



THE UNRECABLES

NEWS

THE UNRECABLES • LOS ANGELES CHAPTER OF DISABLED SPORTS USA

SUMMER ISSUE

OFFICIAL PUBLICATION OF
THE UNRECABLES

JULY-SEPTEMBER 2020

THE UNRECABLES HONORS LOVED ONES LOST

PRESIDENT'S MESSAGE MICHELLE MCCARTHY



The Votes Are In!

Our Annual Meeting and Elections were held in June and we would like to welcome back our wonderful Board Members to serve another term. Your elected Board Members are:

President: Michelle McCarthy

Vice President: Glenda Phillips

Treasurer: Will Chung

Secretary: Amanda Davis

Membership Director: John Gray

I look forward to serving with you all for another year. We will be confirming Appointed Board Members this month. While we cherish our leadership roles, our current Board Members have been in their position for at least 2-5 years, some of us have been on the Board for almost 2 decades! To keep our fabulous Club vital and moving forward into the future, we need your help. We would love to see some new faces on our ballot next June. You have worthy mentors ready to support you completely.

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The Unrecables gather for our meeting on September 12, 2000 held at the VA Medical Center in West LA.

The Unrecables Dedicates this Issue to the

Memories of

**Deborah Weller-Walton,
Angela Madsen,
&
Richard Lubin**

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INSIDE THIS ISSUE

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LOGO TIMELINE

c. 1970-1989



1989-94



1994-99



1999-2011



2011-20



2020



WHAT'S IN A NAME?

STEVE LEFKOWITZ



The Unrecables has always been The Unrecables but our "parent company" name had changed several times. Our umbrella group was incorporated in 1967 as The National Amputee Skiers Association and then shortly thereafter changed their name to the National Handicapped Sports & Recreation Association (NHSRA). This organizational name lasted for a long time and when The Unrecables formed (circa 1980) their parent group still called themselves NHSRA. I still have a hooded sweatshirt and a racing bib to prove it. After several short-lasting incarnations later the name finally changed to Disabled Sports USA (DSUSA) in 1994 and has remained DSUSA until recently (several months ago) when they merged with Adaptive Sports USA forming Move United. Many (or most) of you never knew our parent name as anything other than DSUSA. Indeed, they have been rather stable for the last 26 years.

Alas, no more. We are now a chapter of Move United. Quote from their official web site: *"The merger of Disabled Sports USA and Adaptive Sports USA unifies community-based adaptive sports under one national organization, bringing recreational and competitive adaptive sports together for the first time. This merger will make Move United an influential, prominent national organization which will lead to increased support and raised public awareness for our important work, leading to more opportunities for youth and adults with disabilities to be included and valued."*

Now when they talk about "bringing recreational and competitive adaptive sports together for the first time" I'm not exactly sure what they mean as we (The Unrecables) have been incorporating both recreational as well as competitive athletes into our program for as long as we've been in existence (40 years).

Lest we think that we're the only ones playing this merger and re-brand "name game". In other ski related stuff, I just got this memo on 6/4/2020: Active Interest Media (AIM) and U.S. Ski & Snowboard today announced that NASTAR operations will transfer to its previous ownership, AIM. Through this transition, AIM and U.S. Ski & Snowboard will continue to partner in the marketing, promotion, and growth of the 52-year-old NATIONAL STAndard Race series that boasts more than 100,000 annual races at over 100 resorts around the country.

So, as you can see, while some of us are mainly concerned with "will it snow enough to have a good ski season" and "what a bummer it was in 2020 because just as we got some big snow dumps after a pretty mediocre snow season, everything came to an abrupt halt in mid-March because of the pandemic" others are concerned with other matters. Oh well, maybe it was time for me to update my wardrobe and get a new hooded sweatshirt and ski bib anyway.

Stay safe out there in these uncertain times. ♦

Steve

LA COUNCIL & FWSA NEWS

SIGRID NOACK



Just like our Unrecables meetings, LA Council meetings as well as FWSA meetings are being held via Zoom. It's been very interesting, because different people join in. Instead of driving across town to a restaurant, members can sit comfortably in their home, drinking a favorite beverage, with their feet up on the couch!

