



PARISH OF OUR MOTHER OF PERPETUAL HELP  
 Redemptorist Community  
 Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)  
 Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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**ADVENT – A season of Grace**

In preparation for Advent and Christmas, there will be a formation session on **Thursday, 28 November, 2019** from 7.45pm till 10.00 pm  
 Bring your Bible and writing materials. A love-offering will be taken up. Kindly register at the parish office giving your name and h/p no.

**PARISH ASSEMBLY 2019**

(date) **Sunday, 1 December, 2019.**  
 (time) 2.00 pm  
 (venue) Parish hall  
 Every BEC and Ministry are important for the life of the parish. Come with faith and team spirit to plan for the year 2020.

**CHRISTMAS CARNIVAL**

Our three Ipoh Catholic Parishes (SMC, OLOL & OMPH) are jointly organizing a Christmas Carnival filled with fun performances, games & food stalls held in OMPH church grounds on  
 (date) Friday, 20 December, 2019.  
 (time) 6.30 pm – 10.00 pm  
 A solidarity share of RM10/- ticket per person which includes one (1) dinner is available at the parish office and outside the church after the weekend mass.

**SUNDAY CATECHISM ACTIVITIES –  
 Meditation Session on 10 Nov., 2019**

conducted by Dr. Bernadette for students from Std 4 to Std 6 from 10.00 am to 1.00 pm. Lunch will be provided.

**PILGRIMAGE** to Church of Assumption, Penang organized by the Sun. Sch. Facilitators on 10 Nov., 2019 for catechism students from Form 1 to Form 4. Students must be in church by 6.30am.

**1<sup>ST</sup>. HOLY COMMUNION RETREAT**

Sat. 16 Nov., 2019 @ 8am till 5 pm in Wisma Liguori.

**1st Holy Communicants –  
 SACRAMENT OF RECONCILIATION**

Sat. 23 November, 2019 @ 9.30am

**SACRAMENT OF FIRST  
 HOLY COMMUNION** on Sunday, 24 Nov., 2019 during the 8am Mass.

**Rite of Becoming Catechumens**

The R.C.I.A. Enquirers will be celebrating the "Rite of Becoming Catechumens" on Sat. 23 Nov., 2019 during the 6.45pm Mass. Let us welcome them into our Catholic community by joining them in prayer and fellowship.

(food for thought)

Gospel: Luke 20: 27-38

*“Living Life To The Fullest ”*

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Life after death has always been an "unknown" to mankind, and the unknown is our enemy. We lose control when faced with the fact that we don't know "the day or the hour." It's hard to plan for a surprise, the unexpected. It's easier to live for the day, enjoy this world to the full and try to make life as comfortable as possible. The Sadducees were people like that. Since they didn't hold to a belief in resurrection they made this world the source of all their energy. In their story of the woman who marries seven times they are hoping to show how a belief in resurrection is foolish. They hope to show that Jesus and anyone else who believe in an afterlife are foolish too.

Jesus tells us that we are a people of hope: hope in the promise of a God who loves us so very much and who wants so much more for us than what we can see and experience on this earth. Everything we do on this earth should be in living in that hope.

If we try to live each day in that spirit of faith, it should certainly free us from fear of dying. We have been given the wonderful gift of life. We are to treasure it, to nurture it and to nourish it - and this gift becomes more precious and valuable only when it is shared by us, generously and freely.

So when the moment comes when we do meet Him face to face and see Him reach out to lead us across the threshold of death into His house of light and life; He will not appear as a stranger or an enemy, but as a friend and companion. Then we will be possessed by His beauty, His life, and His love, fully and forever.

**MARRIAGE:** Please contact the Parish Priest at least **SIX MONTHS** in advance.

**BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.

**PARISH ACTIVITIES & MEETINGS:**

(Nov, 2019)

