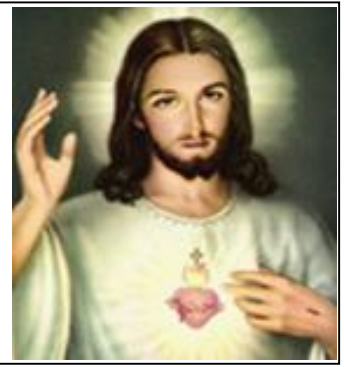




# Sacred Heart Parish Preston



322 Bell St, Preston 3072

Phone (03) 9480 3398 or (03) 9484 2124

Email: [preston@cam.org.au](mailto:preston@cam.org.au)

Website: [www.sacredheartpreston.com.au](http://www.sacredheartpreston.com.au)

## Office Hours:

Mon, Thurs & Fri: 10am -3pm

## Parish Priest

Fr Aloysius Nato, SVD

Ph: 0428 715 282

## Italian Community Chaplain:

Fr Albano Da Costa, SVD

Ph: 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

## Safeguarding Committee:

### Safeguarding Officers:

Robert Dullard: 0433 401 958

Kay Duffy: 0431 376 212

### Safeguarding Committee: Members:

Mary Harb: 0422 891 324

Teresa Dang : 0434 583 911

Pauline O'Day: 0497 935 593

## Parish Council Members:

Gerard Grant (chairperson), Kay Duffy

(secretary), Ophelia Swai, Anisasio (Pauline)

Veamatahau, Mark Tierney, Ben Fortuna and

Natalie Baran

## Parish Finance Committee:

Peter Constable (Chair)

Ph: 0425 779 831

## St. Vincent de Paul Society:

Stephen Costello (President)

Ph: 0432 405 417

## Parish Mass Schedule

### Weekend Masses:

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*), 10:30 am, 6:00 pm

### Weekday Masses:

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of the month  
at 1:30pm

Please note new day.

### Next Healing Mass:

**Friday 3 February**

### Devotional Practices:

**Adoration of the Blessed Sacrament:**

Every Thursday at 7:30pm for 1 hour



**Holy Rosary:** Thursday (English) after the  
9:10am Mass

### Reconciliation:

30 minutes before Mass or by appointment

**Baptisms & Weddings:** By appointment only

Bulletin printed 27/1/2023

## 4th Sunday in Ordinary Time (Year A)

Sunday 29 January 2023

**“Happy are the poor in spirit; theirs is the kingdom of heaven.”**

Today’s gospel is Matthew’s presentation of ‘The Sermon on the Mount’ – which gathers together the central teachings of Jesus and the spirit of His own mission. Jesus instructs us on the nature of true happiness. Whatever the restless human heart seeks is something beyond life’s passing joys and satisfactions: something that we know we are made for through faith embedded in the depths of our being.

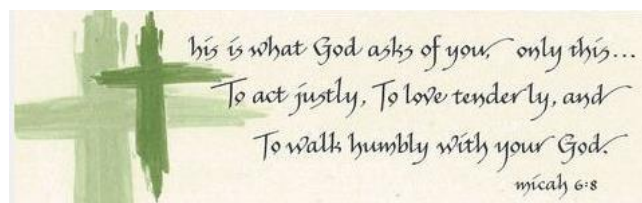
Matthew’s presentation of The ‘Beatitudes’ has lessons that may surprise us - that are as meaningful today as when they were first given. This Gospel was written for a Judeo-Christian community, intending to help them appreciate how Jesus is the fulfilment of all that is dear to them in ‘the law and the prophets’ (Mt 5:17). As Matthew related the teaching of Jesus to the biblical tradition, we are led to appreciate the profound continuity that exists between the two Testaments.

‘Blessed (happy) are you’. These words addressed to those who have known the joy brought by God’s blessings, echo down the ages – from Abraham, Moses, the Prophets of Hope and teachers of Wisdom. in times of oppression, exile, famine and rebuilding The Beatitudes have a common pattern: relating the attitudes of those who have taken to heart the Good News of the Kingdom that the corresponding blessings that will be theirs, as God’s gift. These blessings are shown to be a fulfilment of the ideals of old Israel. True disciples of Jesus are ‘poor in spirit’ - they know that the God of Israel’s faith is the champion of the powerless, who will certainly ‘hear their cry’. It was in this spirit that the authentic faith of Israel’s covenant lived on in the most difficult times; and it was in this spirit that Jesus lived out his mission. The ‘meek’ are those who resist the temptation to rely upon human self-sufficiency and arrogance, finding their security in the Lord. For those who first heard Matthew’s gospel, the attitudes of the true believer were summed up in the ‘justice’ that was the faithful Israelite’s right relationship with their God. For this community, therefore, those who ‘hunger for justice’ do more than take up the cause of the oppressed; they seek the fullness of ‘justice’, by living according God’s Law of Love. The ‘merciful’ are those who, faithful to their covenant relationship, have learned from the Saviour how to identify with the generous ways of God. ‘Pure in heart’ has a far broader meaning than we may tend to assume – the ‘heart’, so often spoken of in the psalms, is the person’s innermost self; and this Beatitude speaks of nothing less than an undivided and generous commitment to the Gospel. ‘Peacemakers’ are those who identify with the hope at the heart of the biblical tradition – ‘peace’ (shalom), human wellbeing at every level. The happiness proclaimed in the Beatitudes is not our achievement, but God’s gift. Today’s other readings from Zephaniah and Paul- 1Corinthians confirm the central place of the Beatitudes in the ongoing story of God’s people.

