

Pieces of the North

Yellowknife Quilters Newsletter

Website: www.ykquiltersguild.ca

March 2020
Issue 157

Picture taken by Linda Whitford

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Next Meeting

Thurs., March 12th at 7:30pm,
at the Baker Centre!

*Do You Know Quilting Acronyms?
WISP = Work in Slow Progress*

A chance to Help your community...

Spring Quilt Sale

Volunteers Needed

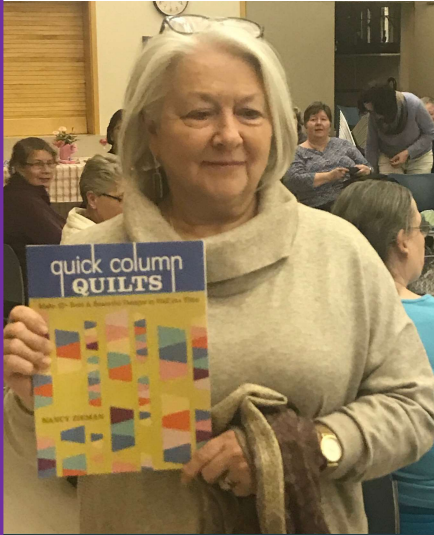
We are looking for members who are interested in participating in a spring quilt sale. We would join with the YK Guild of Arts and Crafts at St. Pat's High School Rock Foyer as we do for the Christmas sale.

It is planned for Friday May 22 (set up and viewing) and Saturday May 23 (sale 10 am - 2 pm)

Volunteers are needed to organize the sale, help with setup and viewing on Friday night and sales on Saturday.

If you have items you want to sell and are able to volunteer for this event please send an email to Christine at cocoholand@hotmail.com.

February Draw Winners:



*Julia (left) won
Book of the Month*

*Mickey (right) won the
Mystery Bag*



Congratulations Ladies!

Making Breast Cancer Pillows

The guild is looking for members to make breast cancer pillows. If you have some extra fabric and are willing to sew a pillow or two, please check out the attachment at the back of this newsletter.

Non-stuffed pillows can be brought to the March meeting and Mickey Brown said she will bring in some stuffing for them. Bring along thread and a needle so the pillow can be sewn closed after it gets stuffed.



A Teaching Quilt

Linda Whitford came into my classroom this year and gave us a book about a quilt she made on Canadian animals. My class and I read the book, we talked about each animal and then Linda brought in the quilt to show for the finale. It was all part of our Northern Animal Unit. This is a picture of my classroom and Linda holding her quilt, which the children absolutely loved. It was an amazing way to get children to look at quilts in a totally different way. And now they all want to make their own!

Marilyn
Moran



Draws

The following draws take place at each Guild meeting:

Book of the Month
\$2 each or 3 for \$5
Members Only

Mystery Bag
\$2 each
Members Only

Door Prizes
Free
Members & Guests

March Social
Sewing Night
hosted by Minnie

SOCIAL SEWING NIGHT

Our next evening sew will be **Thurs., March 19, 6:30 – 9:30 pm at The Quilted Raven**. It's a chance to sew, cut, arrange, check out the library, or just visit. We have lots of fun!

Note: For **Members Only**!

Have you ever wondered about Quilt blocks?

Sourced from Wikipedia

The quilt block is traditionally a sub-unit composed of several pieces of fabric sewn together. The quilt blocks are repeated, or sometimes alternated with plain blocks, to form the overall design of a quilt. Barbara Brackman has documented over 4000 different quilt block patterns from the early 1830s to the 1970s in the Encyclopedia Of Pieced Quilt Patterns.[27] Some of the simpler designs for quilt blocks include the Nine-Patch, Shoo Fly, Churn Dash, and the Prairie Queen.

Continued next page.



Nine-Patch block - five patterned or dark pieces (patches) sewn to four light square pieces in alternating order

Continued from previous page.

