



October 2018

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bingobuglemn.com





North America's Bingo & Casino Newspaper

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Facing Our Fears

"Never be afraid to try something new. Remember amateurs built the ark. Professionals built the Titanic."

—Anonymous

oo! Did I scare you? Due to Halloween this is the month of groans, moans, and haunted houses. I grew up on a farm and was scared of everything...cows, chickens, dogs, you name it. My husband laughs at me when I get behind him if a dog of any size comes near us when we're out and about. We don't usually meet cows or chickens on a stroll, but if we did, I'd do the same thing. And spiders? I remember as a kid that I spent several nights trying to sleep with my fingers plugging my ears. I did so because someone told me spiders can crawl inside your ears and cause excruciating pain.

Just call me Chicken Little and know that October is not my favorite month. Ghosts, bats, witches, and dreaded spiders abound in stores, yards, and inside homes; except for mine. There you might find apples, nuts, and hot buttered rum. Yum. My favorite recipe for this drink is on allrecipes.com/Single Cup Hot Buttered Rum. It's easy to make with ingredients including ice cream that you probably already have on hand. Trust me, this drink is seriously delicious.

Our Anglo-Saxon ancestors referred to October as Wintirfyllith. Try saying that after several hot buttered rums on a chilly day. They called it that because it had the first full moon of the winter, which was a warning to get prepared for what lay ahead. Along those lines and according to folklore, if a deer's coat is gray in October, the winter will be a hard one. Also, a warm October brings a cold February.

Personally, I don't believe in weather forecasts. As a teacher, many a night I lay awake waiting for a snowstorm that never materialized. I loved my snow days, but did not love trudging out the next morning with nary a snowflake in sight. It's better to look out my window and plan accordingly.

And speaking of planning, if you were born in October, plan on having a long life. That's because some researchers say people born



in October are more likely to live to be a hundred than everyone else. I don't worry about it because each of us should live each day as if it's our last; filling our lives with adventure and laughter. Dance naked in the rain? Sure, but remember. What neighbors see, they can never un-see. Go to bingo every night for a month and laugh when you win; grin and bear it when you lose. Have hot buttered rum or extra dessert without guilt. It might make you plump like the rotund pumpkin who writes this column, but some things are

If you're lucky enough to make it to a hundred, your memories will be priceless. And speaking of luck, all October babes need to wear opals so good luck will surround them. As for the rest of us, don't even think about it, as opals are bad luck for us.

You should also know, dear readers, that October 13th is Face Your Fears Day. Maybe I'll let a spider crawl up my arm. Nah! Not now, not ever!

Gaming News

Philippines. The president of the Philippines, Rodrigo Duterte, is reportedly asking for a review of a deal that gave a Chinese real estate company, Landing International Development Limited, a 25-year-deal that included nearly 24 acres of land near Manila. The agreement set the stage for the construction of a massive resort to be called Nayon Landing. Duterte recently fired the entire board that made the original decision.

Singapore. Published reports indicate that more and more Chinese visitors are coming to Singapore and are gambling there. During the first six months of this year, the number of tourists visiting Singapore increased by more than seven-and-a-half percent. Nearly a quarter of whom were visitors from China. That is a rise, recently, of 10 percent in Chinese arrivals.

Illinois. Officials in Elgin, Illinois, report that MGM Resorts has completed its sale of the Grand Victoria Casino in that city. Action on the sale began last April. The asking price was nearly a third-of-a-billion dollars. The new owner is Eldorado Resorts. The property first opened its doors in 1994. Elgin is a far-flung northwest suburb of Chicago, about 45 minutes from downtown.

British Columbia. Some journalists in British Columbia, Canada, want to know just how much money laundering is actually happening in that province. According to one report, some think that the Canadian province has laundered a minimum of \$100-million through its casinos in just over ten years! An investigation has been launched.

United Kingdom. Reports from London indicate that because of higher-than-usual temperatures in many parts of the UK so far this year, many citizens have stayed home, rather than wander out on vacations. Because of this, the stay-at-homers have boosted the economy. Benefiting from all of this have been UK gaming houses and even Bingo parlors.







A message to all our valued customers

Thank you so much for your continued patience as we try to secure and finalize a new space for the WSP Bingo Palace.

We have been diligently working on securing a new site.

However, trying to find the best space
and working with the property owners
as well as the State and City Departments
for approvals, permits and licenses has been
more challenging than we thought.

Rest assured—we are working on finalizing a site for you and plan to be up and running soon.

We can't wait to see you all again.

Our best days are yet to come!

Please keep checking any of the following avenues for up-to-date information.

We hope to have a detailed ad in the November issue of the Bingo Bugle.



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Thank you for reading The Bingo Bugle!



Bingo News

Theme Bingo Down Under

Australian music fans got the opportunity to combine music and Bingo during a weekly "Bin'Go Your Own Way" event at the Corner Hotel in Richmond, Victoria. The hotel's front bar was turned into a Bingo bar as local comedian and music media celeb Dan Watt took players through an evening of music-themed Bingo by playing short sections of music tracks that players matched to their Bingo cards. Prizes included jugs of beer, bottles of wine and a special weekly raffle.

Caller Charged with Fraud

A Bingo caller at a community center in southern New York State was charged with influencing the results of the games. Police gave few details except to say that the caller had the opportunity to change the games' outcome and violate gaming regulations. According to investigators, someone made a complaint to the state gaming commission, which investigated the matter with the help of local police. Police said the caller was charged with gaming fraud. The case was still pending at press time.

Classic Car Event Adds Bingo

Bingo Bugle 3

Woodward Dream Cruise is an annual metro Detroit, Michigan, event that draws more than a million spectators to the Motor City region to admire some 30,000 classic, custom, restored and muscle cars along a 16-mile stretch of legendary Woodward Avenue. For added fun, the Go Comedy! Improv Theater located in Ferndale created another tradition-Dream Cruise Bingomade up of Bingo cards with spaces that feature many commonly seen happenings at Woodward Dream Cruise such as "overheated car," "parking on sidewalk," "super loud muffler" and "truck with bald eagle and flag."

Bible Bingo

An inventor from Syracuse, New York, has developed the patent pending "Hallelujah Game," a new Bingo-style game that features subjects from the Bible. According to Pittsburgh-based InventHelp, the Bingo-style game is a simple yet inspirational activity that is easy to set up and play and is "the perfect game choice for Christian families, churches and schools." InventHelp says the game is currently available for licensing or sale to manufacturers or marketers.



Gloria won the \$1,000 Bonanza at Roseville Bingo Hall.



Corryn won \$1,000 playing Stop The Car at Roseville Bingo Hall.

Thanks!

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Bingo Bugle Monthly Sweepstakes entries may only be deposited at the above halls. Only One Entry per month, please! Duplicate or incomplete entries will disqualify all entries for that month.

Bingo Bugle Minnesota Edition — October 2018



by Frederick Woodruff Explore more at ASTROINQUIRY.COM

Horoscopes for October 2018

ARIES (MAR 21-APR 20): The new moon on the 8th takes place in your house of relationships, making this a great to time express appreciation to those closest to you. Show them how much you value their presence in your life. The writer William James was onto something when he wrote: "The deepest craving of human nature is the need to be appreciated." Impress with actions that leave a lasting effect.

Lucky Days: 3 - 22 Lucky Numbers: 19 - 39

TAURUS (APR 21-MAY 21):

Consider the needs of your spirit this month. Make time for quiet and peaceful practices. Soothe your mind with meditation or contemplation. Cultivate your inner world to maintain calm during challenging times. Cosmic forces continue to apply a transformative pressure in your life. When you find your center you can flow with the upcoming twists and turns.

Lucky Days: 10 - 12 Lucky Numbers: 9 - 54

GEMINI (MAY 22-JUN 21):

The summer time was all about developing patience and perseverance, and now it's time to cut loose and release some of your stored-up energy. Don't look back. Release any frustration you might have felt towards vocational concerns. Put your new lease on life into a creative project that demands all of your sharp mental skills. Come November the world is going to see a new you!

Lucky Days: 7 - 30 Lucky Numbers: 2 - 36

CANCER (JUN 22-JUL 22): The

New Moon on the 8th puts the focus on your neighborhood and creative exchanges within the community. As Adlai Stevenson once remarked: "On this shrunken globe, men can no longer live as strangers." Examine how you are influenced by those who live closest to you, if there are disagreements it's the perfect month to soothe the troubled

Lucky Days: 3 - 14 Lucky Numbers: 1 - 59

LEO (JUL 23-AUG 23): Have you had your eye on a special someone that you've been too shy to approach? Well, good news. The new moon on the 8th gives you the confidence boost you need to make a new friend or set the charm wheels turning towards a

new love interest. Saturn demands that you pay attention to health issues that, if handled early, will go along way towards real vim and vigor.

Lucky Days: 8 - 17 Lucky Numbers: 43 - 50

VIRGO (AUG 24-SEP 23):

You can budget like nobody's business—making a dollar stretch like its made of rubber. But ask yourself this? Are you staying in a job situation that is not valuing your contribution? Could a vocational shift bring you the extra money you need to minimize stress in your life? The answer is probably yes, and this is the month to initiate big shifts in the work department. Don't be timid. Lucky Days: 5 - 23 Lucky Numbers: 2 - 34

LIBRA (SEP 24-OCT 23): If

you're feeling dissatisfied with the routine of life right now there's a good reason. It's time to focus on the hidden or spiritual side of life. Use this time to better understand your motives, your deepest desires, what really moves and enthuses you. If harmony is lacking in your environment you'll feel blue. Pledge to change this. Get rid of the dull and the drab. Without transcendence life has no beauty.

Lucky Days: 7 - 22 Lucky Numbers: 4 - 34

SCORPIO (OCT 24-NOV 22):

Why are we so easily dazzled by children? True, their innocence has something do with their charm, but there's something more beguiling about a child's presence. Their carefree nature is a way of being that you can foster at any age. Spend more time around young ones-take notes and then imitate their spirit. As Shakespeare said: "Assume a virtue and it shall be yours." But it starts with careful observation.

Lucky Days: 8 - 13 Lucky Numbers: 44 - 56

SAGITTARIUS (NOV 23-DEC

21): Consider the words of wise man Joseph Campbell: "When you make the sacrifice in marriage, you're sacrificing not to each other but to unity in a relationship." This is your keynote for October: A reevaluation of why you are committed-not just to your partner, but anyone who you invest a lot of time and energy into. Consider how unity gives way to peace, understanding, and of course, love.

