


Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served Daily
Monday Thru Friday
11:30am TO 12:30Pm

MARCH 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1 Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304	2 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	3 Percussion Party @9:30 Cards@12:30pm Crochet & Knitting @2-4pm	4 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	5 Boon Dock Band @ 10am-12pm Craft & Coloring @1-2:30pm	6 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	7 Belly Dancing@10-12
8 	9 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	10 Cards@12:30pm Crochet & Knitting @2-4pm	11 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm Spring Bingo@1pm	12 Boon Dock Band @ 10:am-12pm Bake Sale@10:30 Craft & Coloring @1-2:30pm	13 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm Wear Green	14 Belly Dancing@10-12
15	16 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	17 Percussion Party@9:30am Cards @12:30pm Area 1 on Aging Presentation Public Hearing@12:30- 1:30pm Crochet & Knitting @2-4pm Wear Green	18 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	19 Foster Grandparents 11- 12:30pm Craft & Coloring @1-2:30pm Karaoke@1pm	20 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm Legal@10-1	21 Belly Dancing@10-12
22 HICAP AT DNSC 707-444-3000	23 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm Bunco@12:30	24 Cards @12:30pm Crochet & Knitting @2-4pm Senior Boxes@1-3	25 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	26 Boon Dock Band 10-12pm Craft & Coloring @1:00- 2:30pm Making Flower Crowns	27 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	28 Belly Dancing@10-12
29 Senior Information 464-3069	30 Yoga @8:30am Chair Exercise @10-11am Cards@12:30pm	31 Cards @12:30pm Crochet & Knitting @2-4pm	