



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Philip Lai, C.Ss.R (Administrator)
Rev Fr Paul Michael Kee, C.Ss.R (Assistant Parish Priest)
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ANNOUNCEMENTS:

NEW-INTAKE (or) "ADULT ENQUIRY TO THE CATHOLIC FAITH"

RCIA 2015 – 2016 ;

Sessions are held on -

RCIA (T) -Sunday, 30 August, 2015 @ 11.30am
in St.Matthew's Rm. & Senali Rm.

RCIA (E) - Sunday, 6 September '15 @ 3.30 pm
in St.Mark's Rm.

RCIA (C) – Friday, 4 September, 2015 @ 8 pm
in ven Francis Xavier Room.

YEAR OF CONSECRATED LIFE

Pope Francis has declared 2015 as the Year for Consecrated Life to Wake up the World. Rev.Fr. David Reegon, OFM, Cap will be presenting a session on the topic "*To Bring God's Embrace*" on (date) **Friday, 4 September, 2015.** (time) 8.00 pm (venue) OMPH Pastoral Centre, ven Francis Xavier Room.

Come join us for an experience of us being found, touched and transformed. This will be followed with light refreshment.

NATIONAL DAY MASS

(date) Monday, 31 August, 2015

(time) 8.00 am

(venue) OMPH church.

Let us come together to pray for the nation.

PARENTS' SESSION for Confirmation

candidates on

(date) **Monday, 31 August, 2015**

(time) 3.00 pm to 5.00 pm

(venue) ven Francis Xavier Room

Attendance compulsory for all parents of Confirmation candidates.

Godparents are welcome.

SUNDAY CATECHISM – There will be no

sunday catechism on 30 August, 2015.

Classes resume on 6 September, 2015.

'Selamat Hari Merdeka!'

SACRAMENT OF CONFIRMATION

will be held on **Saturday, 12 September, 2015** during the 7.00 pm Mass. **Please take note.**

FELLOWSHIP DINNER

The Fund Raising Committee will be holding its Annual Fellowship Dinner on **Sunday 22nd November 2015**

at 7.30pm

in the OMPH Parish Hall.

Get your tickets from the parish office or from the Fund Raising Committee members.

Tickets are priced at RM 60 per ticket / RM 600 per table.

(food for thought)

Gospel: **Mark 7: 1-8, 14-15, 21-23.**

"From the Heart"

We tend to think of "spirituality" as a practice or a pursuit reserved for a very few elitist of souls. We think of the lucky ones who have the extra time (and money) to pray more, meditate daily, go to special retreats, or read books on the subject. Most of us would claim our lives are far too busy at this time for "spiritual pursuits."

A healthy spirit can make us energetic and vibrant people with a hopeful outlook and a sense of life's possibilities for the good. It can energize us to face the most intractable of social ills and not be discouraged. It can prevent us from giving up when we don't get immediate results. A neglected spirit causes disintegration, sours how we look at our lives, turns us cynical, and leaves us with a narrowness of vision that isolates us from others.

Jesus isn't rejecting ritual practice, but is reminding us that ritual is meaningless if it does not flow from an upright heart. In the biblical view, the heart is the center of our life. The heart is a figure for the spiritual life of a person. Here can be found a person's deepest truths, most tightly guarded secrets. It is the heart that reveals our true identity. Because the heart is so profoundly identified with the person, so much the seat of one's identity, it is only God who can change a person's heart.

The grace of our gospel today is to awaken our hearts from their drowsiness and distractions and to stir us to examine the sincerity of our religious observances. Do our lives and our choices reflect the same sensitivity to the poor and disenfranchised as did Jesus'? Or, are we using "religion" as insulation from the world around us?

Christ is the source of our hearts' renewal, starting at our weekly Eucharist. But after we gather together each week and then leave our parish churches to resume our lives, how else have we tended to the renewal of our hearts? Whom else have we allowed to touch our hearts with their need, longing for love or desire for forgiveness?

We cannot let ourselves get in the way of Christ — His teaching, His goodness, His redemption, or His love.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

BAPTISM:

Please contact the Parish Priest at least **ONE MONTH** in advance.

WE WELCOME TO OUR COMMUNITY

- * Deric Vianne Amalraj s/o Dominic & Victoria Zeevandra Amalraj.
 - * Priscilla d/o Justin Anthony & Jessica Usha Karunan.
 - * Raphael Chong Soon Onn s/o Philip Chong & Yeong Choy Yee.
 - * Monisa Ann d/o Anthony Raj David Lourdes Samy & Mariyah Samuel.
- They were baptized on Sunday, 23 August, 2015. Congratulations to their parents and godparents.

