

COMFORT CARE CHATTER

April Birthdays

Happy Birthday to YOU!

Kendra H. HCA	IP	4.8
Megan D. HCA	CF	4.12
Jessica C. HCA	DV	4.13
Sandra J. HCA	CF	4.18
Brenda S. HCA	CR	4.22
Melody H. LPN	CF	4.22
Kelly B. HCA	CF	4.23
Micaela E. HCA	CO	4.26
Jennifer S. HCA	CF	4.29

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www.comfortcareia.com

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welcome
April 

April is Occupational Therapy Month

Occupational therapy is the only profession that helps people across the lifespan to do the things they want and need to do through the therapeutic use of daily activities (occupations). Occupational therapy practitioners enable people of all ages to live life to its fullest by helping them promote health, and prevent—or live better with—injury, illness, or disability.

Common occupational therapy interventions include helping children with disabilities to participate fully in school and social situations, helping people recovering from injury to regain skills, and providing supports for older adults experiencing physical and cognitive changes.

Occupational therapy services typically include:

- an individualized evaluation, during which the client/family and occupational therapist determine the person's goals,
- customized intervention to improve the person's ability to perform daily activities and reach the goals, and
- an outcomes evaluation to ensure that the goals are being met and/or make changes to the intervention plan.

Occupational therapy practitioners have a holistic perspective, in which the focus is on adapting the environment and/or task to fit the person, and the person is an integral part of the therapy team. It is an evidence-based practice deeply rooted in science.

Source: <https://www.aota.org/About-Occupational-Therapy/Patients-Clients.aspx>

**Call Comfort Care to find out how OT
can help you!**

REMINDER

CLIENTS & COMFORT CARE STAFF, PLEASE REMEMBER TO CALL THE OFFICE WHENEVER YOU HAVE A SCHEDULE CHANGE!

Brain Teasers

Last Month's Riddle Answers

1. Time zones
2. A dog
3. A blackberry
4. Shadow

This Month's Puzzle

ESCAPE

2 LATE LATE

B
R A I N

B O O M

Do you have a big announcement? A thank you? A great photo? Send your input for the Chatter to Taylor and she will add it to next month's newsletter!

tfeltes@comfortcareia.com

