



## **Information and Referral Sources:**

### **Alzheimer's Association (Delaware Valley Chapter)**

399 Market St., Suite 102

Philadelphia, PA 19106

(215) 561-2919 | (800) 559-0404

<http://www.alz.org/delval/>

**Services Provided:** Information and support to persons with Alzheimer's disease and their families and caregivers, through support groups, training, and information.

**Fees:** None, except for a \$40 fee for the "Safe Return" program, which enables people in the community to assist someone with Alzheimer's who has wandered, by helping the person return home.

### **American Cancer Society**

(800) 227-2345

<http://www.cancer.org/treatment/supportprogramsservices/app/resource-search>

**Services Provided:** Advocacy, support groups, education, transportation, volunteers to help cancer patients and their families.

**Fees:** None.

### **American Red Cross**

Southeastern Pennsylvania Chapter

2221 Chestnut St.

Philadelphia, PA 19103

(215) 299-4000

<http://www.redcross.org/pa/philadelphia/>

**Services Provided:** Disaster services; AIDS education; health and safety education; volunteer opportunities; service to military families; bloodmobiles; emergency response system (see Lifeline.)

**Fees:** Fees for some programs.

## Associated Services for the Blind

919 Walnut St.  
Philadelphia, PA 19107  
(215) 627-0600

<http://www.asb.org/>

**Services Provided:** Adapted technology center; Latino outreach; hands-on gardening; diabetes support group; vocational, educational assessment and planning; mobility instruction; information and referral; educational programs; radio information center for the blind; recorded periodicals; large print services.

**Eligibility:** Must be visually impaired; income guidelines for some programs.

**Fees:** Sliding scale fees.

## CARIE – Center for Advocacy for the Rights and Interests of the Elderly (CARIE)

1500 JFK Blvd., Suite 1500  
Philadelphia, PA 19102  
(215) 545-5728 / (800) 356-3606

<http://www.carie.org/>

**Services Provided:** Information, education, and advocacy intervention through CARIE LINE telephone service; Special assistance to elder abuse/crime victims; health and in-home care consumers in the community; and managed care/HMO consumers; Report health care fraud to authorities; Long Term Care Ombudsman Program handling complaints about nursing homes and personal care homes in North, South, West and Center City Philadelphia.

**Fees:** None

## Central Montgomery County Mental Retardation Case Management Program

1100 Powell St.  
Norristown, PA 19401  
(610) 277-4600

<https://www.centrahmhr.org/orchard/history>

**Services Provided:** Case management, adult day services, community employment, family support services, counseling for people with mental retardation.

**Eligibility:** Montgomery County residents who meet eligibility for MR services.

**Fees:** No fee for case management; fees for some programs.

## Community Action Development Commission, Montgomery County (CADCOM)

113 East Main St.

Norristown, PA 19401

(610) 277-6363

<http://www.cadcom.org/>

Services Provided: Case management, energy assistance, weatherization, information and referral; Mortgage Assistance Program.

Eligibility: Income guidelines; Montgomery County resident.

Fees: None.

## Guide to Retirement Living: Source Book

[http://issuu.com/guidetoretirementliving/docs/guidetoretirementlivingsourcebook\\_p/1?e=3420149/5508508](http://issuu.com/guidetoretirementliving/docs/guidetoretirementlivingsourcebook_p/1?e=3420149/5508508)

## Hearing Discovery Center

1515 South Lansdowne Ave.

Darby, PA 19023

(610) 237-6222

<http://www.scs-delco.org/about>

Services Provided: Assistive listening devices to be tried by individuals in their own homes; Counseling available for hearing impaired persons by volunteers who have also experienced hearing loss; No hearing aids.

Fees: None.

## Jewish Family and Children's Service of Greater Philadelphia

2100 Arch St., Suite 5

Philadelphia, PA 19103

(267) 256-2100

<http://www.jfcsphilly.org/>

Services Provided: Case management; Counseling; In-home care; Cleaning service; Information and referral.

Eligibility: Age 65 or older and living in the greater Philadelphia area.

Fees: Yes; Sliding scale fees.

## Montgomery County Community Connections

1430 DeKalb St., 1<sup>st</sup> Floor

Norristown, PA 19401

(610) 278-3522

<http://www.montcopa.org/communityconnections>

Services Provided: Advocacy; Information and referrals.  
Eligibility: Available to all Montgomery County residents.  
Fees: Free.

### Philadelphia Corporation for Aging

642 N. Broad St.  
Philadelphia, PA 10130  
(215) 765-9000

<http://www.pcacares.org/>

Services Provided: This County Office of Aging offers information and referral, case management, protective services, in-home services, Family Caregiver Program, Long-Term Care Assessment.

Eligibility: Age 60 or older.

Fees: None.

### Physician Referral of Main Line Health

(866) 225-5654

<http://www.mainlinehealth.org/referrals>

Services Provided: Match patient's need with doctors in the Main Line Health System; Primary Care and Specialists participate in the program; Will refer doctors who make home visits to elderly, homebound persons.

Fees: None.

### Visiting Nurse Association Community Services Personal Navigator Program

1109 DeKalb St.  
Norristown, PA 19401  
(610) 272-3373

<http://www.vnacs.org/index.php?page=personal-navigator-program>

Services: Connects eligible individuals and families to health benefits, prescription assistance, and many other resources available to them in Montgomery County.

Fees: Free.