



VIRTUAL GYM CONSULTATION QUESTIONNAIRE:

1. DID YOU GO THROUGH THE CONTRAINDICATIONS WITH THE CLIENT WHICH ARE PACEMAKER AND PREGNANCY?

YES

NO

2. DID THE CLIENT READ AND SIGN THE CONCENT FORM?

YES

NO

3. DID YOU EXPLAIN THAT THE VIRTUAL GYM CAN ENHANCE HEALTH BUT IT IS NOT MEANT TO MEDICALLY TREAT ANY PHYSICAL OR MENTAL DISORDER

YES

NO

4. DID YOU EXPLAIN TO THE CLIENT THAT THE VIRTUAL GYM WILL SIMULATE PHYSICAL EXERCISE OFFERING UP TO 144 TYPES OF EXERCISES THAT THEY WILL PERFORM TIRESLY UP TO 1000 TIMES, WITH NO MUSCLE PAIN INDUCED BY LACTIC ACIDOSIS?

YES

NO

5. DID YOU EXPLAIN THAT THE VIRTUAL GYM IS THE ONLY TECHNOLOGY THAT OFFERS 8 SECONDS FULL CONTRACTIONS OF THE ENTIRE BODY SIMULTANEOUSLY AS IT HAPPENS IN REGULAR EXERCISE TO **SYNCHRONISE, TUNE UP / BALANCE AND ENERGIZE** THE BODY

YES

NO



6. DID YOU EXPLAIN THE IMPORTANCE OF DIET? DOES YOUR CLIENT UNDERSTAND THAT IF THEY CONSUME LARGE AMOUNTS OF FOOD OR DO NOT AVOID FATTY FOOD, THE BODY WILL UTILIZE THE FOOD THEY CONSUMED AS AN ENERGY SOURCE TO BUILD MUSCLE, RATHER THAN THE FAT STORED IN THEIR FAT CELLS. THIS COULD LEAD TO INCREASING IN CM AND WEIGHT RATHER THAN DECREASING AS A RESULT OF BUILT MUSCLE WHICH IS ALWAYS HEAVIER THAN FAT?

YES

NO

7. DID YOU EXPLAIN THAT THE VIRTUAL GYM PROCEDURE IS SAFE WITH NO SIDE EFFECTS AND GEARED TO ENHANCE HEALTH? HOWEVER IT IS A VERY VIGOROUS PROCEDURE, THEREFORE IF THE CLIENT HAS HEALTH CONCERNS HE/SHE CONSULT WITH HIS/ HER TREATING PHYSICIAN BEFORE UNDERTAKING TREATMENT

YES

NO

8. DID YOU EXPLAIN WHAT TO EXPECT DURING TREATMENT? THE VIRTUAL GYM WILL CONTRACT THEIR ENTIRE BODY INVOLUNTARILY. THEY SHOULD TRY TO FOLLOW THE RHYTHM OF THE CONTRACTIONS. BREATHE IN AND CONTRACT WHEN THE TECHNOLOGY INDUCES A CONTRACTION. BREATHE OUT WHEN THE CONTRACTION ENDS.

YES

NO

9. DID YOU INVEST THE NECESSARY TIME TO THOROUGHLY LISTEN TO THE CLIENT'S CONCERNS AND ANSWER ALL OF THE CLIENT'S QUESTIONS?

YES

NO



10. DID YOU MAKE SURE THAT THE CLIENT HAS REALISTIC EXPECTATIONS FROM HIS/ HER TREATMENT? DID YOU EXPLAIN THAT ONE TREATMENT IS EQUIVALENT TO A MONTH IN THE GYM AND THAT 12 TREATMENTS IS EQUIVALENT TO A YEAR IN THE GYM? DID YOU EXPLAIN THAT MOST PEOPLE MAY NEED LONGER THAN ONE YEAR IN THE GYM BEFORE ACHIEVING THEIR GOAL

YES

NO

11. DID YOU EXPLAIN THAT PREDIABETIC INDIVIDUALS OR PEOPLE WITH HORMONAL IMBALANCES NEED MORE TREATMENTS AND THAT THEY SHOULD FIRST CONSULT WITH THEIR PHYSICIAN?

