Stretch 10a Coffee Club 2p Carmen Bible Stories	20 9:30a Flex & Stretch 10a Coffee Club 2p Carmen Bible Stories	9:30a Flex & Stretch 10a Coffee Club 2p Carmen Bible Stories	THE PARTY OF THE P
	nu I	5 10a Bevier Baptist Bible Study 2p Mindful Trivia 3:30p Small Groups	12 10a Bevier Baptist Bible Study 2p -4p Clothes to you	19 10a Bevier Baptist Bible Study 2p Country Store	26 Happy Thanksgiving	
Mod	Wed	4 10a Flex & Stretch 2p Craft 3:30p Small Groups	11 10amFlex & Stretch (WB) 2p Veterans Day 3:30p Small Groups 7p County Kickers	18 10a Flex & Stretch 2p Donny Roberts 3:30p Magazine Hunt 7p County Kickers	25 10a Atlanta Methodist Bible Study 2p Roy Flancher & Barbara Jenkins 3:30p Small Groups 7p County Kickers	
F. 100	l ne	3 10a Concentration 2p Pizza Day 3:30p Small Groups 3:30p Wii	10 10a Spa Morning 2p Birthday Party 3:30p Small Groups 3:30p Wii	Resident Independent Games 6p Open Arms Choir	24 10a Spa Morning 1p Wal-Mart (Brookfield)	
	Mon	2 10a Flex & Stretch 2p Bingo 3:30pSmall Groups	9 10a Flex & Stretch 2p Bingo 3:30p Nuts about Peanut Butter Day	16 10a Flex & Stretch 2p Bingo 3:30p Men's Social	23 10a Flex & Stretch 2p Bingo 3:30p Resident Council	30 10a Flex & Stretch 2p Bingo 3:30pm Women's Hot Cider
	ans	1 10a Sunday School 2p United Methodist 6:30p Callao Bible Study	8 10a Sunday School 2p Faith Baptist 6:30p Callao Bible Study	<b>15</b> 10a Sunday School 2p Ethel Christian 6:30p Callao Bible Study	22 10a Sunday School 6:30p Callao Bible Study	29 10a Sunday School 2pm Atlanta Methodist

#### MEET: Susan Lenon Corrage actrity Pak

Were you named after anyone? Yes, my grandpa on my dad's side, William Charles Ross.

Describe yourself in one word? Caring and sharing

What kind of pet do you have? My little dog named Sophie.

What is your favorite movie? Peyton Place

What was your favorite subject in school? Physical Education. I love sports!

If you could be someone else, who would you be? Phyllis Diller

What is the best place you ever went on vacation? In our boat, we went 250 miles up the Mississippi River. Camped on sand bars at night. Going through the water locks is neat. Skied a lot!

Everyone has a talent. What is yours? Oh my (I'm loaded). LOL! I can say my alphabet backwards!



#### Employee Spotlight

What would be your dream vacation? To go to London, England and Australia.

What is your favorite saying/quote? Do unto others as you would have others do unto

Who was your favorite celebrity as a child? Bang Bang...Annie Oakley!

How long have you worked at Loch Haven? 2 years (but volunteered here for many years).

What are your duties? Overseeing activities at Oak View and Cedar View Cottages

Family: Better 1/2, Don; sons Kelly Lenon of K.C., & Scott and wife Becky of Columbia; and my church family at Chariton Ridge.

"Working here is inspiring and uplifting when you're around the residents. I find strength from them because they have so much to share when you listen to their stories. It's awesome! We're all family, and I love being a part of Loch Haven. ~~ Susan~~

#### Welcome to

#### Team Loch Haven

Jesse Boone Dietary Special Brook Augusta Walls Barbara Askew Sunset Village Sunset Village Carrie Zapisek Wendy Crabtree Special Brook Becky Yokom Dietary Katie Middleton Dietary Jasmine Greenwood Dietary **Tanner Mahaffey Nurses Aid Nurses Aid** Taylor Almond Nurses Aid Jennifer Jacobus Christopher Davis Nurses Aid Regina Clark, RN Mountain View

#### Alzheimer's Support Group

Second Monday of each month

5:30 p.m. light supper 6 p.m. meeting. STAR

#### awaR1

#### WINNERS

#### September

Pat Tooley Teresa Cook

Lisa Purdy

Latisha Deter

Floyd Young

Perfect Attendance

Cheryl Beckley

#### Team PLQYER award **Cheryl Taylor**

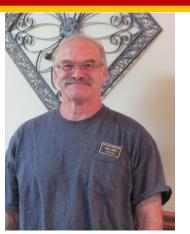


#### **Recognizing**

#### our

#### Maintenance/Custodial Department.







Thanks to the guys who keep everything in perfect working order around here! (left) The Custodial Department (I-r) Denny Ashenfelter, Stephen Lozuaway, and Alvie Voyles, (center) Night Custodian: John Terzo, and (right) The Maintenance Department (I-r) Dale Sanders (supervisor) and Floyd Young

#### **A SENIOR Moment**

November Episode Therapy ReHab to Home

Featuring Pat Stull, Loch Haven's MDS & Therapy Coordinator and Tiffany Blankenship, ReHab Care Program Director

> Every Wednesday on CVTV (Channels 22 & 64)

#### a Warm Welcome 40

Naoma Deskin Robert Walker

Gerry Stone Janeva Goodson

Ruth Payton **Opal Tipton** 

Good luck to Lauretta Yutz, John Fullington, Jane Thomas, Donna Ward, Vera Wolfe, and John Hawkins who have returned home after a therapeutic stay.



# vember Birtho

Freda Kisor Becky Lang 27 Frances Wright Arthur Eymann Louise Ronchetto Juanita Lopez

Kuldeep Singh Tanya O'Haver George Morgan

Thank you, Thank you, Thank you

- Mariam Farrington for donating greeting cards and maga-
- Evelyn "Cookie" Williams for donating an assistive device.
- Sally Weber for donating a sewing machine.
- C.L. Harlan for donating Word Find Books and Christmas Cards.
- Marsha Hammons for donating a fern and small plant.
- Ana Smith for donating magazines.

# We will always Remember

**Basil Hammons Dorothy Bamman** 

Irvin Ward Shirley Peaslee

**Thomas Cross** Carolyn Whitehead

Warren Pflum



The angels are always near to those who are grieving, to whisper to them that their loved ones are safe in the hand of God.