



## EVENTS/MEETING/NET

April 10<sup>th</sup> Fiesta Island Time Trails #4 of 6  
April 23<sup>rd</sup> Lakeside Western Day Parade  
April 30<sup>th</sup> Fry's Operating Day - San Diego  
May 21<sup>st</sup> Cycle Eastlake  
May 21<sup>st</sup> CALFIRE VIP Red Flag Patrol Training  
June 18-19<sup>th</sup> Descanso Endurance Ride  
June 26<sup>th</sup> San Diego International Triathlon  
July 4<sup>th</sup> Alpine Fourth of July Parade  
July 4<sup>th</sup> CALFIRE Red Flag Patrol  
Sept 25<sup>th</sup> Fiesta Island Time Trails #5 of 6  
Nov 6<sup>th</sup> Fiesta Island Time Trails #6 of 6  
Nov 20<sup>th</sup> Mother Goose Parade  
March 17<sup>th</sup> REACT General Meeting  
April 14<sup>th</sup> REACT Board Meeting  
March 24<sup>th</sup> REACTIVE Net  
April 7<sup>th</sup> REACTIVE Net

If you would like to help with these events; please contact a board member at [board@southwesternreact.org](mailto:board@southwesternreact.org).

### Southwestern React, What is in your vest?

By KK6DKX

As a new or newest or a seasoned member of Southwestern React, a vest can become one of your best tools while doing service for the public. It can be almost as important as our boots but I've known folks to wear slippers while at post, your secret is safe. Not only can you be seen but you also carry a sense of authority wearing a safety vest, "Hey look at me I am being safe so should you".

We might have started out with the cheapest orange hunting vest we found at a big box sporting goods store in the hunting section; only to find out that it was the most uncomfortable thing, only upped by your best friend's wedding rental tux that you didn't get your cleaning deposit back on.

There is a rainbow of colors for the vest you might be considering, really the two that most teams default to are fluorescent safety yellow or orange, usually listed as Class 2 due to the 2" safety strip. There are economy models with no pockets up to engineer or surveyor ones that have more pockets then you will remember where you store everything (My problem). Of course the prices vary from a few dollars to \$50, but wait there's more, you can get a custom vest and pay \$100's and be styling all of the time. Depending on what organization you are volunteering with, some want you to wear their colors and no one else's.

You get what you pay for; is the motto. Given that most groups ask you to buy your own Personnel Protection Equipment (PPE), you really only want to buy it once. Some of the functions I found helpful on the vest I chose; Plenty of pockets (Too many to remember where I hid everything), water bottle pocket x 2 (Always need to hydrate), Radio pocket and mic loop, Class 2 reflective tape, and fluorescent yellow as the vest color (Orange makes me look fluffy).

So, what do I carry:

1. SWR name Badge, React Int Picture ID
2. Whistle, attached to vest
3. Pen, Pencil, Sharpe, Paper, Note Pad
4. Flashlight, Extra batteries, Multi Tool, Belt Case
5. Pack of tissues, Lip Balm, Sun Screen
6. First Aid Gloves, Shears, Paracord
7. Radio, Headset, Manual, extra battery, Mic
8. Two Water Bottles, One for me and One for you
9. Snacks, Gum, Breakfast bars, \$20.00 small bills
10. Event Briefing, Map, Frequency List, Net Control Announcement

I have a go bag with extras of above items to restock or to transfer items from or to it when not needed depending on venue. Of course, the more you carry the more it weighs, so K.I.S.S principle applies. I am experimenting with a pair of workmen suspenders attached to the bottom of the vest to support the pocket weight on my shoulder verses on my neck via the vest, we will see how it goes (Snacks weigh a lot).

Now I have a simple off the shelf model but there are custom, fit to your needs, colors, pockets galore, meshed vented panels, labels, reflective tape and a price tag to go with it. And yes, I have Vest envy but I'll see where my vest journey takes me, I use my vest for SWR events only and have other vests set up for other service groups.

Hope this helps you in your equipment selection, KK6DKX Clear

#### Links to Vests

1. The Vest Guy  
<http://www.thevestguy.com>
2. RJ Safety Supply  
<http://www.rjsafety.com>
3. Home Depot <http://www.homedepot.com>

## ***COMMITTEE REPORTS:***

### **American Red Cross Report**

By June McCollough

The ARC meeting for March was held on March 5th. We did training on the VHF/UHF Go Kit, and practiced sending message with RMS Express. The next meeting will be on April 2nd at 9:00 AM at 3950 Calle Fortunada, San Diego CA. 92123. This is an open meeting for anyone unless they are discussing confidential ARC business.

### **SANDARC**

By June McCollough

The next meeting will be April 28<sup>th</sup> at 6:30PM at Sizzler's Steakhouse Restaurant. We are looking for delegates to represent Southwestern REACT at this meeting. If you are interested please contact a board member.