YES

NO

12. DID YOU INFORM YOUR CLIENT THAT THE DEVICE WAS ORIGINALLY INTENDED AND BUILT IN LONDON UNIVERSITY AFTER A 30 YEARS OF RESEARCH? THEREFORE THE TECHNOLOGY IS BASED ON SOLID SCIENCE.

YES

NO

13. DID YOU INFORM YOUR CLIENT THAT SOME PEOPLE LOSE INCHES OR CM FASTER THAN OTHERS AND THAT CM LOSS MAY NOT OCCUR IN EVERY SESSION DEPENDING ON THE BODY RESISTANCE AND TOXICITY OF EACH INDIVIDUAL.

YES

NO



14. DID YOU EXPLAIN TO YOUR CLIENT THAT MIDDLE AGE INDIVIDUALS WITH VISCERAL FAT MAY NEED MORE TREATMENTS (E.G. 20 OR 30 OR MORE)? DID YOU EXPLAIN THAT THEY NEED TO CONTINUE TREATMENTS UNLESS THEY WORK OUT IN THE GYM? THERE IS CLINICAL EVIDENCE THAT THE VIRTUAL GYM REDUCES VISCERAL FAT AND MAY RELIEVE FATTY LIVER. ONLY CONSTANT STRENUOUS GYM EXERCISE REMOVES FATTY LIVER AFTER A CERTAIN AGE (E.G. 45-50)

YES

NO

15. DID YOU EXPLAIN TO YOUR CLIENT THAT RESULTS ARE PERMANENT AS LONG AS THE CLIENT MAINTAINS A HEALTHY DIET AND AN ACTIVE LIFESTYLE ACCORDING TO YOUR ADVICE (NOT ACCORDING TO WHAT THE CLIENT THINKS IS HEALTHY LIVING.).

YES

NO

16. DID THE NUTRITIONIST TAILOR A DIET ON THE BASIS OF THE RESULTS OF THE FOOD INTAKE QUESTIONNAIRE AND WAS THE CLIENT OFFERED SUPPLEMENTS BASED ON THE THE CLIENT'S NEEDS, RATHER THAN GIVING A GENERIC DIET / SUPPLEMENTS TO EVERYONE?

YES

NO

17. DID YOU EXPLAIN TO YOUR CLIENT THAT IF THEY SMOKE OR DRINK OR ARE UNDER ANY MEDICATION, THEY MAY NEED MORE TREATMENTS IN ORDER TO ELIMINATE THE TOXICITY IN THEIR BODIES

YES

NO



18. DID YOU EXPLAIN TO YOUR CLIENT ABOUT THE HEALING CRISIS THAT MAY FOLLOW THE VERY POWERFUL DETOXIFICATION THAT THE VIRTUAL GYM PERFORMS DURING TREATMENTS?

1 YES NO

19. DID YOU EXPLAIN TO YOUR CLIENT THAT THEY HAVE TO DRINK AT LEAST 7-8 GLASSES OF WATER WITH AT LEAST FOUR LEMONS DAILY AND HAVE SUGARLESS JUICES TO FLASH DOWN THE TOXINS? DID YOU EXPLAIN MOST INDIVIDUALS WILL EXPERIENCE FREQUENT URINATION AND DEFOCATION? OTHERS MAY GET WATER RETENSION OR CONSTIPATION AS A RESULT OF A BOTTLENECT EFFECT THAT MAY OCCUR IN VERY TOXIC INDIVIDUALS OR THOSE UNDER STRESS. IN THAT CASE DID YOU RECOMMEND A DIEURETIC AND / OR A COLON CLEANSER TO HELP THAT INDIVIDUAL RELEASE THEIR TOXINS?

YES NO

1 A **healing crisis** or “Herxheimer Reaction”, is the result of every body-system acting together to eliminate waste products and set the stage for regeneration. Symptoms of the healing crisis may at first be identical to the disease it is meant to heal. But there is an important difference: elimination. Physical reactions could include skin eruptions, nausea, headache, sleepiness, unusu- al fatigue, constipation, diarrhea, head or chest cold, ear infections, boils, or any other way the body uses to loosen and eliminate toxins. An initial healing crisis usually lasts around three days but if the energy of the patient is low, it may last a week or more.