

Coaches/Teams: Please use the following guidelines for Nifty November. We look forward to seeing you soon.

1. All individuals will enter the gym from the entrance in the main parking lot.
2. No one will be allowed to enter the gym until awards from the previous session are complete.
3. Everyone must wear a mask:
 - a. Athletes may remove their mask once in the gym, seated with their team, and at their coach's discretion.
 - b. All spectators may only remove their mask when eating or drinking.
 - c. Neck gaiters, bandannas, mesh, or masks with valves are not acceptable masks.
4. All children under the age of 10 must be accompanied by an adult who is not working that session.
5. If you arrive early, please wait in your vehicle until it is time to check in for your session. Check in will begin after awards for the previous session are complete.
6. At the end of each session, everyone must exit the building, so we may clean and prepare for the next session to come in.
7. Anyone who does not bring/or does not have a mask will be charged \$1 for a mask.
8. There is a limited amount of seating on the floor level for the meet. It will be on a first come, first serve basis.

For Coaches & Gymnasts

- Gymnasts can bring clearly marked personal chalk bags and water bottles. We will provide personal chalk to anyone who requests it.
- Coaches need to limit time spent in the coaches area, so social distancing can be maintained. Individually prepared meals will be provided by local businesses.
- Awards will be held at the Gymnastics Center. 1st-3rd place will receive their awards on the podium. All other places will be acknowledged by standing for recognition and their award. Those handing out awards will be masked and have gloves.

Refund Policy:

- We will refund the meet fees if gymnasts scratch 2 weeks prior to the competition, or if our meet is canceled by Governor's order due to Covid-19.