

2016 SUMMER TRAINING

Cadet	Training
CPO Holman	UCOIN (Urban Counter Insurgency Training) at Camp Atterbury Joint Maneuver Training Center, Indiana



What did you do at training?

We learned to work as a team to accomplish tasks that we thought were impossible. We learned special operations / forces tactics and more. The training involved very intense PT, little food, and very little sleep. We also conducted missions (most parts are classified), which involved high stress situations. It was stress on top of stress. After the training is over, everyone who went appreciated everything so much more. For example, bed sheets. We got only a pillow and mattress, and it was cold. You will find your heart at this training.

What was particularly awesome, surprising, or memorable?

We shot a .50 caliber machine gun, had a class on man tracking, learned hand-to-hand combat (and with knives too), went through an IED class and field (hid explosives all around a path), learned about police dogs and how they work, went on many missions (especially at night), learned to sleep anywhere, went through an old insane asylum (haunted), and met great people.

Anything else about the training you would like to share?

This training is very intense. Go only if you wish to be pushed to your limits and then a little further. This is the hardest training Sea Cadets has to offer. Its purpose is to prepare you for special warfare communities. Graduates have become SEALs, SWCC, Rangers, etc. Some even say this training was harder than the ones they had to go to to become part of the specialized communities.

Would you recommend the training to your fellow cadets?

Yes, but only if you intend to become part of the special warfare communities. This training is NOT for the faint of heart!

More information about UCOIN training from <http://www.usnsscatterbury.us/Advanced-Training.html>

This is an advanced training teaching small squad tactics in a hostile urban environment. Based off the Special Warfare Command tactics, this is the ideal training for those who are interested in SEAL, EOD, SWCC, or other special operation communities. Cadets will experience rapid training followed by a real-world scenario based evolution. Beyond the normal field operations, this will be unlike anything offered elsewhere. Cadets are expected to be in excellent mental, physical, and emotional status. Selection is very competitive.

