



Root Canal Treatment Advice

- **Pain** – it is not uncommon to experience some pain or sensitivity after root canal treatment as your dentist has been working on the nerve of the tooth. If this occurs, pain can be managed by taking painkillers as you would for a headache, such as paracetamol and if appropriate, ibuprofen.
- **Local anaesthetic** – the anaesthetic used can leave your mouth feeling numb for up to 4 hours. Please be extremely careful to avoid biting your lip or cheek during this period, and take care if having hot drinks as you may burn yourself without realising.
- **Further treatment** – you will usually have follow-up appointments booked, but if pain worsens, or lasts for longer than 3-4 days following root canal treatment, please contact us for an earlier appointment.