

JUNE / JULY / AUGUST

2016 FLIPSTAR GYMNASTICS Summer Classes & Camps

Enroll In Any
Class By
June 22nd
for a FREE
T-SHIRT!

Classes: July 11 - Aug 18 (6 weeks)

New members require a \$10 summer-only Membership Fee.

6-Week Class Term ~ 55min classes \$85 ~ 40min class \$70
Choose one section that works with your family schedule,
and always bring your child to that section of class!

Mommy & Me, Ages 18mos to 3-1/2

Wednesdays 4:15pm-4:55pm
Wednesdays 6pm-6:55pm

Tumble Tots, Ages 3-1/2 to 5

Mondays 5pm-5:55pm
Wednesdays 3pm-3:55pm

Tumble Weeds, Ages 5 & 6

Mondays 5pm-5:55pm
Mondays 6pm-6:55pm
Wednesdays 5pm-5:55pm

Tumble Weeds, Ages 7 & 8

Mondays 4pm-4:55pm
Wednesdays 4pm-4:55pm
Wednesdays 6:45pm-7:40pm

Tumble Weeds, Ages 9 & Up

Mondays 3pm-3:55pm
Wednesdays 6:30pm-7:25pm

NEW! Boys' NINJA Class

Wednesdays 7:30pm - 8:25pm



Level Classes: July 5 - Aug 25 (8 weeks)

These classes are by invitation only.

Level 1 / XCEL Bronze, Ages 6 to 8

Wednesdays 5pm-6:25pm \$165.00

Level 1 / XCEL Bronze, Ages 9 & Up

Mondays 6pm-7:25pm \$165.00
Wednesdays 7:25pm-8:55pm \$165.00

Junior Team Trainers

Wednesdays 10am - 12noon \$220.00



Day Camps for Ages 5 & Up

Camps are a great way to target growth in a specific area of the sport. Kids will be grouped by age and ability. All camps include the skills listed plus a daily snack, crafts and games.

GYMNASTICS DAYCAMP: June 20/22/24

Mon/Wed/Fri @ 9:00am - 12Noon
Ages 5 & Up - total 9 hours - Price: \$75

Gymnasts will be instructed on vault, bars, beam and floor skills. Drills will include strength, balance, flexibility and conditioning. Crafts, games, friendship and fun also included! Bring your friends for this fun week of gymnastics!

TUMBLING DAYCAMP: June 27/29/30

Mon/Wed/Thurs @ 9:00am - 11:00am
Ages 5 & Up - total 6 hours - Price: \$55

Tumblers will be grouped by age and ability, and instructed on skills and drills for safe tumbling. Perfect camp for cheerleaders who want to grow their tumbling skills. Crafts, games, friendship and fun also included!

GYMNASTICS DAYCAMP: August 22/24/26

Mon/Wed/Fri @ 9:00am - 12noon
Ages 5 & Up - total 9 hours - Price: \$75

Gymnasts will be instructed on vault, bars, beam and floor skills. Drills will include strength, balance, flexibility and conditioning. Crafts, games, friendship and fun also included! Bring your friends for this fun week of gymnastics!

KIDS WALK IN THE JULY 4TH PARADE!



To participate you must:

1. Enroll in a class or camp to get your free t-shirt
2. Reserve your parade spot by June 27
3. Wear your free t-shirt (or Flipstar leotard) in the parade!

JOIN US!

- ~ Ages 5 to 18 Welcome!
- ~ No Experience Necessary!
- ~ No Membership Fee for Camps!
- ~ Bring Your Friends & Relatives!
- ~ Productive Summertime Fun!

Flipstar
gymnastics

5909 W US Highway 10, Ludington, MI 49431

www.FlipstarGym.com ~ (231) 845-1385