- \* 10/11/2019 - 8.00 am - CLOW (St.Mark's Rm.)  
- 11.30am - RCIA (T) (St.Matthew Rm.)  
- 7.30 pm - Parish Pastoral Council (St.Mark's Rm.)
- \* 11/11/2019 - 7.00 pm - CCR  
- 8.00 pm - RCIA (E) (St.Mark's Rm.)  
- 8.00 pm - CCR (T) (St.Paul's Rm.)  
- 8.00 pm - PHDC (Wallace Rm.)
- \* 12/11/2019 - 8.15 pm - Legion of Mary (C) (St.Matthew's Rm.)
- \* 14/11/2019 - 8.00 pm - Tamil Choir (St.Paul's Rm.)
- \* 15/11/2019 - 8.00 pm - RCIA (C) (Wallace Rm.)  
- 8.00 pm - Theology of the Body (C) (ven Francis Xavier Rm.)  
- 8.00 pm - PHDC packing of rations (Wallace hse.)
- \* 16/11/2019 - 8.00 am - 1st Holy Communicants Retreat (Wisma Liguori)  
- 8.00 am - Theology of the Body (C) (ven Francis Xavier Rm.)
- \* 17/11/2019 - 8.00 am - Theology of the Body (C) (AV Rm.)  
- 8.00 am - CLOW (St.Mark's Rm.)  
- 10.00 am - PHDC distribution of rations (Wallace hse.)  
- 11.30am - RCIA (T) (St.Matthew Rm.)  
- 1.00 pm - Theology of the Body (C) (ven Francis Xavier Rm.)
- \* 18/11/2019 - 7.00 pm - CCR  
- 8.00 pm - RCIA (E) (St.Mark's Rm.)
- \* 19/11/2019 - 8.15 pm - Legion of Mary (C) (St.Matthew's Rm.)
- \* 21/11/2019 - 8.00 pm - Tamil Choir (St.Paul's Rm.)  
- 8.30 pm - Parish Assembly Organizing Committee (St.Mark's Rm.)
- \* 22/11/2019 - 8.00 pm - RCIA (C) (Wallace Rm.)
- \* 23/11/2019 - 11.30am - RCIA (T) (St.Matthew Rm.)
- \* 28/11/2019 - 8.00 pm - Advent/Christmas Formation session (ven Francis Xavier Rm.)  
- 8.00 pm - Area Coordinators,Representatives (St.Mark's Rm.)

**BIBL REFLECTION & HOME-GATHERING:**

- \* 13/11/2019 - 8.00 pm - BEC St.Monica; Home of Cris.  
- 8.15pm - BEC St.Peter; Home of Peter Lim.
- \* 15/11/2019 - 6.00pm - BEC St.Benedict; Home of Sebastian Yoon.  
- 7.30pm - BEC St.Francis De Sales; Home of Lawrence & Patricia.

**ETERNAL HAPPINESS TO:**

- + Anthony Arulrajah Sebastian departed on 4 November, 2019.

**THEOLOGY OF THE BODY (mandarin)**  
(date & time)

**15/11/2019, Fri. (7pm – 10pm)**

**16/11/2019, Sat. (8am-10pm)**

**17/11/2019, Sun. (8am – 5pm)**

(venue) OMPH ven Francis Xavier Rm.  
Solidarity share: RM30/- (incl. meal)

**THEOLOGY OF THE BODY CAMP (C)**

Penang Diocesan youth network invites all mandarin speaking young people to the Theology of the Body Camp on (date/time) **12 (2pm) -15 (4pm) Dec.,2019.**

(venue) Church of St.Anne, B.Mertajam.  
(Reg. fee) RM150/-.

Contact: Dennis Hew 012 4411833.

**CHINESE SUNDAY  
CATECHISM SCHOOL**

is organizing a Christmas party at Sg. Siput at Tadika Canossa for the underprivileged children under the care of the Cassosian Sisters on **7 December, 2019.**

**BEFRIENDERS IPOH – Community  
Outreach program**

**Event: Mindful-SPA,Self-Compassion  
& Mindfulness.**

(date) Sat. 16 Nov., 2019

(time) 3 pm – 5 pm (2.30pm Registration)

(venue) Bro.Liborius Auditorium, 6th fl.

Hospital Fatimah, Ipoh.

(For whom) Care-givers, Profession in medical, mental health, social work, allied health professionals, teachers, lawyers, human resources, etc.

(Speaker) Miss Low Mi Yen.

(For enquiries) Mabel 012 5340063/

Jerry 012 2295979

**NOVENA PRAYERS TO ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
\* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**OMPH CATHOLIC  
CHARISMATIC RENEWAL**

Come join us in our Praise & Worship

\* Every Tuesday at 8.00 pm (T)

\* Every Wednesday at 8.00 pm (E).

**TAMIL MARRIAGE PREPARATION  
WEEKEND - 2020**

Closing date for registration (T): on 1st day of each month.

Dormitory	Feb 21-23
St.Anne,	May 22-24
Bukit	Aug. 28-30
Mertajam	Nov.27-29

**Please see your Parish Priest for  
registration.**

**COFFEE MORNINGS 2019:**

\* 10/11/2019 – RCIA facilitators.

\* 17/11/2019 – Fund Raising Committee.

\* 24/11/2019 – BEC St.Michael (Cecylee)

\* 1/12/2019 - Tamil Hospitality

\* 8/12/2019 - Lectors & Commentators(E)

\* 15/12/2019 – Tamil Hospitality.