



## ***Fall 2017 Intermediate Couples Ballroom Dance Lessons***

If at least *10 couples* register (email Regina Noland, [regina001@aol.com](mailto:regina001@aol.com) or call 758-4567) by **Friday September 1st**, TBDC will sponsor twelve intermediate lessons from **September 5** through **November 21** at *Taylorville United Methodist Church* (640 Bear Creek Road, off 69 S). The six dances to be taught include:

***Waltz, Foxtrot, Triple-Step Swing, Rumba, Cha Cha and Mambo/Samba.***

These 12 weekly lessons are designed for those who have completed TBDC's Introductory Ballroom Dance Classes (or the equivalent) and are comfortable with the basic steps. These lessons, beginning on September 5, 2017, will be held on **Tuesday nights** from 7:30-8:30pm. This intermediate course will be taught by professional dance instructor, ***Victoria DaCosta-McKay (Let's Dance Studio, Northport)***.

Victoria will focus on adding additional patterns to dancers' repertoires while offering tips on technique. She will teach two dances during each four-week period. Dancers **must** have partners for this intermediate course. To facilitate executing the new dance patterns with style, Victoria asks that dancers wear ballroom dance shoes or leather-sole shoes. **NO rubber-sole shoes and NO open-back shoes, please!**

*Cost of this entire course is \$60/dancer (\$120/couple) and for non-members this fee includes complimentary membership in the*

*Tuscaloosa Ballroom Dance Club through May 31, 2018.*

Questions? Contact Regina Noland at: [regina001@aol.com](mailto:regina001@aol.com) or 758-4567

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