Most geometric quilt block designs fit into a "grid," the number of squares a pattern block is divided into. The five categories into which most square patterns fall are Four Patch, Nine Patch, Five-Patch, Seven-Patch, and Eight-Pointed Star. Each block can be subdivided into multiples: a Four-Patch can be constructed of 16 or 64 squares, for example.[28]

A simple Nine Patch is made by sewing five patterned or dark pieces (patches) to four light square pieces in alternating order. These nine sewn squares make one block.[29]

The Shoo Fly varies from this Nine Patch by dividing each of the four corner pieces into a light and dark triangle.[30]

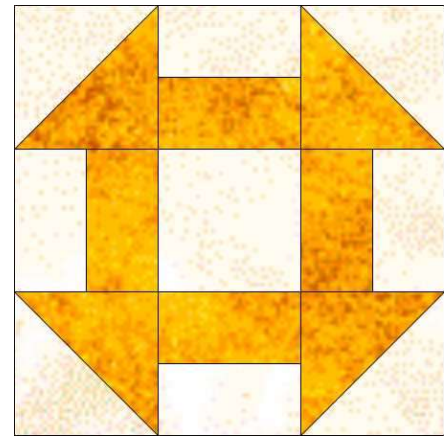
Another variation develops when one square piece is divided into two equal rectangles in the basic Nine Patch design. The Churn Dash block combines the triangles and rectangle to expand the Nine Patch.[31]

The Prairie Queen block combines two large scale triangles in the corner section with the middle section using four squares. The center piece is one full size square. Each of the nine sections does have the same overall measurement and fits together.[3]

The number of patterns possible by subdividing Four-, Five-, Seven-, Nine-Patches and Eight-Pointed Stars and using triangles instead of squares in the small subdivisions is almost endless.



Shoo Fly Block – each corner pieces into a light a dark triangle



Churn Dash Block – combines triangles and rectangles to expand the Nine Patch



Prairie Queen Block – two large triangles in corners with middle section using four squares and center piece a full-size square



Upcoming Sylvia Pippen Classes

Dates will be June 11 to June 14/20. Exact class dates to be determined. This note is intended for information only to peak your interest in the upcoming classes!!

Sashiko Stitching

Sashiko is a traditional Japanese embellishment using a running stitch of heavy white cotton on indigo fabric and combines beautifully with cyanotype. We will cover sashiko techniques, how to easily transfer designs onto dark fabric, the best fabric and thread options for Sashiko, techniques for perfect stitch length, curves and corners.

Cyanotype

Using the sun to print, an image is produced on a special cyanotype cotton fabric that gives white and blue images on a deeper indigo background. The process is very simple: images such as leaves or grasses, paper silhouettes or designs drawn on transparencies are placed over dry cyanotype fabric, exposed to the sun or a UV lamp for 5-10 minutes, then rinsed and dried. The fabric is then ready to use as a quilt block.

Applique

To add another dimension to your quilt, Sylvia will demonstrate her current favorite easy "Sticky Postage Label" appliqué method. The appliqué shape is printed onto the front of a postage label and used as a turning guide for needled turned appliqué, or alternatively, the turnover allowance can be glued from the wrong side, creating a preformed shape, ready to appliqué down.

REGISTRATION

REGISTRATION WILL OPEN FOR MEMBERS AT THE MARCH 2020 GUILD MEETING.
PRIORITY WILL BE GIVEN TO THOSE WHO ATTEND THIS MEETING AND REGISTER IN PERSON. AFTER THE MEETING,
YOU MAY REGISTER BY CONTACTING ME VIA EMAIL.
PLEASE NOTE: YOU ARE NOT FULLY REGISTERED UNTIL PAYMENT HAS BEEN RECEIVED.