There are very few activities happening right now, but LA Council is still joining FWSA on the Sun Valley ski trip on January 30-February 6, 2021. If anybody is interested, there are still 14 spots available. You need to pay a \$400 deposit soon. Get more information at fwsa.org.

The 2020 FWSA Dive trip to Cozumel is still on for this October 3rd, but who knows what will be happening by then. Stay tuned, if you are interested. Also, the trip to Croatia is still on for this September 3-13, 2020.

The FWSA Mini Ski Week is planned for March 2021 at Zermatt, Utah. Next year's Dive trip will be to Roatan, Honduras.

Many travel plans are still up in the air. The best thing to do is check

out fwsa.org or contact **Todd Hood**, the LA Council VP of Travel at todd@its-mailed.com.

The Snow Gala is still being planned, but there is no date yet. It might happen in October. Stay tuned...

If you'd like to attend the LAC meetings on Zoom, contact me at skisig@gmail.com. The next meeting will be on Monday, July 6th at 7:00pm.

This year's FWSA annual convention in Portland had to be cancelled, but we have re-scheduled Portland for 2022. Next year's Convention is planned for San Diego on June 10-13, 2021. Please mark your calendar. It will be held at the Marriott Mission Valley.

A big FWSA 90th anniversary celebration is scheduled for October 10, 2020 in San Francisco. FWSA is printing a 90th Anniversary Commemorative booklet in celebration of the anniversary of its founding on October 7, 1930. If you are interested, please contact me, or check information at fwsa.org. ♦



President's Message

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Meetings and Celebrations

We will continue to hold our monthly Socials and Board meetings via Zoom through the summer. When we do venture back to in-person social meetings, we plan to offer an online component. During our past three meetings it has been wonderful to connect with our members throughout Southern California. We encourage all of you to join our Social Meetings the second Tuesday of every month at 6:30pm via Zoom. **Gordon Cardona** is our gracious host, and he sends out the link a few days prior to each meeting by e-mail and Facebook. Please contact Gordon (or me) if you would like to join the call, but are unable to find the link. We would love to see you there!

The Unrecables will be celebrating its 40th Anniversary! Stay tuned for celebration information. I know our fabulous Historian **Steve Lefkowitz** is working on something great to share with us. If you have ideas on ways to commemorate our organization, please send me a message at president@unrecables.org.

Stay healthy. ♦

Sigrid

Michelle



The Unrecables'
New Shirts
Available For Sale

Most sizes available.

Contact Michelle McCarthy
president@unrecables.org
for more information.



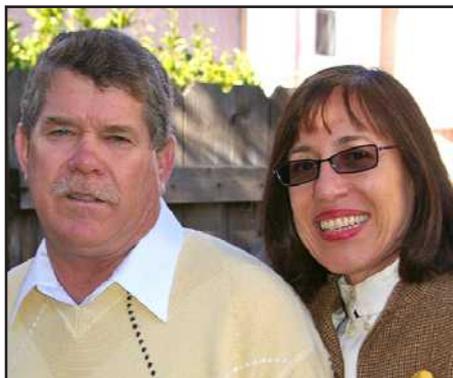
IN MEMORIAM

Deborah Lynn Weller-Walton January 24, 1950-April 6, 2020

On April 6, 2020, a wonderful friend of many in the ski community passed on due to complications from Alzheimer's disease.

Deborah Weller-Walton had a BA in archeology from CSUN, was a certified ski instructor for skiers with visual impairments, a strong supporter of the American Indians, a great community volunteer, and a world traveler. She worked in France as an Archeologist and helped manage her family store for many years. She worked for the law firm Herzfeld & Ruben in Century City for about 15 years in the 80's and 90's. Deborah and Terry Walton met in 1989 playing beach volleyball, and they got married in 1992. They lived in West Los Angeles for many years.