(John Thornhill sm The Emmaus Series at [www.theemmausseries.com](http://www.theemmausseries.com))

In summary, this is what Jesus is saying to each of us:

“Live justly, love tenderly and walk humbly with our God” (Micah 6:8)



## Sacred Heart Parish Prayer

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

	<b>Saturday 6:00PM Mass - Readers</b>	<b>Saturday 6:00PM Mass - Ministers of Communion</b>
14-Jan-23	Mary Harb	Terry Murphy
21-Jan-23	Marlene Vergou Terry Murphy	Mary Harb
28-Jan-23	Mary Harb Teresa Dang	Charlotte Bains
	<b>Sunday 10:30AM Mass - Readers</b>	<b>Sunday 10:30AM Mass Ministers of Communion</b>
15-Jan-23	Alisha Verga Eileen Stevens	Tony Eley
22-Jan-23	Hannah Lopez Ivana Lo Bello	Giovanna D' Intino
29-Jan-23	Jessy Thambiraj Marilene Fortuna	Eileen Stevens
	<b>Sunday 6:00PM Mass - Readers</b>	<b>Sunday 6:00PM Mass Ministers of Communion</b>
15-Jan-23	Albert D'Souza Tim Rankin	Robert Dullard
22-Jan-23	Carolina Constable Peter Constable	Robert Dullard
29-Jan-23	Ma Kathleen Adlaon Rachel Vorlander	Robert Dullard

### Cleaning Roster:

**To all our Volunteers**

*Thank you for your hard work*



### **WE PRAY FOR:**

#### The elderly and the sick

Sandra Bishop

*Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.*

#### Those who have died recently:

*Juan H Pimentel Sr*

*Bruno Zito (RIP 21/1. Funeral Tues 31/1 at 11:15am)*

*Donna Rodgers (RIP 21/1. Funeral Fri 3/2 at 10:45am)*

*Anthony (Tony) O'Connell (RIP 25/1)*

#### We Commemorate:

*Ted Murphy*

*Catherine Ters (1st Anniv.) & all the deceased members of the Bains family*

*Pio Vigo (5th Anniv)*

*Giuseppina Cicutto (7th Anniv.)*

*O Lord may perpetual light shine upon them.*

*May they rest in peace. Amen.*



#### Last Week's Collection: 22/1/23

1st Collection for our Church: \$1,051

2nd Collection for support of clergy: \$708

Thank you for your kind generosity!



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.



We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it.

We pay our respects to Elders past, present and emerging.



### **REMEMBERING POPE BENEDICT**

#### **'Month's Mind' Mass - St Patrick's Cathedral**

A memorial Mass for Pope Emeritus Benedict XVI will be celebrated by Archbishop Comensoli at St Patrick's Cathedral on Sunday 29 January, 6.30pm

- All welcome



#### **Baptism Congratulations**

The community of Sacred Heart Parish congratulates

**Ivy Richards**

for her Baptism on 29 January.



#### **✠ Solemnities / Feasts / Memorials of the Week ✠**

*Tuesday 31 January St John Bosco, Priest*

*Wednesday 1 February St Brigid of Ireland*

*Thursday 2 February The Presentation of the Lord  
Candle Mass – BYO candles*

*World Day of Prayer for the Consecrated Life*

*Friday 3 February St Ansgar (Oscar), Bishop &  
St Blaise, Bishop, Martyr*



### Feast of the Presentation of the Lord

#### **Thursday 2 February**

The Church celebrates the feast of the Presentation of the Lord which occurs forty days after the birth of Jesus and is also known as Candlemas day. Before the revision of the General Roman Calendar this marked the end of the Christmas season. The feast was first observed in the Eastern Church as "The Encounter." In the sixth century, it began to be observed in the West: in Rome with a more penitential character and in Gaul (France) with solemn blessings and processions of candles, popularly known as "Candlemas." The Presentation of the Lord concluded the celebration of the Nativity and with the offerings of the Virgin Mother and the prophecy of Simeon, the events now point toward Easter.