CONTACT DONNA @ BAJA@SSIMICRO.COM

Recipe Corner



We all struggle when preparing meals for our families while we have been spending the day quilting. Your problem is solved here in our new QUILTER'S RECIPE CORNER!! Each month we will give you a quick, tasty and healthy option so you can spend more time working on your projects and not in the kitchen! If you have a recipe that you use that's quick to prepare please send it to us at YKQuilters@outlook.com, we would love to use it in our Corner.

Lori's Taco Soup

Provided by Linda Whitford

Ingredients:

2 cans diced tomatoes
1 can black beans drained & rinsed
1 can corn drained
2 lbs. ground beef (or beef & turkey)
cooked
1 medium onion diced
 $\frac{1}{2}$ cup water
2 tablespoons taco seasoning (or more)

Directions:

1. Add all ingredients into slow cooker.
2. Cook on low for 5 hours.
3. On the side add sour cream, salsa and corn chips.

Do You Know Quilting Acronyms?

FOB = Fear of Binding

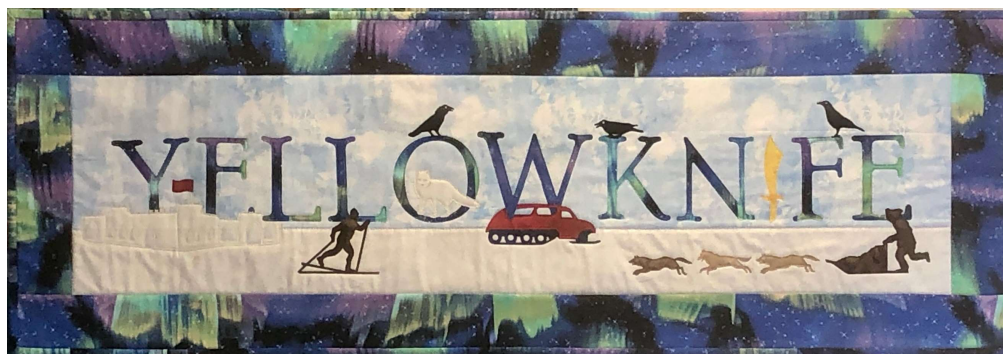


The Quilted Raven

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1-867-920-0303

WINTER LIFE IN THE KNIFE!



Our new laser cut kit showcasing winter events in Yellowknife is now available! Perfect for your home, cabin, a great wall hanging for someone leaving town. It's the perfect gift.

Charlene and the Ravenettes!!

Guest Policy

Guests are welcome to join us at any meeting. If a guest returns for a second or subsequent meeting, there is a \$5 charge per visit. For details, please see the full policy on the website.

Members Giveaway Table

More and more Guild members are purging their stashes and offering items to Guild Members at the meetings. We will be setting up a table in the outer hallway for any items you would like other members to treasure.

Meeting Etiquette

Please be courteous when someone has the floor and refrain from other conversations.

Newsletter Submissions

Please send articles, news, favorite quilt websites, tips, and other quilt related items for the newsletter to:

leslie06thomas@gmail.com

Deadline for submissions is the 4th Thursday of the month by 5:00 p.m.

North of 60 Quilting Services

www.northof60quilting.com/

North of 60 Quilting Services

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OR
learn to use the longarm
and finish it YOURSELF



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Marilyn McGurran
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quiltingyk@gmail.com

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Director	Debbie Gillard

With Help From

Cindy Taylor, Leslie Bromley, Lisa Fleet, Lesley Singer, and Dawn McInnes



@YKQuilters



Yellowknife Quilters Guild

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

ADVERTISING RATES:

Members for Sale Items FREE
Businesses \$35 full page
\$20 half page
\$10 quarter page
(or equivalent)