Deborah and Terry were longtime members of the Beach Cities Ski



Club, Century City Ski Club, and Castro Valley Ski Club, a member club of the Bay Area Council in Northern California. She was loved by her ski family.

Deborah was also a member of The Unrecables Ski Club, the Los Angeles Chapter of Disabled Sports USA (now Move United) since 1986. In January 1989, she led a contingent of members to the formerly Chap Stick Challenge, which is now The Hartford Ski Spectacular, at Breckenridge, Colorado.

Deborah served as Vice Presi-

dent, Secretary, Membership Director, Ski School Director, and Newsletter Editor for The Unrecables. She also organized the Entertainment Books fundraiser for many years until 2001. In 1994, she was named The Unrecables' Woman of the Year and went on to compete at the LA Council level. She was a highly appreciated member for all the work she did for the club.

Deborah is survived by her husband Terry Walton, her mother Helen Weller, her brother Elliot Weller, her sister Elisa Alon, 4 nephews Noah, Asher, Ariel, & Yonaton, 3 nieces Hannah, Mosheat, & Anott, 1 step-son Ryan, and 1 step-daughter Jennifer. She follows her deceased father Stan Weller.

Donations should be sent in her name to the Alzheimer's Association. ♦

*contributed by
Randy Benson,
Gordon Cardona,
Terry Walton*

Dr. Richard Lubin July 23, 1954-March 28, 2020

Dr. Richard Lubin, "The Snowboarding Chiropractor" and FWSA Safety Chair, passed from earth to eternity on March 28, 2020 after a short hospital stay.

Richard was born in Yonkers, NY on July 23, 1954 to Marian (nee Saul) and David Lubin, both who have predeceased him. His education was attained at SUNY Stony Brook, Western States Chiropractic College, and the school of life. Positive energy lit his spirit - amazing chiropractor, passionate music lover, football enthusiast, ardent snowboarder ("The Snowboarding Chiropractor"), and so much more.

Family was most important to him, and he was an incredible son, brother, father, grandfather and friend. With a playful sense of humor, he was also vastly knowledgeable, kind, and generous to all, and changed many lives for the better.

Richard's condition was the result of a bacterial infection that turned into a spinal abscess shortly after the December 2008 FWSA Board of Directors Meeting in Sunriver, OR. Richard was hospitalized at that time. However, the antibiotics could not control the spread of the bacteria and Richard underwent spinal surgery that was not successful, leaving him a quadriplegic.

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Long Beach Paralympian Angela Madsen, 60, Dies at Sea

Mike Guardabascio & JJ Fiddler

Three-time Paralympian Angela Madsen died at sea over the weekend while attempting a solo row from Southern California to Honolulu. Madsen was about halfway through her record-setting solo row when she stopped responding to messages on Sunday, June 21st.

A cargo ship enlisted by the U.S. Coast Guard discovered Madsen in the water with her boat, Row of Life. Madsen was 1,100 miles and 60 days into her journey. She turned 60 at sea on May 10.

Madsen's wife, Deb Madsen, confirmed her passing Tuesday, June 23rd in a Facebook post to the official Row of Life page.

Madsen's last social media post on Saturday documented her need to climb out of the boat to make repairs.

"Tomorrow is a swim day," she wrote. "I have to reshackle my bow anchor bridle in case there is a big storm. It came undone some time ago. I've been using the stern."

Deb Madsen said her wife stopped responding to messages on Sunday. She said the tracking of Madsen's boat on Sunday showed she was not rowing, but drifting.

"She was about as far from any land as she could get and the communication can be a challenge, I was hopeful but still had a feeling of heaviness in my chest," her wife wrote.

A German cargo ship en route to Tahiti from Oakland, which was about 11 hours away from her, responded to the Coast Guard's call to

check on Madsen. In the meantime, the Coast Guard sent a C-17 for a fly over, Deb Madsen wrote.

The plane spotted Madsen in the water. She was tethered to her craft, apparently deceased. When the ship arrived around 11pm Monday, June 22nd they found Madsen and recovered her body.