### **ACS**

By June McCollough

The ACS meeting was held on March 7<sup>th</sup> at the Office of Emergency Service (OES). We reviewed the March 5<sup>th</sup> training we had on message handling and sending messages over the radio. We also discussed what ACS will be doing in the coming months. All members are encouraged to learn to operate the radio and do the weekly net. If you are interested in joining the new ACS, please contact either Roger McCollough or myself and we will give you contact information. The next meeting will be on April 4<sup>th</sup> at 6:30PM (1830 hours).

### **FITT AFTER ACTION REPORT**

BY June McCollough

On March 13<sup>th</sup>, Southwestern REACT provided communication for the 3<sup>rd</sup> Fiesta Island Time Trials. The following members participated by showing up at 6:30 (*after springing forward for Daylight Savings Time*): Mike Bailey, Wayne Oliver, Don Dodson, George Reeves, John Wright and June McCollough. Event went well and weather was dry. We have a new race director, Mike Berrira. There were 66 riders so we finished by 8:30AM. The next FITT event is April 10<sup>th</sup> and I will be coordinating it once again.

## **ARES MARCH 2016 MEETING REPORT**

By Roger McCollough

The meeting, was held in the Schatzel Center Nobel Room, on the Scripps La Jolla Hospital Campus, on the second Saturday of each month. The subject for discussion was how amateurs can construct and implement a node to what is called AREDAN (Amateur Radio Emergency Data Network).

The Mesh Network is an outgrowth of the 2 gigacycle portion of the Wi-Fi frequency band. As it turns out, two 5-megahertz channels are in the ham band. So what amateurs have been doing is using existing commercial radio equipment and tuning it onto these frequencies.

Proof of concept is in Del Mar where the amateurs have set up a local net, supported, in part, by the City Fathers funding. They linked their EOC with, among other locations, a repeater site and the Del Mar Race Track. The track was added because of its' use as a large-capacity shelter area.

During a recent trial run, "bugs" showed up but were solved. The system supports both VOIP (Voice over IP) and video. As a show and tell, a remote site was demonstrated. It included a remote control camera, mike, Wi-Fi transceiver, antenna, and car battery, all mounted on a pole with a tripod base. The unit "talks" to a portable unit that acted as a server.

As we "speak", more networks have been built creating separate networks, including into Tijuana. The Del Mar net is NOT connected to the Internet, but is currently a LAN (Local Area Network). Other items of business include the publishing of their latest Communications Plan for 2016. We will publish portions of this plan in following issues with their permission. Be sure to save this information as we make it available, and keep it handy.

Separately (in a near-by room) a training-familiarization class was held to acquaint any ham on the use of their hand-held. The bulk of students needed help with their Baofeng BF-5R.

## **The Cloudy Side of Sunshine**

By Cindy Wilcken

San Diego has been experiencing some rain, winds and hail but our team has been keeping pretty healthy. Keep up the good work!

### ***Planting Your Spring Garden For the Garden of Your Daily Living***

#### *Plant Three Rows of Peas*

1. Peace of Mind
2. Peace of Heart
3. Peace of Soul

#### *Plant Four Rows of Squash*

1. Squash Gossip
2. Squash Indifference
3. Squash Grumbling
4. Squash Selfishness

#### *Plant Four Rows of Lettuce*

1. Lettuce Be Faithful
2. Lettuce Be Kind
3. Lettuce Be Patient
4. Lettuce Really Love One Another

#### *No Garden is Complete Without Turnips*

1. Turnip For Meetings
2. Turnip For Service
3. Turnip to Help One Another

#### *To Conclude Your Garden You Must Have Thyme*

1. Thyme For Each Other
2. Thyme For Family
3. Thyme For Friends

Water Freely With Patience and Cultivate With Love. There is Much Fruit in Your Garden Because You Reap What You Sow.

Author: Unknown Shared By: C. Wilcken

## TRAINING MOMENT

By Dee Osargent

Due to a request to have training in "How to be a Coordinator", Don Dotson will present that topic at the March 17<sup>th</sup> Training Moment.

### WHILE PERUSING OTHER CLUB NEWSLETTERS ON LINE, I NOTICED THIS ARTICLE IN THE CALFIRE NEWSLETTER:

R. Craig Wilcken

Hello again, It is it too soon to think about this year's fire season? If you answered yes, then you would be wrong. In California, there is no such thing as fire season. Fire season IS ALL YEAR LONG. And those of you who have lived here all of your lives, and those of you who have been here a long time know this to be true. Why am I bringing up this well-known subject? simple, to get all of you who are part of the CAL FIRE Red Flag Patrol ready for the upcoming training and the yearly call outs, and to ask all of you who wish to become a member of the Red Flag Team to sign up now. So you can get the training and be ready to go out on patrol with your fellow hams who work very hard to help keep our back country friends safe from fires. So, if you do want to "join" our ranks, you can call Eric T. Crosser at 619-579-6225, or e-mail him at wolpertinger!@msn.com ,or me Rich Beisigl at 619-444-5465 e mail isrbeisigl@csst.net. Remember, fires can happen to anyone at any time. Before I close, as always remember our brave men and women of our armed services and their families. Well, that's all for now, so until next time, stay safe and keep on smiling.