PINK RIBBON COMFORT PILLOW

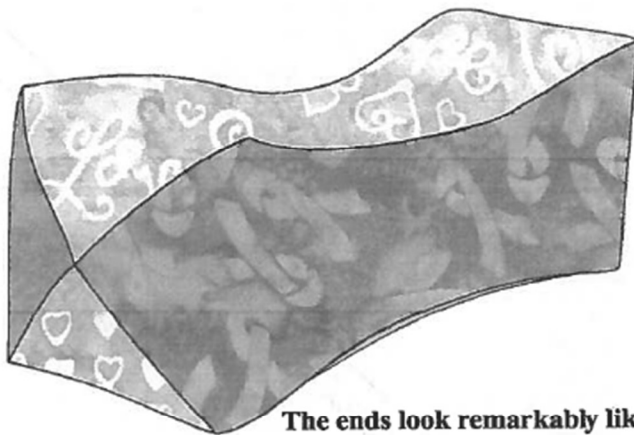
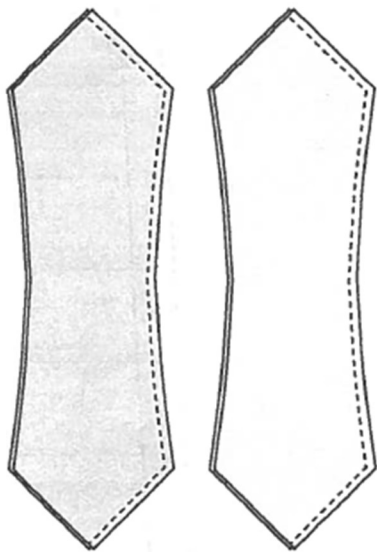
Finished Size: Approx. 6" x 14"
depending upon how full you stuff the pillow

	108745 Ribbon Batik, Dark Pink	FQ
	108746 Love Batik, Pink	FQ
	108748 Mottled Batik, Dark Pink	FQ
	108747 Heart Batik, Pink	FQ

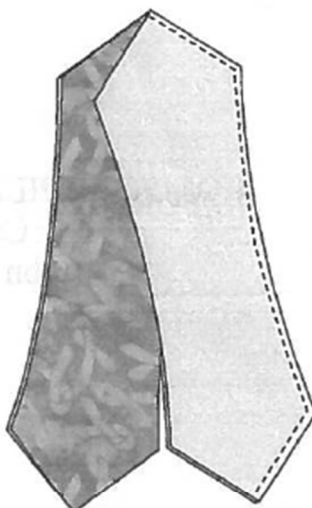
See page 2 for template. Use up to 4 different fabrics per pillow.

DIRECTIONS

- 1- Sew bone shapes together in sets of two.



The ends look remarkably like quarter square triangles!



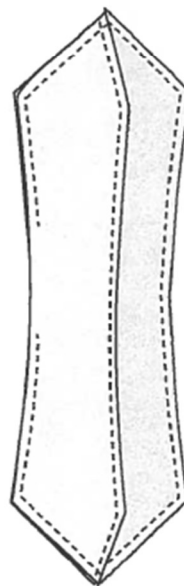
- 2- Turn one of the sets right side out.
- 3- Slip the right side out set inside of the wrong side out set.

- 4- Match up the cross seams at the top and bottom points of the bones shapes. Fold the seam allowances opposite each other at the intersecting point.

- 5- Sew the two sets together leaving an approx. 3"- 4" opening.

- 6- Turn right side out and stuff with polyester stuffing (I love Soft Touch Stuffing, it bounces back very well).

- 7- Turn the seam allowances of the opening inside of the pillow. Whip stitch the opening closed with tiny, hidden stitches. ENJOY!