"RowofLife is adrift and we are working on its recovery," Deb Madsen wrote. "Angela is now en route to Tahiti without me, which was not our agreement." "Angela was living her dream," she said. "She loved being on the water."

Madsen's story was one of overcoming tragedy and adversity. She was a Marine Corps veteran who became a paraplegic in 1993 after a failed surgery on her back.

After losing her job and home, Madsen rebounded in the late 1990s after discovering rowing and adaptive sports. She rowed across the Atlantic Ocean twice and was a three-time Paralympian, competing in rowing in the Beijing Games in 2008, the shot put in the London Games in 2012, and the shot put and Javelin in Rio in 2016, earning a bronze in the shot put in 2012.

After successfully rowing from California to Hawaii with a partner in 2014, she embarked on her second attempt to become the first paraplegic, first gay athlete, and oldest woman ever to make the trip solo when she passed. A well-known local disability rights and LGBTQ+ activist, Madsen was the grand marshal of the 2015 Long Beach



Pride Parade.

"Angela brought unrivaled passion, joy and determination to the world, and we were the lucky ones to have her come into our lives as a member of the Paralympic family," said Cathy Sellers, retired director of U.S. Paralympics Track & Field, in a statement. "She was tireless in all that she did, but I always appreciated her advocacy for embracing all types of diversity in sport. She was committed to teaching and educating the next generation of Paralympic athletes and gave selflessly to mentor, coach and teach others."

In Madsen's final Facebook update on her journey, she gave some insight into how grueling the journey was as she attempted to traverse 2,500 nautical miles in a 20-foot rowboat, with a small hatch to sleep in.

"Tighten the hatches, grab more spam tuna snack packs, porta potty pee bottle, and I can live in this cabin for a week never having to go out on deck," she wrote. "The plan if I have to ride out a cyclone." ♦

We will miss you, Deborah, Angela, & Richard.

We love you!

Richard Lubin

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About two months after this, he was in his PT session and impressed the Physical Therapist with his spirit, determination and effort. Richard was back and showed the inner strength and determination to get better. At this point he could barely move his hands. Through effort and hard work he got motion and strength back in his hands and arms.

Richard was the 2001 and 2002 recipient of the FWSA Safety Person of the Year and was appointed Safety Chair in 2004 by then FWSA President Mike Sanford. Richard served as FWSA Safety Chair from 2004 to 2020 and has been the only FWSA Safety Chair. He has written many safety articles that have been published in the FWSA Councilman and Skiers Guide, developed safety videos, and envisioned and executed the FWSA Safety Thermometer Program with our ski area partners.

Richard is survived by his devoted daughter Sierra Uhrich, son in-

law Michael Uhrich, his loving grandchildren Charlotte, Norah, and Harrison ("Best G-Pop ever"), his brother Donald (Leah) Lubin, his sister Nancy (Dennis) Bochichio, and countless relatives and friends who feel a great rift in his earthly absence.

Richard's goal and plan before his passing was to start The Lubin Foundation to help others with paralysis. One of his greatest joys in life was helping others any way he could. He wanted to help those in need be able to acquire wheelchairs and other accessibility equipment. His daughter would like to help make that dream of his a reality. All proceeds from the gofundme account will go towards establishing The Lubin Foundation to help those with paraplegia and quadriplegia obtain the equipment they need. Together we will change lives and help Richard's dream come true.

