

Thinking about Volunteering – “do it!” Note from ‘Onside’.

Kind regards
Claire Watkins
Volunteer Manager



Onside
Williamson House, 14 Charles Street, Worcester WR1 2AQ
Telephone: 01905 27525
Mobile: 07592 737303
Email: Claire.watkins@onside-advocacy.org.uk
Web: www.onside-advocacy.org.uk
Please note my working days are: Monday - Friday

[f /OnsideIndependentAdvocacy](#) [@OnsideAdvocacy](#) [/company/onside-advocacy](#)

Disclaimer: Any views or opinions presented in this email are solely those of the author and do not necessarily represent those of the company. Employees of Onside are expressly required not to make defamatory statements and not to infringe or authorise any infringement of copyright or any other legal right by email communications. Any such communication is contrary to company policy and outside the scope of the employment of the individual concerned. The company will not accept any liability in respect of such communication and the employee responsible will be personally liable for any damages or other liability arising.

Charity No: 1102022

Onside improves the lives of over 3000 vulnerable adults every year in Worcestershire and Herefordshire.

- We provide free services to support adults facing disadvantage through mental and physical ill health, learning disability and old age. Eg. Depression, autism, learning difficulties
- Onside employs over 50 people and has 150 active volunteers
- Onside is a Worcestershire based charity established in 1993 stemming from a belief that everyone has the right to be a valued human being and to be treated in a just and fair manner.

Onside offers advocacy to people who are struggling to cope with a situation due to their vulnerability in life. More volunteers are needed throughout Redditch & Bromsgrove area to support local people. Advocacy volunteering is a way of supporting and empowering people to ensure that they have their voice heard and their wishes made known to others. The support may involve visiting the person at home or encouraging them to access activities in their local community, and doesn't involve any domestic or personal care.

Our highly trained and supported volunteer advocates will visit people regularly in their own homes providing a friendly face, social contact and a source of practical help and support. They will support people to:

- Better manage their own lives including the care and support services they receive as well as day to day practicalities such as paying bills and dealing with correspondence
- Better understand the choices and options for care and support available to them
- Express their views and wishes including making representations when services are not effective or meeting their needs

Onside's Volunteer Manager, Claire Watkins, said "Our volunteers give their time, their passion and enthusiasm, we need continued help from willing volunteers who would enjoy supporting people in their local community."

Volunteers are ordinary people of all ages and backgrounds they just need to be good listeners and have some time to give.

Elizabeth Moore one of our volunteers, said "if you are thinking about volunteering I would say "DO IT!". I have had so much pleasure already, It's a wonderful feeling when you know you've helped and made even a small difference to someone else's life."

Since retiring I felt I wanted to give something back, volunteering with Onside means I can do this along with knowing it's a very worthwhile use of my time.

If you can picture yourself in the role of an Onside volunteer please call Claire Watkins - Volunteer Manager on 01905 27525 or email claire.watkins@onside-advocacy.org.uk to find out more. This type of volunteering can be very flexible to fit with your life and circumstances. Free training (throughout the year) is provided and all expenses paid.

Registered Charity no. 1102022

Onside contact:

Volunteering: Claire Watkins 01905 27525volunteering@onside-advocacy.org.uk

Web: www.onside-advocacy.org.uk.