

*****FREE VETS ONLY PROGRAM AVAILABLE NOW*****

VETERANS NON-CONTACT BOXING

Designed to Improve Your Mental & Physical Wellness!

Join us Mondays to:

- Fight Stress
- Work Out - Sweat
- Have Fun - Laugh
- Comradery with Fellow Vets



WEEKLY SESSIONS HELD IN BELOIT!

WHEN

Every Monday - 4:30 p.m. to 6:00 p.m.

WHERE

Big Hill Center – Lower Level

1101 Big Hill Road, Big Hill Park Beloit.

WHO

Boxing Session Facilitator: Doug Anderson

For more information call: Beloit Parks & Rec (608) 364-2890 Ext. 3