

## Afternoon Tea Timeline

1662 – Portuguese Princess Catherine of Braganza marries King Charles II, establishes tea as a fashionable beverage

1711 - At least 140,000 pounds of tea are imported into England

1791 – 11 million pounds of tea are imported into England

Dec. 1773 – To protest British tea taxes, colonists disguised as native Americans dump 342 chests of tea into Boston harbor

Ca 1840 – Anna, Duchess of Bedford, begins hosting afternoon gatherings in her parlor over tea and refreshments

1848 – Jane Hunt of Waterloo, N.Y., hosts a tea party that leads to the first women's rights convention

1904 – St. Louis World's Fair vendor Richard Blechynden popularizes iced tea

1906 – The Ritz London becomes the first major establishment to serve afternoon tea to unescorted ladies

1907 – New York tea importer Thomas Sullivan inadvertently invents tea bags when he sends out tea samples in silk gauze bags

1945 – Ruth Bigelow begins blending her own tea (eventually known as Constant Comment)



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## Afternoon Tea Suggested Reading

*A Social History of Tea* by Jane Pettigrew and Bruce Richard (2015). Exhaustive, excellent overview. For die-hard tea enthusiasts.

Afternoon Tea: Delicious Recipes for Scones, Savories & Sweets by Lorna Ables Reeves (2013). Slim but excellent cookbook by an editor of TeaTime

*Tea Fit for a Queen: Recipes and Drinks for Afternoon Tea* by Lucy Worsley, chief curator of Historic Royal Palaces (2015).

**Tea for Ruby** by Sarah Ferguson, the Duchess of York (2008). Irrepressible Ruby must tame her hijinks when she is invited to tea with the Queen

*Fancy Nancy: Tea Parties* by Jane O'Connor and Robin Preiss Glasser (2010). My favorite book of tea party how-tos and recipes for children 4-8

## PROPER EATING ORDER FOR AFTERNOON TEA:

