

# AKA DANCE STUDIO IN DOWNTOWN AURORA BEGINS FALL CLASSES SEPT 10TH

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AKA Dance Studio, located at 14 W Downer Place in Aurora (630/701-9570) teaches ballet, contemporary, jazz, tap and hip hop to students age eighteen months through adult. The fall semester for 16 weeks of classes begins on September 10th and runs through January 30th.

The following are important dates to note. There are no classes on October 31, November 19-24 and December 15 through January 12. A full company rehearsal will be held on December 20th at West Aurora High School for the Christmas recital which takes place on December 21st. The date of the Company Showcase is January 27th. All dates are subject to change.



Age requirements are computed as of 9/11/18; dancers must be the correct age for any class by this date to enroll and will remain in the same level through Semesters 1 and 2.

For students 18 months through Age 2 who are accompanied in the class by a parent or guardian, the Parent & Me Class gives toddlers the opportunity to learn and develop basic motor skills.

Classes for Ages 3 – 6, include Tutu Cuties (ages 3-4) which introduces ballet technique; Intro to Ballet/Jazz (ages 5-6) which is a fusion of ballet and jazz dance that teaches techniques, terminology and fun jazz stylization and rhythm skills; Tappin' Tots (ages 3-4) teaches introductory tap moves; in Intro to Tap (ages 5-6) dancers will

learn basic steps, technique and rhythm; Intro to Hip Hop (ages 4-6) provides movement in a fun, energetic atmosphere; Intro to Tumbling (ages 4-6) concentrates on basic tumbling and the beginning of acro skills.

There are many classes for dancers age 7-12, some of which have pre-requisites and/o require permission of an instructor to enroll. They include Beginning Ballet/Jazz (which teaches introductory and basic skills and techniques to build a strong foundation before being placed in a level 1 through 4 class); Ballet Levels 1- (completion of beginning ballet/jazz required); Company Ballet/Conditioning 1-2 (open to 2018-2019 company members only, currently enrolled in jazz and ballet levels 1-2);Pointe Level 2 (current enrollment in ballet 2 or higher required); Jazz Levels 1 & 2 (completion of beginning ballet/jazz required);Pre-Lyrical/Contemporary Levels 1-2 (current enrollment in Ballet 1 or higher required); Hip Hop Levels 1-2 (include high energy warm-ups and strengthening exercises geared to condition dancers for popping, locking, breaking and street style) ; Acro Levels 1-2; Beginning Tap and Tap Levels 1-2 (completion of beginning tap required).



For dancers age thirteen and older, classes include Ballet Levels 3-4 (must have extensive ballet training and instructor permission); Company Ballet & Conditioning 3-4 (must be 2019-19 company member and currently enrolled in ballet and jazz); Pointe Levels 3-4 (currently enrolled in ballet 3 or higher); Jazz Levels 3-4 (must have adequate jazz and ballet training);Contemporary Levels 3-4 (requires current enrollment in ballet); Tap Levels 3-4 (must have extensive tap training); and Hip Hop 3-4 (must have extensive hip hop experience); Acro 3-4 in which students will build core and overall muscle strength, flexibility and agility required to perform acro type movements with a dance emphasis and Choreography 3-4, which will focus on the elements of choreography and use of improvisation to explore movement and expression.

Classes designed for older teens and adults include Jazz & Lyrical (for beginner, intermediate or advanced dancers wanting to work on basic skills and technique featuring progressions, leaps, turns and combinations) and Pilates (emphasizing body conditioning and toning in this effective approach to physical fitness).

Three classes designed especially for adults are Tap Fitness (all levels of dancers welcome); Hip Hop (a high energy workout with warm-ups and upbeat combinations to fun music); and Yoga (allows students to practice relaxation, increase flexibility while learning proper poses and techniques).

Classes are held most days of the week, including weekends, in both daytime and evening hours; inquire as to the required dress code for each.