Lucky Days: 16 - 20 Lucky Numbers: 8 - 50

CAPRICORN (DEC 22-JAN

20): It's hard not to feel heavy when Saturn, the planet of responsibility, is moving through your star sign. This is an inevitable kind of pressure that it's best work with, rather than resist. The relief you seek is in the social realm, it's time set your troubles behind and merge out into the community. Not only will you find relief, but the chance of meeting a mentor or guide is doubly strong. Let them lead you.

Lucky Days: 5 - 25 Lucky Numbers: 7 - 28

AQUARIUS (JAN 21-FEB 19):

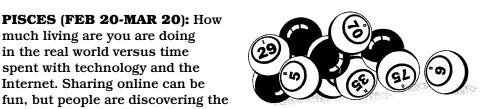
The writer William Ward has a message for you: "The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails." Mark your calendar for the new moon on the 8th-a make or break day when you devise a new course to move you forward. Put pessimism away, its hurting you, and embrace the push of realism.

Lucky Days: 14 - 19 Lucky Numbers: 2 - 51

PISCES (FEB 20-MAR 20): How much living are you are doing in the real world versus time spent with technology and the Internet. Sharing online can be

drain and suck that comparative judgment fosters. And social media is primarily about who did what better than someone else. Use the freshness of the new moon on the 8th to unplug: work in the garden, prepare a good meal, but skip logging on; instead, ask your mom for her secret cookie recipe.

Lucky Days: 11 - 28 Lucky Numbers: 1 - 44



Dear Dream Catcher

Invisibility and Hive Mind

Dear Dream Catcher,

First I want to say how much I enjoy your column. I always learn something new about dreams and how I can study my own dreams. Here is my dream for you. I am descending a staircase that is leading me into a giant ballroom. I don't know where I am exactly but that doesn't seem to bother me. What is annoying though, is that the people who are ascending the staircase keep brushing up against me as they pass me. I acknowledge them when they make contact with me, but they do not give any attention to me, it's like they don't even see me. And that's when I realize that I am invisible in the dream. I woke up from the dream right after I realized that. Thank you for considering this dream. - Candy T., Santa Clara, Ca.

Dear Candy

I am glad you are finding the Dream Catcher column informative and fun. There are two big clues to pay attention to in your dream. The first one is that you are invisible. The second is the presence of a staircase. Invisibility in dreams often means you are beginning to become conscious of a feeling or mood that no one else can experience or understand. We rely on our relationships to other people to help us comprehend our position in life, both externally (in the world) and internally (within our psychology). If you are not seen by others in a dream it might mean you are ready to assert yourself in a new way that will surprise even yourself. A clue about this new direction or feeling comes from the movement up or down the staircase. When we move down and 'into' something in life we are often going deep; we are willing to see or understand something about ourselves that we hadn't seen before. Perhaps it is something about our everyday way of being that we've avoided. The people moving up the staircase are taking leave of the very place you are heading for. The ballroom could signify your willingness

to become more socially active at this time in your life—to celebrate and enjoy life with more enthusiasm. If you have been too introverted throughout your life, the dream might be preparing you for a big social shift—new people to meet, new places to go. Sounds good, doesn't it? — Dream Catcher

Dear Dream Catcher,

I don't like insects very much. Except for butterflies. Lately I have had a dream with a lot of ants scurrying about. I don't even know where they are or what they are doing because in the dream my face is right up close to an active ant hive. I am just watching all of them move around on the ground. What do all of these ants mean for me? — Lorraine T., Chico, Ca.

Dear Lorraine,

It's true, no one really likes to encounter insects in dreams, and so I understand your aversion. But small tiny hive insects like ants and bees are a universal image in dreams; and also fairy stories and folk tales. Whenever dreams offer 'close up' arrangements, like you described, the message is: Pay attention! Look at this! Many dream interpreters see insects as being symbolic of human nature's deepest instinctual drives. The kind of impulses that keep us alive - the urge for security, safety and survival. Our instincts keep us going despite our feelings and whatever our mind might think about something at any given time. Ants work together for a common aim, so this dream might be telling you to look at the power of cooperation in your life. What can you achieve by working with others that will be important to your comfort and security. It's said that over time a colony of ants can move a huge mountain, and this is the kid of encouragement the ants might be imparting to you through the dream imagery. — **Dream** Catcher

Send your dreams to The Dream Catcher at frederick.woodruff@ outlook.com or mail to: Dream Catcher, P.O. Box 527, Vashon, WA 98070. Dreams are published space permitting.

Minnesota Edition — October 2018 Bingo Bugle 5



By Guy Williams

Volunteers Heard Loud and Clear

Hi Guy,

You and other writers in your paper have handed out good advice when it comes to players who are disruptive (as in loud and noisy!!!) during Bingo:

- 1. Move to a seat away from the
- 2. Give 'em your best dirty look.
- 3. Tell 'em to shut up.
- 4. Ask the hall workers/manager to get them to shut up.
- 5. Threaten to stop going to the Bingo hall if the noise doesn't stop.
- 6. Actually stop going to the hall and get others to boycott until the problem is resolved.

All good stuff when it is players who are the problem. But what do you do when it is a worker or workers who are making the

There is a beautiful Bingo center close to my home where my friends and I love to play. Bingo is available several days a week, the lighting is great, the tables are clean, the chairs are amazingly comfortable, the sound system is awesome, there's lots of room for lots of players—it is simply a great place to go for Bingo and we all feel lucky to have this Bingo center in our town.

Of course, there has to be some kind of problem to spoil an otherwise great situation, and in this case it is the workers.

On the one hand, workwise the staff is as great as the surroundings. Considering that these are volunteers, it is impressive how buttoned up they are in keeping lines moving, answering questions, running the kitchen and keeping the place nice and so on.

But....

This bunch does not shut up! It feels like a high school cafeteria the way these people stand or sit in little groups gabbing away and laughing and hooting and generally being a huge distraction for the players. Seriously, they are so loud. And the way the center game room is arranged, their voices carry from end to end!

My friend went to the manager-who is a very outgoing and jolly man-and asked him about it. He told her that the center is about having fun, and that he wanted the volunteers to enjoy themselves, just like the players do. He also said that the sound system is much louder than regular voices and laughter, and their conversations do not interfere with the Bingo. He added that it was hard getting volunteers and we were very lucky that so many volunteers want to be here. The End.

So, Guy, I'm throwing it to you. This is a near perfect Bingo except for the worker noise. What would you suggest we do? — Name withheld. USA

Hi USA.

I like your six-point, how-todeal-with-noisy-players list. It sounds just like me, with a touch of Aunt Bingo thrown in!

If this Bingo center is as nice as you say, you really are in a tough spot. You obviously don't want to walk out or boycott the place, and you've already gotten the jolly response from the jolly manager. You can't tell the workers to shut up or give them dirty looks because you'll be labeled a problem player and risk being given the boot.

My impression is that the atmosphere of this place is very upbeat, starting at the top with Mr. Jolly and running through the chatty, giggly ranks.

So my suggestion would be to slap on a great big smile, take a deep breath and go talk directly with the workers. Be as relaxed as you can (maybe arm yourself with a plate of cookies) and explain that their conversations and laughter carry just the tinniest little bit and can be just the itsy bitsy-est distracting when players are trying to hear the caller. Could they



Clinic Reminders Via Cellphone

If you're a patient and you have a new cellphone number, you need to tell the Department of Veterans Affairs. It has a new system to remind patients about upcoming appointments, and thus far, it's managed to reduce no-shows by more than 100,000 appointments. As of July, 319,000 appointments had been canceled in advance, opening up the time slots for others.

The first reminder text message on your phone will come seven days in advance of the appointment, with a second one two days prior. When the call comes, follow the prompts in the message to confirm that you still want the appointment, or you can cancel it. If you have more than one appointment the same day,

you'll get a message for each one. Be sure to respond to each one individually.

If you're enrolled in VA health care and previously entered a cell number, you're automatically enrolled. If you need to change that number, or if you get a cellphone for the first time, let them know when you check in or

If you don't want these messages and want to opt out, reply STOP to any message and you won't get more of them. Later, to restart your appointment alerts, go to a previous reminder message and type in START.

These messages are only for clinic appointments, not for getting labs, community care or telephone clinics. If you're getting letters or automated calls, you'll still get those.

At this point, only the clinic name is included in the message. However, the VA is working on a way to expand the information you receive in the reminder and give more details about your appointment.

If you have questions about how the calling system works, go to the FAQ at www.va.gov/HEALTH/ VEText.asp and scroll to the bottom of the page.

perhaps quiet down just a tad? (Bat eyelashes.)

With luck, bringing it to their attention may be all that's needed. If your attempt fails, at least you know you tried, and you are now free to decide if you can live with the noise or need to move on. -Guy

Hey guys! (And gals!) Write to: Guy's Turn c/o The Bingo Bugle, P.O. Box 527, Vashon, WA 98070, or email Guy directly at Tonder22@aol.com. Be sure to include your name and address (you may request that your name not be published).



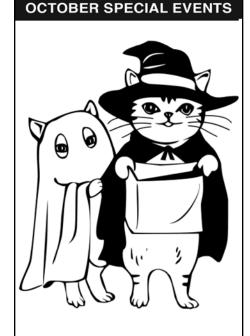
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Casino Day and **Extended Tours** Thursdays to Hinckley **6** Bingo Bugle Minnesota Edition — October 2018



Bingo Needs Your Help!

Dear Aunt Bingo:

I have been retired for almost six months now and am beginning to get a little antsy.

When I first stopped working I must admit that I loved being able to sleep in a little later, get up when I felt like it (or the cat decided it was time), ease into my day, putter if I wanted to, run errands when I felt like it, etc., etc., etc.

While I still enjoy all these things, in recent weeks I've started to feel unproductive, like I should be doing more with my time than I currently am. I do NOT want to go back to work, and don't need to. Which brings me to the option of maybe doing volunteer work

of some kind that will be helpful to others and continue to add purpose to my life.

In fact, it was sitting during a break at Bingo reading the columns in the Bingo Bugle that encouraged me to send you this email and get your thoughts on what to do. As I looked around the room I saw the workers helping the players, chatting with each other, doing different kinds of work that I never really thought about but could see was necessary for the games to be able to go on.

I'm not a big churchgoer, but maybe volunteering to help at this church Bingo is not a bad way to go? There's always the non-church Bingos, too. Maybe I could help at one of those?