He will be missed and his memory will forever be a blessing. ♦

*contributed by
Randy Lew
Sierra Uhrich*

MEMBERSHIP MATTERS

JOHN GRAY

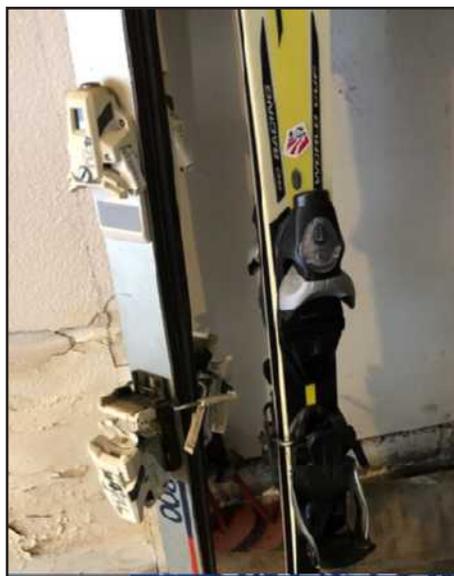


Unrecables Family, I know that all of you who are adventurous enough to tear up the slopes of Mammoth in the winter, will find equally fun adventures to do this summer. Hopefully, we can all get outdoors and exercise and play sports this summer in a safe and fun environment. We all know that those summer sports and fitness routines are what we need to keep us in shape for an epic winter of fun. Sharing a memory below of The Unrecables having a blast on a beautiful bluebird day at Mammoth. ♦

John



FREE SKIS & SKI CLOTHING AVAILABLE!



Please contact Sigrid Noack for details.

The Unrecables Stay @ Home

Since March 2020, The Unrecables have been practicing the Stay at Home Order from Governor Newsom and not going out to produce paper copies of the newsletter.

If you would like to have a paper copy mailed to you, please e-mail Gordon Cardona and he will send a copy. ♦

FWSA HONORS 2020 AWARDS WINNERS

As you all are aware, due to the Coronavirus pandemic, the 88th Annual Far West Ski Association Convention did not take place, as scheduled May 28-31, 2020.

Typically, at our event, we honor participants in several of our recognition programs, including those for the Charities and Our Communities Program, as well the Communications Awards for Club and Council Newsletters, Websites, and Outstanding Snowsport Clubs.

Even though we were unable to all be together this year, Far West would like to recognize those outstanding groups. We are happy to share the names of those outstanding clubs, councils and individuals.

CHARITY RECOGNITION

FWSA encourages all clubs and councils to get involved with charities and community service.

The 2019-20 Clubs, that are being SHOWCASED in our very first FWSA Charity Recognition video, are:

PHOENIX SKI CLUB

Arizona Ski Council

BOGUS BASIN SKI CLUB

Intermountain Ski Council

GET OFF YOUR ROCKERS SKI CLUB

San Diego Council

SLO SKIERS

Central Council of California

MONTEREY SKI & SOCIAL CLUB

Bay Area Snow Sports Council

SKIYENTE SKI CLUB

Northwest Ski Club Council

Congratulations to the wonderful clubs that do so much to help others. These clubs will receive electronic medallions to post on their club websites and to use in their newsletters. Clubs will also receive a certificate recognizing them for their phenomenal charity involvement.

COMMUNICATIONS AWARDS

WENTWORTH OUTSTANDING PUBLICATIONS

Club

MASTERS

1st Mt. High

2nd The Unrecables

ADVANCED

1st US Adaptive Recreation Center

NOVICE

1st Don Diego

2nd Castro Valley

3rd Bogus Basin

Council

1st Bay Area

2nd Northwest

3rd National Brotherhood

OUTSTANDING CLUB WEBSITES

Club

MASTERS

1st Mt. High

2nd The Unrecables

ADVANCED

1st Inskiers

NOVICE

1st US Adaptive Recreation Center

2nd Don Diego

COUNCIL

1st Bay Area

2nd Northwest

3rd San Diego

TOLLAKSON OUTSTANDING CLUB

No Nominations Received

Congratulations to ALL of our outstanding clubs & Councils. Stay safe! Stay healthy! ♦



Our club with Olympian Phil Mahre & wife at FWSA Convention held in Manhattan Beach, CA in June 1999.



Party with Olympian A.J. Kitt at FWSA Convention held in Phoenix, AZ in June 2000.

THE UNRECABLES KEEPS FIT AND THINKS SAFETY



COVID-19: Safety and Readiness Tips

source: www.cdc.gov

Social Distancing



If you are sick or feeling ill, **stay home**



Maintain at least **6 feet** from customers and co-workers

Personal Hygiene

Your safety is in **YOUR** hands!