#### Feast of the Presentation of the Lord – Candle Mass

Thursday 2 February at the 9:10am Mass.

You may bring candles to be blessed by Fr Aloysius.

**PLEASE TAKE THE BULLETIN HOME**

## THOUGHTS FROM POPE FRANCIS



*What is the shortest way to encounter Jesus? Make yourself needy. Recognize your need for grace, your need for forgiveness, your need for joy. And Jesus will draw near to you.*



### Annual Lourdes Day Mass

You are invited to attend the annual Lourdes Mass at St Patrick's Cathedral, on **Saturday, 18th February 2023 at 10.30am.**

This is a special occasion to pray for our sick, infirm and elderly and those who care for them. The principal celebrant will be Archbishop Peter Comensoli.

Everybody attending will receive a gift pack containing water from the grotto at Lourdes, rosary beads and prayer resources.



### Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer.

Many thanks for your continued generosity and support to Sacred Heart parish.



### Pastoral Care Appeal 2023 –

#### Chaplaincy Sunday: 12 February 2023

During the **weekend of 12 February** is the Pastoral Care Appeal in the Archdiocese of Melbourne. Each year a special collection is conducted in all parishes, so that the vital work of the Catholic Chaplains can continue. The Chaplains support thousands of Victorians every year in hospitals, prisons and youth justice centres. Your gift can help people find comfort and hope as they go through some of their darkest times of their life. Please give generously.



**Please take the bulletin home**

## Volunteer Cleaners Needed

**Volunteer cleaners are needed to clean our church. Currently there are only two people who regularly clean our church.**

If you can assist, please put your name, phone number and days that you would be available on the sign-up sheet in the church foyer.

Thank you



### Cyber Security

There are a number of simple ways to keep reduce cyber threats:

- Screen emails for suspicious links or attachments, unfamiliar greetings, spelling errors or improper grammar. Be especially cautious of emails that ask for personal info or a payment
- Phone suppliers to confirm bank account details prior to payment
- Back up your data
- Run system updates when prompted
- Change passwords every 90 days (or more often if you desire)
- Include cyber threat training in your regular staff training sessions or meetings



### Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



### Joke Corner

#### **It's back to school time!**

A father is concerned about his son's bad grades in maths so decides to enrol him at the local Catholic school. After one term the son brings home his report card. His results are excellent. An A for mathematics. The father is, of course, pleased, but says to his son, "Why are your maths grades suddenly so good?"

"You know", the son explains, "when I walked into the classroom the first day and I saw that man on the wall nailed to a plus sign, I knew one thing. This place means business."

\*\*\*\*

The teacher says to the student, "Who do you want to be when you grow up?"

Peter said, "I want to follow in my father's footsteps and be a policeman."

Said the teacher, "I didn't know **your** father was a policeman."

Peter replied, "He isn't. He's a burglar."

\*\*\*\*

The teacher says, "I hope I didn't see you just then looking at Jenny's test answers."

Oliver replies, "I really hope you didn't see me either."

\*\*\*\*

In a Catholic school cafeteria, a nun places a note in front of a pile of apples, "Only take one. God is watching."

Further down the line is a plate of biscuits. A little boy makes his own note, "Take all you want. God is watching the apples."



## ENTRANCE ANTIPHON

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

## PENITENTIAL ACT

I confess to almighty God and to you,  
my brothers and sisters, that I have  
greatly sinned, in my thoughts and in  
my words, in what I have done and in  
what I have failed to do,  
And, striking their breast, they say:  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-  
Virgin, all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on  
earth peace to people of good will. / We  
praise you, / we bless you, / we adore  
you, / we glorify you, / we give you  
thanks for your great glory, / Lord God,  
heavenly King, / O God, almighty  
Father. / Lord Jesus Christ, Only  
Begotten Son, Lord God, Lamb of God,  
Son of the Father, / you take away the  
sins of the world, / have mercy on us; /  
you take away the sins of the world, /  
receive our prayer; / you are seated at  
the right hand of the Father, / have  
mercy on us. / For you alone are the  
Holy One, / you alone are the Lord, /  
you alone are the Most High, / Jesus  
Christ, / with the Holy Spirit, / in the  
glory of God the Father. / Amen.