PARISH ACTIVITIES & MEETINGS:

(August/September, 2015)

- * 30/8/2015 - 11.30 am – RCIA Tamil (Senali Rm & Matthew Rm.)
- 2.00 pm - PHDC tuition (3rd floor)
- 3.30 pm - RCIA in English (St.Mark's Rm.)
- * 31/8/2015 – 2.00 pm – Parents Session of confirmation candidates (ven Francis Xavier Rm.)
- * 1/9/2015 – 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 2/9/2015 - 8.00 pm – Chinese group (ven Francis Xavier Rm.)
- 8.00 pm - 2016 Planning Committee (St.Mark's Rm.)
- * 4/9/2015 - 8.00 pm – RCIA (C) (ven Francis Xavier Rm.)
- * 6/9/2015 – 11.30 am – Faith Educators (ven Francis Xavier Rm.)
- 11.30 am – RCIA Tamil (Senali Rm & Matthew Rm.)
- 2.00 pm - PHDC tuition (3rd floor)
- 3.30 pm - RCIA in English (St.Mark's Rm.)
- 3.30 pm - Eucharistic Ministers (ven Francis Xavier Rm.)
- * 9/9/2015 - 8.00 pm – Liturgy Script Writers (St.Mark's Rm.)
- * 13/9/2015 – 7.30 pm – Parish Pastoral Council (St.Mark's Rm.)

BIBLE REFLECTION & HOME-GATHERINGS:

- * 27/8/2015 – 8.00 pm – BEC St.Monica; Home Mass @ Joseph & Flora.
- * 28/8/2015 – 6.30 pm – BEC St.Augustine; Home of John & Adeline.
- * 18/9/2015 – 8.00 pm – BEC St. Francis De Sales; Home of Lawrence & Patricia.

COFFEE MORNINGS 2015:

(All breakfast will go on till 11.30 a.m.)

- 30/8/2015 – St.Mary's Chapel. (Peter James)
- 6/9/2015 - BEC St.Joseph (Dominic Goh)
- 13/9/2015 – BEC St.Mary Magdalene (Annie Jeya)
- 20/9/2015 – BEC St. Matthew (Pauline)
- 27/9/2015 – BEC St.Gerard (T) (Victor)

ETERNAL HAPPINESS TO: + Joseph Lim Foong Khon departed on 20 August, 2015

M.E. ANNUAL DINNER

(date) Sunday, 6 September, 2015

(time) 7.00 pm

(venue) Peter Pang Hall, Church of St.Michael, Ipoh.

There will be **Renewal of Marriage Vows** during the 5 pm Mass at Church of St.Michael, Ipoh.

(Contact:) Joanne Choo (012 4543144)

PDYD3 (Penang Diocesan Youth Day 3)

(date) **19-22 September, 2015**

(Age) 13 yrs & above.

Delegates coming from the Church of Our Mother of Perpetual Help will spend the first two days (19-20 September, 2015) in the Canossian Sisters Convent, Sg. Siput. They are required to be at the venue before noon time. On the last day, 22 September, 2015, participants are, likewise, expected to leave Taiping Catholic Church by 1.30 pm.

Canossian Sisters**25th ANNIVERSARY...**

The Provincial Leader & the Canossian Sisters cordially invite you to join them in their 25th Anniversary with a Eucharistic celebration by Rt. Rev. Bishop Sebastian Francis on

(Date) Sat., 5 September, 2015

(venue) Canossian Sisters, Tmn Orkid, Sg.Siput

(time) 11.00 am followed by lunch.

"WAKE UP THE WORLD"

Don Moen, singer-songwriter of the worship hits. Live in Kuala Lumpur on

(date) Tuesday, 13 October, 2015

(venue) Calvary Convention Centre, Bkt

Jalil, KL.Contact for tickets:

Adeline Tan 016- 5514195.

NOVENA PRAYERS TO**ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* EVERY FRIDAY (6 PM TO 7 P.M.)

* EVERY SATURDAY AT 11.00 A.M. – 12 NOON in the Meditation room.

ALPHA IN THE CATHOLIC CONTEXT

A Weekend experience!

(date) 9-11 October, 2015.

(venue) Domus, church of St. Anne, BM Open to all Catholics aged 16 years and above. Sessions will be in English, BM, Tamil and Mandarin.

Closing date: 25 Sept.,2015.

Collect your registration form from the parish office or download at:

www.pdpinstitute.org/contact: 04-2611350

PENANG ENGLISH CHOICE WEEKEND 60

CHOICE is a self enrichment experience. It is a weekend getaway from the busy lifestyle. It's about making choices, looking into every aspect of our relationship with the significant people in our lives. Our weekend experience gives young single adults (21-40 yrs.) the opportunity to meet like-minded people, and be able to look at the various relationships in our lives, in a relaxed and informal environment.

(date) Fri. 2 (6pm) – Sun 4 Oct, 2015 (6pm)

(venue) St.Anne's Domus, BM, Penang.

(Contact) Michael Peter Foo (016 536

6327) Christine Woo (012 557 8309)

