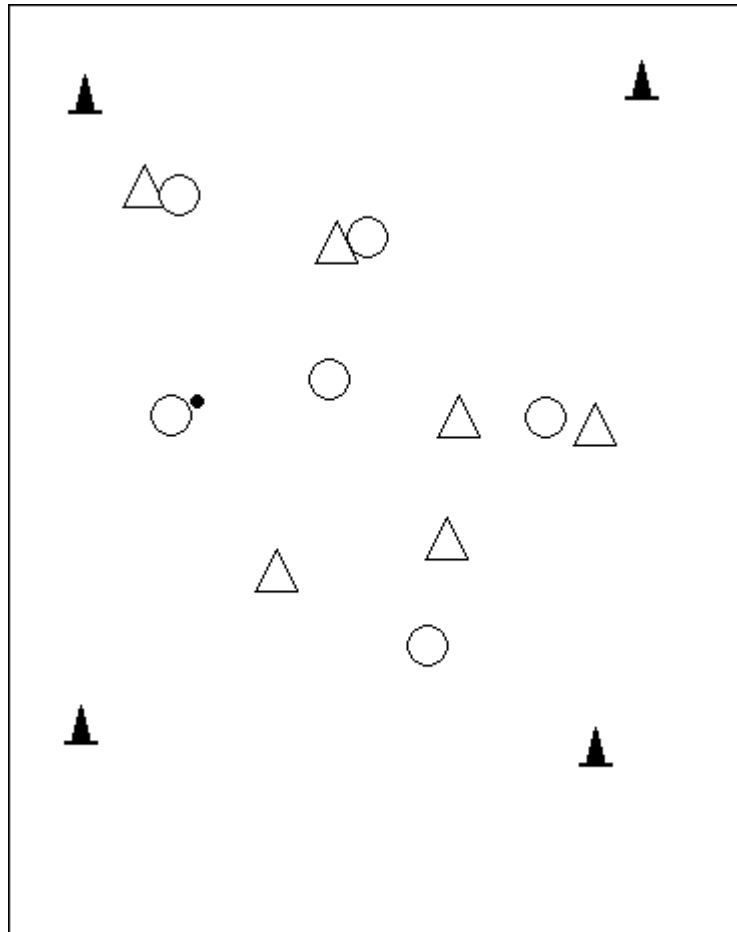


## SPREAD OUT



**Set up** - two teams in field with one soccer ball.

**The game** - to teach the concept of spreading out- players play keep away by catching and throwing the ball with their hands. When a player has the ball, he cannot run, and tries to throw ball to team mate that is spread out.

At the end of 3 minutes, when the coach blows the whistle, the team with the soccer balls wins.

**Progress** to a soccer style game of keep away.

**Comment** - Start out with no Soccer ball