THE TRUSTEE

November 2022 Vol XVI, No. 153 The Thanksgiving Season is Upon Us

As we prepare for Thanksgiving and the start of the holiday season it is good time to remember and appreciate all that we have. For us, the Kingston Trust Fund, which provides members with health insurance benefits is an incredible blessing. For over a quarter of a century the Trust has has been improving the lives of every member. We owe a debt of gratitude to Hugh (Stu) Spoljaric for his visionary idea of creating a health trust which would provide premier health benefits for its members and their families, while saving the Kingston City School district millions of dollars over the years, by decreasing their costs. Under Stu's stewardship the Kingston Trust Fund began, grew, and is flourishing. Stu along with the Kingston Trust Fund Board of Trustees (thank you to all who have and are serving on the board) continue the mission of providing superior benefits to our members, while controlling costs and ensuring the financial solvency of the Trust for present and future members. Now in our twenty -sixth year, the Trust continues the tradition of providing quality medical, dental and prescription coverage for all of our members, while being responsive to the needs of our members and working to find partnering companies who share our vision.

WITHME HEALTH

As of January 1, 2023, the Trust will partner with a new pharmacy benefits manager (PBM) **WithMe Health.** With the continual rise in drug cost, the goal of this partnership is to stem the increasing prices, through greater transparency, as well as a new pricing model that more accurately and fairly sets the cost of drugs. This change will not affect members' pharmacy copays. Those will continue to remain the same as provided in the Plan documents. Additionally, all Trust members will continue to have access to the national pharmacy chains and supermarkets as well as most other pharmacies they have utilized in the past.

NEW ID CARDS

With the change to **WithMe Health**, all Trust members will receive new ID cards. The new cards will include the new information your pharmacy needs to process prescriptions. In order to have a smooth transition, and avoid any delays in services or prescriptions, it is imperative that all members bring their new ID cards to their providers' offices and their pharmacies beginning January 1, 2023. (The old cards will no longer work and will be rejected at the pharmacy. We want this process to be as easy and stress free as possible, so please help us by presenting your new cards.)

NEW MAIL ORDER PHARMACY

Effective January 1, 2023, our new mail order pharmacy will be **Manifest Rx.** They will be administering our mail-order prescriptions. Upon your first order with **Manifest Rx**, you will be able to confirm/update your address as well as add a method of payment via secure text messaging. You will be able to choose whether you want to store your credit

card information in the Manifest Rx system. If you used ProAct mail-order pharmacy last year and have refills remaining, Manifest Pharmacy already has your information! A Manifest Pharmacy team member will be reaching out to you via text message or email prior to your refill being due. If you have a new prescription you would like to have delivered to you, or if you'd like to get started right away, as of **December 1, 2022**, you can call 888-770-4009 to speak to a Manifest Pharmacy team member or use the online site to send information securely. (Instructions and information on this will be sent soon to all members.) You can also have your prescriber send your prescription to Manifest Pharmacy via fax, phone, or electronic prescription. To do this please share the following information with your doctor:

Phone: 888-770-4009Fax: 866-226-9133

• Escribe: Manifest (NPI 1811205081)

As a reminder, please note as per the Plan document, Trust members are required to use mail order on any maintenance drug filled, after the third fill. This service is tailored to our members who take medications to treat chronic conditions. Our members can have prescriptions delivered directly to their door – at no extra cost.

NEW SPECIALTY DRUG PHARMACY

For specialty drugs, Lumicera Health Services will become our new specialty drug pharmacy and will be administering our specialty drug orders, effective January 1, 2023. Current and new users of our specialty drug program will need to setup a profile and provide payment information with Lumicera Health Services. Specific information on how to setup a profile and transfer prescriptions to Lumicera Health Services will be shared directly with all members that are currently impacted.

CANARX PRESCRIPTIONS

The Trust will continue to work will CanaRx. The new PBM, mail order, and specialty drug changes will have no impact on our current CanaRx program. Members should continue to utilize CanaRx for select drugs listed on the CanaRx formulary. Our partnership with CanaRx continues to help members and the Trust save money on brand name prescriptions while maintaining "no cost" prescriptions to the members utilizing this service.

In the coming days, please watch your mail for your new cards and the important information being sent. You will be receiving letters and email with more helpful information about the changes. As always, the Trust will continue to provide our members with quality benefits, while maintaining a financially secure Trust Fund.

As you gather with friends and family this Thanksgiving and the holiday season, remember to protect the people you care about. Get vaccinated and boosted if you are able. Utilize precautions like handwashing frequently, and distancing from others if you are not feeling well. Cases of COVID, the flu and RSV are on the rise. Take care, so that everyone can enjoy the holiday season. Happy Thanksgiving!