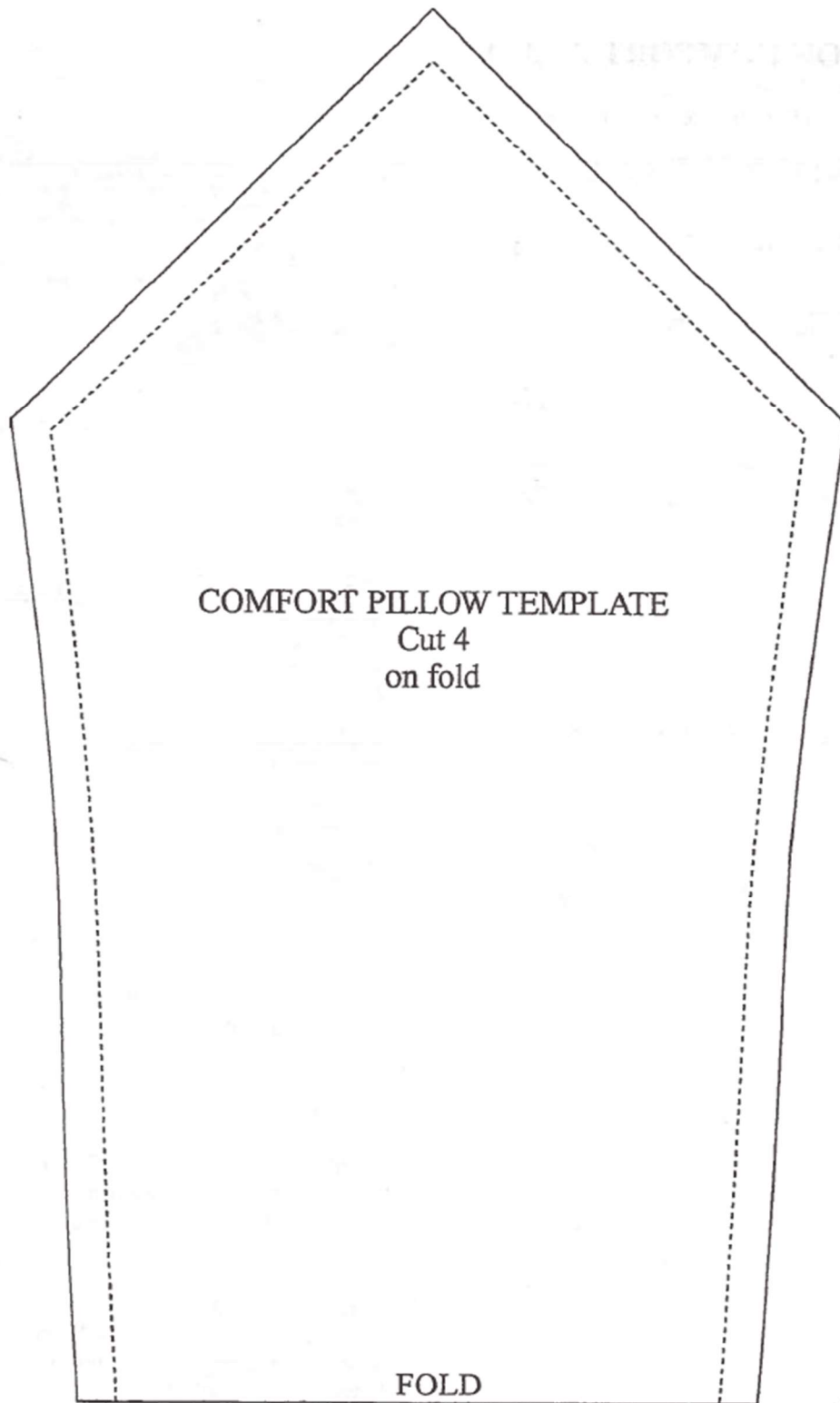


NOTE: Please read the entire pattern carefully. Every effort has been made to ensure the accuracy of this pattern. Use a 1/4" seam allowance unless otherwise stated. Created by Debbie Beaves for *Connecting Threads*® © Copyright *Connecting Threads*®. All rights reserved. For private, non-commercial use only. Please see our Web site for terms of use.

Pattern #991356



* B 1 0 8 7 4 4 *



COMFORT PILLOW TEMPLATE

Cut 4
on fold

FOLD

-02

1 inch