

2023 USATF San Diego Imperial Association Junior Olympic Cross Country Championships

Sunday, November 12, 2023

Chollas Lake Park

6350 College Grove Drive, San Diego, CA. 92115



Entry Process

Only athletes who are registered and current members of USATF in good standing may compete in these championships. USATF membership must be completed online at www.usatf.org. These championships are open to USATF members and registered clubs.

Individuals: Only United States of America (U.S.A.) citizens, aliens living in the USA, and foreign exchange students are eligible to compete in these Championships. See USATF rules for more information or exceptions. A competitor may only compete in his/her age division only.

Age Divisions & Distances

Divisions	Birth Year	Distance
8 & Under *	2015+	2000m [1.24 miles]
9 -10	2013 – 2014	3000m [1.86 miles]
11-12	2011 – 2012	3000m [1.86 miles]
13-14	2009 – 2010	4000m [2.48 miles]
15-18	2005 – 2008	5000m [3.1 miles]

*Athletes in this division are all welcomed to compete. Per USATF Rule, Article VI, Section I, Rule 300.1(c), "Athletes must be at least seven (7) years of age on December 31st of the current year to compete at the National Junior Olympic Championships." Age determined as of December 31, 2023.

Teams: Only registered 2023 USATF member clubs may enter a team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

Date of Birth Verification: If an athlete has never had their date of birth (DOB) verified by USATF then it must be done prior to registering for these championships. Per USATF rules, proof of birth is limited to a copy of a birth certificate, passport, certified baptismal record, driver's license or USA Government issued identification. Hospital certificates are not acceptable. The age verification document must be **uploaded** through the member's USATF Connect (membership) account. If you are experiencing trouble uploading documents then please contact the USATF National Office. Be advised document(s) submitted for DOB verification must be received 5 business days (excluding holidays) prior to the registration deadline. If a document is illegible, it will be invalidated and not processed by the national office staff. All submitted valid documents remain a part of a member's online profile and will not require re-submission.



2023 USATF San Diego Imperial

Association Junior Olympic Cross Country Championship

ON-LINE REGISTRATION: Entry shall be completed online and must be received by **11:59PM on Friday, November 9, 2023**. To enter the meet, go to www.athletic.net. Select the USATF San Diego Imperial Association Junior Olympic Cross Country Championships.

PARTICIPANT WAIVER & RELEASE FORM: The mandatory waiver and release form is integrated in the online system.

ENTRY FEE: \$10.00 per athlete. Entry fee must be paid prior to athlete participation. Entry fee must be paid online via the online registration system prior to the close of the entry period. There is processing fee. The Association does not receive any proceeds from this fee. Entry fees are non-refundable or transferrable.

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

AWARDS: The USATF National Office provides Association Junior Olympic ribbons to the top 15 finishers in each age division. The Association may substitute medals based upon availability to top finishers.

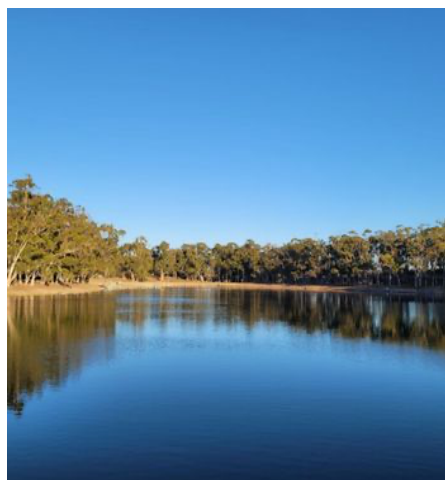
ADVANCEMENT: The top 30 individuals and top 5 teams in each age group will advance to the Region 15 Junior Olympic Championships to be hosted by USATF San Diego Imperial Association at the Morley Field Sports Complex, 2221 Morley Field Drive, San Diego, CA 92104. Please refer to the Association's website (youth page) for meet information. The USATF National Junior Olympic Cross Country Championships will be held on December 8, 2023, in Louisville, KY. For details concerning the meet visit:

<https://www.usatf.org/events/2022/2022-usatf-national-junior-olympic-cross-country-c>

EVENT RESULTS: Results will be posted on athletic.net and the youth page at <https://sandiego.usatf.org/>.

COURSE WALK THROUGH: A walk through will be held on the day of the meet at **7:00AM**.

STARTING TIME: The first race begins at **7:30AM**. All other start times are estimated. A rolling schedule will be in effect and races may commence ahead of schedule. Athletes should prepare to compete in advance of anticipated start times.



Age Group	Start Time
8 & Under Girls	7:30 AM
8 & Under Boys	7:50 AM
9-10 Girls	8:15 AM
9-10 Boys	8:40 AM
11-12 Girls	9:05 AM
11-12 Boys	9:30 AM
13-14 Girls	10:00 AM
13-14 Boys	10:30 AM
15-18 Girls & Boys	10:55 AM



For Questions Contact:

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