Rich, N6NKJ.

## St. Patrick's Day Facts

As long as you celebrate safely, St. Patrick's Day can be fun for all. Here are a few facts about the Irish holiday:

- St. Patrick's Day celebrates the traditional religious feast day of St. Patrick, the patron saint of Ireland.
- The first St. Patrick's Day parade took place not in Ireland, but the United States on March 17, 1737, in Boston.
- More than 100 St. Patrick's Day parades are held across the United States. New York City and Boston host the largest.
- There are roughly 35 million U.S. residents with Irish ancestry, more than seven times the population of Ireland itself.
- There are approximately 144,588 current U.S. residents who were born in Ireland\*\*.
- You may hear some phrases in Gaelic/Irish on St. Patrick's Day. The most common: Erin go braugh = Ireland forever; slainte = good health/cheers.



# 2016

## TEAM JOBS FROM POLICIES AND PROCEDURES

### Appointed officers (sect. 2)

Sergeant-at-Arms \_\_\_\_\_ Carl Jensen  
Chaplain \_\_\_\_\_ Carl Jensen  
Hostess \_\_\_\_\_  
Historian \_\_\_\_\_  
Parliamentarian \_\_\_\_\_  
BB Repeater Trustee \_\_\_\_\_ Daniel McDougal  
Amateur Repeater Trustee \_\_\_\_\_ Doug Waltman  
Public Information Officer \_\_\_\_\_

### Committee chairpersons (sect. 3)

Audit \_\_\_\_\_ [as needed]  
Budget \_\_\_\_\_ [as needed]  
Building & Planning \_\_\_\_\_ Tyler Klein  
By-laws \_\_\_\_\_  
Team Equipment \_\_\_\_\_ Mike Corum  
Election \_\_\_\_\_ [as needed]  
Inter-Organization \_\_\_\_\_ **Liaisons**  
Animal Rescue \_\_\_\_\_ Dee Osargent  
ARES \_\_\_\_\_ Mike Corum  
CalFire \_\_\_\_\_ Eric Crosser  
Civil Air Patrol \_\_\_\_\_ Mike Woods  
ACS (formally RACES) \_\_\_\_\_  
Red Cross \_\_\_\_\_ Roger & June McCollough  
SANDARC \_\_\_\_\_ Roger McCollough, Grady Yearwood,  
George Reeves, June McCollough  
VOAD \_\_\_\_\_ Roger McCollough  
Membership \_\_\_\_\_ Grady Yearwood  
Nominating \_\_\_\_\_ [as needed]  
Policy and Procedures \_\_\_\_\_  
Program \_\_\_\_\_ Dee Osargent  
REACT Net \_\_\_\_\_ George Reeves  
REACT Store \_\_\_\_\_ Mike Woods  
Sunshine \_\_\_\_\_ Cindy Wilcken  
Training \_\_\_\_\_ Carl Demas  
Ways & Means \_\_\_\_\_  
Amateur Radio Club \_\_\_\_\_  
Junior REACT \_\_\_\_\_  
Management Information System \_\_\_\_\_ Tyler Klein  
Web Master \_\_\_\_\_ Mike Corum

### ADDITIONAL TEAM JOBS FROM BY-LAWS

#### Article XI

Team Bulletin Editor \_\_\_\_\_ R.Craig Wilcken

*Southwestern REACT general meeting 3<sup>rd</sup>  
Thursday of each month 7:00 pm at 2650  
Melbourne Drive, San Diego CA*

*The **REACTer** is a publication of Southwestern REACT of San Diego County Inc. It is published once a Month and contributions are accepted from officers and members of the TEAM. Opinions expressed are solely that of the author and/or the editor and do not necessarily reflect the opinion of Southwestern REACT. Articles for the REACTer must be submitted by the Second Saturday of the month to the editor either by e-mail or mail and must be computer ready if possible. Any format is acceptable but Microsoft Word is preferred. The editor reserves the right to change and modify articles as needed.*

### Team officers 2016:

SWR 098 Roger McCollough  
President

SWR 063 Daniel McDougal  
V.P. / Communication

SWR054 June McCollough  
Secretary

SWR 082 Cindy Wilcken  
Treasurer

SWR 142 Wayne Oliver  
Director-at-Large

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