

23rd ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS (2019)

ESPN WIDE WORLD OF SPORTS COMPLEX

MULTI-EVENT/TRACK & FIELD MEET SCHEDULE OF EVENTS

CLASSIFICATION

8&UG - 8 & under (2011 & After)
8&UB - 8 & under (2011 & After)
9G - 9 years old (2010)
9B - 9 years old (2010)
10G - 10 years old (2009)
10B - 10 years old (2009)
11G - 11 years old (2008)
11B - 11 years old (2008)
12G - 12 years old (2007)

12B - 12 years old (2007)
13G - 13 years old (2006)
13B - 13 years old (2006)
14G - 14 years old (2005)
14B - 14 years old (2005)
15-16G - 15-16 years old (2003-2004)
15-16B - 15-16 years old (2003-2004)
17-18W - 17-18 years old (2001-2002)
17-18M - 17-18 years old (2001-2002)

QF = Quarterfinals

SF = Semifinals

F = Finals

TF = Timed Final

MULTI-EVENTS & RACEWALK

SUNDAY, JULY 7

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	Triathlon 9G, 10G (Finals)	SP, HJ, 200M
	Triathlon 9B, 10B (Finals)	SP, HJ, 400M
	Decathlon 15-16B, 17-18B (Day 1)	100M, LJ, SP, HJ, 400M
8:30 AM	Heptathlon 15-16G, 17-18G (Day 1)	100M Hurdles, HJ, SP, 200M
9:00 AM	Pentathlon 11B, 12B (Finals)	80 M Hurdles, SP, HJ, LJ, 1500 M
9:30 AM	1500 Meter Racewalk (9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	TF

MONDAY, JULY 8

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	Decathlon 15-16B, 17-18B (Day 2)	110M Hurdles, D, PV, Jav, 1500M
	Heptathlon 15-16G, 17-18G (Day 2)	LJ, Jav, 800M
8:15 AM	Pentathlon 13B, 14B (Finals)	100M Hurdles, SP, HJ, LJ, 1500M
8:30 AM	Pentathlon 13G, 14G (Finals)	100M Hurdles, SP, HJ, LJ, 800M
9:00 AM	Pentathlon 11G, 12G (Finals)	80 M Hurdles, SP, HJ, LJ, 800 M
10:00 AM	3000 Meter Racewalk (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	TF

Adjustments may be made based on availability of field event competition areas.

The Intermediate Boys and Young Men Pole Vault starting height will be 7' or 2.13m.

All events will be contested no more than 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.

Each Final Event will be contested according to the point totals of all of the preceding events. All possible medal winners must run together.

TENTATIVE SCHEDULE as of 01/07/2019

23rd ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS (2019)

EVENT SCHEDULE - TRACK & FIELD

TUESDAY, JULY 09

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	3000 Meter Run (11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	TF
11:00 AM	100 M Dash (All Divisions)	QF
2:00 PM	Sprint Medley Relay (200m, 200m, 400m, 800m) (15-16G, 15-16B, 17-18G, 17-18B)	TF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump	9G	Pit 1
	Long Jump	9B	Pit 2
	High Jump	13G	Pad 1
	Shot Put	14G	Ring 1
	Shot Put	14B	Ring 2
	Discus	17-18B	
	Javelin	17-18G	
10:00 AM	Triple Jump	14G	Pit 1
	Triple Jump	14B	Pit 2
	High Jump	13B	Pad 1
	Shot Put	15-16G	Ring 1
	Shot Put	15-16B	Ring 2
	Discus	13G	
	Javelin	14G	
12:00 PM	Long Jump	8&UG	Pit 1
	Long Jump	8&UB	Pit 2
	High Jump	12G	Pad 1
	High Jump	12B	Pad 2
	Shot Put	8&UG	Ring 1
	Shot Put	8&UB	Ring 2
	Discus	14B	
Javelin	17-18B		

TENTATIVE SCHEDULE as of 01/07/2019

23rd ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS (2019)

EVENT SCHEDULE - TRACK & FIELD

WEDNESDAY, JULY 10

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	800 Meter Run (8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	TF
9:45 AM	800 Meter Run (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	SF
11:45 AM	200 M Dash (All Divisions)	QF
3:15 PM	4 x 100 Meter Relay (All Divisions)	SF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump	11G	Pit 1
	Long Jump	11B	Pit 2
	High Jump	15-16G	Pad 1
	Shot Put	17-18G	Ring 1
	Shot Put	17-18B	Ring 2
	Discus	14G	
	Javelin	13B	
10:00 AM	Triple Jump	13G	Pit 1
	Triple Jump	13B	Pit 2
	High Jump	15-16B	Pad 1
	Shot Put	11G	Ring 1
	Shot Put	11B	Ring 2
	Discus	15-16G	
	Javelin	14B	
12:00 PM	Long Jump	14G	Pit 1
	Long Jump	14B	Pit 2
	High Jump	9G	Pad 1
	High Jump	9B	Pad 2
	Shot Put	12G	Ring 1
	Shot Put	12B	Ring 2
	Discus	15-16B	
	Javelin	13G	

