

Dear Parents and Swimmers,

**Welcome to the winter 2020 Semester  
From January 3<sup>th</sup>, 2020 to March 21<sup>th</sup>, 2020**



We're glad to have you and your child as a part of our program.

We just want to make sure that you are aware of a few things that are important to us:

1. We will be strictly enforcing our make-up policy. All missed classes notification must be sent via e-mail to [seahorsefitnessinc@yahoo.com](mailto:seahorsefitnessinc@yahoo.com) or by texting to **917-391-7660** no later than 24 hours prior to your lesson. **You are allowed to have 2 make up classes during the swim semester. All make up classes must be done within the semester.**
2. Showers are mandatory for everyone entering the pool. Please make sure that you rinse off before getting in the pool.
3. Strollers are not allowed on the deck or in the locker room. This is a health and fire department issue. Please keep all strollers in the hallway of the entrance of the pool.
4. Food and drinks are not allowed on deck. Please give snacks to children in the hallway of the entrance pool. Water is allowed on deck as long as it is in a plastic container.
5. There are scheduled classes on the following dates. Please make sure that they are in your calendars.

**Fridays:**

1/3	1/10	1/17	2/7	2/14	2/21	2/28	3/6	3/13	3/20
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**Saturdays:**

1/4	1/11	1/18	2/8	2/15	2/22	2/29	3/7	3/14	3/21
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**Sundays:**

1/5	1/12	1/19	2/9	2/16	2/23	3/1	3/8	3/15	3/22
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**Note: There will be **NO** classes during the the  
Chinese New Year weekend  
(1/24, 1/25, 1/26) and (1/29, 1/30, 2/1)**

**All swimmers must wear swim cap and goggles. Thank you!**

We hope it's a great one! If you have any questions, please feel free to call

**917-391-7660** or e-mail to [seahorsefitnessinc@yahoo.com](mailto:seahorsefitnessinc@yahoo.com). Ask for me, Emma.

Swimmers must  
shower before  
entering the pool.

For more information  
and updates please visit  
our website  
[seahorseswimclub.com](http://seahorseswimclub.com)



See you in the pool,  
Tommy Ho  
Aquatics Director  
Seahorse Fitness, Inc  
69 Columbia Street  
New York, NY 10002

*\*All classes and dates are subjected to change due to the emergency incidents (such as weather, strike or pool equipments malfunction)*

**\*All Payments for class, must be handed in by the first 3 weeks.**

Dear Parents and Swimmers,

**Welcome to the Fall 2019 Semester  
From January 7<sup>th</sup>, 2020 to March 19<sup>th</sup>, 2019**



We're glad to have you and your child as a part of our program.

We just want to make sure that you are aware of a few things that are important to us:

6. We will be strictly enforcing our make-up policy. All missed classes notification must be sent via e-mail to [seahorsefitnessinc@yahoo.com](mailto:seahorsefitnessinc@yahoo.com) or by texting to **917-391-7660** no later than 24 hours prior to your lesson. **You are allowed to have 2 make up classes during the swim semester. All make up classes must be done within the semester.**
7. Showers are mandatory for everyone entering the pool. Please make sure that you rinse off before getting in the pool.
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9. Food and drinks are not allowed on deck. Please give snacks to children in the hallway of the entrance pool. Water is allowed on deck as long as it is in a plastic container.
10. There are scheduled classes on the following dates. Please make sure that they are in your calendars.

**Tuesdays:**

1/7	1/14	1/21	2/4	2/11	2/18	2/25	3/3	3/10	3/17
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**Wednesdays:**

1/8	1/15	1/22	2/5	2/12	2/19	2/26	3/4	3/11	3/18
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**Thursdays:**

1/9	1/16	1/23	2/6	2/13	2/20	2/27	3/5	3/12	3/19
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**Note: There will be **NO** classes during the the  
Chinese New Year( 1/28, 1/29, 1/30)**

**All swimmers must wear swim cap and goggles. Thank you!**

We hope it's a great one! If you have any questions, please feel free to call

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