WASH YOUR HANDS

Wash your hands often for at least **20 seconds**, use **soap and water** OR hand sanitizer



AVOID TOUCHING

Avoid touching your eyes, nose, and mouth with unwashed hands



COVER YOUR MOUTH

Cover your mouth and nose with a tissue when you cough or sneeze. Use the inside of your elbow to cough or sneeze into

The Ways to Catch the Virus



The virus is thought to be spread between people who are in **close contact**



Through respiratory **droplets** produced when a person coughs or sneezes



Clean your working surfaces often to avoid spreading the virus

Signs & Symptoms of a COVID-19 case



COUGH



FEVER
(100.4° F)



TIREDNESS



DIFFICULTY BREATHING



SYMPTOMS
2-14 DAYS
(After Exposed)

COVID-19

8 WAYS

to keep yourself in a good physical and mental condition during the COVID-19 period

- 1 1
To stay connected to others, regularly speak with work colleagues, your family and friends.
- 2 2
To reduce stress, structure your days, take regular breaks and adapt your daily life to the current situation.
- 3 3
To prevent feelings of helplessness, plan your day as much as possible.
- 4 4
Separate your private and professional activities to ensure efficiency and to maintain a work-life balance.
- 5 5
Regularly practice physical exercise and relaxation to ensure your mental and physical wellbeing.
- 6 6
Be selective and limit the time you spend watching the news to maintain your peace of mind.
- 7 7
To keep energized, devote time to creative activities and at the end of the day review what you have achieved.
- 8 8
Eat at regular times, choose a light, balanced and varied diet to maintain energy levels and boost your immune system.

The CERIN psychologist and the Medical Service are there to help support you during this period
+41 22 767 31 86 / medical.service@cern.ch



The Unrecables celebrates the end of summer with an Hawaiian themed party at Burton Chase Park in Marina del Rey on September 30, 2001.



**SUPPORT THE UNRECABLES
AND SHOP RALPHS!**

RE-REGISTER YOUR RALPHS CARD

1. Log onto www.RALPHS.com
2. Click Community Contribution.
3. Click on "Participant"
4. Follow the easy steps to enroll. Our NPO # 80831. Please complete all the information!
5. Sit back and watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

Thank you for your support!
Contact Sigrid Noack
sigrid@unrecables.org

SHOP AMAZONSMILE

The Unrecables is part of AmazonSmile! It's simple fundraiser, somewhat similar to the Ralphs Program.

To order from AmazonSmile, first sign-in on Amazon. Then choose The Unrecables as your charity. The next time you sign-in, The Unrecables should be listed as your charity. It should be indicated at the top left of the web site. Have fun shopping! ♦



CALENDAR OF EVENTS

July

- 14 Social online @ 6:30p
- 14 Board Meeting @ 7:00p

August

- 11 Social online @ 6:30p
- 11 Board Meeting @ 7:00p

September

- 8 Social online @ 6:30p
- 8 Board Meeting @ 7:00p

October

- 13 Social online @ 6:30p
- 13 Board Meeting @ 7:00p

Contact our LA Council Representatives for LA Council Meeting Zoom links or visit lacouncil.org.

FWSA TRIPS



FWSA Annual Ski Week 2021
Sun Valley, Idaho
January 30-February 6, 2021

FWSA Mini Ski Week 2021
Zermatt Resort & Spa, Utah
March 2021

International Ski & Snowboard Trips
Solden, Austria in 2021
Chile in Summer 2021
Madonna di Campiglio in 2022

FWSA Adventure Trips
Africa - 2022
Galapagos Islands - 2024

Check out details at fwsa.org.

**The Unrecables
Scholarships Available**

Eligible to current members
for trips and events.
One scholarship
per member per season.