I guess my only concern would be the time commitment. I'm happy to help, but I don't want it to become a full-time job. Ideas? — TC, via email

Dear TC:

Doing volunteer work after retirement is a great idea. There certainly is no end to the good causes in need of your help. And while typically people assume that all a charity needs is financial support, the reality is that there are many charities in need of people to contribute manpower to their efforts.

The fact that you've written to me obviously means you like Bingo; so, a Bingo hall is a very good place to start.

Helping at a Bingo hall means you are helping the sponsoring

organization, but you are also helping dozens of causes that the Bingo games choose to support.

It takes quite a bit of effort to operate a charitable Bingo game. It is also very social, giving you the opportunity to make new friends or spend time with old ones. Plus, there's real variety in Bingo volunteerism: You can be a Bingo caller or ball puller, sell Bingo paper and pull tabs, grill burgers in the kitchen, be a general helper in the main Bingo room, and other jobs besides.

Don't worry a bit about the commitment. That's totally your call. In fact, volunteering is kind of a dream job. You are there out of the goodness of your heart, to help. If it's too demanding, quit. If you're feeling stressed, walk away. If you don't like the people you're working with, bye-bye.

Always keep in mind that there are 101 charities out there waiting for you. One is bound to be a perfect fit. —Aunt Bingo

Share your views! Write to Aunt Bingo c/o the Bingo Bugle, P.O. Box 527, Vashon, WA 98070, or email her at <u>STENGL456@aol.com</u>. Be sure to include your name and address (you can request that your name not be published), as typically she will not include anonymous letters in her columns.



WOULD STATE OF THE PROPERTY OF

... It was poet, philosopher and satirist Horace, who lived in the first century B.C., who made the following sage observation: "He who postpones the hour of living is like the rustic who waits for the river to run out before he crosses."

... Legislators in Vermont once found it necessary to outlaw whistling while underwater.

... If someone were to ask you to name the sunniest spot on Earth, you might be tempted to answer "the Sahara Desert" or some other such exotic place. You would be wrong, though; that distinction belongs to a town right here in America. Out of the possible 4,456 daylight hours each year, the sun shines for an average of 4,050 in Yuma, Arizona. That means that there's cloud cover or rain for only about 10 percent of the time there.

... You might be surprised to learn that, according to those who study such things, Alaskans eat twice as much ice cream per capita than the rest of the nation.

... Those who have the time to study such things claim that the most difficult small object to flush down a toilet is a ping-pong ball.

BINGO BUGLE MONTHLY CONTEST



All contest entries must be deposited in Bingo Bugle advertiser halls (eligible halls are listed in the advertiser listing on page 3).

Entries are limited to one entry per person, per bingo location, per month. (Example: If you visit 10 different bingo locations in one month and deposit your entry at each location, you can win up to \$100! If you visit one bingo hall per month, you can win up to \$25.) All entries must be filled out completely and include the name of the bingo location you visited. Entries that are not filled out properly, or that we cannot read due to illegible handwriting, or are considered a duplicate will be disqualified. We look forwa to your entry(s) every month and appreciate your continued readership. Good Luck!

Winners of the monthly contest will be announced each month in the Bingo Bugle. We mail checks after the 20th of each month.

If you have not received payment after six weeks, please contact us at (651) 600-9019.

Monthly Winners to Date:

June: Pam Moeller, Roseville Bingo Hall; Josephine M. Meyer, West St. Paul Bingo Palace; Barbara Lawry, Pot O' Gold Bingo; Bob Henrich, Treasure Island Bingo. July: Robert Chapman, North St. Paul VFW; Susan Helmeke, Mystic Lake Casino; Rosemary Desmond, West St. Paul Bingo Palace: Joyce P. Korsten, Marian KC Bingo; Deloris Miller, Buffalo American Legion #270. August: Mary Morris, Little Canada Market Place Bingo: Tom Dalzell, West St. Paul Bingo Palace: David Tywinski, Treasure Island Bingo;, Patricia Jackson, Pot O' Gold Bingo. September: Steven Arneson, Roseville Bingo Hall; Claudia Westphal, North St. Paul VFW; Mary Gustafson, Markan K of C; Phillip Brown, Mystic Lake Casino Bingo.

October Winners

Roberta Sumner.....\$25, Little Canada Market Place Bingo Haley Koehnen\$25, Pot O' Gold Bingo Donna Bester......\$25, Marian K of C La Vaughn Osborn...\$25, Treasure Island Bingo

PLEASE READ CONTEST RULES BEFORE DEPOSITING YOUR ENTRY. WE DON'T LIKE TO DISQUALIFY ENTRIES.



Little Canada Market Place BINGO HALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No other coupons or discounts at these sessions Sponsored by Little Canada Rec Association #34510-001	2nd Chance Bingo at 7:15	2 50% OFF at 10:30 a.m. & 7:15 Guaranteed \$500 Bonanza at 7:15	1st, 2nd & 3rd Chance Coverall at 7:15	All Packs \$5 At 10:30 a.m., 7:15 & 9:15	5 \$10 of Extras FREE in a \$35 machine or more at 10:30 a.m. & 7:15 \$5 Packs at 9:15	Customer Appreciation Bingo at 1:00 Free Lunch & Door Prizes!
Tottery Basket Giveaways at 7:15 \$5 Packs at 9:15	** **All Games **Pay **\$1.25 at 7:15	9* 50% OFF at 10:30 a.m. & 7:15 Guaranteed \$500 Bonanza at 7:15	All You Can Play for \$50!	11 All Packs \$5 At 10:30 a.m., 7:15 & 9:15	12 \$10 of EXTRAS FREE in a \$35 machine at 10:30 a.m. & 7:15 \$5 Packs at 9:15 2nd Chance Bingo at 10:30 a.m.	\$5 PACKS at 9:15
14* 1st, 2nd & 3rd Chance Coverall at 7:15 \$5 Packs at 9:15	Wild Double and Triple Games	16*50% OFF at 10:30 a.m. & 7:15 Guaranteed \$500 Bonanza at 7:15	Crazy Coverall at 7:15	18 All Packs \$5 At 10:30 a.m., 7:15 & 9:15	19\$10 of Extras FREE in a \$35 machine or more at 10:30 a.m. & 7:15 \$5 Packs at 9:15	\$5 PACKS at 9:15
Stay and Play	22* 2nd Chance Bingo at 7:15	23*50% OFF at 10:30 a.m. & 7:15 Guaranteed \$500 Bonanza at 7:15	24* All Games Pay \$125 at 7:15	25 All Packs \$5 At 10:30 a.m., 7:15 & 9:15	26 \$10 of EXTRAS FREE in a \$35 machine at 10:30 a.m. & 7:15 \$5 Packs at 9:15 1st, 2nd & 3rd Chance Coverall at 10:30 a.m.	27*1st, 2nd & 3rd Chance Coverall at 7:15 \$5 Packs at 9:15
²⁸ Halloween Costume Contest at 7:15 Cash Prizes Lottery Basket Giveaways!	Crazy Coverall at 7:15	30*50% OFF at 10:30 a.m. & 7:15 Guaranteed \$500 Bonanza at 7:15	31*Super Blowout at 7:15 BIRTHDAY CASH TORNADO 6:30-7:15 Door Prizes!	CA 1st \$300	Costume Cont SH PRIZ 2nd \$200 • Alice Street at the Market Pl	'ES 3rd \$100!!

BLOWOUT SESSION

We pay over \$3,900!

\$10 off Silver \$15 off Gold \$20 off Platinum

\$10 OFF admissions all sessions

admissions all sessions on your birthday!

Crazy Coverall Bingo: Five Games Pay \$500 Each!

2nd Chance Bingo: Every Single and Double Game has Two Winners!

STAY & PLAY SPECIAL

Buy first session, receive second session FREE!

We now have Etabs and Linked Bingo!

Mon.	7:15
Tues.	10:30 AM & 7:15
Wed.	7:15
Thurs.	10:30 AM, 7:15 & 9:15
Fri.	10:30 AM, 7:15 & 9:15
Sat.	7:15 & 9:15
Sun	7:15 & 9:15

Bayport American Legion Post 491

263 N. 3rd St. 651-439-5463

BAR BINGO-

Monday 7 p.m.

STILLWATER BOWL

5862 Omaha Ave. N., Stillwater 651-439-2444

Friday 7:15 p.m.

BAYPORT LEGION POST 491

263 N. 3rd St., Bayport 651-439-5463

Saturday 2 p.m. THE BUNGALOW 1151 Rivercrest Rd., Lakeland

651-436-5005 Kelly (651) 491-8972 Lic.#00467

Thursday — Early birds 6:30, regular session 7:15 **Sunday — 2:00**



Buffalo American Legion Post 270

304 10th Ave. S., Buffalo MN 55313 buffalo.legion@buffalolegion.com

(763) 682-2262

GCB License: 00917 Open Monday - Saturday 11 AM to 1 AM Sunday 11 AM to midnight

Treasure Island Bingo

1-800-222-7077

MATINEES

Monday - Saturday Warmups 11:45 a.m. Regular Session 12:30 p.m.

EVENING

Monday - Saturday Warmups 6:45 p.m. Regular Session 7:30 p.m.

AFTERNOON

Sunday Warmups 3:15 p.m. Regular Session 4 p.m.

Bingo sessions are subject to change pending inclement weather. For up-to-date bingo Information, call the bingo hotline at: 1(888)777-5668, extention #2653

Mystic Lake Bingo MATINEES

Monday - Friday 12:45 p.m. and 2:45 p.m. (Early Birds) Saturday and Sunday Early Birds 1:00 p.m. Warmups 1:30 p.m. Regular Session 2:30 p.m.

EVENING

Every day Early Birds 7:00 p.m. Warmups 7:30 p.m. Regular Session 8:00 p.m.

