

3 Ways to Keep Your Client's Head Up

Length: 3 hours

Description:

You've positioned the client. You've tried every head support available. And yet your client spends most of their time looking at their lap. This course will discuss various strategies to optimize head position. First, we will explore strategies beyond the head support, including specific positioning interventions and addressing visual issues. Second, we will explore posterior head supports in depth, matching specific features to client needs. Third, we will explore other options which may be required if posterior support alone is inadequate, including anterior head support. Case studies will be used throughout.

Objectives:

1. The participant will be able to list 3 causes of decreased head control.
2. The participant will be able to list 3 strategies to provide posterior head support.
3. The participant will be able to list 3 strategies to support the head for clients without any head control.
4. The participant will be able to describe how visual midline shifts may impact head position.

Instructional Level: Intermediate

Credits: 3.0CCU / 0.3 CEU

TPTA approval pending

TOTA approval pending

Presenter:

Michelle Lange, OTR/L, ABDA, ATP/SMS

Michelle is an occupational therapist with 30 years of experience and has been in private practice, Access to Independence, for over 10 years. She is a well-respected lecturer, both nationally and internationally and has authored numerous texts, chapters, and articles. She is the co-editor of *Seating and Wheeled Mobility: a clinical resource guide*, editor of *Fundamentals in Assistive Technology*, 4th ed., NRRTS Continuing Education Curriculum Coordinator and Clinical Editor of *Directions* magazine. Michelle is on the teaching faculty of RESNA. Michelle is a member of the Clinician Task Force. Michelle is a certified ATP, certified SMS and is a Senior Disability Analyst of the ABDA.