

LEARN TO PROPERLY RATE YOUR PAIN.

Pain Score

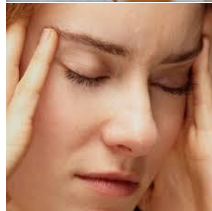
1/10



2/10



3/10
This level and above, when constant, it needs a Pain Management Evaluation.



4/10



5/10
Above this level it will affect your ability to function.



6/10
This level and above may reflect a loss of control over pain.



Pain Score

7/10

Above this level, patients no longer want to eat, due to complete loss of appetite. Generalized loss of muscle mass becomes evident.



8/10

This level and above needs to consider evaluation at an Emergency Department. This level of acute pain is not appropriate for a chronic pain clinic.



9/10

This level of acute pain is more appropriately seen in an emergency room.



10/10

This level should consider being hospitalized. May be rapidly accompanied by loss of consciousness.



This is the worse pain you can even imagine.

Anything reported above a 10/10 will be documented in your record as "Symptom Exaggeration" and will take credibility away from your ability to accurately report your pain.



Do not confuse "suffering" with pain. Suffering is an emotion. Pain is a physical symptom. Suffering is an emotional reaction to pain.



COMPREHENSIVE PAIN SPECIALISTS