

General Meet Information

1. For Additional Information: Please Contact Todd James at (Home) 607-279-5931 or (School) 849-3223.
2. Cost Per School is \$150. Payable before May 15th.
3. The meet is limited to 12 Schools. **Register as soon as possible as acceptance is on a first come first serve basis.**

Information for Athletes

1. The clerking area will be outside the fence near the start of the 100 Meter Dash. Athletes will enter the track after they've been clerked through the gate near the starting line. Athletes will leave the track through the gate at the finish line as soon as their race is over.
2. Athletes should remain on the outside of the track when they are not competing.
3. Do not jump the fence. Enter and exit from the track through the gates.
4. Check in with the clerk right after the first call. He will tell you if you can return to your field event until your race is ready to be run. Make sure you check out of your field event with the official before going to your running event. The 10-minute rule will be in effect.
5. The track can be used for warm-ups between 3:00 and 4:00 at which time the track will be cleared and first call will begin.
6. Absolutely no spikes will be allowed on the track or in the field events. Failure to comply will cause your entire team to be disqualified. No turf shoes allowed.
7. The scratch rule will be in affect. After the entries close, if an athlete scratches they are out of the meet for the remainder of the day.

Entry Procedures

1. Using the standard modified competition rule, each athlete may enter a maximum of 3 events; no more than two tracks events or two field events; if an athlete is participating in two running events the total distance may not exceed 2300 Meters.
2. Each team may enter two athletes per individual events and one relay team per relay. Except for unlimited entries in the 800 and 1500 Meter Runs.
3. This meet will be pre-seeded. Seeding s will be done on-line this year using MileSplit.

Other Important Information

1. Coaches meeting will be at 3:45 at the finish line area.
2. Starting blocks will be provided. Shot Put, discus and relay batons will not be provided.
3. Certificates will be awarded to the top six finishers in each event, for each age group. These Certificates will be placed online as a PDF File.
4. Full results will be e-mailed and available online.
5. The Marathon Varsity Track Team will handle the 55 Hurdle crew, finish line, and other items.
6. The 55 M Hurdles and 100 Meter Dash will be seeded with the fastest seed in lane 4 followed by lanes 5, 3, 6, 2, 7, 1, 8.
7. The 200 M Hurdles, 200 Meter and 400 Meter Dash will be seeded with the fastest seed in lane 3 followed by lanes 4, 2, 5, 1, 6.



Marathon Olympians 2018 Track & Field Jr. High Invitational

May 22, 2018
(Rain Date May 24th)

Marathon Junior High Invitational Registration Form

Limited to First 12 Teams
First Come First Serve Basis.

COACH'S NAME: _____

SCHOOL NAME: _____

SCHOOL ADDRESS: _____

HOME PHONE # _____

SCHOOL PHONE # _____

FAX NUMBER # _____

E-MAIL ADDRESS _____

PLEASE CHECK ONE:

_____ Yes, I plan to attend the 21st Annual Marathon Junior High Track and Field Invitational

_____ No, I do not plan on attending the 21st Annual Marathon Junior High Track and Field Invitational, but keep me on the mailing list.

RETURN REGISTRATION FORM TO:

Todd A. James, Track & Field Coach
PO Box 339, 1 East Main Street
Marathon Central School
Marathon, New York 13803

Registrations must be postmarked by
May 1, 2018

ORDER OF EVENTS

3:45 PM Coaches Meeting

4:00 PM Field Events

Boys (7-8th) Pole Vault Then Girls (7-8th) Pole Vault
(7th Graders will throw before 8th Graders)

Boys Shot..... Followed by Girls Shot
Girls Discus..... Followed by Boys Discus

If two pits are available HJ will run simultaneously.
Girls (7-8th) High Jump Then Boys (7-8th) High Jump

Open Pits for Boys and Girls Long & Triple Jumps

7th Grade Girls/Boys Long Jump (North Pit) ... 4:00-5:30
8th Grade Girls/Boys Long Jump (South Pit) ... 4:00-5:30
7th Grade Girls/Boys Triple Jump (North Pit) .. 5:30-7:00
8th Grade Girls/Boys Triple Jump (South Pit) .. 5:30-7:00

4:15 PM Start for Track Events

1. 55 M Hurdles (Timed Final)..... 7th Grade Boys
2. 55 M Hurdles (Timed Final) 8th Grade Boys
3. 55 M Hurdles (Timed Final) 7th Grade Girls
4. 55 M Hurdles (Timed Final) 8th Grade Girls

5. 100 M (Timed Final) 7th Grade Boys
6. 100 M (Timed Final) 8th Grade Boys
7. 100 M (Timed Final) 7th Grade Girls
8. 100 M (Timed Final) 8th Grade Girls

In the 1500 Meters 7th & 8th Grade Boys will run at the same time .

9. 1500 M (Timed Final)..... 7th Grade Boys
10. 1500 M (Timed Final)..... 8th Grade Boys

In the 1500 Meters 7th & 8th Grade Girls will run at the same time .

11. 1500 M (Timed Final) 7th Grade Girls
12. 1500 M (Timed Final) 8th Grade Girls

13. 400 M (Timed Finals)..... 7th Grade Boys
14. 400 M (Timed Finals)..... 8th Grade Boys
15. 400 M (Timed Finals)..... 7th Grade Girls
16. 400 M (Timed Finals)..... 8th Grade Girls

17. 200 Hurdles (Timed Finals) 7th Grade Boys
18. 200 Hurdles (Timed Finals) 8th Grade Boys
19. 200 M Hurdles (Timed Finals) 7th Grade Girls
20. 200 M Hurdles (Timed Finals) 8th Grade Girls

In the 800 Meters, 7th & 8th Grade Boys will run at the same time.

21. 800 M (Timed Final)..... 7th Grade Boys
22. 800 M (Timed Final)..... 8th Grade Boys

In the 800 Meters, 7th & 8th Grade Girls will run at the same time.

23. 800 M (Timed Final)..... 8th Grade Boys
24. 800 M (Timed Final)..... 8th Grade Girls

25. 200 M (Timed Final)..... 7th Grade Boys
26. 200 M (Timed Final)..... 8th Grade Boys
27. 200 M (Timed Final)..... 7th Grade Girls
28. 200 M (Timed Final)..... 8th Grade Girls

29. 800 M (Relay Final)..... Combined Boys
30. 800 M (Relay Final)..... Combined Girls

31. 400 M (Relay Final)..... Combined Boys
32. 400 M (Relay Final)..... Combined Girls

Please Go Over This Schedule With Your Athletes