For details please contact
Michelle or Marina

**BLACK
LIVES
MATTER**



Sunshine

Family of Richard Lubin
he passed March 28, 2020

Family of Deborah Weller-Walton
she passed April 6, 2020

Family of Angela Madsen
she passed at sea June 22, 2020

Amanda Arsenault Fraenkel
baby boy born April 21, 2020

Glenda Philips
her father is recovering

Jonna Wilkins
her twins graduated high school

Class of 2020
*Congratulations to all the
high school & college graduates!*



Far West Ski Association & LA Council!! Sign up and relax, your club takes care of everything.

Sun Valley Ski Resort is known for wonderful sunny weather & great ski terrain. Started in 1938, this “birth-place of destination skiing” has been a mecca for world-class skiers & celebrities, and with the 2 other “not quite so challenging” mountains - Bald & Dollar, there are 100+ improved ski runs and the 360-degree views that will take your breath away! Our three lodging choices have access to the Sun Valley Resort Village’s heated outdoor pool, hot tub, spa/fitness center and ice rink, along with their shuttles to ski areas & town. Nearby historic Ketchum has great restaurants and local activities. *With purchase of your EPIC Pass [Not IKON here] through Winter Ski & Sports, you get a \$50 credit towards your lodging cost.*

Included:

- ◆ Welcome Party ◆ Hosted Mountain Tours ◆ Council Night Dinner ◆ Racing/Council Team
- ◆ FWSA Banquet with Dancing; Mountain Picnic ◆ Farewell Apres Party.

Seven (7) nights Deluxe Lodging choices: Check your lodging and bedding choice and list roommate(s):

- Sun Valley Lodge (updated, very historic) hotel suite rooms ___ King or ___ 2 Queen beds priced at \$1,565/person
- Sun Valley Inn hotel rooms (2 Queen Beds only units here) priced at \$1,335 per person
- Sun Valley Lodge Apartments, ___ 2 bedrooms (w/1 king, 2 twins, sleeps 4) or
3 bedrooms (1 K 1Q & 2 twins, sleeps 6) w/3 bathrooms, \$1,325 / person.

Group Lift Tickets: ___ 5-Day Adult/Senior @ \$345 or ___ 6-day Adult/Senior Tickets @ \$393

Total price (lodging choice and group lift tickets, if needed: \$ _____

PAYMENT SCHEDULE

Deposit at Signup: \$400
 Due by Aug 1 \$500
 Due by Sept. 10 \$600
 Due by Nov. 5 Balance due

**TRIP
 INSURANCE
 IS HIGHLY
 RECOMMENDED**

CANCELLATION POLICY

Without any penalty by October 10, 2020
 Penalties apply starting October 11, 2020

You must be a direct member of Far West Ski Association or a member of an affiliated ski club

Trip Leader: Sandy Blackwell, 1466 N. Clybourn Avenue, Burbank, CA 91505

☎ (818) 441-6191 E-mail: Sandyblack@gmail.com

Registration and Information contact: Sandra Blackwell, LAC President (and travel director for this Sun Valley trip)
 Make checks payable to LAC. You can use a charge card with our tour operator Sandy Gaudette at
 (800) 500-2SKI for a small fee. They also sell trip insurance.

Name: _____ **Must use REAL ID or passport for domestic flights after Oct 1, 2020**

Address: _____ City: _____

State: _____ Zip Code _____ Cell #: _____

PLEASE FILL OUT THE ATTACHED FWSA REGISTRATION INFORMATION. Mail or email this form and FWSA registration form and deposit check back to Sandy Blackwell.

HAPPY BIRTHDAY!

JULY

- 2 Ian Kucma
- 4 Hannah Nishimoto
- 5 P.J. Sallaway
- 6 Steve Lefkowitz
- 14 Stella Levin
- 14 David Scheinfarb
- 17 Amade Nyirak
- 18 Dee Armstrong
- 20 Sigrid Noack
- 26 Doug Brown
- 28 Randy Benson
- 28 Don Taetsch
- 30 Casey Caputo



AUGUST

- 3 Hal Ellis
- 10 Gordon Cardona
- 11 Sue Taetsch
- 12 Helen DeBerard
- 17 Keith Bonchek
- 19 John Wiley
- 26 Brent Myers

SEPTEMBER

- 12 Carolyn Galantine
- 15 Rob McCarthy
- 16 Herbert Raymond
- 16 Christopher Oakley
- 24 John Kriz
- 26 Scott Nakada
- 29 Marc Rosenberg

For the record...