For current bingo information and weather related inquiries, please call our bingo hotline at **952-496-7272**

SUNDAY

Buffalo American Legion (763) 682-2262

304 10th Ave. S., Buffalo Matinee 2 PM★

Little Canada Market Place (651) 483-1203 2900 Rice St., Little Canada

Evening 7:15 & 9:15 PMD Marian KC Hall

(952) 888-1492 1114 W. American Blvd. Bloomington Evening EB 6:30, Reg 7 PM▶

Pot O' Gold (651) 631-1318

Snelling Ave. & Cty. Rd. E St. Paul

Matinee 2 PM★ Evening 7:15 & 9:15 PMD

Roseville Bingo (651) 697-1090 2525 N. Snelling, Roseville

Matinee 1 & 3 PM★ Evening 7 & 9 PMD Late Night 11 PM

West St. Paul Bingo **Palace** (651) 450-9714 1675 S. Robert St., St. Paul Matinee 2 PM★ Evening 7 PMD

No other

coupons,

points or

birthdays

MONDAY

Little Canada Market Place (651) 483-1203 2900 Rice St., Little Canada

RINGO BUGL

Evening 7:15 PM **Marian KC Hall** (952) 888-1492

1114 W. American Blvd. Bloomington Evening EB 6:30, Reg 7 PM▶

Pot O' Gold (651) 631-1318 Snelling Ave. & Cty. Rd. E

St. Paul Early Session 10 AM★ Evening 7:15 & 9:15 PMD

Roseville Bingo (651) 697-1090 2525 N. Snelling, Roseville Matinee 1 & 3 PM★

Evening 7 & 9 PMD **Stillwater Bowl** (651) 439-2444

5862 Omaha Ave. N. Stillwater Evening 7 PM▶

West St. Paul Bingo Palace (651) 450-9714 1675 S. Robert St., St. Paul Evening 7 PM▶

TUESDAY

Little Canada Market Place (651) 483-1203 2900 Rice St., Little Canada Early Session 10:30 AM★ Evening 7:15 PM

Pot O' Gold (651) 631-1318 Snelling Ave. & Cty. Rd. E St. Paul Matinee 1:15 PM★ Evening 7:15 & 9:15 PM

Roseville Bingo (651) 697-1090 2525 N. Snelling, Roseville Matinee 3 PM★ Evening 7 & 9 PMD

West St. Paul Bingo Palace (651) 450-9714 1675 S. Robert St., St. Paul Matinee 2 PM★ Evening 7 PM

WEDNESDAY

Little Canada Market Place (651) 483-1203 2900 Rice St., Little Canada Evening 7:15 PM

Pot O' Gold (651) 631-1318 Snelling Ave. & Cty. Rd. E St. Paul Early Session 10 AM & 12 PM★

Evening 7:15 & 9:15 PMD Roseville Bingo (651) 697-1090 2525 N. Snelling, Roseville Matinee 3 PM★ Evening 7 & 9 PM



Welcome to Roseville Bingo Hall! We always PAY!!! And we always PLAY!!!

2525	N. Snelling	Ave. (1 bloc	k north of I	Rosedale) •	651-697-10	90 • Look u	s up on Facebook!
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Wa have more
	1* 1,3,7,&9 PM \$50 BUY-IN!*	2 3,7,&9PM PLINKO!	3 3,7,&9PM PLINKO!	4 1,3,7,9&11PM Buy a 'Star' 'Rose' or 'Max' Machine 2 Free Side Packs	5 1,3,7,9&11 PM \$20 OFF The 'MAX'	6 1,3,7,9&11 PM PLAY BINGO!	We have more sessions than any other bingo hall! Check us out —
7 1, 3, 7, 9 & 11 PM PLAY BINGO!	8 1,3,7,&9PM MAX MONDAY \$20 off a Max Pack!	9* 3,7,&9 PM 50% OFF* At the Admission Counter	10* 3,7,&9 PM 50% OFF* At the Admission Counter	11 1,3,7,9 & 11 PM Buy a 'Star' 'Rose' or 'Max' Machine 2 Free Side Packs	12* 1, 3, 7, 9 & 11 PM All Nighter!* Buy 7, 9 and 11-PM before 7 PM and your Late Night is FREE! One each person, no splitting of this special!	13 1,3,7,9&11 PM Buy a 'Star' 'Rose' or 'Max' Machine 2 Free Side Packs	30 sessions! ○ Monday 1, 3, 7 & 9 p.m. € ○ Tuesday 3, 7 & 9 p.m. € ○ Wednesday 3, 7 & 9 p.m. €
14 1, 3, 7, 9 & 11 PM \$10 off each session with Roseville Winners Shirt!	15* 1,3,7,&9 PM \$50 BUY-IN!*	PLINKO!	PLINKO!	18 1,3,7,9 & 11 PM Buy a 'Star' 'Rose' or 'Max' Machine 2 Free Side Packs	19 1,3,7,9&11 PM \$20 OFF The 'MAX'	20 1,3,7,9 & 11 PM PLAY BINGO!	 Thursday 1, 3, 7, 9 & 11 p.m. € Friday 1, 3, 7, 9 & 11 p.m. € Saturday 1, 3, 7, 9 & 11 p.m. € Sunday 1, 3, 7, 9 & 11 p.m. €
21 1, 3, 7, 9 & 11 PM October Birthday Party 3 & 9 PM Free \$10 Pkg. and Goodie Bag! Come both sessions!	22 1,3,7,&9 PM MAX MONDAY \$20 off a Max Pack!	23* 3,7,&9 PM 50% OFF* At the Admission Counter	24* 3, 7, & 9 PM 50% OFF* At the Admission Counter	25 1, 3, 7, 9 & 11 PM BUY 7 PM and 9 PM is FREE*	26* 1, 3, 7, 9, & 11 PM All Nighter!* Buy 7, 9 and 11 PM before 7 PM and your Late Night is FREE! One each person, no splitting of this special!	27 1,3,7,9&11PM Buy a 'Star' 'Rose' or 'Max' Machine 2 Free Side Packs	694 CO RD C CO RD B2

3, 7, & 9 PM

3, 7, & 9 PM

PLINKO! PLINKO!

1, 3, 7, & 9 PM

28*1, 3, 7, 9,& 11 PM

MEGA MAX*

Buy 1 & 3 or any two

7, 9 or 11 and get

\$40 OFF

each session on the

Max Machine!

CO RD B2 HIGHWAY 36 CO RD B 36

Midway Speedskating - 00070-007 Roseville Area Youth Hockey - 03191-03

Y PROGRAM

West St. Paul Bingo Palace (651) 450-9714 1675 S. Robert St., St. Paul Evening 7 PM ▶

THURSDAY

Buffalo American Legion (763) 682-2262 304 10th Ave. S., Buffalo EB 6:30 PM Evening 7:15 PM

Little Canada Market Place (651) 483-1203 2900 Rice St., Little Canada

Early Session 10:30 AM★ Evening 7:15 & 9:15 PM North St. Paul VFW 1350

(651) 777-2855 2483 E. 7th Ave. North St. Paul Evening 7 PM

Pot O' Gold (651) 631-1318 Snelling Ave. & Cty. Rd. E

St. Paul Matinee Noon & 2 PM★ Evening 7:15 & 9:15 PM

Roseville Bingo (651) 697-1090 2525 N. Snelling, Roseville Matinee 1 & 3 PM★ Evening 7 & 9 PM Late Nite 11 PM

West St. Paul Bingo Palace (651) 450-9714 1675 S. Robert St., St. Paul Matinee 2 PM★ Evening 7 PM D

FRIDAY

Bayport Legion Post 491 (651) 491-2418 263 N. 3rd St., Bayport Evening 7:15 PMD

Little Canada Market Place (651) 483-1203 2900 Rice St., Little Canada

Early Session 10:30 AM★ Evening 7:15 & 9:15 PM

Pot O' Gold (651) 631-1318 Snelling Ave. & Cty. Rd. E

St. Paul Matinee 2 PM★ Evening 7:15 & 9:15 PM ▶ Late Nite 11:15 PMD

Roseville Bingo (651) 697-1090 2525 N. Snelling, Roseville Matinee 1 & 3 PM★ Evening 7 & 9 PMD Late Nite 11 PM

West St. Paul Bingo Palace (651) 450-9714 1675 S. Robert St., St. Paul Evening 7 PM ▶



Full Boat

Full Boat

Sponsored by Charitable Org: St. Katherine Ukrainian Church #31686

28 GOLD+2 sides \$45

PLATINUM

+2 sides \$65

GOLD+2 sides \$45

PLATINUM

+2 sides \$65

BIRTHDAY

PARTIES!

SATURDAY

Little Canada Market Place (651) 483-1203 2900 Rice St., Little Canada Evening 7:15 & 9:15 PMD

Marian KC Hall (952) 888-1492

1114 W. American Blvd. Bloomington Matinee EB 12:30 Reg. 1 PM₩

North St. Paul VFW 1350 (651) 777-2855

2483 E. 7th Ave. (upstairs) North St. Paul Matinee 1:30 PM★

Pot O' Gold (651) 631-1318

Snelling Ave. & Cty. Rd. E St. Paul Matinee 2 PM★ Evening 7:15 & 9:15 PMD

Late nite 11:15 PM

Roseville Bingo (651) 697-1090

2525 N. Snelling, Roseville Matinee 1 & 3 PM★ Evening 7 & 9 PMD Late Nite 11 PM‡

West St. Paul Bingo Palace (651) 450-9714 1675 S. Robert St., St. Paul Matinee 2 PM★ Evening 7 PMD



Saturday 12:30 PM 7:00 PM Sunday Monday 7:00 PM Doors Open: 1 hour prior Warmups: 30 mins. prior

Bar Bingo at 8 PM Wednesdays



UP TO

COVERALL

\$7 PACKS FOOD **PULL TABS** E-BINGO HORSE RACES

www.KofCBloomington.com

Marian Knights of Columbus License A-00085

North St. Paul VFW

THE ONLY HALL BINGO GAME IN TOWN!

2483 E. 7th Avenue, North St. Paul • (651) 777-2855 • License A-00018

– BINGO 7 PM —

Thursday — \$1,000 PROGRESSIVE **GAME** and \$1,000 COVERALL

Bonanza \$500 Progressive

1 Lucky Buck Drawing for \$300 Every Tuesday at 7:30 PM

— BAR BINGO —

PROGRESSIVE BAR BINGO

Saturdays, 1:30 PM (upstairs)

PROGRESSIVE \$1,000 COVERALL

1 Lucky Buck Drawing for \$300 Every Saturday at 7:30 PM

Free Birthday Packages — Last Thursday of Every Birthday Month!

