

Midwest Season Opener Invitational

Order of Events

9 AM – Field Events

Long Jump (Open-Masters, 17-18, 15-16, 14-13, 11-12, 10-9, 8&Under)

Triple Jump following Long Jump

High Jump (Youngest to Oldest)

Shot Put (Oldest to Youngest)

NOTE: All jumps & throws—Four (4) attempts only. Athletes must provide their own implementation/equipment (indoor shot put)

10:30 AM – Running Events (Rolling Schedule)

4x800m Relay* (11yrs & up)

1500m* / 3000m* RW (9 yrs. & up)

3000m* (11 yrs. & up)

60m*

60m Hurdles* (11 yrs & up)

4x200m Relay*

800m*

Coaches' 4x200m Relay*

400m*

1600m*

200m*

4x400m Relay*

* Denotes – Finals

NOTE: Some races may be combined due to number of participants.

In track and field, a competitor in the 8 & Under through 12 yr. old divisions may enter a maximum of three (3) events. Competitors in the 13 yr. old through 18 yr. old divisions may enter a maximum of four (4) events.

These limitations include relays which will be considered an entry for the purpose of this rule.

FOR MORE INFORMATION:

Coach Lesroy Tittle

630-618-7667

lesroytittle@gmail.com

Age Division: (contested based on birth year as of 12/31/18)

8 & Under (2010 & under)

9 - 10 (2008 - 2009)

11 - 12 (2006 - 2007)

13 - 14 (2004 - 2005)

15 & 16 (2002 & 2003)

17 & 18 (2000 & 2001)

Open/Masters (1999-1900)

F 11-12 Amina Riendeau

200m dash NM

400m dash NM

F 11-12 Journee Moore

60m dash NM

200m dash NM

F 11-12 Sara Brundidge

60m dash NM

200m dash NM

Boys

M 8 & Under Ethan Brundidge

60m dash NM

200m dash NM

M 15-16 Jesse Guereca

200m dash 24.00

400m dash 57.00

M 15-16 John Green

60m dash NM

200m dash 23.50

400m dash 55.00
