

Daily Gratitude Tehillim Group
 Uniting to thank Hashem for all our blessings




Round 21




www.DailyGratitudeTehillim.com

Dec. 25, 2019 - May 24, 2020

~Dec. 2019 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
22	23	24	Round 21!	26	27	28
5	6	7		2	3	4

~January 2020~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
			8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	32
33	34	35	36	37	38	39

~February~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
						39
40	41	42	43	44	45	46
47	48	49	50	51	52	53
54	55	56	57	58	59	60
61	62	63	64	65	66	67

~March~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
68	69	70	71	72	73	74
75	76	77	78	79	80	81
82	83	84	85	86	87	88
89	90	91	92	93	94	95
96	97	98	99	100	101	102

~April~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
			99	100	101	102
103	104	105	106	107	108	109
110	111	112	113	114	115	116
117	118	119 **21	119 **22	119 **23	120	121
122	123	124	125	126		

~May~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
					127	128
129	130	131	132	133	134	135
136	137	138	139	140	141	142
143	144	145	146	147	148	149
Psalm 150	Round 22 !				29	30
31						

From the comfort of your own home, join a sisterhood of women from all around the world saying one psalm a day, in gratitude to Hashem for all the blessings He continually showers upon us.

Suggestion: Before saying your daily tehillim, take a moment to thank Hashem for 5 new things. Gratitude creates a positive attitude and enables you to serve Hashem b'simcha!

Join our group: coachlaurie18@gmail.com

**** Psalm 119**
 April 21: Aleph - Chet verses 1 - 64
 April 22: Tet - Samech verses 65 - 120
 April 23: Ayin - Tav verses 121 - 176

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, no worries. Either catch up or start again with the current psalm of the day.

This is a NO PRESSURE Tehillim Group. Say what you can, when you can.
 Every one of our psalms helps us reach out to Hashem in unity and in gratitude.