Steve Lefkowitz's name was omitted from the Thank You list in the past two issues. The Editor would like to apologize for the omissions. ♦



THE UNRECABLES ADVISORY BOARD

Honorable John Chiang
*California Board of Equalization,
Fourth District*

Bob Darvish, M.D.
*Physical Medicine & Rehabilitation,
V.A. Medical Center, West L.A.*

Margo Kairoff
*Senior Vice President,
Wells Fargo Public Finance*

Billy Kidd
*Olympic Silver Medalist
Director of Skiing, Steamboat Ski Resort*

Hal Nelson
*Director of Rehabilitation,
Downey Regional Medical Center*

Tom Safran
*Developer of Senior Housing,
Safran & Associates*

LA COUNCIL 2020-21 BOARD OF DIRECTORS

Sandy Blackwell, President
Sandra Knapp, Secretary
Dan Haste, Treasurer
Iris Williams, VP Membership
Todd Hood, VP Travel
Paula Hazzard, VP Programs
Gordon Cardona, VP Communications
David Krupp, Past President



THE UNRECABLES 2020-21 BOARD OF DIRECTORS

Michelle McCarthy, President
president@unrecables.org
310-795-5517

Glenda Phillips, Vice President
vicepresident@unrecables.org
310-390-4618

Amanda Davis, Secretary
secretary@unrecables.org
949-887-3690

Will Chung, Treasurer
treasurer@unrecables.org
310-562-5396

John Gray, Membership Director
membership@unrecables.org
858-740-8017

APPOINTED BOARD MEMBERS

Dee Armstrong,
Ski Director/Webmaster
skidirector@unrecables.org
323-605-3396

Marina Sallaway,
Winter Trips Director
wintertrips@unrecables.org
858-793-1186

Hannah Nishimoto,
Equipment Manager
equipment@unrecables.org
310-990-9474

Steve Lefkowitz, Club Historian
historian@unrecables.org
310-306-5249

Sigrid Noack, Sunshine/LAC Rep
sunshine@unrecables.org
310-499-8181

Jay Davis, Past President
pastpresident@unrecables.org
949-378-7895

Gordon Cardona,
Communications Director
communications@unrecables.org
562-480-4398 (text)

Public Relations Manager
Vacant

THE UNRECABLES NEWS

NEXT NEWSLETTER DEADLINE: SEPT 7

Coming up in the next issue:

- 2020 Snow Gala
- Fitness & safety ... and much more

UNRECABLES
SOCIALS
NOW ON ZOOM

2ND TUESDAY MONTHLY
6:30 PM

July 14
August 11
Sept 8
Oct 13
Nov 10

*Check your e-mail for
details & Zoom meeting link.
Stay safe, stay home.*

SPECIAL THANKS

Randy Benson • John Gray
Steve Lefkowitz
Randy Lew
Michelle McCarthy
Sigrid Noack
Terry Walton

Photos Courtesy

Sigrid Noack
Terry Walton

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THE UNRECABLES MEETINGS

SOCIALS: Every second Tuesday monthly at 6:30pm on Zoom. Please check your e-mail or Facebook for Zoom meeting link.

BOARD MEETINGS: Every second Tuesday monthly, following the Social on Zoom.

L.A. COUNCIL MEETINGS: Every first Monday monthly at 7:00pm on Zoom. Please e-mail LA Council Representative for Zoom meeting link. Everyone is welcome.

FAR WEST SKI ASSOCIATION SAFETY SLOGAN

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES.
FIRST WITH SAFETY AWARENESS

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SUMMER 2020