BINGO - PULLTABS - Upstairs & Downstairs in the Hall MEAT RAFFLE Tues. & Fri., 5 PM; Sat. 1:30 PM Concessions • Handicapped Accessible • ATM Available Upstairs

3776 Connelly Avenue • Arden Hills, MN 55112 • 651-631-1724

EVERY EVENING: Jackpot Coverall Pays up to \$1,000 (\$600 guaranteed)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	WEDNESDAY THURSDAY		SATURDAY
pot-o-gold- bingo.com * No other coupons or discounts at these sessions	Pick-A-Pot All Sessions Hot Ball Evening Sessions Full Boat	50% OFF All Sessions Hot Ball	5X Points All Sessions Hot Ball \$500 @ 7:15	All Sessions Silver, 2 FREE Sides with Gold or		TWO FREE SIDES with Gold or Platinum Evening Sessions: HOT BALL Full Boat
GOLD +2 sides \$45 PLATINUM +2 sides \$65	Pick-A-Pot All Sessions Hot Ball Evening Sessions Full Boat	50% OFF All Sessions Hot Ball	5X Points All Sessions Hot Ball \$500 @ 7:15	11 ALL SESSIONS 1 FREE Side with Silver, 2 FREE Sides with Gold or Platinum Package Guaranteed Action!	12 2 PM: TWO FREE SIDES with Gold or Platinum Evening Sessions: HOT BALL All-Nighter	TWO FREE SIDES with Gold or Platinum Evening Sessions: HOT BALL Full Boat
GOLD +2 sides \$45 PLATINUM +2 sides \$65	Pick-A-Pot All Sessions Hot Ball Evening Sessions Full Boat	50% OFF All Sessions Hot Ball	5X Points All Sessions Hot Ball \$500 @ 7:15	ALL SESSIONS 1 FREE Side with Silver, 2 FREE Sides with Gold or Platinum Package Guaranteed Action!	TWO FREE SIDES with Gold or Platinum Evening Sessions: HOT BALL All-Nighter	20 2 PM: TWO FREE SIDES with Gold or Platinum Evening Sessions: HOT BALL Full Boat
Winners Circle!	Pick-A-Pot All Sessions Hot Ball Evening Sessions	50% OFF All Sessions Hot Ball	5X Points All Sessions Hot Ball	25 ALL SESSIONS 1 FREE Side with Silver, 2 FREE Sides with Gold or Platinum Parkage	26 2 PM: TWO FREE SIDES with Gold or Platinum Evening Sessions: HOT BALL	27 2 PM: TWO FREE SIDES with Gold or Platinum Evening Sessions: HOT BALL

5X Points Pick-A-Pot Queen/King for a Session All Sessions 50% OFF played every Wednesday in October! All Sessions Hot Ball \$500 @ 7:15 Hot Ball **All Sessions Costume Contest Evening Sessions** Guaranteed Hot Ball

\$1,000 Bonanza

\$500 @ 7:15

GUARANTEED ACTION! Guaranteed \$500 payout on the Double

Platinum Package

Guaranteed Actio

Action game every Thursday in October!

All-Nighter



Full Boat

26 Low-Cost, **High-Value Sessions Weekly!**

Sunday 2:00, 7:15, 9:15 Monday 10 a.m., Noon, 7:15, 9:15 **Tuesday** 1:15, 7:15, 9:15 Wednesday 10 a.m., Noon, 7:15, 9:15 Thursday Noon, 2:00, 7:15, 9:15

Friday 2:00, 7:15, 9:15, 11:15 Saturday 2:00, 7:15, 9:15, 11:15

(Bonanza) prizes available on our website pot-o-goldbingo.com

Daily Progressive Game

Like us on Facebook! potogoldbingoardenhills

BIRTHDAY BONUS!

Receive 1 free admission package every sesson on your special day.

All Sessions in October except Tuesdays:

\$10 Off Silver, \$15 Off Gold, \$20 Off **Platinum Package**

Full Boat Machine for \$50 (\$132 value)

ALL-NIGHTER

Buy 7:15 & 9:15 sessions, Play 11:15 session FREE!

■ Bugle Cruise News

Navy Lady Cruises with Bingo Bugle

After a rewarding career with the U.S. Navy, Stacey Byington, 65, of Kingsland, Georgia, knew exactly what she wanted to do with her retirement years: travel. "I enjoy visiting new places, meeting new people and seeing new things," she says. "I'm happy to finally have the time and the freedom to do that "

Stacey's number one means of vacation travel is RVing. "I joined a women's RV group, so I can always see what other RVers are doing," she says. "RVing is an excellent way to see the country."

Stacey doesn't limit herself to the road, however. As a big Bingo fan who likes to play several times a week with friends at a military base in southern Georgia, she says she was thrilled when she came across the website for the World Championship Bingo **Tournament & Gaming Cruise** while scouting the Internet for travel ideas.

"Being with the Navy, obviously I love ships and cruising," Stacey says. "The idea of taking a weeklong cruise that featured a Bingo tournament sounded fantastic to me."

That was back in 2013, and Stacey has gone on every tournament cruise since. "I go with my friend, Jasmine Todman, who is still in the Navy," she says. "We always have a great time."

Stacey says there are two things that she particularly enjoys about the World Championship **Bingo Tournament & Gaming** Cruise. First, it brings people together from all over North America who enjoy playing Bingo and get to do so while experiencing an exotic cruise vacation. "I also like how it is set up as an even playing field," she says. "Everyone has the same number of cards and plays the same number of games, so we each have an equal chance of winning."

Stacey says she enjoys taking advantage of as many shore excursions as possible. "I love photography and like to take my camera on tours that explore the islands and have lots of opportunities to take pictures."

Stacey will have plenty more photo ops this year, as the 30th **Annual World Championship Bingo Tournament & Gaming** Cruise sets sail from New Orleans and visits the beautiful Caribbean ports of Montego Bay, Grand Cayman and Cozumel aboard the luxurious Carnival Dream.

There's plenty of fun in store, but not many days left for players to sign up and come aboard. Phone the Bingo Bugle Cruise Hotline (888-352-2464) or visiting us online at bingobugle.com/ cruise to book your cruise now.



by Annie E. Ennis

Dips & Salsa

Dear Annie.

We are having a big party in October. I need some recipes for a veggie dip and a salsa. Help me please. — Barbara Sue from Greenville, South Carolina

Dear Barbara Sue.

My three Indiana children and their spouses were visiting me when I received your request. Here are two recipes from these very talented cooks of my family. They prepared both of these hors d'oeuvres for guests at our "Annual Indiana Corn Roast." They bring dozens and dozens of fresh picked corn from Indiana to my home in North Carolina. -Annie

CORN AND BLACK BEAN SALSA

1 can black eyed peas, drain and

1 can white shoepeg (white sweet) corn, drain and rinse

1 can black beans, drain and rinse 1 can diced chilies

1 can diced petite tomatoes, drained

3 green onions, sliced thin 1 can Rotel canned tomatoes,

drain and reserve juice 8+ ounces zesty Italian dressing

Using a medium-sized bowl, mix all of the above ingredients. Add back the Rotel juice as necessary for salsa consistency. Adjust the amount of Italian dressing to your tastes. Serve with corn chips or corn scoops.

DILL VEGETABLE DIP

1 cup sour cream

- 1 cup mayonnaise
- 1 teaspoon parsley
- 1 teaspoon dill
- 1 teaspoon Accent flavor enhancer
- 1 teaspoon seasoning salt
- 1 teaspoon Beau Monde Seasoning (Spice Island)

Large selection of fresh cut-up veggies: carrots, broccoli, red, green and yellow peppers, celery, etc.

In a medium-sized bowl, mix all of the above ingredients, except for the veggies. Chill until ready to

Correction: In the July 2018 column, the recipe for Honey Mustard Ribs had the incorrect amount of mustard—it should be 2 teaspoons, not 2 cups. Apologies for the error.

Your comments and questions about cooking and entertaining will be addressed in this monthly column. Write to "Ask Annie" c/o Annie Ennis, 8312 SE 168th Trinity Place, The Villages, FL 32162. So Ask Annie. Don't forget you can E-mail me at aennis@thevillages.net.



Minnesota Edition — October 2018

Bingo Bugle 11

PLAY MINNESOTA BINGO!

Alexandria, MN

Applefest! Saturday, Oct. 20. A celebration of the Apple Harvest including Apple wines. Pumpkin catapult demonstrations and contests, pumpkin carving, quilt show and auction, food vendors, kids pie eating contest and horse drawn wagon rides. At Carlos Creek Winery, Alexandria.

Aurora, MN

Pumpkinfest — October 13. Held indoors and outdoors at the Aurora Community Center. Features lots of pumpkins, craft vendors, quilt show, children's games, wagon rides, and festival foods. Also a 5k pumpkin run.

Becker, MN

Bingo Night at the Library, Monday, Oct. 29, 6:00-7:30 p.m. All ages, family are welcome! Enjoy a fun family game night at the library! Different Bingo game themes will be used each month. Registration is required. Sponsored by the Friends of the Becker Library.

Braham, MN

Bingo at the Braham Event Center — Bingo is held each Monday and Wednesday at 6:00 p.m. in October. \$1,000 coverall. A delicious lunch is served each evening. Braham Event Center, 655 8th St. SW, Braham. For more

info call (320) 396-3177 or email

Cold Spring, MN

info@brahamcenter.org.

Halloween Bingo! Friday, Oct. 26 at 3:30 p.m. For children ages 7 and up. Come to the library and try your luck at Bingo! Prizes and fun! Preregistration required, limit 20. Great River Regional Library, 27 Red River Ave. S., Cold Spring.

Ely, MN

Bingo! October 24, 1:00-3:00 p.m. Join Ely area seniors for Bingo each Wednesday. Cost is ten cents per card. Ely's Senior Center, 27 S. 1st Ave. E., Ely. For more info contact the Ely Chamber of Commerce at (800) 777-7281 or (218) 365-6123.

Fernbrook PTO Spooky Bingo!

Friday, Nov. 2, 5:00-7:00 p.m. at Fernbrook Elementary, 9661 Fernbrook Ln. N., Maple Grove. A family-friendly evening of bingo and halloween fun! Guests in costume will receive one free bingo card. Concessions, including pizza, will be available for purchase.

Faribault, MN

Fall Festival! Oct. 13, 12:00-3:00 p.m. in downtown Faribault. Parade, kids games, "Spooky Basement" tours at the Paradise Center for the Arts from 1:00-3:00 p.m., walking tour, chili contest and more at faribaultmn.org.



Dorothy won on the Blue at Roseville Bingo Hall.

Fergus Falls, MN

American Legion Post #30 Bingo — Regular Bingo on Oct. 12 from 6:30-8:00 p.m. 2010 S. Pebble Lake Rd., Fergus Falls.

Minneapolis, MN

Great Pumpkin Bingo! Saturday, Oct. 13 from 5:00-8:00 p.m. Hosted in the Basilica Undercroft, Great Pumpkin Bingo is back and better than ever! Don't miss out on your chance at great prizes, including tickets to the 25th Basilica Block Party! Come to win (in costume), stay for the food and cash bar. Buy tickets online at www.mary.org/bingo. The Basilica of Saint Mary, 88 17th St. N., Minneapolis.