## FIRST READING

*Zephaniah 2:3,3:12-13*

Seek the Lord,  
all you, the humble of the earth,  
who obey his commands.  
Seek integrity,  
seek humility:  
you may perhaps find shelter  
on the day of the anger of the Lord.  
In your midst I will leave  
a humble and lowly people,  
and those who are left in Israel will  
seek refuge in the name of the Lord.  
They will do no wrong,  
will tell no lies;  
and the perjured tongue will no longer  
be found in their mouths.  
But they will be able to graze and rest  
with no one to disturb them.  
The Word of the Lord  
**All: Thanks be to God.**

## RESPONSORIAL PSALM Psalm 145(146):6-10(Lord6)

### The Response Is:

*Happy the poor in spirit; the kingdom  
of heaven is theirs!*

It is the Lord who keeps faith for ever,  
who is just to those who are oppressed.  
It is he who gives bread to the hungry,  
the Lord, who sets prisoners free.

*Happy the poor in spirit; the kingdom  
of heaven is theirs!*

It is the Lord who gives sight to the  
blind, who raises up those who are  
bowed down, the Lord, who protects  
the stranger and upholds the widow and  
orphan.

*Happy the poor in spirit; the kingdom  
of heaven is theirs!*

It is the Lord who loves the just  
but thwarts the path of the wicked.

The Lord will reign for ever,  
Zion's God, from age to age.

*Happy the poor in spirit; the kingdom  
of heaven is theirs!*

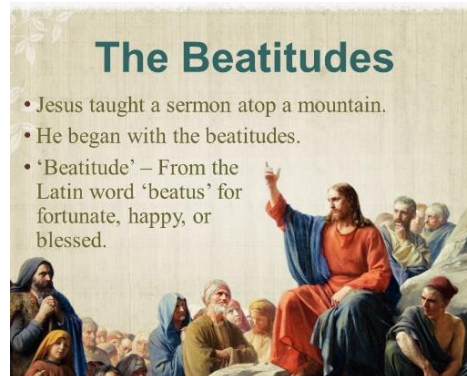
## SECOND READING

*1 Corinthians 1:26-31*

Take yourselves for instance, brothers,  
at the time when you were called: how  
many of you were wise in the ordinary  
sense of the word, how many were  
influential people, or came from noble  
families? No, it was to shame the wise  
that God chose what is foolish by  
human reckoning, and to shame what is  
strong that he chose what is weak by  
human reckoning; those whom the  
world thinks common and  
contemptible are the ones that God has  
chosen – those who are nothing at all to  
show up those who are everything. The  
human race has nothing to boast about  
to God, but you, God has made  
members of Christ Jesus and by God's  
doing he has become our wisdom, and  
our virtue, and our holiness, and our  
freedom. As scripture says: if anyone  
wants to boast, let him boast about the  
Lord.

The Word of the Lord

**All: Thanks be to God.**



*Please stand for the Gospel  
Acclamation.*

## GOSPEL ACCLAMATION

*Alleluia, alleluia!*

Rejoice and be glad;  
your reward will be great in heaven.  
*Alleluia!*

## GOSPEL

*Matthew 5:1-12a*

Seeing the crowds, Jesus went up the  
hill. There he sat down and was joined  
by his disciples. Then he began to  
speak. This is what he taught them:

‘How happy are the poor in spirit;  
theirs is the kingdom of heaven.

Happy the gentle:  
they shall have the earth for their  
heritage.

Happy those who mourn:  
they shall be comforted.

Happy those who hunger and thirst for  
what is right:

they shall be satisfied.

Happy the merciful:  
they shall have mercy shown them.

Happy the pure in heart:  
they shall see God.

Happy the peacemakers:  
they shall be called sons of God.

Happy those who are persecuted in the  
cause of right:

theirs is the kingdom of heaven.

‘Happy are you when people abuse you  
and persecute you and speak all kinds  
of calumny against you on my account.  
Rejoice and be glad, for your reward  
will be great in heaven.’

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## PROFESSION OF FAITH

### APOSTLES' CREED

I believe in God, / the Father almighty,  
/ Creator of heaven and earth, / and in  
Jesus Christ, his only Son, our lord, /  
who was conceived by the Holy Spirit,  
/ born of the Virgin Mary, / suffered  
under Pontius Pilate, / was crucified,  
died and was buried; / he descended  
into hell; / on the third day he rose  
again from the dead; / he ascended into  
heaven, / and is seated at the right hand  
of God the Father almighty; / from  
there he will come to judge the living  
and the dead. / I believe in the Holy  
Spirit, / the holy catholic Church, / the  
communion of saints, / the forgiveness  
of sins, / the resurrection of the body, /  
and life everlasting. Amen.

## COMMUNION ANTIPHON

Let your face shine on your servant.

Save me in your merciful love.

O Lord, let me never be put to shame,  
for I call on you.