

No-Huddle Spread Gun Wing-T: A Diversified Ground Attack

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What are the advantages of running the Wing-T from the Spread Gun?

- Forces the defense to declare their alignment.
- Threatens the width of the field on all plays.
- Allows “Tight-End type” kids to play Guard or Defense.
- Easier to open up passing attack, which opens up Screen/Draw attack.
- It “looks” more exciting- gets more kids out for football.

How do you move a standard Wing-T into a Spread Gun look?

- Both halfbacks take a split of two yards outside the OT, and just enough off LOS to be in the backfield.
 - One of the HB’s will go in quick 3-step motion on Sweep series, to form T at the snap.
 - Left Halfback motion is LIZ, and Right Halfback motion is RIP.
- The QB’s toes are at 3 _ yards behind the ball.
- The TB’s toes are even with the QB’s heels, and he could be splitting the inside leg of either Guard.
- An extra WR is put in for the Tight End. Both WR’s are split 12 yards from the OT.
- Since we’re in the Gun, the O-Line should maximize their splits, while still being able to Down block.

What are the Formations?

- There are two basic formations, in which all plays are used: Tailback on the left (L), and Tailback on the right (R).
- By moving the Tailback out of the backfield with a “letter” call, we create Empty formations.
- Gold & Green move one halfback to the other side, to create Trips formations.

What are the Run Plays?

- There are two basic series, which can be run both ways, and attack the entire field:
 - Sweep, Trap & Reverse (Waggle covered next hour)
 - Belly, Wide, & Belly Counter (Big pass covered next hour)

How are those Run Plays different in the Gun?

- Sweep Series
 - On Trap, the Quarterback steps up to give ball to Tailback, then spin fakes to motion Halfback.
 - On Sweep, the Tailback ONLY fakes Trap, the QB spins to give Sweep, and then fakes Waggle.
 - On Reverse, the QB spins and head fakes the Sweep, then at the last second, gives Reverse.
- Belly Series
 - On Belly, the QB rides the handoff to Tailback, and then fakes the Wide. He then fakes a pass.
 - On Wide, the QB rides the handoff fake to Tailback, and then gives the Wide at the last second.
 - On BC, the QB fakes to Tailback AND halfback, then gives Counter.

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