New Ulm, MN

Bingo at the Community Center!

Cards are \$1 each and cash prizes are awarded. Join your friends for an afternoon of fun and enjoy a cup of coffee while you play. Wednesdays starting at 1:30 p.m. at the Community Center, 600 N. German St., New Ulm. For info call (507) 354-3212.

New Ulm Oktoberfest, Oct. 5-13. This annual Minnesota Oktoberfest will take place at four locations in New Ulm on the first two weekends in October (Friday and Saturday). The four locations are the Best Western Plus, Downtown New Ulm, Morgan

Creek Vineyards and Schell's Brewery. Two indoor stage areas feature German-style polka and bands playing party favorites for dancing; downtown activities include horse-drawn trolley rides, hometown bands and tours of various buildings including the John Lind House, Hermann Monument, Schell's Brewery and the Minnesota Music Hall of Fame. Don't miss the 45 foot Musical Glockenspiel which is setup in the downtown area.

Northfield, MN

Fall Harvest Festival! Oct. 7, 8:00 a.m.-8:00 p.m. Located at Bridgewater Produce Farm on Hwy. 19. Pumpkin patch, cornbox, corn maze, kids barrel cart rides, mini-mazes, play area, hayrides. Admission: \$5.

Bingo at Carbone's! Oct. 8 and 18 at 7:00 p.m. 620 Water St. S., Northfield.

Pelican Rapids, MN Pelican Rapids Oktoberfest,

Oct. 10-14 — Four days of Oktoberfest fun starting on Thursday and ending on Sunday. Be sure not to miss the leadup events, including the search for the Oktoberfest medallions and hunt for Mr. & Ms. Oktoberfest. If you can solve the clues, you win a prize of \$50 in Pelican Bucks. Thursday events include the crowning of Mr. & Ms. Oktoberfest, open house at the fire department with light supper served, bingo at the VFW, and a wine and beer tasting with live music. Friday has the largest pumpkin contest, chainsaw sculpting, more bingo and a salute to the troops with live music at the VFW. Saturday includes the Lions pancake breakfast, 5K and 10K run, farmer's market and food court at the Pelican Rapids Fire Hall, pinochle tournament, live auction and more. On Sunday, enjoy the "best of the wurst" sausage & beer sampling as well as the oldfashioned polka party.

Pipestone, MN
Come play BINGO at the
Pipestone Senior Center every

first Thursday of the month (through December 2018). Only \$1 per card, or buy three cards and get the fourth one FREE. Enjoy a fun afternoon with friends. Afterwards, coffee and cookies will be served. Pipestone Senior Center, 217 S Hiawatha Ave. in Pipestone.

Stillwater, MN

Stillwater Harvest Fest, Oct. 13-14. Chili cook-off, microbrew

tasting, giant pumpkin weigh-off, pumpkin regatta, live music, kids costume parade, food vendors, kids pumpkin pull, face painting, pie eating contest, and more.

Saint Paul, MN

Twin Cities Oktoberfest - Oct. 5-6 at the Minnesota State
Fairgrounds in Falcon Heights.
Two days of live music, dancers, brats and Summit Oktoberfest beer. Twin Cities Oktoberfest brings together food, Fun and beer on the Minnesota State Fairgrounds in the Historic Progress Center building.
Summit beers, wines and cider, traditional German food, live music and entertainment, great people watching, festival games, shopping and more. Each ticket

includes admission, a beer stein

South Saint Paul, MN

and your first beer...Prost!

On the Road Again! Oct. 6: Booya competition, food vendors, arts and crafts, flea market, car show, petting zoo and rides for kids. Cntral Square, South Saint Paul. There will be two stages with regional talent playing jazz and rock.

Willmar, MN

Halloween Bingo — Come join in the fun Tuesday, Oct. 30 at 6:30 p.m. at the Willmar American Legion Post 167, 220 19th Ave. SW, Willmar. Costumes optional For info call (320) 235-8136.



Bugle Crossword



Bugle Sudoku

7	3	9	1	6	8	2	5	4
8	2	6	5	4	3	1	7	9
5	4	1	9	2	7	3	6	8
3	6	8	4	1	5	9	2	7
4	5	7	3	9	2	8	1	6
1	9	2	7	8	6	5	4	3
6	8	5	2	3	4	7	9	1
9	7	4	8	5	1	6	3	2
2	1	3	6	7	9	4	8	5

Jumblers

Jumbles: TWIRL CLASS HORRID TRUDGE Answer: When they told them they'd be driving clockwise, the drivers said — ALL RIGHT



What's New in Nevada

ARTIST WINS BIG, IN COURT

The artist who designed New York-New York's Statue of Liberty replica was awarded a \$3.6 million judgement for copyright infringement after the face of the statue was used on a stamp of which 4.9 million were sold. The U.S. Postal Service didn't realize they'd used an image of the New York-New York statue, which incorporated modifications to reflect the face of the artist's mother-in-law, instead of an image of the actual Statue of Liberty.

TREE HOUSE IN DOWNTOWN VEGAS

Groundbreaking for a \$7 million 22,000-square-foot entertainment and dining venue downtown took place this past summer. The Treehouse will be located on Main Street in the Arts District (taking over the building that once housed vintage-clothing store the Attic) and will feature everything from a 300-seat Asian seafood restaurant, four bars, day club with pool, nightclub, and video poker to fullsize indoor and outdoor trees and exotic wood finishes. Originally announced last January with a planned June opening, the Treehouse is now expected to be completed by March 2019.

LIGHT SHOW UPGRADE

A Danville, Illinois, sign company has been awarded the \$30 million contract to upgrade the light show

on Fremont Street. Watchfire Signs, founded in 1932, beat out competition from around the world to install the new screen, which will be seven times brighter and four times sharper, making it vivid even during daylight hours. The nearly 50 million LEDs and 16.3 million pixels are four times more than the existing screen. The new system will be installed in eight sections starting early next year and will operate during the changeover, scheduled for completion by the end of 2019. Viva Vision's last upgrade was in 2004 at a cost of \$17 million.

RED SHARK IN VEGAS

Hunter S. Thompson's personal 1973 red Chevrolet Caprice convertible, known as the "Red Shark," has been donated to Cannabition the recently opened marijuana museum located at Neonopolis. Thompson drove the same model car, which he rented in L.A., to Las Vegas for the gonzo trip he recounted in Fear and Loathing. In the trunk, he had so many drugs that he described it as similar to a police "mobile narcotics lab." This car was given to Thompson in the '80s as a gift by friends, then donated to the museum by Thompson's widow Anita; it's one of two dozen large-scale art pieces at the 9,000-square-foot Cannabition, including the world's largest bong.



by Henry Tamburin

Losing At Blackjack

No matter how good a blackjack player you think you are, you will eventually experience a losing session. How you manage yourself when this happens is just as important as knowing when to double down and split.

Sometimes players lose their money because of their lack of self-control caused by the exciting atmosphere in a casino. I wrote about this in my book, The Ten Best Casino Bets. When you enter a casino, you are entering a place of business. Moreover, like all successful businesses. the casinos are run by shrewd businesspeople whose job is first, to keep you playing and happy, and second, to separate you from your money as quickly and painlessly as possibly. To meet these objectives, they create an atmosphere in the casino that can be described as a "Disneyland for adults." No clocks to let you know it's time to leave this utopia, no windows to let you see out to the real world, free drinks at the tables, and free lounge shows.

And what happens to the gambler when he enters this casino-designed excitement? For him, the rewards of winning all of the casino's money far outweigh the risks of losing his meager bankroll. Moreover, this exciting atmosphere makes it easy for the average player to feel lucky and go broke at the chance of winning the jackpot.

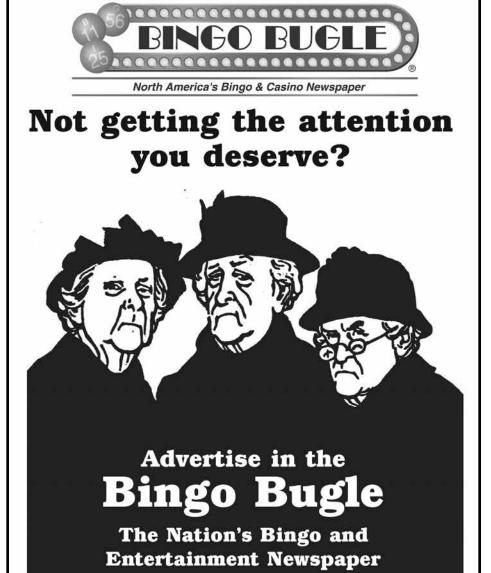
First, and foremost, in order to be a winner, you must learn to control your emotions in the casino. As casino gambling author Lyle Stuart succinctly put it, "The real struggle when you are playing is, in most cases, not between you and the casino, but between you and yourself." You will find plenty of temptations to keep you playing and losing; therefore, you must develop a sense of timing or awareness (i.e. discipline) of when to play, and more importantly, when to quit.

Here are some specific tips that you can use to avoid the casino's psychological traps that doom players into losing.

- If you are tired from a long drive or flight, now is not the best time to hit the tables. Play only when you are rested and alert.
- Watch the alcohol consumption when you play. From the casino's perspective, there's a reason why they offer players free alcoholic drinks.

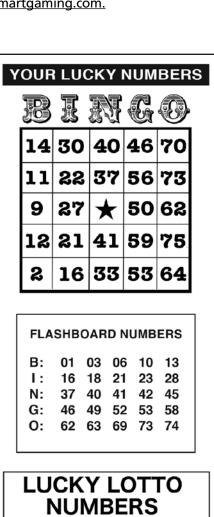
- If you get ahead, don't be caught in the trap of thinking that you are betting with the "casino's money." Once the chips go from the casino's chip tray to your side of the table, that's now your money, not the casino's money.
- Keep track of time and set reasonable win goals. Unless you are a card counter, the odds are stacked against you, so be content with a modest win. If you manage to get ahead by, say, 30% or more of your starting bankroll, pocket half of your profit plus what you started with, and play with the rest. This way, even if you lose "the rest," you'll still be able to go home with a profit.
- Set a stop loss and discipline yourself to stop playing if you reach it. You have nothing to be ashamed of if you have a losing session. The casinos will always be open for you to try your luck again, hopefully, with better results. There's a reason that you bet chips and not cash in a casino. If you were to put down a couple of ten- or twenty-dollar bills on the felt as a bet, you might think twice about doing it. However, once your cash is converted to chips, players often lose sight of the fact that those chips represent hard-earned money. Betting chips rather than cash makes it easy for players to over bet their bankroll, resulting in a quick and painful losing session.
- The odds of winning the next hand don't change just because you lost the previous hands. If you run into a buzz-saw dealer, who consistently draws to 20 and 21 and beats the table, quit, and take a break. Relax, catch your breath, and try your luck at another table.

