"Leadership, Resilience & Growth ~ Navigating with A Moral Compass During Uncharted Times"

Virtual Event on Zoom 9:00am to 2:00pm

4.5 Nursing Contact Hours FBN-50-777 (Florida and Georgia) 4 CCM Ethics Contact Hours CCMC Have been applied for from CCMC

The CCMC Code of Professional Conduct will be referenced in this presentation.

Participation is \$10.00 for ALL

Must be Registered prior to Conference to receive CE credit

Goals for the leadership forum: To increase the attendee's awareness of opportunities to develop their leadership skills for personal and professional growth and to enhance their knowledge and competence regarding ethical issues facing case managers and nurses.

Following the leadership forum, the nurse/case manager will be able to:

- 1. Identify available resources for the rehabilitation patient.
- 2. Define resiliency and well-being and how these concepts impact professional nursing practice.
- 3. Describe evidence-based resilient building strategies that enhance the work culture.
- 4. Create a personalized evidence-based growth and resiliency plan.
- 5. Describe coaching strategies to use with employees and patients for optimum outcomes.
- 6. Explore a collaborative environment while teleworking.
- 7. Narrate personal experience on how adaptation leads to success.
- 8. Identify how Professional Code of Conduct still applies when working at home.
- 9. Describe the role of the medical team at the travel assistance company.
- 10. Know the difference between a medical evacuation mission and a repatriation mission.
- 11. Understand the ethical issues regarding international case management.

Program Schedule

9:00-9:15 am Welcome/overview of Virtual Format including 1 brief vendor presentation (3-5 min)

9:15-10:15 am Super-sized STRENGTH Needed: Will We Thrive? Joy Parchment, PhD, RN, NEA-BC, Orlando Health

Overview: Professional values, character, morals and self-awareness about professional ethical behavior will be discussed as they relate to developing resilient strategies for self and interprofessional collaboration to enhance those of the healthcare team.

Objectives:

- 1. Define resiliency and well-being and how these concepts impact professional nursing practice.
- 2. Describe evidence-based resilient building strategies that enhance the work culture.
- 3. Create a personalized evidence-based growth and resiliency plan.

PRINCIPLE 1: Board-Certified Case Managers will place the public interest above their own at all times. PRINCIPLE 4: Board-Certified Case Managers will act with integrity and fidelity with clients and others

10:15-10:30 am Break with Vendors 3 brief vendor presentations (3-5 min)

10:30-11:30 am A Holistic Nurse Coaches Perspective on Leadership, Professional Practice and Personal Growth During Social Disorder

Speaker: Shirley Conrad MS, RN, CCRN, AHN-BC, HWNC-BC, Orlando Health

Overview: Nurse coaching is a transformational experience that changes viewpoints. This presentation will address coaching strategies that nurse leaders might use to assist their teams to see the opportunities for change and growth during these trying times; as well as individuals employing coaching strategies to do the same. This will also transition to case managers and nurses, who are in a position of coaching our patients for wellness and engagement in their plan of care

Objectives:

- 1. Discuss the structures of consciousness as described by Jene Gebser.
- 2. Identify which square of the coaching grid holds the greatest vitality and why.
- 3. Describe the most successful next step when feeling stuck ie: a detailed plan or something fun and easy.
- 4. Ethical practice for any professional is a necessity. Describe the comparisons can you make with the Professional Nurse Coach Competencies/Ethical Practice and your professional organization.

PRINCIPLE 2: Board-Certified Case Managers will respect the rights and inherent dignity of all of their clients.

PRINCIPLE 5: Board-Certified Case Managers will maintain their competency at a level that ensures their clients will receive the highest quality of service.

11:30-12:30 pm Assess, Adapt and Reinvent Yourself for the Present Times and the Future Speaker: Josef Mendez Lopez, BA, BSN, RN, CRRN, James A Haley VA Hospital

Overview: This presentation will provide professional communication strategies for nursing professionals. It will discuss transitioning to new ways of providing care, virtual meetings- with a multitude of platforms and providing education to staff using virtual platforms. This will assist nurses on understanding how to re-invent themselves; and get themselves out there to compete for jobs; participate professionally in web meetings; elevating their technical skill set and utilize the new platforms.

Objectives:

- 1. Explore a collaborative environment while teleworking
- 2. Narrate personal experience on how adaptation leads to success
- 3. Identify how Professional Code of Conduct still applies when working at home

PRINCIPLE 5: Board-Certified Case Managers will maintain their competency at a level that ensures their clients will receive the highest quality of service.

PRINCIPLE 2: Board-Certified Case Managers will respect the rights and inherent dignity of all of their clients PRINCIPLE 7: Board-Certified Case Managers will obey all laws and regulations.

12:30-1:00 pm Lunch with Vendors 6 brief presentation (3-5 min)

1:00-2:00 pm A Behind the Scenes Look at the Medical Travel Industry During the COVID Pandemic Speakers: Eric Bergman, RN, BA, CCM & Sue Brown, MSN, RN-BC, CRRN, CCM, RNA, CMAC

Overview: Discussion will include utilizing the CDC guidelines to collaborate with payors, cruise lines, assistance companies and foreign embassies to advocate for patients and educate others. Adherence to HIPPA when dealing with the aforementioned during a media frenzy will be addressed as well as working with payors to secure local lodging that could meet the quarantine requirements in order to discharge COVID + patients.

Objectives:

- 1. Describe the role of the medical team at the travel assistance company
- 2. Know the difference between a medical evacuation mission and a repatriation mission
- 3. Understand the ethical issues regarding international case management

PRINCIPLE 1: Board-Certified Case Managers will place the public interest above their own at all times.

PRINCIPLE 2: Board-Certified Case Managers will respect the rights and inherent dignity of all of their clients.

PRINCIPLE 4: Board-Certified Case Managers will act with integrity and fidelity with clients and others. PRINCIPLE 5:

Board-Certified Case Managers will maintain their competency at a level that ensures their clients will receive the highest quality of service.

2:00-2:05 pm Program Evaluations and CE Certificates via app

Register online only via PayPal at www.FSARN.org

Space is limited and registrations accepted on a first come first serve basis.

Limited virtual vendor opportunities available Contact Anabel Velazquez fsarn.anabel@gmail.com For attendee information contact Sue Brown 954-829-6185 or Suebrowncrrn@gmail.com Thank you to our Key sponsors