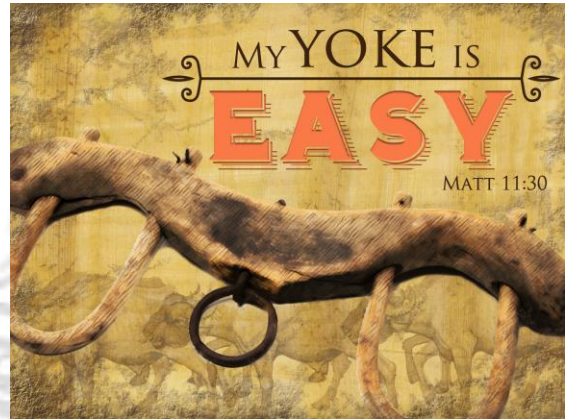


**(Food for thought)**

Gospel: Mathew 11:25-30

**“My Yoke is Easy”**



“Life and the scriptures frequently stand in stark contrast to one another. Which shall we believe, and where does wisdom for living lie? Today’s Gospel passage includes three elements: a prayer of thanksgiving for what God has revealed, a statement proclaiming Jesus’ identity and finally an invitation to turn to Jesus.

Today’s passage comes after stories of rejection. Jesus has just taken to task the religious leaders and those in the Galilean cities who have rejected his word. They were the clever ones who thought they already knew what they needed to know. In their pride and lack of humility they ignored the wisdom that God was making known in Christ.

The wisdom Jesus offers is in stark contrast to the "wisdom" offered by conventional thinking. The wisdom Jesus offers invites us to treat each other like brothers and sisters. We don't have to have advanced degrees in theology, ethics or psychology to do that. Each one of us can live in wisdom if we each act in this way. We may not always like one another, but with God's grace we can strive to love as Jesus loved. So, by actively loving our neighbour we act united with Jesus, and so have learned how to be like him, with a "meek and humble" heart. His life and his teachings have taught us where true wisdom lies - and such wisdom is accessible to everyone who accepts him.



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