TENTATIVE SCHEDULE as of 01/07/2019

23rd ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS (2019)

EVENT SCHEDULE - TRACK & FIELD

THURSDAY, JULY 11

RUNNING EVENT SCHEDULE

8:00 AM	1500 Meter Run (8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	TF
9:15 AM	1500 Meter Run (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	TF
11:00 AM	400 M Dash (All Divisions)	SF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING #</i>
8:00 AM	Long Jump	12G	Pit 1
	Long Jump	12B	Pit 2
	High Jump	14G	Pad 1
	Shot Put	10G	Ring 1
	Shot Put	10B	Ring 2
	Discus	12G	
	Javelin	15-16G	
10:00 AM	Triple Jump	17-18G	Pit 1
	Triple Jump	17-18B	Pit 2
	High Jump	14B	Pad 1
	Shot Put	9G	Ring 1
	Shot Put	9B	Ring 2
	Discus	17-18G	
	Javelin	15-16B	
12:00 PM	Long Jump	15-16G	Pit 1
	Long Jump	15-16B	Pit 2
	Pole Vault	15-16G/17-18G	Pad 1
	Shot Put	13G	Ring 1
	Shot Put	13B	Ring 2
	Discus	11G	
	Turbo Javelin	9G/10G	
	High Jump	10G	Pad 1
	High Jump	10B	Pad 2

TENTATIVE SCHEDULE as of 01/07/2019

23rd ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS (2019)

EVENT SCHEDULE - TRACK & FIELD

FRIDAY, JULY 12

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	4 X 800 Meter Relay (11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)	TF
9:15 AM	80 Meter Hurdles (11G, 11B, 12G, 12B)	SF
	100 Meter Hurdles (13G, 14G, 13B, 14B, 15-16G, 17-18G)	SF
	110 Meter Hurdles (15-16B, 17-18B)	SF
10:45 AM	100 Meter Dash (All Divisions)	SF
11:30 PM	200 Meter Hurdles (13G, 13B, 14G, 14B)	SF
	400 Meter Hurdles (15-16G, 17-18G, 15-16B, 17-18G)	SF
1:00 PM	200 M Dash (All Divisions)	SF
1:45 PM	4 x 400 Meter Relay (9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)	SF

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING/PAD</i>
8:00 AM	Long Jump	10G	Pit 1
	Long Jump	10B	Pit 2
	High Jump	17-18G	Pad 1
	Pole Vault	13G/14G	Pad 1
	Discus	11B	
	Turbo Javelin	11G/12G	
10:00 AM	Triple Jump	15-16G	Pit 1
	Triple Jump	15-16B	Pit 2
	High Jump	17-18B	Pad 1
	Pole Vault	13B/14B	Pad 1
	Discus	13B	
	Turbo Javelin	11B/12B	
12:00 PM	Long Jump	13G	Pit 1
	Long Jump	13B	Pit 2
	High Jump	11G	Pad 1
	High Jump	11B	Pad 2
	Pole Vault	15-16B/17-18B	Pad 1
	Discus	12B	
	Turbo Javelin	9B/10B	

TENTATIVE SCHEDULE as of 01/07/2019

Tentative Schedule as of February 2019. The Final Schedule will be posted online at www.aaathletics.org by July 6, 2019

23rd ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS (2019)

EVENT SCHEDULE - TRACK & FIELD

SATURDAY, JULY 13

RUNNING EVENT SCHEDULE

<i>TIME</i>	<i>EVENT/AGE GROUP</i>	<i>RACE</i>
8:00 AM	2000 Meter Steeplechase (15-16G, 17-18G, 15-16B, 17-18B)	TF
8:45 AM	60 Meter Hurdles (9G, 9B, 10G, 10B)	TF
	80 Meter Hurdles (11G, 11B, 12G, 12B)	F
	100 Meter Hurdles (13G, 14G, 13B, 14B, 15-16G, 17-18G)	F
	110 Meter Hurdles (15-16B, 17-18B)	F
9:45 AM	100 Meter Dash (All Divisions)	F
10:15 AM	400 Meter Dash (All Divisions)	F
11:00 AM	4 x 100 Meter Relay (All Divisions)	F
11:45 AM	200 Meter Hurdles (13G, 13B, 14G, 14B)	F
	400 Meter Hurdles (15-16G, 17-18G, 15-16B, 17-18B)	F
12:15 PM	800 Meter Run (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	F
12:45 PM	200 M Dash (All Divisions)	F
1:15 PM	4 x 400 Meter Relay (9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)	F

FIELD EVENT SCHEDULE

<i>TIME</i>	<i>EVENT</i>	<i>AGE GROUP</i>	<i>PIT/RING/PAD</i>
8:00 AM	Long Jump	17-18G	Pit 1
	Long Jump	17-18B	Pit 2
	Turbo Javelin	8&UG	
	Turbo Javelin	8&UB	

TENTATIVE SCHEDULE as of 01/07/2019

Tentative Schedule as of February 2019. The Final Schedule will be posted online at www.aaathletics.org by July 6, 2019