Henry Tamburin is the host of <u>www.smartgaming.com.</u>



To give us a try, call or text (651) 600-9019

or email bingomnp@aol.com



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Minnesota Edition — October 2018 Bingo Bugle 13

Poker Talk



Pot-Limit Omaha Can Be A Wild Game

By Chad Holloway

No-limit hold 'em is the most popular form of poker in the world. The second-most-popular poker game is pot-limit Omaha, more commonly known as PLO. The games are similar in that there are three streets of action, and the same hand rankings apply.

However, instead of getting two cards, you receive four down cards and must play two from your hand and three from the board to make your best five-card hand. The other big difference is that it is pot-limit, meaning the most you can bet is the amount in the pot.

PLO may not sound as actionpacked as no-limit hold 'em, but it definitely is, as pots get big in a hurry. In fact, PLO is a favorite among many cash-game players.

At the 2018 World Series of Poker, there was a \$10,000 PLO Championship, and one of the players participating in it was 2005 WSOP Main Event champion Joe Hachem. You might remember him from the ESPN telecasts as the Australian who had his mates chanting, "Aussie, Aussie, Aussie, Oi, Oi, Oi!"

In one hand during the tournament, Hachem raised to 10,000 under the gun, and WSOP bracelet winner Ryan Laplante called from the button holding Kd Qd Ks 8h.

The flop came down 9s 9c 7d, and Hachem bet 7,500, which Laplante called with two pair, kings and nines.

Laplante then called a bet of 15,000 on the Qs turn before the Ac completed the board on the river. Hachem bet 33,500, and Laplante shoved for 89,000 total.

Hachem hit the tank and eventually folded aces full of kings, a hand that would lose only to four of a kind.

"[This] hand is more ridiculous, as I sucked at math when potting," Laplante said. "[Betting] pot on river is actually 74K. So, he bet 33.5K into 74K, and I shoved 55.5K into 141K."

It was a tight fold. But
Hachem, who actually had three
aces among his four hole cards,
somehow convinced himself that
his opponent had the other two
nines down. On a paired board,
most players won't raise the pot
with bad full houses. Given that
Hachem accounted for all the
aces, there weren't many good full
house possibilities out there. The
math didn't make much sense,
but that played to Laplante's
advantage, as Hachem apparently
judged that Laplante had the nuts.

Ironically, Hachem found himself in a similar spot later in the tournament. With 130,000 in the pot and a board reading Kc Kd Ah 7h Js, Hachem went all in and Brandon Shack-Harris snap-called. Hachem showed aces full of kings for the second nuts, but this time his opponent really did have quads, as Shack-Harris rolled over Kh Ks 4s 2c.

Two twisted spots ultimately sent Hachem to the rail in 61st place for \$15,739 in prize money. These two hands were indicative of just how wild pot-limit Omaha can be.

Chad Holloway is a 2013 World Series of Poker bracelet winner and media director for the Mid-States Poker Tour. Follow him on Twitter:

@ChadAHolloway.



Live From Island Bingo

Every Saturday in October, Treasure Island Resort and Casino's evening bingo session features "Live from Island Bingo, It's Saturday Night!" All regular games pay \$500 when you buy our \$18 pack, or \$1,000 when you buy our \$33 pack. Electronic packs are \$2 more. Call Treasure Island to confirm November and December dates.

Also....

Treasure Island Resort & Casino will be having a \$5,000 Costume Contest on Saturday, Oct. 27 from 7:00-9:00 p.m. hosted by Crisco & Ryan from KS95. Win \$1,000 free slot play for: Most Creative Costume, Most Realistic Costume, Scariest Costume, Best Island Life Costume and Best Overall Costume.

Contest rules and restrictions prohibit wearing of costume masks or heavy facial applications that significantly disguise facial features; and real or simulated weapons of any kind. ID protocol will be adhered to as per usual.

Bingo at Shooting Star Casino

\$5,000 must go! Come play bingo at the Golden Eagle Bingo Hall on Saturday, October 13 at 6:00 p.m. Plus Game pays \$1,000; Layer Cake pays \$1,000; and Coverall pays \$3,000! Shooting Star Casino is located at 777 Casino Road, Mahnoman, MN 56557 and is open 24 hours a day, 365 days a year. For more information call 1 (800) 453-STAR.



Treasure Island Resort & Casino

Live from the Island Events Center

Oct. 26 - Gary Spivey's Night of the Living Dead, 8 PM

Nov. 9 - Wynonna and The Big Noise (with special guest David Lee Murphy), 8 PM

Nov. 10 - Jay and the Americans (Veterans Dinner & Show, free for Military Service Members), 8 PM

Dec. 1 - Johnny Rivers (old time rock 'n' roll and blues), 8 PM

Dec. 14 - Tyler Henry - The Hollywood Medium, 8 pm

Dec. 30 - Styx (classic rock), 8 PM

Call 1-800-222-7077 for Casino, or 1-800-745-3000 Ticketmaster.

Mystic Lake Casino Hotel

Live from the Mystic Showroom

Oct. 6 - Dane Cook (comedian), 7 & 8 PM

Oct. 11 - The Avett Brothers (folk-rock/roots band), 8 PM

Oct. 14 - Billy F. Gibbons "The Big Bad Blues Tour" (featuring Matt Sorum & Austin Hanks), 8 PM

Oct. 26 - Straight No Chaser (world famous a capella group), 8 PM

Oct. 28 - "So You Think You Can Dance" 2018 Tour, 8 PM

Nov. 1, 2 & 3 - Thunder From Down Under (male review), 8 PM

Nov. 11 - Lord of the Dance (Dangerous Games), 8 PM

Nov. 23 - Donny And Marie Holiday 2018 Tour, 8 PM

Nov. 30 - Ron White (comedian), 8 PM

Dec. 13 - The Tenors (Christmas Classics & Hits), 8 PM

Box office: 952-496-6563, 952-445-9000 for Casino information

Black Bear Casino

Live from the Otter Creek Events Center

Oct. 5 - Chubby Checker and The Wildcats, 7 PM

Oct. 29 - Wicked Wonderland Halloween Party (free), 7 PM-11 PM

NATIVE AMERICAN HERITAGE MONTH

Nov. 1 - The Rez Reporter (comedy, free), 5 PM

Nov. 1 - I Am Anishinaabe (fashion show, free), 5:30 PM

Nov. 17 - Brooke Simpson (free), 7 PM

Nov. 30 - Brule Holiday Concert (free), 7 PM

www.blackbearcasinoresort.com

Located at the intersection of I-35 and Hwy. 210 in Carlton, Minnesota, 20 minutes south of Duluth and approximately two hours north of the Twin Cities. Phone: (218) 878-BEAR (2327)

Toll Free: 1-888-771-0777 (US & Canada)

Northern Lights Casino

Live from the North Star Hall

Oct. 12 - The Bellamy Brothers (country), 7 PM

Oct. 26 - Ken Jeong (star of the "Hangover" movies series), 7 PM

Dec. 8 - Sawyer Brown (country), 7 PM

Call 877-LIGHTS-9 FOR TICKETS! Or buy tickets online!

Receive \$5 Slot Play Coupon with each ticket purchase.

Shooting Star Casino

Live from the Events Center

Oct. 5 - The Nitty Gritty Dirt Band (country rock), 8 PM

Oct. 12-13 - 8th Annual Paracon Convention

Oct. 20 - MMA—No Mercy IX, 6:30 PM

Oct. 26 - Willams & Ree (comedians), 8 PM

For ticket info, call 1-800-313-7469.



BUGLE CROSSWORD

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22					
23				24					25			26	27	28
29			30				31	32						
		33				34						35		
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41					42					43				
44			45	46					47				48	49
50								51				52		П
			53			54	55				56			П
57	58	59				60					61			П
62						63					64			П
65						66					67			П

ACROSS

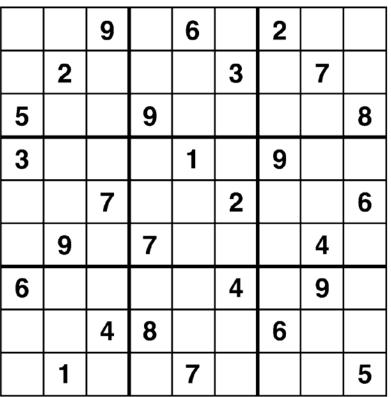
- 1 Cuts (off)
- 5 Unwelcome stocking stuffer
- 9 Express gratitude to
- 14 Monogram ltr.
- 15 Starting poker pot contribution
- 16 Pocahontas' husband John
- 17 Corp. assistant
- 18 "Lovely" meter maid in a Beatles song
- 19 Volunteer's offer
- 20 "Rest those weary feet"
- 23 Tarzan actor Ron
- 24 Whole bunch
- 25 Spanish beaches
- 29 Div. the Phillies play in
- 31 Most of a mortgage payment, usually
- 33 Big oaf
- 34 Sheriff Taylor's TV son
- 35 __ Fáil: Irish coronation stone
- 36 "Why not try the recliner?"
- 41 She raised Cain
- 42 "The Scarlet Letter" letter
- 43 Colorful Mattel card game
- 44 Wedded couples
- 47 Had heard about
- 50 Deep down
- 51 Yellowfin tuna
- 52 Boston skyscraper, with "the"
- 53 "Don't just stand there"
- 57 Johnny with the catchphrase
- "Come on down!"
- 60 "Out of Africa" author Dinesen
- 61 Toaster waffle choice
- 62 Air rifle
- 63 Prefix with meter
- 64 1969-'74 Israeli prime minister
- 65 Word-guessing game
- 66 Table scraps
- 67 Taxpayer IDs

DOWN

- 1 "___, my children, and you shall hear
- ... ": Longfellow
- 2 Common soccer score
- 3 They're fussy about food
- 4 Eyelid sore
- 5 Used auto area
- 6 Veggie that may cause tears
- 7 "__ girl!": "Way to go!"
- 8 Starring role
- 9 Wee bit
- 10 To what length
- 11 Late, great boxer
- 12 Org. with Jaguars and Panthers
- 13 Kenan's Nickelodeon pal
- 21 On the briny
- 22 Made a choice
- 26 Book for finding local businesses
- 27 Where billions live
- 28 Lay's chips-in-a-can brand
- 30 Police dept. alert
- 31 Apple tablets
- 32 1492 ship
- 34 Gave the green light
- 36 Tractor-trailer
- 37 Lendl of tennis
- 38 Fish basket
- 20 Hard to deciphor as
- 39 Hard to decipher, as some ancient inscriptions
- 40 L.A.-to-N.Y. dir.
- 45 Remove roughly, as a magazine page
- 46 "Couldn't tell ya"
- 47 Casual pants
- 48 Starting point
- 49 Uproars
- 51 Not together
- 54 Slimming surgery, for short
- 55 Techie's client
- 56 Skirt bottoms
- 57 Transitive vb. follower
- 58 Wall St. takeover
- 59 Mil. three-striper

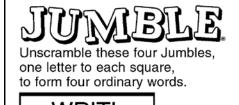
BUGLE SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆



WRITL

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SCALS

RIHROD

DURGET

This is going to take some getting used

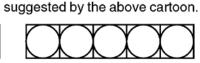
I think it will be fine.

THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek

WHEN THEY TOLD THEM THEY'D
BE DRIVING CLOCKWISE, THE
DRIVERS SAID --Now arrange the circled letters

Print your answer here:



to form the surprise answer, as

For puzzle solutions, see page 11.

Lucky Lotto News

Winner Almost Trashes Ticket

Delaine Passucci, 47, of Michigan, won \$50,000 from a lotto ticket she almost threw in the trash after several failed attempts to check her winnings. A verification machine malfunctioned when Passucci first scanned the ticket, which she had bought at a grocery store. Weeks later, she tried again and had the same issue. "I was just about to toss it in the garbage when I decided to have the clerk scan it," Passucci said. "When she told me I'd have to go to the lottery office to claim my prize, I realized I'd won too much for the self-scanner to give me a prize amount." She plans to donate money to her church and put some in savings.

Fortune Cookie Leads to Mega Win

A Vancouver, Washington, man's fortunes took a turn for the better after enjoying a fortune cookie that contained three fortunes. Two of the messages read: "Buy a ticket. All your financial troubles will soon be resolved." So the man took the cookie's advice and bought a lottery ticket at a convenience store. When he later checked the ticket, he thought he had won \$125. After a closer look, he was stunned to discover he won \$125,000. "Who knew my day would be turned upside down by the message on a fortune cookie?" the winner, who chose to remain anonymous, later said. Lottery officials said the man told them the prize would help him rest easier and that he planned to celebrate his win with a nice sushi dinner.

Winner Plays Lottery 'Just for Fun'

Ramiro Chagolla Arreaga, 29, of Lancaster, New York, has become another lottery millionaire after he scratched off the jackpot winning combination on a \$3 million Mayhem ticket. "I buy lottery scratch-off tickets for the fun of it," he said. "When I realized I had won the jackpot, my heart was pumping a lot!" Chagolla Arreaga chose to receive his prize as a one-time lump sum payment of \$1,598,884 after withholdings. "Just have fun when you buy your ticket," suggests Chagolla Arreaga, who plans to invest his winnings. "When you win, you can't believe it!"



"SAVVY SENIOR"

YOU ASK THE SENIOR QUESTION

— WE FIND THE SAVVY ANSWER

Could You Have COPD?

Dear Savvy Senior,

I have struggled with some shortness of breath for the past five years or so. I just thought I was getting older and out of shape, but a friend recently mentioned I may have COPD. What can you tell me about this? — **Breathless Bob**

Dear Bob,

COPD, or chronic obstructive pulmonary disease, is a serious lung disease that, over time, makes it hard to breathe. What's more, an estimated 24 million people have COPD today, but about half of them don't know it.

Many people mistake shortness of breath as a normal part of aging, or a result of being out of shape, but that's not necessarily the case. COPD, a term used to describe a variety of lung diseases including emphysema and chronic bronchitis, develops slowly, so symptoms may not be obvious until damage has occurred.

Common symptoms include: an ongoing cough or a cough that produces a lot of mucus; shortness of breath, especially

during physical activity; wheezing; and chest tightness.

Those most at risk are smokers or former smokers over age 40, and people who have had long-term exposure to other lung irritants like secondhand smoke, air pollution, chemical fumes and dust. There is also a rare genetic condition known as alpha-1-antitrypsin, or AAT deficiency that can increase the risks.

If you're experiencing any of the aforementioned symptoms, you need to get tested by your doctor. A simple breathing test called spirometry can tell if you have COPD, and if so, how severe it is. Early screening can also identify COPD before major loss of lung function occurs.

If you do indeed have COPD, you need to know that while there's no cure, there are things you can do to help manage symptoms and protect your lungs from further damage, including:

Quit smoking: If you smoke, the best thing you can do to prevent more damage to your lungs is to quit. To get help, the National Cancer Institute offers a number of smoking cessation resources at smokefree.gov or call 1-800-QUIT-NOW. Or ask your doctor about prescription antismoking drugs that can help reduce your nicotine craving.

Avoid air pollutants: Stay away from things that could irritate your lungs like dust, allergens and strong fumes. Also, to help improve your air quality at home, remove dust-collecting clutter and keep carpets clean;

run the exhaust fan when using smelly cleaning products, bug sprays or paint; ban smoking indoors; and keep windows closed when outdoor air pollution is high (see <u>airnow.gov</u> for daily air-quality reports).

Guard against flu: The flu can cause serious problems for people who have COPD, so get a flu shot every fall and wash and sanitize your hands frequently to avoid getting sick. Also ask your doctor about getting the pneumococcal immunizations for protection against pneumonia.

Take prescribed medications: Bronchodilators (taken with an inhaler) are commonly used for COPD. They help relax the airway muscles to make breathing easier. Depending on how severe your condition, you may need a short-acting version only for when symptoms occur, or a long-acting prescription for daily use. Inhaled steroids may also help reduce inflammation and mucus and prevent flare-ups.

For more information, visit the COPD Foundation or call the COPD information line at 866-316-2673.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit <u>SavvySenior.org</u>. Jim Miller is a contributor to the NBC Today show and author of The Savvy Senior book.



Metro Area Casino Buses

Free Bus to
Mystic Lake Casino:
1-888-8FreeRide

mysticlake.com for a time and schedule near you.

Free Bus to
Treasure Island Resort
and Casino:
1-800-222-7077, ext. 2594
for a time and schedule

near you.





BINGO GONE SCARY

Friday, October 26, 11pm

Bingo goes past wild to downright scary on Friday, October 26. Join special guest DJ, Crisco from KS95 for a spook-tacular night of bingo with great music, flashing lights, outrageous drink specials and a costume contest with a \$500 first place prize. Packs are \$10 each or buy two get one FREE!

portry or marks allowed. Face must be weight for security component

\$21,500 BIN-GO! TRIP GIVEAWAY

Sunday, October 28, evening session

Pack your bags and load up the car, Island Bingo is sending 10 lucky guests on a vacation of their dreams. During the evening session of bingo on Sunday, October 28, we'll draw 10 guests to choose a suitcase stuffed with a trip voucher and spending cash, worth up to \$4,500! Receive your drawing slip when you show your Island Passport Club card when purchasing any bingo entry pack October 1-28.

Weners must have bland Passport Club card and valid photo ID to chim prize Dne prize per person. Guests must be playing in Island Bingo on Dictober 28, 2018 to be eligible





UP TO \$850,000 BINGO SUPER SESSION

Sunday, November 18, in the Island Event Center

We are bringing back the Super Session and a guaranteed \$90,000 in payouts, but this time we could be giving away as much as \$850,000! Join us for your chance to win a share of the cash, including a chance at \$500,000 for the Super Coverall.



BINGO OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MATINEE 12:30PM HALF PRICE NIGHT EVENING 7:30PM	TWO FOR TUESDAY MATINEE 12:30PM EVENING 7:30PM	50+ WEDNESDAY MATINEE 12:30PM EVENING 7:30PM	MATINEE 12:30PM EVENING 7:30PM	MATINEE 12:30PM LUCKY 7s EVENING 7:30PM	6 CHEAP SEATS MATINEE 12:30PM SATURDAY NIGHT LIVE EVENING 7:30PM
NO MATINEE SESSION SECOND CHANCE EVENING 4PM	8 MATINEE 12:30PM EVENING 7:30PM	9 TWO FOR TUESDAY MATINEE 12:30PM EVENING 7:30PM	50+ WEDNESDAY MATINEE 12:30PM EVENING 7:30PM	MATINEE 12:30PM EVENING 7:30PM	MATINEE 12:BOPM LUCKY 7s EVENING 7:30PM BINGO GONE WILD	CHEAP SEATS MATINEE 12:30PM SATURDAY NIGHT LIVE EVENING 7:30PM
14 NO MATINEE SESSION SECOND CHANCE EVENING 4PM	15 MATINEE 12:30PM HALF PRICE NIGHT EVENING 7:30PM	16 TWO FOR TUESDAY MATINEE 12:30PM EVENING 7:30PM	50+ WEDNESDAY MATINEE 12:30PM EVENING 7:30PM	MATINEE 12:30PM EVENING 7:30PM	MATINEE 12:30PM LUCKY 7s EVENING 7:30PM	CHEAP SEATS MATINEE 12:30PM SATURDAY NIGHT LIVE EVENING 7:30PM
NO MATINEE SESSION SECOND CHANCE ANNIVERSARY SUNDAY EVENING 4PM	MATINEE 12:30PM EVENING 7:30PM	23 TWO FOR TUESDAY MATINEE 12:30PM EVENING 7:30PM	24 50+ WEDNESDAY MATINEE 12:30PM EVENING 7:30PM	MATINEE 12:30PM EVENING 7:30PM	26 MATINEE 12:30PM LUCKY 7s EVENING 7:30PM BINGO GONE WILD & COSTUME CONTEST	27 CHEAP SEATS MATINEE 12:30PM SATURDAY NIGHT LIVE EVENING 7:30PM
28 BIN-GO TRIP GIVEAWAY NO MATINEE SESSION EVENING 4PM	29 MATINEE 12:30PM HALF PRICE NIGHT EVENING 7:30PM	30 TWO FOR TUESDAY MATINEE 12:30PM EVENING 7:30PM	31 50+ WEDNESDAY MATINEE 12:30PM EVENING 7:30PM		The same	

